

10/05/2012 - Office Visit in INTERNAL MEDICINE (continued)

Labs (continued)

Reviewed by

Stahl, Jerusha Emily (M.D.) on 10/17/12 0916
 Stahl, Jerusha Emily (M.D.) on 10/17/12 0916
 Stahl, Jerusha Emily (M.D.) on 10/16/12 0914
 Stahl, Jerusha Emily (M.D.) on 10/10/12 1643
 Stahl, Jerusha Emily (M.D.) on 10/10/12 1642
 Stahl, Jerusha Emily (M.D.) on 10/09/12 1438
 Stahl, Jerusha Emily (M.D.) on 10/08/12 1328
 Stahl, Jerusha Emily (M.D.) on 10/08/12 1324

Indications

WELL WOMAN EXAM [V72.31 (ICD-9-CM)]

All Reviewers List

Stahl, Jerusha Emily (M.D.) on 10/17/2012 09:16
 Stahl, Jerusha Emily (M.D.) on 10/17/2012 09:16
 Stahl, Jerusha Emily (M.D.) on 10/16/2012 09:14
 Stahl, Jerusha Emily (M.D.) on 10/10/2012 16:43
 Stahl, Jerusha Emily (M.D.) on 10/10/2012 16:42
 Stahl, Jerusha Emily (M.D.) on 10/9/2012 14:38
 Stahl, Jerusha Emily (M.D.) on 10/8/2012 13:28
 Stahl, Jerusha Emily (M.D.) on 10/8/2012 13:24

VITAMIN D, 25-HYDROXY [1554006314] (Final result)

Electronically signed by: **Stahl, Jerusha Emily (M.D.) on 10/05/12 1106** Status: **Completed**
 This order may be acted on in another encounter.
 Ordering user: Stahl, Jerusha Emily (M.D.) 10/05/12 1106 Authorized by: Stahl, Jerusha Emily (M.D.)
 Ordering mode: Standard Class: Normal
 Frequency: Routine 10/05/12 - Lab status: Final result
 Quantity: 1
 Diagnoses
 WELL WOMAN EXAM. [V72.31 (ICD-9-CM)]

Provider Details

Provider	NPI
Stahl, Jerusha Emily (M.D.)	1083894638

Specimen Information

ID	Type	Source	Collected By
503723397	—	BLOOD	LAG 10/05/12 1157

VITAMIN D, 25-HYDROXY [1554006314] (Abnormal)

Resulted: 10/09/12 1419, Result status: Final result

Order status: Completed Filed on: 09/29/22 1038
 Collected by: LAG 10/05/12 1157 Resulting lab: SHERMAN WAY REGIONAL LABORATORY

Components

Component	Value	Reference Range	Flag	Lab
25-HYDROXYVITAMIN D	15	30 - 100 ng/mL	L ▾	956
VITAMIN D, 25-HYDROXY, D3	11	NOT ESTABLISHED ng/mL	—	956
VITAMIN D, 25-HYDROXY, D2	4	NOT ESTABLISHED ng/mL	—	956

Comment:
 THERE IS GENERAL CONSENSUS (ENDOCRINE SOCIETY, NATL OSTEOPOROSIS FDN, K_DOQI) THAT 25-OH VITAMIN D LEVELS >30 ng/mL ARE DESIRABLE. HOWEVER, MOST AMERICANS ARE DEFICIENT BY THIS STANDARD (NHANES III). LEVELS <10 ng/mL ARE CONSISTENT WITH A DIAGNOSIS OF RICKETS/OSTEOMALACIA. INFANTS NORMALLY PRODUCE VITAMIN D METABOLITES THAT MAY FALSELY ELEVATE 25-OH VITAMIN D MEASUREMENTS.

10/05/2012 - Office Visit in INTERNAL MEDICINE (continued)**Labs (continued)**

PLEASE ORDER VITAMIN D,25-HYDROXY, NEONATAL 82306D FOR THESE PATIENTS. This test was developed and its performance characteristics determined by the SCPMG Regional Reference Laboratories. It has not been cleared or approved by the U.S. Food and Drug Administration. The FDA has determined that such clearance or approval is not necessary. This test is used for clinical purposes. It should not be regarded as investigational or for research. The SCPMG Regional Reference Laboratories are certified under CLIA '88 as qualified to perform high complexity clinical laboratory testing.

Reviewed by

Stahl, Jerusha Emily (M.D.) on 10/17/12 0916
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 Stahl, Jerusha Emily (M.D.) on 10/16/12 0914
 Stahl, Jerusha Emily (M.D.) on 10/10/12 1643
 Stahl, Jerusha Emily (M.D.) on 10/10/12 1642
 Stahl, Jerusha Emily (M.D.) on 10/09/12 1438

Testing Performed By

Lab - Abbreviation	Name	Director	Address	Valid Date Range
240 - 956	SHERMAN WAY REGIONAL LABORATORY	Darryl Erik Palmer- Toy, MD, PhD	11668 Sherman Way NORTH HOLLYWOOD CA 91605	09/01/10 1119 - 06/01/17 0325

VITAMIN D, 25-HYDROXY [1554006314]

Resulted: 10/05/12 1157, Result status: In process

Order status: Completed

Filed on: 09/29/22 1038

Collected by: LAG 10/05/12 1157

Reviewed by

Stahl, Jerusha Emily (M.D.) on 10/17/12 0916
 Stahl, Jerusha Emily (M.D.) on 10/17/12 0916
 Stahl, Jerusha Emily (M.D.) on 10/16/12 0914
 Stahl, Jerusha Emily (M.D.) on 10/10/12 1643
 Stahl, Jerusha Emily (M.D.) on 10/10/12 1642
 Stahl, Jerusha Emily (M.D.) on 10/09/12 1438

Indications

WELL WOMAN EXAM [V72.31 (ICD-9-CM)]

All Reviewers List

Stahl, Jerusha Emily (M.D.) on 10/17/2012 09:16
 Stahl, Jerusha Emily (M.D.) on 10/17/2012 09:16
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 Stahl, Jerusha Emily (M.D.) on 10/10/2012 16:43
 Stahl, Jerusha Emily (M.D.) on 10/10/2012 16:42
 Stahl, Jerusha Emily (M.D.) on 10/9/2012 14:38

LIPID PANEL [1554006316] (Final result)Electronically signed by: **Stahl, Jerusha Emily (M.D.) on 10/05/12 1106**Status: **Completed**

This order may be acted on in another encounter.

Ordering user: Stahl, Jerusha Emily (M.D.) 10/05/12 1106

Authorized by: Stahl, Jerusha Emily (M.D.)

Ordering mode: Standard

Frequency: Routine 10/05/12 -

Class: Normal

Quantity: 1

Lab status: Final result

Diagnoses

WELL WOMAN EXAM. [V72.31 (ICD-9-CM)]

Provider Details

Provider	NPI
Stahl, Jerusha Emily (M.D.)	1083894638

10/05/2012 - Office Visit in INTERNAL MEDICINE (continued)

Labs (continued)

Specimen Information

ID	Type	Source	Collected By
503723396	—	BLOOD	LAG 10/05/12 1157

LIPID PANEL [1554006316]

Resulted: 10/05/12 2113, Result status: Final result

Order status: Completed
 Collected by: LAG 10/05/12 1157
 Narrative:
 FASTING? NO

Filed on: 09/29/22 1038
 Resulting lab: SHERMAN WAY REGIONAL LABORATORY

Components

Component	Value	Reference Range	Flag	Lab
CHOLESTEROL	159	<200 mg/dL	—	956
HDL	49	>/=40 mg/dL	—	956
LDL	113	<100 mg/dL	—	956

Comment:
 ----- Non-Fasting (Fasting <12 hrs) ----- The direct LDL-c may not equal the calculated LDL-c that would be obtained when the patient is fasting 12 hours. Elevated triglycerides are an independent risk factor for CVD and provide important medication management information. The fasting lipid panel is recommended. Reference ranges below are expressed in mg/dL CHOL TRIG HDL-C LDL-C -----
 ----- OPTIMAL: <200 <150 >/=40 <100 NEAR OPTIML: 100-129 BORDERLN HI: 200-239
 150-199 130-159 HIGH: >/=240 200-499 160-189 VERY HIGH: >/=500 >/=190 -----
 ----- All members with cardiovascular disease, diabetes mellitus, or chronic kidney disease may benefit from LDL-C levels below 100 mg/dL. Optimal management includes adequate dosing of "statin"/lipid-lowering medications.

TRIGLYCERIDE, NONFASTING 73 mg/dL — 956
 Comment:
 Nonfasting triglycerides (TG) are affected by both recent meals and patient metabolism. No reference range is established. However, nonfasting triglycerides >170 mg/dL are significantly elevated, and measurement of fasting triglycerides may be warranted. Note that if nonfasting TG are sufficiently high, then direct LDL (if TG>1300 mg/dL) or HDL (if TG>2000 mg/dL) measurements may not be valid.

Reviewed by

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- Stahl, Jerusha Emily (M.D.) on 10/08/12 1328
- Stahl, Jerusha Emily (M.D.) on 10/08/12 1324

Testing Performed By

Lab - Abbreviation	Name	Director	Address	Valid Date Range
240 - 956	SHERMAN WAY REGIONAL LABORATORY	Darryl Erik Palmer-Toy, MD, PhD	11668 Sherman Way NORTH HOLLYWOOD CA 91605	09/01/10 1119 - 06/01/17 0325

LIPID PANEL [1554006316]

Resulted: 10/05/12 1157, Result status: In process

Order status: Completed
 Collected by: LAG 10/05/12 1157

Filed on: 09/29/22 1038

Reviewed by

- Stahl, Jerusha Emily (M.D.) on 10/17/12 0916
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10/05/2012 - Office Visit in INTERNAL MEDICINE (continued)**Labs (continued)**

Stahl, Jerusha Emily (M.D.) on 10/09/12 1438
 Stahl, Jerusha Emily (M.D.) on 10/08/12 1328
 Stahl, Jerusha Emily (M.D.) on 10/08/12 1324

Indications

WELL WOMAN EXAM [V72.31 (ICD-9-CM)]

All Reviewers List

Stahl, Jerusha Emily (M.D.) on 10/17/2012 09:16
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 Stahl, Jerusha Emily (M.D.) on 10/8/2012 13:24

CREATININE, SERUM [1554006318] (Final result)

Electronically signed by: **Stahl, Jerusha Emily (M.D.) on 10/05/12 1106** Status: **Completed**

This order may be acted on in another encounter.

Ordering user: Stahl, Jerusha Emily (M.D.) 10/05/12 1106

Authorized by: Stahl, Jerusha Emily (M.D.)

Ordering mode: Standard

Frequency: Routine 10/05/12 -

Class: Normal

Quantity: 1

Lab status: Final result

Diagnoses

WELL WOMAN EXAM. [V72.31 (ICD-9-CM)]

Provider Details

Provider	NPI
Stahl, Jerusha Emily (M.D.)	1083894638

Specimen Information

ID	Type	Source	Collected By
503723395	—	BLOOD	LAG 10/05/12 1157

CREATININE, SERUM [1554006318]

Resulted: 10/05/12 1736, Result status: Final result

Order status: Completed

Filed on: 09/29/22 1038

Collected by: LAG 10/05/12 1157

Resulting lab: WLA MEDICAL CENTER LABORATORY

Components

Component	Value	Reference Range	Flag	Lab
CREATININE	0.6	0.6 - 1.1 mg/dL	—	305
GLOMERULAR FILTRATION RATE	>89-NB	mL/min	—	305

Comment:

Comments: Estimated GFR is derived and reported per 1.73 m2 body surface area. Race used from Foundations System: "NB" non-black, "B" black. GFR estimate has been multiplied by 1.21 if "B" is indicated in the system. * GFR Ranges * GFR >89 Normal (or CKD1*) 60-89 Mildly reduced (CKD2*) 30-59 Moderately reduced (CKD3 if >3mos) 15-29 Severely reduced (CKD4 if >3mos) GFR <15 Kidney failure (CKD5 if >3mos) * GFR >60 is not diagnostic of CKD 1 or 2 unless another marker of kidney damage is present (e.g. microalbumin or urine protein >300 mg/day on two occasions, or renal biopsy or imaging abnormality).

Reviewed by

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 Stahl, Jerusha Emily (M.D.) on 10/17/12 0916
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 Stahl, Jerusha Emily (M.D.) on 10/09/12 1438

10/05/2012 - Office Visit in INTERNAL MEDICINE (continued)**Labs (continued)**

Stahl, Jerusha Emily (M.D.) on 10/08/12 1328
Stahl, Jerusha Emily (M.D.) on 10/08/12 1324

Testing Performed By

Lab - Abbreviation	Name	Director	Address	Valid Date Range
321 - 305	WLA MEDICAL CENTER LABORATORY	S.R. McLaren, D.O.	6041 Cadillac Ave. LOS ANGELES CA 90034	09/01/05 0850 - 05/23/17 0009

CREATININE, SERUM [1554006318]

Resulted: 10/05/12 1157, Result status: In process

Order status: Completed
Collected by: LAG 10/05/12 1157

Filed on: 09/29/22 1038

Reviewed by

Stahl, Jerusha Emily (M.D.) on 10/17/12 0916
Stahl, Jerusha Emily (M.D.) on 10/17/12 0916
Stahl, Jerusha Emily (M.D.) on 10/16/12 0914
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Stahl, Jerusha Emily (M.D.) on 10/08/12 1324

Indications

WELL WOMAN EXAM [V72.31 (ICD-9-CM)]

All Reviewers List

Stahl, Jerusha Emily (M.D.) on 10/17/2012 09:16
Stahl, Jerusha Emily (M.D.) on 10/17/2012 09:16
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Stahl, Jerusha Emily (M.D.) on 10/8/2012 13:28
Stahl, Jerusha Emily (M.D.) on 10/8/2012 13:24

ALT, SERUM [1554006320] (Final result)Electronically signed by: **Stahl, Jerusha Emily (M.D.) on 10/05/12 1106**Status: **Completed**

This order may be acted on in another encounter.

Ordering user: Stahl, Jerusha Emily (M.D.) 10/05/12 1106

Authorized by: Stahl, Jerusha Emily (M.D.)

Ordering mode: Standard

Frequency: Routine 10/05/12 -

Class: Normal

Quantity: 1

Lab status: Final result

Diagnoses

WELL WOMAN EXAM. [V72.31 (ICD-9-CM)]

Provider Details

Provider	NPI
Stahl, Jerusha Emily (M.D.)	1083894638

Specimen Information

ID	Type	Source	Collected By
503723395	—	BLOOD	LAG 10/05/12 1157

ALT, SERUM [1554006320]

Resulted: 10/05/12 1736, Result status: Final result

Order status: Completed
Collected by: LAG 10/05/12 1157

Filed on: 09/29/22 1038
Resulting lab: WLA MEDICAL CENTER LABORATORY

10/05/2012 - Office Visit in INTERNAL MEDICINE (continued)**Labs (continued)****Components**

Component	Value	Reference Range	Flag	Lab
ALT	33	14 - 54 units/L	—	305

Comment:

The measured activity may vary by different method. This result was measured using the Beckman method.

Reviewed by

Stahl, Jerusha Emily (M.D.) on 10/17/12 0916
 Stahl, Jerusha Emily (M.D.) on 10/17/12 0916
 Stahl, Jerusha Emily (M.D.) on 10/16/12 0914
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 Stahl, Jerusha Emily (M.D.) on 10/09/12 1438
 Stahl, Jerusha Emily (M.D.) on 10/08/12 1328
 Stahl, Jerusha Emily (M.D.) on 10/08/12 1324

Testing Performed By

Lab - Abbreviation	Name	Director	Address	Valid Date Range
321 - 305	WLA MEDICAL CENTER LABORATORY	S.R. McLaren, D.O.	6041 Cadillac Ave. LOS ANGELES CA 90034	09/01/05 0850 - 05/23/17 0009

ALT, SERUM [1554006320]

Resulted: 10/05/12 1157, Result status: In process

Order status: Completed

Filed on: 09/29/22 1038

Collected by: LAG 10/05/12 1157

Reviewed by

Stahl, Jerusha Emily (M.D.) on 10/17/12 0916
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Indications

WELL WOMAN EXAM [V72.31 (ICD-9-CM)]

All Reviewers List

Stahl, Jerusha Emily (M.D.) on 10/17/2012 09:16
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 Stahl, Jerusha Emily (M.D.) on 10/8/2012 13:28
 Stahl, Jerusha Emily (M.D.) on 10/8/2012 13:24

CBC NO DIFF [1554006322] (Final result)Electronically signed by: **Stahl, Jerusha Emily (M.D.) on 10/05/12 1106**Status: **Completed**

This order may be acted on in another encounter.

Ordering user: Stahl, Jerusha Emily (M.D.) 10/05/12 1106

Authorized by: Stahl, Jerusha Emily (M.D.)

Ordering mode: Standard

Frequency: Routine 10/05/12 -

Class: Normal

10/05/2012 - Office Visit in INTERNAL MEDICINE (continued)

Labs (continued)

Quantity: 1

Lab status: Final result

Diagnoses

WELL WOMAN EXAM. [V72.31 (ICD-9-CM)]

Provider Details

Provider	NPI
Stahl, Jerusha Emily (M.D.)	1083894638

Specimen Information

ID	Type	Source	Collected By
503723395	—	BLOOD	LAG 10/05/12 1157

CBC NO DIFF [1554006322] (Abnormal)

Resulted: 10/05/12 1708, Result status: Final result

Order status: Completed

Filed on: 09/29/22 1038

Collected by: LAG 10/05/12 1157

Resulting lab: WLA MEDICAL CENTER LABORATORY

Components

Component	Value	Reference Range	Flag	Lab
WBC'S AUTO	4.7	4.0 - 11.0 thou/cumm	—	305
RBC, AUTO	4.21	4.2 - 5.4 mil/cumm	—	305
HGB	12.4	12.0 - 16.0 g/dL	—	305
HCT, AUTO	35.8	37 - 47 %	L v	305
MCV	84.9	81 - 99 fl	—	305
MCH	29.4	27 - 35 pg/cell	—	305
MCHC	34.6	32 - 37 g/dL	—	305
RDW, BLOOD	14.2	11.5 - 14.5 %	—	305
PLATELETS, AUTOMATED COUNT	324	130 - 400 thou/mcL	—	305
MPV	9.4	7.4 - 10.4 fl	—	305

Reviewed by

Stahl, Jerusha Emily (M.D.) on 10/17/12 0916
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 Stahl, Jerusha Emily (M.D.) on 10/09/12 1438
 Stahl, Jerusha Emily (M.D.) on 10/08/12 1328
 Stahl, Jerusha Emily (M.D.) on 10/08/12 1324

Testing Performed By

Lab - Abbreviation	Name	Director	Address	Valid Date Range
321 - 305	WLA MEDICAL CENTER LABORATORY	S.R. McLaren, D.O.	6041 Cadillac Ave. LOS ANGELES CA 90034	09/01/05 0850 - 05/23/17 0009

CBC NO DIFF [1554006322]

Resulted: 10/05/12 1157, Result status: In process

Order status: Completed

Filed on: 09/29/22 1038

Collected by: LAG 10/05/12 1157

Reviewed by

Stahl, Jerusha Emily (M.D.) on 10/17/12 0916
 Stahl, Jerusha Emily (M.D.) on 10/17/12 0916
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10/05/2012 - Office Visit in INTERNAL MEDICINE (continued)

Labs (continued)

Stahl, Jerusha Emily (M.D.) on 10/09/12 1438
Stahl, Jerusha Emily (M.D.) on 10/08/12 1328
Stahl, Jerusha Emily (M.D.) on 10/08/12 1324

Indications

WELL WOMAN EXAM [V72.31 (ICD-9-CM)]

All Reviewers List

Stahl, Jerusha Emily (M.D.) on 10/17/2012 09:16
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Stahl, Jerusha Emily (M.D.) on 10/8/2012 13:28
Stahl, Jerusha Emily (M.D.) on 10/8/2012 13:24

GLUCOSE, RANDOM [1554006324] (Final result)

Electronically signed by: **Stahl, Jerusha Emily (M.D.) on 10/05/12 1106** Status: **Completed**

This order may be acted on in another encounter.

Ordering user: Stahl, Jerusha Emily (M.D.) 10/05/12 1106

Authorized by: Stahl, Jerusha Emily (M.D.)

Ordering mode: Standard

Frequency: Routine 10/05/12 -

Class: Normal

Quantity: 1

Lab status: Final result

Diagnoses

WELL WOMAN EXAM. [V72.31 (ICD-9-CM)]

Provider Details

Provider	NPI
Stahl, Jerusha Emily (M.D.)	1083894638

Specimen Information

ID	Type	Source	Collected By
503723395	—	BLOOD	LAG 10/05/12 1157

GLUCOSE, RANDOM [1554006324]

Resulted: 10/05/12 1736, Result status: Final result

Order status: Completed

Filed on: 09/29/22 1038

Collected by: LAG 10/05/12 1157

Resulting lab: WLA MEDICAL CENTER LABORATORY

Components

Component	Value	Reference Range	Flag	Lab
GLUCOSE, RANDOM	114	70 - 140 mg/dL	—	305

Reviewed by

Stahl, Jerusha Emily (M.D.) on 10/17/12 0916
Stahl, Jerusha Emily (M.D.) on 10/17/12 0916
Stahl, Jerusha Emily (M.D.) on 10/16/12 0914
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Stahl, Jerusha Emily (M.D.) on 10/08/12 1328
Stahl, Jerusha Emily (M.D.) on 10/08/12 1324

Testing Performed By

Lab - Abbreviation	Name	Director	Address	Valid Date Range
321 - 305	WLA MEDICAL CENTER	S.R. McLaren, D.O.	6041 Cadillac Ave. LOS ANGELES CA	09/01/05 0850 - 05/23/17 0009

10/05/2012 - Office Visit in INTERNAL MEDICINE (continued)**Labs (continued)**

LABORATORY

90034

GLUCOSE, RANDOM [1554006324]

Resulted: 10/05/12 1157, Result status: In process

Order status: Completed

Filed on: 09/29/22 1038

Collected by: LAG 10/05/12 1157

Reviewed by

Stahl, Jerusha Emily (M.D.) on 10/17/12 0916
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Indications

WELL WOMAN EXAM [V72.31 (ICD-9-CM)]

All Reviewers List

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 Stahl, Jerusha Emily (M.D.) on 10/8/2012 13:28
 Stahl, Jerusha Emily (M.D.) on 10/8/2012 13:24

Imaging**Imaging****US REAL-TIME PELVIS, TRANSABDOMINAL AND TRANSVAGINAL, COMPLETE [1554006326] (Discontinued)**Electronically signed by: **Stahl, Jerusha Emily (M.D.) on 10/05/12 1115** Status: **Discontinued**

Ordering user: Stahl, Jerusha Emily (M.D.) 10/05/12 1115

Authorized by: Stahl, Jerusha Emily (M.D.)

Ordering mode: Standard

Frequency: Routine 10/05/12 -

Class: Normal

Quantity: 1

Provider Details**Provider****NPI**

Stahl, Jerusha Emily (M.D.)

1083894638

Order comments: Evaluate for fibroids

XR MAMMOGRAPHY SCREENING BILATERAL, 2 VIEWS EACH BREAST [1554006325] (Final result)Electronically signed by: **Stahl, Jerusha Emily (M.D.) on 10/05/12 1114**Status: **Completed**

This order may be acted on in another encounter.

Ordering user: Stahl, Jerusha Emily (M.D.) 10/05/12 1114

Authorized by: Stahl, Jerusha Emily (M.D.)

Ordering mode: Standard

Frequency: Routine 10/05/12 -

Class: Normal

Quantity: 1

Lab status: Final result

Diagnoses

SCREENING FOR BREAST CANCER [V76.10 (ICD-9-CM)]

Provider Details**Provider****NPI**

Stahl, Jerusha Emily (M.D.)

1083894638

10/05/2012 - Office Visit in INTERNAL MEDICINE (continued)**Imaging (continued)**

Order comments: Bilateral screening mammogram

**XR MAMMOGRAPHY SCREENING BILATERAL, 2 VIEWS EACH BREAST
[1554006325]**

Resulted: 05/03/13 0846, Result status: Final result

Order status: Completed

Resulted by: Rao, Vijay Aror (M.D.)

Filed on: 09/29/22 1038

Accession number: 49300993

Resulting lab: SCAL RADIOLOGY INTERFACE

Narrative:

1/6/2013 @3:28pm call pt. surrounding sched. uspenta appt. pt. is aware of time, loc. and zero co-pay. Pt. did indicate she may resch. Y. Young. 12/13/12 pt req to resched missed appt. gcortez

Transcription

Type	ID	Date and Time	Dictating Provider
Diagnostic imaging	49300993	5/7/2013 9:23 AM	Rao, Vijay Aror (M.D.)
Signed by Rao, Vijay Aror (M.D.), MEDICAL DOCTOR on 05/07/13 at 0923			

BILATERAL SCREENING MAMMOGRAM: 5/3/2013

CLINICAL: Baseline mammogram, no family history of breast cancer.

No prior exams were available for comparison.

There are scattered fibroglandular elements in both breasts that could

obscure a lesion on mammography.

No significant masses, calcifications, or other findings are seen in either breast.

IMPRESSION: NEGATIVE

There is no mammographic evidence of malignancy. A routine screening mammogram is recommended within 2 years.

Vijay A. Rao M D

var/penrad:5/7/2013 08:07:06

Imaging Technologist: Sharon D. Wymon RT(R) (M), West Los Angeles
Medical

Center

letter sent: Low Risk Follow Up Letter

Mammogram BI-RADS: 1 Negative

Reviewed by

Stahl, Jerusha Emily (M.D.) on 05/07/13 0930

Stahl, Jerusha Emily (M.D.) on 05/07/13 0929

Testing Performed By

Lab - Abbreviation	Name	Director	Address	Valid Date Range
120 - SCA	SCAL RADIOLOGY INTERFACE	Unknown	Unknown	02/13/04 0000 - Present

**XR MAMMOGRAPHY SCREENING BILATERAL, 2 VIEWS EACH BREAST
[1554006325]**

Resulted: 05/03/13 0847, Result status: In process

10/05/2012 - Office Visit in INTERNAL MEDICINE (continued)**Imaging (continued)**

Order status: Completed
 Filed on: 09/29/22 1038
 Resulting lab: SCAL RADIOLOGY INTERFACE
 Narrative:
 1/6/2013 @3:28pm call pt. surrounding sched. uspenta appt. pt. is aware of time, loc. and zero co-pay. Pt. did indicate she may resch. Y. Young. 12/13/12 pt req to resched missed appt. gcortez

Resulted by: Rao, Vijay Aroor (M.D.)
 Accession number: 49300993

Transcription

Type	ID	Date and Time	Dictating Provider
Diagnostic imaging	49300993	5/7/2013 9:23 AM	Rao, Vijay Aroor (M.D.)
Signed by Rao, Vijay Aroor (M.D.), MEDICAL DOCTOR on 05/07/13 at 0923			

BILATERAL SCREENING MAMMOGRAM: 5/3/2013

CLINICAL: Baseline mammogram, no family history of breast cancer.

No prior exams were available for comparison.

There are scattered fibroglandular elements in both breasts that could

obscure a lesion on mammography.

No significant masses, calcifications, or other findings are seen in either breast.

IMPRESSION: NEGATIVE

There is no mammographic evidence of malignancy. A routine screening mammogram is recommended within 2 years.

Vijay A. Rao M D

var/penrad:5/7/2013 08:07:06

Imaging Technologist: Sharon D. Wymon RT(R) (M), West Los Angeles Medical Center

letter sent: Low Risk Follow Up Letter

Mammogram BI-RADS: 1 Negative

Reviewed by

Stahl, Jerusha Emily (M.D.) on 05/07/13 0930
 Stahl, Jerusha Emily (M.D.) on 05/07/13 0929

Testing Performed By

Lab - Abbreviation	Name	Director	Address	Valid Date Range
120 - SCA	SCAL RADIOLOGY INTERFACE	Unknown	Unknown	02/13/04 0000 - Present

XR MAMMOGRAPHY SCREENING BILATERAL, 2 VIEWS EACH BREAST
[1554006325]

Result status: In process

Order status: Completed
 Filed on: 09/29/22 0336

Resulted by: Rao, Vijay Aroor (M.D.)
 Accession number: 49300993

10/05/2012 - Office Visit in INTERNAL MEDICINE (continued)**Imaging (continued)****Transcription**

Type	ID	Date and Time	Dictating Provider
Diagnostic imaging Signed by Rao, Vijay Aroor (M.D.), MEDICAL DOCTOR on 05/07/13 at 0923	49300993	5/7/2013 9:23 AM	Rao, Vijay Aroor (M.D.)

BILATERAL SCREENING MAMMOGRAM: 5/3/2013

CLINICAL: Baseline mammogram, no family history of breast cancer.

No prior exams were available for comparison.

There are scattered fibroglandular elements in both breasts that could

obscure a lesion on mammography.

No significant masses, calcifications, or other findings are seen in either breast.

IMPRESSION: NEGATIVE

There is no mammographic evidence of malignancy. A routine screening mammogram is recommended within 2 years.

Vijay A. Rao M D

var/penrad:5/7/2013 08:07:06

Imaging Technologist: Sharon D. Wymon RT(R) (M), West Los Angeles Medical

Center

letter sent: Low Risk Follow Up Letter

Mammogram BI-RADS: 1 Negative

Reviewed by

Stahl, Jerusha Emily (M.D.) on 05/07/13 0930

Stahl, Jerusha Emily (M.D.) on 05/07/13 0929

Indications

SCREENING FOR CA, BREAST [V76.10 (ICD-9-CM)]

All Reviewers List

Stahl, Jerusha Emily (M.D.) on 5/7/2013 09:30

Stahl, Jerusha Emily (M.D.) on 5/7/2013 09:29

Other Orders**Immunization/Injection****VACC TDAP (ADACEL) [1554000586] (Completed)**

Electronically signed by: **Stahl, Jerusha Emily (M.D.) on 10/05/12 1106**

Status: **Completed**

Ordering user: Stahl, Jerusha Emily (M.D.) 10/05/12 1106

Authorized by: Stahl, Jerusha Emily (M.D.)

10/05/2012 - Office Visit in INTERNAL MEDICINE (continued)**Other Orders (continued)**

Ordering mode: Standard
 Frequency: Routine 10/05/12 -
 Quantity: 1
 Diagnoses
 VACCINATION FOR DIPHTHERIA, TETANUS AND ACELLULAR PERTUSSIS [V06.1 (ICD-9-CM)]

Class: Back Office
 Released by: Stahl, Jerusha Emily (M.D.) 10/05/12 1106

Provider Details

Provider	NPI
Stahl, Jerusha Emily (M.D.)	1083894638

Order comments: Dose 0.5mL Route Intramuscular (IM)

Indications

PROPHYLACTIC VACCINE FOR TETANUS, DIPHTHERIA, ACELLULAR PERTUSSIS [V06.1 (ICD-9-CM)]

VACC INFLUENZA SPLIT VIRUS, 4YRS-ADULT [1554000587] (Completed)

Electronically signed by: **Stahl, Jerusha Emily (M.D.) on 10/05/12 1106** Status: **Completed**
 Ordering user: Stahl, Jerusha Emily (M.D.) 10/05/12 1106 Authorized by: Stahl, Jerusha Emily (M.D.)
 Ordering mode: Standard
 Frequency: Routine 10/05/12 -
 Quantity: 1
 Diagnoses
 VACCINATION FOR INFLUENZA [V04.81 (ICD-9-CM)]

Class: Back Office
 Released by: Stahl, Jerusha Emily (M.D.) 10/05/12 1106

Provider Details

Provider	NPI
Stahl, Jerusha Emily (M.D.)	1083894638

Order comments: Dose 0.5mL Route Intramuscular (IM)

Indications

PROPHYLACTIC VACCINE FOR INFLUENZA [V04.81 (ICD-9-CM)]

VACC ADMIN, FIRST IM OR SUBQ VACCINE TOXOID [1554006311] (Active)

Electronically signed by: **Stahl, Jerusha Emily (M.D.) on 10/05/12 1106** Status: **Active**
 Ordering user: Stahl, Jerusha Emily (M.D.) 10/05/12 1106 Authorized by: Stahl, Jerusha Emily (M.D.)
 Ordering mode: Standard
 Frequency: Routine 10/05/12 -
 Quantity: 1
 Diagnoses
 VACCINATION FOR DIPHTHERIA, TETANUS AND ACELLULAR PERTUSSIS [V06.1 (ICD-9-CM)]

Class: Back Office
 Released by: Stahl, Jerusha Emily (M.D.) 10/05/12 1106

Provider Details

Provider	NPI
Stahl, Jerusha Emily (M.D.)	1083894638

Indications

PROPHYLACTIC VACCINE FOR TETANUS, DIPHTHERIA, ACELLULAR PERTUSSIS [V06.1 (ICD-9-CM)]

VACC ADMIN, FIRST IM OR SUBQ VACCINE TOXOID [1554006312] (Active)

Electronically signed by: **Stahl, Jerusha Emily (M.D.) on 10/05/12 1106** Status: **Active**
 Ordering user: Stahl, Jerusha Emily (M.D.) 10/05/12 1106 Authorized by: Stahl, Jerusha Emily (M.D.)
 Ordering mode: Standard
 Frequency: Routine 10/05/12 -
 Quantity: 1
 Diagnoses
 VACCINATION FOR INFLUENZA [V04.81 (ICD-9-CM)]

Class: Back Office
 Released by: Stahl, Jerusha Emily (M.D.) 10/05/12 1106

Provider Details

Provider	NPI
Stahl, Jerusha Emily (M.D.)	1083894638

10/05/2012 - Office Visit in INTERNAL MEDICINE (continued)

Other Orders (continued)

Indications

PROPHYLACTIC VACCINE FOR INFLUENZA [V04.81 (ICD-9-CM)]

Patient Instructions

Your Kaiser Permanente Care Instructions

Influenza (Flu) Vaccine: After Your Visit**Your Care Instructions**

Influenza (flu) is an infection in the lungs and breathing passages. It is caused by the influenza virus. There are different strains, or types, of the flu virus every year. The flu comes on quickly. It can cause a cough, stuffy nose, fever, chills, tiredness, and aches and pains. These symptoms may last up to 10 days. The flu can make you feel very sick, but most of the time it doesn't lead to other problems. But it can cause serious problems in people who are older or who have a long-term illness, such as heart disease or diabetes.

You can help prevent the flu by getting a flu vaccine every year. October or November is the best time to get the vaccine. It is given as a shot or in a nasal spray. The viruses in the flu shot are dead, and the nasal spray (FluMist) has weakened live viruses. You cannot get the flu from the shot or the spray. FluMist can be given to healthy people from ages 2 through 49. FluMist is not approved for pregnant women. The vaccine prevents most cases of the flu. But even when the vaccine doesn't prevent the flu, it can make symptoms less severe and reduce the chance of problems from the flu.

If you know that you or your child is allergic to eggs or to anything else in the vaccine, do not get the flu shot without talking to your doctor. Sometimes, young children and people who have an immune system problem may have a slight fever or muscle aches or pains 6 to 12 hours after getting the shot. These symptoms usually last 1 or 2 days.

Follow-up care is a key part of your treatment and safety. Be sure to make and go to all appointments, and call your doctor if you are having problems. It's also a good idea to know your test results and keep a list of the medicines you take.

Who should get the flu vaccine?

In general, anyone who wants to lower the chance of getting the flu can have the flu vaccine. But certain people who are at high risk for the flu or for problems from it should have the vaccine every year. They are:

- Anyone 50 years of age or older.
- People who live in a long-term care center, such as a nursing home.
- All children 6 months through 18 years of age.
- Adults and children 6 months and older who have long-term heart or lung problems, such as asthma.
- Adults and children 6 months and older who needed medical care or were in a hospital during the past year because of diabetes, chronic kidney disease, or a weak immune system (including HIV or AIDS).
- Women who will be pregnant during the flu season.
- People who have any condition that can make it hard to breathe or swallow (such as a brain injury or muscle disorders.)
- People who can give the flu to others who are at high risk for problems from the flu. This includes all health care workers and close contacts of people age 65 or older.

Who should not get the flu vaccine?

- People who have a severe allergy to chicken eggs.
- People who have had a severe reaction to a flu vaccine in the past.
- People who developed Guillain-Barré syndrome (GBS) within 6 weeks of getting a flu vaccine in the past.

10/05/2012 - Office Visit in INTERNAL MEDICINE (continued)**Patient Instructions (continued)**

- Children younger than 6 months of age.
- People who are sick with a fever. (They can get the vaccine when their symptoms are better.)

How can you care for yourself at home?

- If you or your child has a sore arm or a slight fever after the shot, take an over-the-counter pain medicine, such as acetaminophen (Tylenol) or ibuprofen (Advil, Motrin). Read and follow all instructions on the label. Do not give aspirin to anyone younger than 20. It has been linked to Reye syndrome, a serious illness.
- Do not take two or more pain medicines at the same time unless the doctor told you to. Many pain medicines have acetaminophen, which is Tylenol. Too much acetaminophen (Tylenol) can be harmful.

When should you call for help?

Call 911 anytime you think you may need emergency care. For example, call if after getting the flu vaccine:

- You have symptoms of a severe reaction to the flu vaccine. Symptoms of a severe reaction may include:
 - Severe difficulty breathing.
 - Sudden raised, red areas (hives) all over your body.
 - Severe lightheadedness.

Call your doctor now or seek immediate medical care if after getting the flu vaccine:

- You think you are having a reaction to the flu vaccine, such as a new fever.

Watch closely for changes in your health, and be sure to contact your doctor if you have any problems.

Where can you learn more?

Go to <http://www.kp.org>

Enter **N880** in the search box to learn more about "**Influenza (Flu) Vaccine: After Your Visit.**"

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Content Version: 9.2.102713; Last Revised: October 13, 2011

END OF ENCOUNTER**10/10/2012 - Patient Message in BARIATRIC TX****Visit Information****Provider Information****Encounter Provider**

Stahl, Jerusha Emily (M.D.)

Department

Name	Address	Phone
BARIATRIC TX	5620 MESMER AVE Culver City CA 90230-6315	833-574-2273

Messages

RE:results

10/10/2012 - Patient Message in BARIATRIC TX (continued)**Messages (continued)**

From Pepper Smith	To Jerusha Emily (M.D.) Stahl, M.D.	Sent 10/10/2012 6:20 PM
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Thanks, I'll start the Vitamin D ASAP.

----- Message -----

From: JERUSHA EMILY STAHL MD
Sent: 10/10/2012 4:43 PM PDT
To: Pepper Smith
Subject: results

Hi Pepper,
Your labs look good overall, but your vitamin D is still a bit low. i recommend you just take over the counter vitamin D 1000-2000 units per day to bring it up. i don't think you have to take the prescription strength one again.
Your pap is still processing, will let you know when i get the result.

Take care,
Jerusha Stahl, MD

results

From Jerusha Emily (M.D.) Stahl, M.D. Last Read in kp.org 10/12/2012 9:21 PM by Pepper Smith	To Pepper Smith	Sent and Delivered 10/10/2012 4:43 PM
-------------------------------------------------------------------------------------------------------	--------------------	------------------------------------------

Hi Pepper,
Your labs look good overall, but your vitamin D is still a bit low. i recommend you just take over the counter vitamin D 1000-2000 units per day to bring it up. i don't think you have to take the prescription strength one again.
Your pap is still processing, will let you know when i get the result.

Take care,
Jerusha Stahl, MD

END OF ENCOUNTER

10/17/2012 - Patient Message in BARIATRIC TX**Visit Information****Provider Information**

10/17/2012 - Patient Message in BARIATRIC TX (continued)**Visit Information (continued)****Encounter Provider**

Stahl, Jerusha Emily (M.D.)

Department

Name	Address	Phone
BARIATRIC TX	5620 MESMER AVE Culver City CA 90230-6315	833-574-2273

Messages**normal pap**

From	To	Sent and Delivered
Jerusha Emily (M.D.) Stahl, M.D. Last Read in kp.org 3/15/2014 5:20 PM by Pepper Smith	Pepper Smith	10/17/2012 9:16 AM

Hi again,
Your pap smear was normal.

Take care,
Jerusha Stahl, MD

END OF ENCOUNTER**11/05/2012 - Office Visit in URGENT CARE - WEST LA****Visit Information****Provider Information****Encounter Provider**

Cervantes, Jose (M.D.)

Authorizing Provider

Cervantes, Jose (M.D.)

Department

Name	Address	Phone
URGENT CARE - WEST LA	6041 CADILLAC AVE Los Angeles CA 90034-1702	833-574-2273

Follow-up and Dispositions

- Return if symptoms worsen or fail to improve.

Level of Service**Level of Service**

OUTPT EST LEVEL 3

Reason for Visit**Chief Complaint**

- GROIN PAIN (c/o left side x's 1 week ago)

11/05/2012 - Office Visit in URGENT CARE - WEST LA (continued)

Reason for Visit (continued)

Visit Diagnosis

- GROIN PAIN (primary) [789.09]

Vitals

Vital Signs

Most recent update: 11/5/2012 5:29 PM

BP 108/64	Pulse 89	Temp 98.1 °F (36.7 °C) (Oral)	Ht 5' 3" (1.6 m)	Wt 237 lb (107.5 kg)
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BMI
41.98 kg/m²

Pain Information (Last Filed)

Score	Location	Comments	Edu?
10 (scale 0-10)	OTHER - left gorin	None	Yes

Clinical Notes

Nursing Note

at 11/5/2012 1745

Author: —	Service: —	Author Type: —
Filed:	Encounter Date: 11/5/2012	Creation Time: 11/5/2012 5:45 PM
Status: Signed		

>> INES ELSA ARCIGA-ESCOBAR MA Mon Nov 5, 2012 5:29 PM
PROACTIVE CARE ACTIONS

Proactive Office Encounter Actions: The patient exercises 150 minutes per week at a moderate to strenuous level.
There are no care gaps at this time

No outpatient prescriptions have been marked as taking for the 11/5/12 encounter (Office Visit) with Cervantes, Jose (M.D.).

Patient presents with:
GROIN PAIN - c/o left side x's 1 week ago

Patient Active Problem List:
SEVERE OBESITY, BMI 40-44.9, ADULT [504038]
VITAMIN D DEFICIENCY [268.9]

BP 108/64 |Pulse 89 |Temp 98.1 °F (36.7 °C) |Temp Src: Oral |Ht 5' 3" (1.6 m)
|Wt 237 lb (107.502 kg) |LMP 10/15/2012
Last Pap Smear : 10/5/12 (PAP TEST)
Last Pap Smear : 9/4/09 (PAP TEST)
Last Pap Smear : 12/4/07 (PAP TEST)
Last Mammogram Test: none found
HGBA1C 5.2 08/04/2005
Smoking Status: Never Smoker

11/05/2012 - Office Visit in URGENT CARE - WEST LA (continued)

Clinical Notes (continued)

Smokeless Status: Never Used

No Known Drug Aller*

INES ELSA ARCIGA-ESCOBAR MA

Progress Notes

Cervantes, Jose (M.D.) at 11/5/2012 1749

Author: Cervantes, Jose (M.D.)

Filed: 11/5/2012 8:45 PM

Status: Signed

Service: —

Encounter Date: 11/5/2012

Editor: Cervantes, Jose (M.D.) (Physician)

Author Type: Physician

Creation Time: 11/5/2012 5:49 PM

History:

Jose Cervantes MD

Department of Family Medicine Kaiser WLA

South Los Angeles Medical Office Building

5:49 PM

Pepper Smith is a 41 year old female

Patient presents with:

GROIN PAIN - c/o left side x's 1 week ago

Here for above.

C/o of on/off "groin" pain for 1 week.

States with certain positions she will feel pain left groin area.

NO fevers or chills.

NO nausea or emesis.

NO injury, fall or trauma.

NO hip or back pain.

NO dysuria or urgency, NO blood in urine.

Per pt BMs are NORMAL, no constipation, diarrhea.

Has not taken NSAIDS.

NO pain now, but had it earlier.

Patient's last menstrual period was 10/15/2012.

Patient Active Problem List:

SEVERE OBESITY, BMI 40-44.9, ADULT (504038)

VITAMIN D DEFICIENCY (268.9)

History Reviewed:

I have reviewed the Medical/Surgical history as displayed in HealthConnect on the date of the encounter or the portion(s) as noted in the progress note.

11/05/2012 - Office Visit in URGENT CARE - WEST LA (continued)

Clinical Notes (continued)

Physical Exam

Constitutional: She is well-developed, well-nourished, and in no distress.

HENT:

Head: Normocephalic.

Cardiovascular: Normal rate, regular rhythm and normal heart sounds.

Pulmonary/Chest: Effort normal and breath sounds normal. No respiratory distress.

Abdominal: Soft. Bowel sounds are normal. She exhibits no distension and no mass. There is no tenderness. There is no rebound and no guarding.

Musculoskeletal: Normal range of motion. She exhibits no tenderness.

NO CVA TTP.

Tight hip flexors bilaterally.

NO mass or LAD appreciated.

NO bulge.

Was able to ambulate and twisted the hip and leg in several directions to try to replicate pain, but was not able to

Pulses intact

Skin intact, NO vesicles or other rash

NEG SLR

Psychiatric: Affect normal.

Nursing note and vitals reviewed.

ASSESSMENT:

789.09 GROIN PAIN (primary encounter diagnosis)

PLAN:

-reviewed etiology of present condition and what to do to help alleviate symptoms. Aware that needs to return to clinic if symptoms do not improve or increase in severity.

-likely musculoskeletal in origin- heat, massage, trial of NSAIDS.

-if worsens or fails to improve, needs to see us ASAP.

Orders Placed This Encounter

- URINALYSIS, AUTOMATED WO MICRO
- CULTURE, URINE
- Naproxen (NAPROSYN) 500 mg Oral Tab

Any specific lab results if applicable were discussed with the patient. Patient is aware and agrees with the above plan. Pt is also aware to return to clinic if any symptoms or concerns worsen or persist.

JOSE CERVANTES MD

Kaiser South LA Dept. of Family Medicine

Electronically signed by Cervantes, Jose (M.D.) at 11/5/2012 8:45 PM

11/05/2012 - Office Visit in URGENT CARE - WEST LA (continued)

Clinical Notes (continued)

Labs

URINALYSIS, AUTOMATED WO MICRO [1554006328] (Discontinued)

Electronically signed by: **Cervantes, Jose (M.D.) on 11/05/12 1758** Status: **Discontinued**
 Ordering user: Cervantes, Jose (M.D.) 11/05/12 1758 Authorized by: Cervantes, Jose (M.D.)
 Ordering mode: Standard
 Frequency: Routine 11/05/12 - Class: Normal
 Quantity: 1

Provider Details

Provider	NPI
Cervantes, Jose (M.D.)	1063560936

Specimen Information

ID	Type	Source	Collected By
—	—	URINE	—

CULTURE, URINE [1554006329] (Discontinued)

Electronically signed by: **Cervantes, Jose (M.D.) on 11/05/12 1758** Status: **Discontinued**
 Ordering user: Cervantes, Jose (M.D.) 11/05/12 1758 Authorized by: Cervantes, Jose (M.D.)
 Ordering mode: Standard
 Frequency: Routine 11/05/12 - Class: Normal
 Quantity: 1

Provider Details

Provider	NPI
Cervantes, Jose (M.D.)	1063560936

Specimen Information

ID	Type	Source	Collected By
—	—	URINE, CLEAN CATCH	—

URINE DIPSTICK, POCT [1554006331] (Active)

Electronically signed by: **Cervantes, Jose (M.D.) on 11/05/12 1805** Status: **Active**
 Ordering user: Cervantes, Jose (M.D.) 11/05/12 1805 Authorized by: Cervantes, Jose (M.D.)
 Ordering mode: Standard
 Frequency: Routine 11/05/12 - Class: Point of Care Test
 Quantity: 1

Diagnoses

GROIN PAIN [789.09 (ICD-9-CM)]

Provider Details

Provider	NPI
Cervantes, Jose (M.D.)	1063560936

Indications

GROIN PAIN [789.09 (ICD-9-CM)]

Other Orders

Medications

Naproxen (NAPROSYN) 500 mg Oral Tab [1554006330] (Discontinued)

Electronically signed by: **Cervantes, Jose (M.D.) on 11/05/12 1758** Status: **Discontinued**
 Ordering user: Cervantes, Jose (M.D.) 11/05/12 1758 Authorized by: Cervantes, Jose (M.D.)
 Ordering mode: Standard
 Frequency: Routine 11/05/12 - 12/22/14 Class: Fill Now

11/05/2012 - Office Visit in URGENT CARE - WEST LA (continued)**Other Orders (continued)**

Discontinued by: Gazarian, Aik Armenovich (M.D.) 12/22/14 1645

Diagnoses

GROIN PAIN [789.09 (ICD-9-CM)]

Provider Details

Provider	NPI
Cervantes, Jose (M.D.)	1063560936

Admin instructions: Give with food.

Indications

GROIN PAIN [789.09 (ICD-9-CM)]

END OF ENCOUNTER**01/17/2013 - Patient Message in INTERNAL MEDICINE****Visit Information****Provider Information****Encounter Provider**

Stahl, Jerusha Emily (M.D.)

Department

Name	Address	Phone
INTERNAL MEDICINE	5620 MESMER AVE Culver City CA 90230-6315	833-574-2273

Clinical Notes**Telephone Encounter****Stahl, Jerusha Emily (M.D.) at 1/17/2013 0823**

Author: Stahl, Jerusha Emily (M.D.)	Service: —	Author Type: Physician
Filed: 1/17/2013 8:23 AM	Encounter Date: 1/17/2013	Creation Time: 1/17/2013 8:23 AM
Status: Signed	Editor: Stahl, Jerusha Emily (M.D.) (Physician)	
From: SMITH,PEPPER		
To: Stahl, Jerusha Emily (M.D.)		
Sent: Thu Jan 17, 2013 7:53 AM		
Subject: Flu		

Hi Dr. Stahl,

I have the flu once again which is crazy because I had it September then I got the Flu Shot in Oct/Nov and now it's back. I was hoping you could put in a prescription for the cough syrup I had the last time because it really helped me.

I'll come in if you really need me to but my mother loss her battle with Cancer last week and her service is Saturday and I am trying to do everything with this flu on my back. I'm off work today and tomorrow just let me know what you want me to do.

Thank you!

Electronically signed by Stahl, Jerusha Emily (M.D.) at 1/17/2013 8:23 AM

Other Orders

01/17/2013 - Patient Message in INTERNAL MEDICINE (continued)**Other Orders (continued)****Medications****Phenylephrine-Promethazine-Codeine (PHENERGAN VC CODEINE) 5-6.25-10 mg/5 mL Oral Syrup [1554006332] (Expired)**

Electronically signed by: **Stahl, Jerusha Emily (M.D.) on 01/17/13 0823** Status: **Expired**
 Ordering user: Stahl, Jerusha Emily (M.D.) 01/17/13 0823 Authorized by: Stahl, Jerusha Emily (M.D.)
 Ordering mode: Standard
 Frequency: Routine 01/17/13 - 07/16/13 2359 Class: Normal

Provider Details

Provider	NPI
Stahl, Jerusha Emily (M.D.)	1083894638

Reordered from: Phenylephrine-Promethazine-Codeine (PHENERGAN VC CODEINE) 5-6.25-10 mg/5 mL Oral Syrup

Messages**RE: Flu**

From	To	Sent and Delivered
Jerusha Emily (M.D.) Stahl, M.D. Last Read in kp.org 10/30/2013 11:28 AM by Pepper Smith	Pepper Smith	1/17/2013 8:24 AM

Hi Pepper,
So sorry to hear about your mother. I am also sorry you are sick again - i refilled the cough syrup for you, you can come to the pharmacy to fill it.

Take care,
Jerusha Stahl, MD

Flu

From	To	Sent
Pepper Smith	Jerusha Emily (M.D.) Stahl, M.D.	1/17/2013 7:53 AM

Hi Dr. Stahl,

I have the flu once again which is crazy because I had it September then I got the Flu Shot in Oct/Nov and now it's back. I was hoping you could put in a prescription for the cough syrup I had the last time because it really helped me.

I'll come in if you really need me to but my mother loss her battle with Cancer last week and her service is Saturday and I am trying to do everything with this flu on my back. I'm off work today and tomorrow. just let me know what you want me to do.

Thank you!

01/17/2013 - Patient Message in INTERNAL MEDICINE (continued)

END OF ENCOUNTER

01/17/2013 - Patient Message in INTERNAL MEDICINE

Visit Information**Provider Information****Encounter Provider**

Stahl, Jerusha Emily (M.D.)

Department

Name	Address	Phone
INTERNAL MEDICINE	5620 MESMER AVE Culver City CA 90230-6315	833-574-2273

Messages**Flu**

From	To	Sent
Pepper Smith	Jerusha Emily (M.D.) Stahl, M.D.	1/17/2013 7:55 AM

(323)377-1787

END OF ENCOUNTER

01/17/2013 - Patient Message in INTERNAL MEDICINE

Visit Information**Provider Information****Encounter Provider**

Stahl, Jerusha Emily (M.D.)

Department

Name	Address	Phone
INTERNAL MEDICINE	5620 MESMER AVE Culver City CA 90230-6315	833-574-2273

Messages**Flu**

From	To	Sent
Pepper Smith	Jerusha Emily (M.D.) Stahl, M.D.	1/17/2013 8:48 AM

Thank you so much!!!

01/17/2013 - Patient Message in INTERNAL MEDICINE (continued)

END OF ENCOUNTER

05/01/2013 - Patient Message in INTERNAL MEDICINE

Visit Information

Provider Information

Encounter Provider

Stahl, Jerusha Emily (M.D.)

Department

Name	Address	Phone
INTERNAL MEDICINE	5620 MESMER AVE Culver City CA 90230-6315	833-574-2273

Clinical Notes

Procedures

Filed on 6/17/2013 1115

Procedure Orders

1. US REAL-TIME PELVIS, TRANSABDOMINAL AND TRANSVAGINAL, COMPLETE [1554006333] ordered by Mirdamadi, Linda Marie (M.D.) at 05/06/13 1353

SMITH, PEPPER

Gyn Exam, 6/16/2013

EXAM INFORMATION

Patient Name: SMITH, PEPPER

Patient ID: 000004779300

DOB: 5/22/1971

Age: 42 yrs

Sex: Female

Ref Phys: MIRDAMADI, LINDA MARIE

Exam Date: 6/16/2013

Procedure: US TRANSABDOMINAL AND ENDOVAGINAL PELVIS ULTRASOUND

Exam Site: WLA

Accession #: 52282579

INDICATIONS FOR SONOGRAPHY

Reason: follow up pelvic ultrasound

UTERUS

Measurements:

Length x Width x Height = Volume

10.85 cm x 5.87 cm x 5.55 cm = 184.9 cc

Endometrium Thickness: 12.8 mm

LEFT OVARY

Measurements:

Length x Width x Height = Volume

05/01/2013 - Patient Message in INTERNAL MEDICINE (continued)

Clinical Notes (continued)

2.78 cm x 1.97 cm x 1.71 cm = 4.9 cc

RIGHT OVARY

Measurements:

Length x Width x Height = Volume

4.82 cm x 3.87 cm x 2.92 cm = 28.52 cc

COMMENTS

Pelvic Ultrasound:

UTERUS:

The uterus appears normal in size.

Multiple fibroids are visualized. The largest measures 2.5 x 2.2 x 2.0 cm and is located in the anterior aspect of the uterus. This fibroid appears to be submucosal . Multiple nabothian cysts are visualized in the cervix.

The endometrial stripe is not well seen.

RIGHT OVARY:

A simple cyst is visualized in the right ovary measuring 3.4 x 3.0 x 3.1 cm.

RIGHT ADNEXA:

The right adnexa is unremarkable.

LEFT OVARY:

The left ovary appears normal in size and echogenicity.

LEFT ADNEXA:

The left adnexa is unremarkable.

CUL DE SAC:

There is a small amount of free fluid in the cul-de-sac.

IMPRESSION:

05/01/2013 - Patient Message in INTERNAL MEDICINE (continued)**Clinical Notes (continued)**

Fibroid which appears submucosal. RIGHT OVARIAN CYST(S). FREE FLUID IN THE CUL-DE-SAC.

Preliminary prepared by LING WANG, SONOGRAPHER WLA RAD on 6/16/2013 12:10:28 PM.

Sonographer: LING WANG, SONOGRAPHER WLA RAD

Electronically Signed and Authenticated By: DIMPLE BHASIN, M.D.
WLA RAD

on 6/17/2013 11:14:01 AM

Electronically signed by Bhasin, Dimple (M.D.) at 6/17/2013 11:14 AM

Telephone Encounter**Mirdamadi, Linda Marie (M.D.) at 5/6/2013 1353**

Author: Mirdamadi, Linda Marie (M.D.)	Service: —	Author Type: Physician
Filed: 5/6/2013 1:53 PM	Encounter Date: 5/1/2013	Creation Time: 5/6/2013 1:53 PM
Status: Signed	Editor: Mirdamadi, Linda Marie (M.D.) (Physician)	
From: SMITH,PEPPER		
To: Stahl, Jerusha Emily (M.D.)		
Sent: Wed May 1, 2013 9:57 AM		
Subject: Expired pelvic ultrasound order		

Hi Dr. Stahl.

I hope all is well. With everything going on with my moms Cancer and her passing I never got a chance to get my pelvic ultrasound or mammogram done. I was able to make an appoint for the mamm for this friday but the ultrasound order has expired. Can you submit another order for me. I'm just pulling myself together and getting back in the swing of things. I would appreciate it.

Thank you!

Electronically signed by Mirdamadi, Linda Marie (M.D.) at 5/6/2013 1:53 PM

Imaging**Imaging****US REAL-TIME PELVIS, TRANSABDOMINAL AND TRANSVAGINAL, COMPLETE [1554006333] (Final result)**

Electronically signed by: Mirdamadi, Linda Marie (M.D.) on 05/06/13 1353	Status: Completed
This order may be acted on in another encounter.	
Ordering user: Mirdamadi, Linda Marie (M.D.) 05/06/13 1353	Authorized by: Mirdamadi, Linda Marie (M.D.)
Ordering mode: Standard	
Frequency: Routine 05/06/13 -	Class: Normal
Quantity: 1	Lab status: Final result

Provider Details

Provider	NPI
Mirdamadi, Linda Marie (M.D.)	1477620326

05/01/2013 - Patient Message in INTERNAL MEDICINE (continued)**Imaging (continued)**

Order comments: Reason: follow up pelvic ultrasound

US REAL-TIME PELVIS, TRANSABDOMINAL AND TRANSVAGINAL, COMPLETE [1554006333]

Resulted: 06/16/13 1155, Result status: Final result

Order status: Completed

Resulted by: Bhasin, Dimple (M.D.)

Filed on: 09/29/22 1038

Accession number: 52282579

Resulting lab: SCAL RADIOLOGY INTERFACE

Narrative:

6/14/2013 pt aware of insrt via phone. co pay given/. gcortez

Transcription

Type	ID	Date and Time	Dictating Provider
Diagnostic imaging	52282579	6/17/2013 11:14 AM	Bhasin, Dimple (M.D.)
Signed by Bhasin, Dimple (M.D.), MEDICAL DOCTOR on 06/17/13 at 1114			

SMITH, PEPPER

Gyn Exam, 6/16/2013

EXAM INFORMATION

Patient Name: SMITH, PEPPER

Patient ID: 000004779300

DOB: 5/22/1971

Age: 42 yrs

Sex: Female

Ref Phys: MIRDAMADI, LINDA MARIE

Exam Date: 6/16/2013

Procedure: US TRANSABDOMINAL AND ENDOVAGINAL PELVIS ULTRASOUND

Exam Site: WLA

Accession #: 52282579

INDICATIONS FOR SONOGRAPHY

Reason: follow up pelvic ultrasound

UTERUS

Measurements:

Length x Width x Height = Volume

10.85 cm x 5.87 cm x 5.55 cm = 184.9 cc

Endometrium Thickness: 12.8 mm

LEFT OVARY

Measurements:

Length x Width x Height = Volume

2.78 cm x 1.97 cm x 1.71 cm = 4.9 cc

RIGHT OVARY

Measurements:

Length x Width x Height = Volume

4.82 cm x 3.87 cm x 2.92 cm = 28.52 cc

COMMENTS

Pelvic Ultrasound:

05/01/2013 - Patient Message in INTERNAL MEDICINE (continued)

Imaging (continued)

UTERUS:

The uterus appears normal in size.

Multiple fibroids are visualized. The largest measures 2.5 x 2.2 x 2.0 cm and is located in the anterior aspect of the uterus. This fibroid appears to be submucosal . Multiple nabothian cysts are visualized in the cervix.

The endometrial stripe is not well seen.

RIGHT OVARY:

A simple cyst is visualized in the right ovary measuring 3.4 x 3.0 x 3.1 cm.

RIGHT ADNEXA:

The right adnexa is unremarkable.

LEFT OVARY:

The left ovary appears normal in size and echogenicity.

LEFT ADNEXA:

The left adnexa is unremarkable.

CUL DE SAC:

There is a small amount of free fluid in the cul-de-sac.

IMPRESSION:

Fibroid which appears submucosal. RIGHT OVARIAN CYST(S). FREE FLUID IN THE CUL-DE-SAC.

Preliminary prepared by LING WANG, SONOGRAPHER WLA RAD on 6/16/2013
12:10:28 PM.

05/01/2013 - Patient Message in INTERNAL MEDICINE (continued)**Imaging (continued)**

Sonographer: LING WANG, SONOGRAPHER WLA RAD

Electronically Signed and Authenticated By: DIMPLE BHASIN, M.D.
WLA RAD

on 6/17/2013 11:14:01 AM

Reviewed by

Stahl, Jerusha Emily (M.D.) on 06/18/13 1623
 Stahl, Jerusha Emily (M.D.) on 06/17/13 1723
 Mirdamadi, Linda Marie (M.D.) on 06/17/13 1718
 Mirdamadi, Linda Marie (M.D.) on 06/17/13 1717
 Mirdamadi, Linda Marie (M.D.) on 06/17/13 1717
 Mirdamadi, Linda Marie (M.D.) on 06/17/13 1717

CC List

Recipient	Modifier	Fax	Address	Added
Stahl, Jerusha Emily (M.D.), M.D.	—	—	—	—

Testing Performed By

Lab - Abbreviation	Name	Director	Address	Valid Date Range
120 - SCA	SCAL RADIOLOGY INTERFACE	Unknown	Unknown	02/13/04 0000 - Present

**US REAL-TIME PELVIS, TRANSABDOMINAL AND TRANSVAGINAL,
COMPLETE [1554006333]**

Resulted: 06/16/13 1155, Result status: In process

Order status: Completed

Resulted by: Bhasin, Dimple (M.D.)

Filed on: 09/29/22 1038

Accession number: 52282579

Resulting lab: SCAL RADIOLOGY INTERFACE

Narrative:

6/14/2013 pt aware of insrt via phone. co pay given/. gcortez

Transcription

Type	ID	Date and Time	Dictating Provider
Diagnostic imaging	52282579	6/17/2013 11:14 AM	Bhasin, Dimple (M.D.)
Signed by Bhasin, Dimple (M.D.), MEDICAL DOCTOR on 06/17/13 at 1114			

SMITH, PEPPER

Gyn Exam, 6/16/2013

EXAM INFORMATION

Patient Name: SMITH, PEPPER

Patient ID: 000004779300

DOB: 5/22/1971

Age: 42 yrs

Sex: Female

Ref Phys: MIRDAMADI, LINDA MARIE

Exam Date: 6/16/2013

Procedure: US TRANSABDOMINAL AND ENDOVAGINAL PELVIS ULTRASOUND

Exam Site: WLA

Accession #: 52282579

05/01/2013 - Patient Message in INTERNAL MEDICINE (continued)

Imaging (continued)

INDICATIONS FOR SONOGRAPHY

Reason: follow up pelvic ultrasound

UTERUS

Measurements:

Length x Width x Height = Volume

10.85 cm x 5.87 cm x 5.55 cm = 184.9 cc

Endometrium Thickness: 12.8 mm

LEFT OVARY

Measurements:

Length x Width x Height = Volume

2.78 cm x 1.97 cm x 1.71 cm = 4.9 cc

RIGHT OVARY

Measurements:

Length x Width x Height = Volume

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COMMENTS

Pelvic Ultrasound:

UTERUS:

The uterus appears normal in size.

Multiple fibroids are visualized. The largest measures 2.5 x 2.2 x 2.0 cm and is located in the anterior aspect of the uterus. This fibroid appears to be submucosal. Multiple nabothian cysts are visualized in the cervix.

The endometrial stripe is not well seen.

RIGHT OVARY:

A simple cyst is visualized in the right ovary measuring 3.4 x 3.0 x 3.1 cm.

RIGHT ADNEXA:

The right adnexa is unremarkable.

LEFT OVARY:

05/01/2013 - Patient Message in INTERNAL MEDICINE (continued)**Imaging (continued)**

The left ovary appears normal in size and echogenicity.

LEFT ADNEXA:

The left adnexa is unremarkable.

CUL DE SAC:

There is a small amount of free fluid in the cul-de-sac.

IMPRESSION:

Fibroid which appears submucosal. RIGHT OVARIAN CYST(S). FREE FLUID IN THE CUL-DE-SAC.

Preliminary prepared by LING WANG, SONOGRAPHER WLA RAD on 6/16/2013 12:10:28 PM.

Sonographer: LING WANG, SONOGRAPHER WLA RAD

Electronically Signed and Authenticated By: DIMPLE BHASIN, M.D.
WLA RAD

on 6/17/2013 11:14:01 AM

Reviewed by

Stahl, Jerusha Emily (M.D.) on 06/18/13 1623
Stahl, Jerusha Emily (M.D.) on 06/17/13 1723
Mirdamadi, Linda Marie (M.D.) on 06/17/13 1718
Mirdamadi, Linda Marie (M.D.) on 06/17/13 1717
Mirdamadi, Linda Marie (M.D.) on 06/17/13 1717
Mirdamadi, Linda Marie (M.D.) on 06/17/13 1717

CC List

Recipient	Modifier	Fax	Address	Added
Stahl, Jerusha Emily (M.D.), M.D.	—	—	—	—

Testing Performed By

Lab - Abbreviation	Name	Director	Address	Valid Date Range
120 - SCA	SCAL RADIOLOGY INTERFACE	Unknown	Unknown	02/13/04 0000 - Present

**US REAL-TIME PELVIS, TRANSABDOMINAL AND TRANSVAGINAL,
COMPLETE [1554006333]**

Result status: In process

Order status: Completed
Filed on: 09/29/22 0336

Resulted by: Bhasin, Dimple (M.D.)
Accession number: 52282579

Transcription

05/01/2013 - Patient Message in INTERNAL MEDICINE (continued)**Imaging (continued)**

Type	ID	Date and Time	Dictating Provider
Diagnostic imaging Signed by Bhasin, Dimple (M.D.), MEDICAL DOCTOR on 06/17/13 at 1114	52282579	6/17/2013 11:14 AM	Bhasin, Dimple (M.D.)

SMITH, PEPPER
Gyn Exam, 6/16/2013

EXAM INFORMATION

Patient Name: SMITH, PEPPER

Patient ID: 000004779300

DOB: 5/22/1971

Age: 42 yrs

Sex: Female

Ref Phys: MIRDAMADI, LINDA MARIE

Exam Date: 6/16/2013

Procedure: US TRANSABDOMINAL AND ENDOVAGINAL PELVIS ULTRASOUND

Exam Site: WLA

Accession #: 52282579

INDICATIONS FOR SONOGRAPHY

Reason: follow up pelvic ultrasound

UTERUS

Measurements:

Length x Width x Height = Volume

10.85 cm x 5.87 cm x 5.55 cm = 184.9 cc

Endometrium Thickness: 12.8 mm

LEFT OVARY

Measurements:

Length x Width x Height = Volume

2.78 cm x 1.97 cm x 1.71 cm = 4.9 cc

RIGHT OVARY

Measurements:

Length x Width x Height = Volume

4.82 cm x 3.87 cm x 2.92 cm = 28.52 cc

COMMENTS

Pelvic Ultrasound:

UTERUS:

The uterus appears normal in size.

05/01/2013 - Patient Message in INTERNAL MEDICINE (continued)

Imaging (continued)

Multiple fibroids are visualized. The largest measures 2.5 x 2.2 x 2.0 cm and is located in the anterior aspect of the uterus. This fibroid appears to be submucosal . Multiple nabothian cysts are visualized in the cervix.

The endometrial stripe is not well seen.

RIGHT OVARY:

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The right adnexa is unremarkable.

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LEFT ADNEXA:

The left adnexa is unremarkable.

CUL DE SAC:

There is a small amount of free fluid in the cul-de-sac.

IMPRESSION:

Fibroid which appears submucosal. RIGHT OVARIAN CYST(S). FREE FLUID IN THE CUL-DE-SAC.

Preliminary prepared by LING WANG, SONOGRAPHER WLA RAD on 6/16/2013 12:10:28 PM.

Sonographer: LING WANG, SONOGRAPHER WLA RAD

Electronically Signed and Authenticated By: DIMPLE BHASIN, M.D.
WLA RAD

on 6/17/2013 11:14:01 AM

Reviewed by

05/01/2013 - Patient Message in INTERNAL MEDICINE (continued)**Imaging (continued)**

Stahl, Jerusha Emily (M.D.) on 06/18/13 1623
 Stahl, Jerusha Emily (M.D.) on 06/17/13 1723
 Mirdamadi, Linda Marie (M.D.) on 06/17/13 1718
 Mirdamadi, Linda Marie (M.D.) on 06/17/13 1717
 Mirdamadi, Linda Marie (M.D.) on 06/17/13 1717
 Mirdamadi, Linda Marie (M.D.) on 06/17/13 1717

CC List

Recipient	Modifier	Fax	Address	Added
Stahl, Jerusha Emily (M.D.), M.D.	—	—	—	—

All Reviewers List

Stahl, Jerusha Emily (M.D.) on 6/18/2013 16:23
 Stahl, Jerusha Emily (M.D.) on 6/17/2013 17:23
 Mirdamadi, Linda Marie (M.D.) on 6/17/2013 17:18
 Mirdamadi, Linda Marie (M.D.) on 6/17/2013 17:17
 Mirdamadi, Linda Marie (M.D.) on 6/17/2013 17:17
 Mirdamadi, Linda Marie (M.D.) on 6/17/2013 17:17

Messages**RE: Expired pelvic ultrasound order**

From Linda Marie (M.D.) Mirdamadi, M.D. Last Read in kp.org 3/15/2014 5:17 PM by Pepper Smith	To Pepper Smith	Sent and Delivered 5/6/2013 1:54 PM
--------------------------------------------------------------------------------------------------------	--------------------	----------------------------------------

Dr. Stahl is returning tomorrow but I did re-order your ultrasound for you. Please follow up with her few days after your imaging study done.

Take care,

LINDA MARIE MIRDAMADI, MD
 BARIATRIC AND INTERNAL MEDICINE
 KAISER PERMANENTE
 PLAYA VISTA MEDICAL OFFICES
 5620 MESMER AVE.
 CULVER CITY, CA 90230
 800-954-8000

RE: Expired pelvic ultrasound order

From Roberto Insigne (R.N.) Guarina, R.N. Last Read in kp.org 3/15/2014 5:20 PM by Pepper Smith	To Pepper Smith	Sent and Delivered 5/1/2013 10:27 AM
----------------------------------------------------------------------------------------------------------	--------------------	-----------------------------------------

Dear Pepper Smith

05/01/2013 - Patient Message in INTERNAL MEDICINE (continued)**Messages (continued)**

For info Dr Stahl is on vacation and she will be back after 2 weeks. I'll forward your message to the covering doctor for Dr Stahl. Take care.

Sincerely,

Roberto Guarina R.N.- On behalf of Stahl, Jerusha Emily (M.D.), MEDICAL DOCTOR, Kaiser Permanente
Family Practice, Playa Vista MOB clinic, Kaiser Permanente
5620 Mesmer Avenue
Culver City, CA 90230
1- 800-954-8000

Expired pelvic ultrasound order

From	To	Sent
Pepper Smith	Jerusha Emily (M.D.) Stahl, M.D.	5/1/2013 9:57 AM

Hi Dr. Stahl.

I hope all is well. With everything going on with my moms Cancer and her passing I never got a chance to get my pelvic ultrasound or mammogram done. I was able to make an appoint for the mamm for this friday but the ultrasound order has expired. Can you submit another order for me. I'm just pulling myself together and getting back in the swing of things. I would appreciate it.

Thank you!

END OF ENCOUNTER**06/18/2013 - Patient Message in INTERNAL MEDICINE****Visit Information****Provider Information****Encounter Provider**

Stahl, Jerusha Emily (M.D.)

Department

Name	Address	Phone
INTERNAL MEDICINE	5620 MESMER AVE Culver City CA 90230-6315	833-574-2273

06/18/2013 - Patient Message in INTERNAL MEDICINE (continued)**Messages****RE: Mammogram**

From Jerusha Emily (M.D.) Stahl, M.D. Last Read in kp.org 3/15/2014 5:15 PM by Pepper Smith	To Pepper Smith	Sent and Delivered 6/18/2013 4:25 PM
------------------------------------------------------------------------------------------------------	--------------------	-----------------------------------------

Hi Pepper,

Your ultrasound actually did just come back - you do have multiple small fibroids and there was a small cyst in the left ovary - the cyst is just part of ovulation and nothing to worry about. The fibroids do explain the heavy cycle. The main thing to do for them would be birth control pills to regulate and hopefully decrease the cycle, or depending on the severity of symptoms, see a gynecologist to discuss other treatments.

Your mammo was normal - you should receive a normal letter from the mammo dept.

Take care,
Jerusha Stahl, MD

Mammogram

From Pepper Smith	To Jerusha Emily (M.D.) Stahl, M.D.	Sent 6/18/2013 3:53 PM
----------------------	----------------------------------------	---------------------------

Hi Dr.Stahl,

I hope all is well. I finally had the Mamm done but I haven't heard anything back regarding any results. But I'm not complaining I hear no news is good news, lol! I also completed the Ultrasound on Sunday, June 16, 2013, I know you don't have anything on this yet but please keep me posted, the tech did say there is fibroids so I'm a bit concerned but not shocked cause that would explain the pain and heavy cycle.

Thanks!

END OF ENCOUNTER**08/26/2013 - Office Visit in URGENT CARE - WEST LA****Visit Information****Provider Information**

Encounter Provider Miguel, John (M.D.)	Authorizing Provider Miguel, John (M.D.)
--------------------------------------------------	----------------------------------------------------

Department

08/26/2013 - Office Visit in URGENT CARE - WEST LA (continued)**Visit Information (continued)**

Name	Address	Phone
URGENT CARE - WEST LA	6041 CADILLAC AVE Los Angeles CA 90034-1702	833-574-2273

Questionnaires

No completed forms available for this encounter.

Level of Service

Level of Service
OUTPT EST LEVEL 3

Reason for Visit**Chief Complaint**

- KNEE INJURY (pain right side)

Visit Diagnoses

Name	Code
VACCINE REFUSED BY PATIENT vaccine not availble	V64.06
CAUSE OF INJURY, ACCIDENTAL FALL SPRAIN OF KNEE (primary)	E888.9 844.9

Vitals**Vital Signs** Most recent update: 8/26/2013 11:27 AM

BP	Pulse	Temp	Ht	Wt
138/78	92	98.2 °F (36.8 °C) (Oral)	5' 3" (1.6 m)	212 lb (96.2 kg)

BMI
37.55 kg/m²

Pain Information (Last Filed)

Score	Location	Comments	Edu?
8 (scale 0-10)	KNEE	right knee	Yes

Clinical Notes**Nursing Note**

at 8/26/2013 1115

Author: —	Service: —	Author Type: —
Filed:	Encounter Date: 8/26/2013	Creation Time: 8/26/2013 11:15 AM
Status: Signed		

>> NADIA SARAI BARRERA MA Mon Aug 26, 2013 1:30 PM
An After Visit Summary was printed and given to the patient
explain instructions and direct patient to checking at Laboratory , X-ray
explain work note and direct patient to checking at pharmacy for medication gave
a after visit summary

NADIA SARAI BARRERA MA

>> NADIA SARAI BARRERA MA Mon Aug 26, 2013 11:28 AM
Care Gaps

Clinical Notes (continued)

Missing Current Exercise Vitals
Alcohol Screening Due (Optional)
Flu Immunization Due

PROACTIVE CARE ACTIONS

Proactive Office Encounter Actions: ---LABS, IMMUNIZATIONS, PROCEDURES, MEDICATIONS, OTHER---

Flu immunization vaccine not availble
--- LIFESTYLE AND HEALTH EDUCATION ---

Alcohol screening performed. Patient response is "never."

11:28 AM 42 year old Pepper Smith
BP 138/78 |Pulse 92 |Temp 98.2 °F (36.8 °C) |Temp Src: Oral |Ht 5' 3" (1.6 m)
|Wt 212 lb (96.163 kg) |LMP 08/12/2013 Last Pap Smear : 10/5/12 (PAP TEST)
Last Pap Smear : 9/4/09 (PAP TEST)
Last Pap Smear : 12/4/07 (PAP TEST)

Last Mammogram Test: 10/5/12 (XR MAMMOGRAPHY SCREENING BILATERAL, 2 VIEWS EACH BREAST)

Immunization History

Administered	Date(s) Administered
INFs (Influenza split virus).	10/07/2009 01/19/2012 10/05/2012
Td 7yrs-adult (Tetanus, diphtheria)	03/12/2004
Tdap (ADACEL) (Tetanus, diphtheria, acellular pertussis)	10/05/2012

Last Bone Density Test: none found

MD review Mediations with Patient:
Reviewed medication and allergies with member.

Patient states not taking medications at this time.

Pepper Smith exercises 0 minutes 0 days per week at a moderate or strenuous level.

Alcohol Use:no
Comment: occassional

Procedures

Filed on 8/26/2013 1302

Procedure Orders

1. XR KNEE, RIGHT 3 VIEWS AP LATERAL OBLIQUE OR PATELLAR OR TUNNEL [1554006335] ordered by Miguel, John (M.D.) at 08/26/13 1136

CLINICAL HISTORY: Reason: fall

Clinical Notes (continued)

COMPARISON: No previous study available.

FINDINGS/ IMPRESSION:

No acute fracture is identified. The alignment is normal. No significant joint disease is noted. No significant soft tissue abnormality is identified.

This report electronically signed by Christopher T Hsu on 8/26/2013 12:54 PM

Electronically signed by Hsu, Christopher Ta-Wei (M.D.) at 8/26/2013 1:02 PM

Progress Notes

Miguel, John (M.D.) at 8/26/2013 1136

Author: Miguel, John (M.D.)	Service: —	Author Type: Physician
Filed: 8/26/2013 1:28 PM	Encounter Date: 8/26/2013	Creation Time: 8/26/2013 11:36 AM
Status: Signed	Editor: Miguel, John (M.D.) (Physician)	

History:

SUBJECTIVE:

Pepper Smith is a 42 year old female who sustained a right knee injury 2 day(s) ago. Mechanism of injury: fall onto right knee. Immediate symptoms: immediate pain. Symptoms have been constant since that time. Prior history of related problems: no prior problems with this area in the past.

OBJECTIVE:

Vital signs as noted above.
Appearance: alert, well appearing, and in no distress, overweight, well hydrated and in no apparent distress.
Knee exam: normal exam, no swelling, tenderness over medial knee over medial colateral .ligament, instability; ligaments intact, FROM.
X-ray: no fracture or dislocation noted.

ASSESSMENT:

Knee sprain

PLAN:

rest the injured area as much as practical, apply ice packs, elevate the injured limb, compressive bandage. NSAIDs.
See orders for this visit as documented in the electronic medical record.

Clinical Notes (continued)

Electronically signed by Miguel, John (M.D.) at 8/26/2013 1:28 PM

Imaging

Imaging

XR KNEE, RIGHT 3 VIEWS AP LATERAL OBLIQUE OR PATELLAR OR TUNNEL [1554006335] (Final result)

Electronically signed by: **Miguel, John (M.D.) on 08/26/13 1136** Status: **Completed**
 This order may be acted on in another encounter.
 Ordering user: Miguel, John (M.D.) 08/26/13 1136 Authorized by: Miguel, John (M.D.)
 Ordering mode: Standard Class: Normal
 Frequency: STAT 08/26/13 - Lab status: Final result
 Quantity: 1
 Diagnoses
 SPRAIN OF KNEE. [844.9 (ICD-9-CM)]

Provider Details

Provider	NPI
Miguel, John (M.D.)	1851484661

Questionnaire

Question	Answer
Is the Patient Pregnant?	No

Order comments: Reason: fall

XR KNEE, RIGHT 3 VIEWS AP LATERAL OBLIQUE OR PATELLAR OR TUNNEL [1554006335] Resulted: 08/26/13 1218, Result status: Final result

Order status: Completed Resulted by: Hsu, Christopher Ta-Wei (M.D.)
 Filed on: 09/29/22 1038 Accession number: 53890812
 Resulting lab: SCAL RADIOLOGY INTERFACE
 Narrative:
 Is the Patient Pregnant?->No

Transcription

Type	ID	Date and Time	Dictating Provider
Diagnostic imaging	53890812	8/26/2013 1:01 PM	Hsu, Christopher Ta-Wei (M.D.)

Signed by Hsu, Christopher Ta-Wei (M.D.), MEDICAL DOCTOR on 08/26/13 at 1302

CLINICAL HISTORY: Reason: fall

COMPARISON: No previous study available.

FINDINGS/ IMPRESSION:

No acute fracture is identified. The alignment is normal. No significant joint disease is noted. No significant soft tissue abnormality is identified.

This report electronically signed by Christopher T Hsu on 8/26/2013 12:54 PM

Reviewed by

Imaging (continued)Tefera, Bethlehem (R.N.) on 08/26/13 1416
Tefera, Bethlehem (R.N.) on 08/26/13 1416**Testing Performed By**

Lab - Abbreviation	Name	Director	Address	Valid Date Range
120 - SCA	SCAL RADIOLOGY INTERFACE	Unknown	Unknown	02/13/04 0000 - Present

XR KNEE, RIGHT 3 VIEWS AP LATERAL OBLIQUE OR PATELLAR OR TUNNEL [1554006335]

Resulted: 08/26/13 1219, Result status: In process

Order status: Completed

Filed on: 09/29/22 0336

Resulting lab: SCAL RADIOLOGY INTERFACE

Narrative:

Is the Patient Pregnant?->No

Resulted by: Hsu, Christopher Ta-Wei (M.D.)

Accession number: 53890812

Transcription

Type	ID	Date and Time	Dictating Provider
Diagnostic imaging	53890812	8/26/2013 1:01 PM	Hsu, Christopher Ta-Wei (M.D.)

Signed by Hsu, Christopher Ta-Wei (M.D.), MEDICAL DOCTOR on 08/26/13 at 1302

CLINICAL HISTORY: Reason: fall

COMPARISON: No previous study available.

FINDINGS/ IMPRESSION:

No acute fracture is identified. The alignment is normal. No significant joint disease is noted. No significant soft tissue abnormality is identified.

This report electronically signed by Christopher T Hsu on 8/26/2013
12:54 PM

Reviewed by

Tefera, Bethlehem (R.N.) on 08/26/13 1416

Tefera, Bethlehem (R.N.) on 08/26/13 1416

Testing Performed By

Lab - Abbreviation	Name	Director	Address	Valid Date Range
120 - SCA	SCAL RADIOLOGY INTERFACE	Unknown	Unknown	02/13/04 0000 - Present

Indications

SPRAIN OF KNEE [844.9 (ICD-9-CM)]

All Reviewers List

Tefera, Bethlehem (R.N.) on 8/26/2013 14:16

Tefera, Bethlehem (R.N.) on 8/26/2013 14:16

Imaging (continued)**Other Orders****Medications****Ibuprofen (MOTRIN) 800 mg Oral Tab [1554006338] (Discontinued)**Electronically signed by: **Miguel, John (M.D.) on 08/26/13 1326** Status: **Discontinued**

Ordering user: Miguel, John (M.D.) 08/26/13 1326

Authorized by: Miguel, John (M.D.)

Ordering mode: Standard

Frequency: Routine 08/26/13 - 07/08/14 2105

Class: Fill Now

Discontinued by: Amb Med List, Cleanup_Utility 07/08/14 2351 [Duplicate Therapy]

Diagnoses

SPRAIN OF KNEE. [844.9 (ICD-9-CM)]

Provider Details**Provider**

Miguel, John (M.D.)

NPI

1851484661

Admin instructions: Give with food.

Indications

SPRAIN OF KNEE [844.9 (ICD-9-CM)]

END OF ENCOUNTER**09/04/2013 - Patient Message in INTERNAL MEDICINE****Visit Information****Provider Information****Encounter Provider**

Stahl, Jerusha Emily (M.D.)

Department

Name	Address	Phone
INTERNAL MEDICINE	5620 MESMER AVE Culver City CA 90230-6315	833-574-2273

Messages**Knee Injury & Toe Blister**

From	To	Sent
Pepper Smith	Jerusha Emily (M.D.) Stahl, M.D.	9/4/2013 6:09 PM

Hi Dr.Stahl,

I hope all is well with you. Well I had an ingrown toe nail that caused blistering under my toenail. I thought I could treat it but its not getting any better. Some days are better than others but if I run into something or where an enclosed shoe it just start all over again. I wanted to cut away the toenail but I was told that was not a good idea. is there someone who can look at it?

On my family cruise August 24, 2013 i injured my knee by falling out of a chair. My leg bent back and I felt something pop. I went to the Medical facility on board but they just gave me a brace, Ibuprofen, cream and crutches. When rturned on the August 26, 2013 i went to Kaiser

09/04/2013 - Patient Message in INTERNAL MEDICINE (continued)**Messages (continued)**

Cadillac Urgent Care. They took X-Rays and saw no broken bones but Im still in a lot of pain. I would like an MRI done to make sure I didn't tear anything, do you think this is necessary because its been two weeks. Just let me know what you think.

Thank you,
Pepper Smith

END OF ENCOUNTER**10/30/2013 - Patient Message in INTERNAL MEDICINE****Visit Information****Provider Information****Encounter Provider**

Stahl, Jerusha Emily (M.D.)

Department

Name	Address	Phone
INTERNAL MEDICINE	5620 MESMER AVE Culver City CA 90230-6315	833-574-2273

Messages**RE: Flu/Sinus**

From Jerusha Emily (M.D.) Stahl, M.D. Last Read in kp.org 10/30/2013 5:56 PM by Pepper Smith	To Pepper Smith	Sent and Delivered 10/30/2013 4:13 PM
-------------------------------------------------------------------------------------------------------	--------------------	------------------------------------------

Have you taken any mucinex-D? That is great for cough and also helps with congestion. You can buy that over the counter

Flu/Sinus

From Pepper Smith	To Jerusha Emily (M.D.) Stahl, M.D.	Sent 10/30/2013 4:06 PM
----------------------	----------------------------------------	----------------------------

Hi Dr. Stahl,

I hope all is well. For the last week I have been suffering with sinus issues, i worked through that but for the last two days I have been congested, coughing, running nose and headaches. The coughing has been uncontrollable at night. I tried Tylenol Flu but its not working. Can you prescribe me some cough medicine. I do have an appointment with you on Monday,

10/30/2013 - Patient Message in INTERNAL MEDICINE (continued)**Messages (continued)**

November 11, 2013. Anything you can do will help, thanks!

END OF ENCOUNTER**11/11/2013 - Office Visit in INTERNAL MEDICINE****Visit Information****Provider Information****Encounter Provider**

Stahl, Jerusha Emily (M.D.)

Authorizing Provider

Stahl, Jerusha Emily (M.D.)

Department**Name**

INTERNAL MEDICINE

Address5620 MESMER AVE
Culver City CA 90230-6315**Phone**

833-574-2273

Questionnaires**ALCOHOL SCREENING PROACTIVE CARE PCM AMB SCAL**

If patient is LESS THAN 65 YEARS OLD AND FEMALE: How many times in the past year have you had 4 or more drinks per day? **zero or never**

Level of Service**Level of Service**

OUTPT EST LEVEL 3

Modifiers

SIGNIF SPRTLY EM SVC, SAME DAY

Reason for Visit**Chief Complaint**

- ABDOMINAL PAIN (pt fell 10/21/13)

Visit Diagnoses

Name	Code
VACCINE REFUSED BY PATIENT flu	V64.06
HEALTH CHECK UP, ADULT	V70.0
ABDOMINAL PAIN (primary)	789.00
INGROWN NAIL	703.0
SKIN TAG	701.9

Vitals

Vitals (continued)**Vital Signs**

Most recent update: 11/11/2013 3:20 PM

BP 120/73	Pulse 89	Temp 98.4 °F (36.9 °C) (Tympanic)	Resp 20	Ht 5' 3" (1.6 m)
Wt 238 lb 3.2 oz (108 kg)	BMI 42.20 kg/m ²			

Clinical Notes (group 1 of 2)**Nursing Note**

at 11/11/2013 1510

Author: —

Service: —

Author Type: —

Filed:

Encounter Date: 11/11/2013

Creation Time: 11/11/2013 3:10 PM

Status: Signed

>> KARMIESHA C PATRICK MA Mon Nov 11, 2013 3:28 PM
PROACTIVE CARE ACTIONS

Proactive Office Encounter Actions:

---LABS, IMMUNIZATIONS, PROCEDURES, MEDICATIONS, OTHER---

Flu immunization declined

Pt not currently taking any medication at this time.

--- LIFESTYLE AND HEALTH EDUCATION ---

Alcohol screening performed. Patient response is "never."

11/11/2013 - Office Visit in INTERNAL MEDICINE (continued)**Clinical Notes (group 2 of 2)****Progress Notes****Stahl, Jerusha Emily (M.D.) at 11/11/2013 1542**

Author: Stahl, Jerusha Emily (M.D.)
 Filed: 11/11/2013 5:02 PM
 Status: Signed

Service: —
 Encounter Date: 11/11/2013
 Editor: Stahl, Jerusha Emily (M.D.) (Physician)

Author Type: Physician
 Creation Time: 11/11/2013 3:42 PM

History:

11/11/2013

Patient presents with:

ABDOMINAL PAIN - pt fell 10/21/13

Pepper Smith is a 42 year old female with cc of ABDOMINAL PAIN

Patient Active Problem List:

SEVERE OBESITY, BMI 40-44.9, ADULT
 VITAMIN D DEFICIENCY

No outpatient prescriptions have been marked as taking for the 11/11/13 encounter (Office Visit) with Stahl, Jerusha Emily (M.D.).

No Facility-Administered Medications for the 11/11/13 encounter (Office Visit) with Stahl, Jerusha Emily (M.D.).

Subjective

Pt c/o abdominal pain

3 weeks ago was at a street fair and slipped - hit the pavement on her belly- "like a belly flop" got up, was doing ok, a little sore the next day

Then 3 days later had large bruise on lower left abdomen

All last week had cramping in her stomach - upper left abdomen - started later, coming and going, but stayed all last week

A little bit better today

Bruising is gone

Pain is after eating - her mother had panc cancer so that worries her

Hasn't looked for a pattern to see what foods make it worse

Wt Readings from Last 3 Encounters:

11/11/13 : 108.047 kg (238 lb 3.2 oz)

08/26/13 : 96.163 kg (212 lb)

11/05/12 : 107.502 kg (237 lb)

Chronic ingrown toenail

BP 120/73 | Pulse 89 | Temp(Src) 98.4 °F (36.9 °C) (Tympanic) | Resp 20 | Ht 1.6 m (5' 3") | Wt 108.047 kg (238 lb 3.2 oz) | BMI 42.21 kg/m²

well appearing female in no acute distress

Abdomen soft nontender, nondistended + bs

Skin tags on her neck x3 - small

11/11/2013 - Office Visit in INTERNAL MEDICINE (continued)

Clinical Notes (group 2 of 2) (continued)

Assessment and Plan:

ABDOMINAL PAIN (primary encounter diagnosis)

Note: check labs, sounds mostly likely due to irritation in stomach/colon - keep watch on food and symptoms

Plan: ALT, SERUM

AST, SERUM

BILIRUBIN, TOTAL, SERUM

BILIRUBIN, DIRECT

ALKALINE PHOSPHATASE

HELICOBACTER PYLORI IGG

LIPASE

AMYLASE, SERUM

VACCINE REFUSED BY PATIENT

Note: flu

HEALTH CHECK UP, ADULT

Note:

Plan: CBC NO DIFF

ELECTROLYTE PANEL (NA, K, CL, CO2)

CREATININE, SERUM

BUN, SERUM

LIPID PANEL

TSH

GLUCOSE, RANDOM

HELICOBACTER PYLORI IGG

INGROWN NAIL

Note:

Plan: REFERRAL PODIATRY

SKIN TAG

Note: liquid nitrogen applied to 3 small skin tags on her neck

Plan: REMOVAL, FIBROCUTANEOUS SKIN TAGS, 1 TO 15

Orders Placed This Encounter

REMOVAL, FIBROCUTANEOUS SKIN TAGS, 1 TO 15

ALT, SERUM

CBC NO DIFF

AST, SERUM

11/11/2013 - Office Visit in INTERNAL MEDICINE (continued)

Clinical Notes (group 2 of 2) (continued)

BILIRUBIN, TOTAL, SERUM
 BILIRUBIN, DIRECT
 ALKALINE PHOSPHATASE
 ELECTROLYTE PANEL (NA, K, CL, CO2)
 CREATININE, SERUM
 BUN, SERUM
 LIPID PANEL
 TSH
 GLUCOSE, RANDOM
 HELICOBACTER PYLORI IGG
 LIPASE
 AMYLASE, SERUM
 REFERRAL PODIATRY

Electronically signed by Stahl, Jerusha Emily (M.D.) at 11/11/2013 5:02 PM

Labs

ALT, SERUM [1554006340] (Final result)

Electronically signed by: **Stahl, Jerusha Emily (M.D.) on 11/11/13 1552** Status: **Completed**
 Ordering user: Stahl, Jerusha Emily (M.D.) 11/11/13 1552 Authorized by: Stahl, Jerusha Emily (M.D.)
 Ordering mode: Standard
 Frequency: Routine 11/11/13 - Class: Normal
 Quantity: 1 Lab status: Final result
 Diagnoses
 ABDOMINAL PAIN [789.00 (ICD-9-CM)]

Provider Details

Provider	NPI
Stahl, Jerusha Emily (M.D.)	1083894638

Specimen Information

ID	Type	Source	Collected By
C0000220133150 47696	—	BLOOD	Torosyan,Eskarlet 11/11/13 1621

ALT, SERUM [1554006340]

Resulted: 11/11/13 2042, Result status: Final result

Order status: Completed Filed on: 09/29/22 1038
 Collected by: Torosyan,Eskarlet 11/11/13 1621 Resulting lab: WLA MEDICAL CENTER LABORATORY
 Narrative:
 RMS ACCN: 527863749

Components

Component	Value	Reference Range	Flag	Lab
ALT	23	<=54 U/L	—	305

Reviewed by

Stahl, Jerusha Emily (M.D.) on 11/14/13 1614

11/11/2013 - Office Visit in INTERNAL MEDICINE (continued)**Labs (continued)**

Stahl, Jerusha Emily (M.D.) on 11/14/13 1613
 Stahl, Jerusha Emily (M.D.) on 11/13/13 0800
 Stahl, Jerusha Emily (M.D.) on 11/12/13 0746
 Stahl, Jerusha Emily (M.D.) on 11/12/13 0746

Testing Performed By

Lab - Abbreviation	Name	Director	Address	Valid Date Range
321 - 305	WLA MEDICAL CENTER LABORATORY	S.R. McLaren, D.O.	6041 Cadillac Ave. LOS ANGELES CA 90034	09/01/05 0850 - 05/23/17 0009

ALT, SERUM [1554006340]

Resulted: 11/11/13 1923, Result status: In process

Order status: Completed

Filed on: 09/29/22 1038

Collected by: Torosyan,Eskarlet 11/11/13 1621

Narrative:

RMS ACCN: 527863749

Reviewed by

Stahl, Jerusha Emily (M.D.) on 11/14/13 1614
 Stahl, Jerusha Emily (M.D.) on 11/14/13 1613
 Stahl, Jerusha Emily (M.D.) on 11/13/13 0800
 Stahl, Jerusha Emily (M.D.) on 11/12/13 0746
 Stahl, Jerusha Emily (M.D.) on 11/12/13 0746

ALT, SERUM [1554006340]

Resulted: 11/11/13 1630, Result status: In process

Order status: Completed

Filed on: 09/29/22 0336

Collected by: Torosyan,Eskarlet 11/11/13 1621

Narrative:

RMS ACCN: 527863749

Reviewed by

Stahl, Jerusha Emily (M.D.) on 11/14/13 1614
 Stahl, Jerusha Emily (M.D.) on 11/14/13 1613
 Stahl, Jerusha Emily (M.D.) on 11/13/13 0800
 Stahl, Jerusha Emily (M.D.) on 11/12/13 0746
 Stahl, Jerusha Emily (M.D.) on 11/12/13 0746

Indications

ABDOMINAL PAIN [789.00 (ICD-9-CM)]

All Reviewers List

Stahl, Jerusha Emily (M.D.) on 11/14/2013 16:14
 Stahl, Jerusha Emily (M.D.) on 11/14/2013 16:13
 Stahl, Jerusha Emily (M.D.) on 11/13/2013 08:00
 Stahl, Jerusha Emily (M.D.) on 11/12/2013 07:46
 Stahl, Jerusha Emily (M.D.) on 11/12/2013 07:46

CBC NO DIFF [1554006342] (Final result)Electronically signed by: **Stahl, Jerusha Emily (M.D.) on 11/11/13 1552**Status: **Completed**

Ordering user: Stahl, Jerusha Emily (M.D.) 11/11/13 1552

Authorized by: Stahl, Jerusha Emily (M.D.)

Ordering mode: Standard

Frequency: Routine 11/11/13 -

Class: Normal

Quantity: 1

Lab status: Final result

Diagnoses

ROUTINE ADULT HEALTH CHECK UP EXAM [V70.0 (ICD-9-CM)]

11/11/2013 - Office Visit in INTERNAL MEDICINE (continued)

Labs (continued)

Provider Details

Provider	NPI
Stahl, Jerusha Emily (M.D.)	1083894638

Specimen Information

ID	Type	Source	Collected By
C0000220133150 47696	—	BLOOD	Torosyan,Eskarlet 11/11/13 1621

CBC NO DIFF [1554006342] (Abnormal)

Resulted: 11/11/13 2054, Result status: Final result

Order status: Completed
 Collected by: Torosyan,Eskarlet 11/11/13 1621
 Narrative:
 RMS ACCN: 527863749

Filed on: 09/29/22 1038
 Resulting lab: WLA MEDICAL CENTER LABORATORY

Components

Component	Value	Reference Range	Flag	Lab
WBC'S AUTO	4.8	4.0 - 11.0 x1000/mcL	—	305
RBC, AUTO	4.48	4.20 - 5.40 Mill/mcL	—	305
HGB	12.5	12.0 - 16.0 g/dL	—	305
HCT, AUTO	37.8	37.0 - 47.0 %	—	305
MCV	84.3	81.0 - 99.0 fL	—	305
MCH	27.8	27.0 - 35.0 pg/cell	—	305
MCHC	33.0	32.0 - 37.0 g/dL	—	305
RDW, BLOOD	13.7	11.5 - 14.5 %	—	305
PLATELETS, AUTOMATED COUNT	402	130 - 400 x1000/mcL	H ^	305

Reviewed by

Stahl, Jerusha Emily (M.D.) on 11/14/13 1614
 Stahl, Jerusha Emily (M.D.) on 11/14/13 1613
 Stahl, Jerusha Emily (M.D.) on 11/13/13 0800
 Stahl, Jerusha Emily (M.D.) on 11/12/13 0746
 Stahl, Jerusha Emily (M.D.) on 11/12/13 0746

Testing Performed By

Lab - Abbreviation	Name	Director	Address	Valid Date Range
321 - 305	WLA MEDICAL CENTER LABORATORY	S.R. McLaren, D.O.	6041 Cadillac Ave. LOS ANGELES CA 90034	09/01/05 0850 - 05/23/17 0009

CBC NO DIFF [1554006342]

Resulted: 11/11/13 2021, Result status: In process

Order status: Completed
 Collected by: Torosyan,Eskarlet 11/11/13 1621
 Narrative:
 RMS ACCN: 527863749

Filed on: 09/29/22 1038

Reviewed by

Stahl, Jerusha Emily (M.D.) on 11/14/13 1614
 Stahl, Jerusha Emily (M.D.) on 11/14/13 1613
 Stahl, Jerusha Emily (M.D.) on 11/13/13 0800
 Stahl, Jerusha Emily (M.D.) on 11/12/13 0746
 Stahl, Jerusha Emily (M.D.) on 11/12/13 0746

11/11/2013 - Office Visit in INTERNAL MEDICINE (continued)**Labs (continued)****CBC NO DIFF [1554006342]**

Resulted: 11/11/13 1921, Result status: In process

Order status: Completed

Filed on: 09/29/22 1038

Collected by: Torosyan,Eskarlet 11/11/13 1621

Narrative:

RMS ACCN: 527863749

Reviewed by

Stahl, Jerusha Emily (M.D.) on 11/14/13 1614

Stahl, Jerusha Emily (M.D.) on 11/14/13 1613

Stahl, Jerusha Emily (M.D.) on 11/13/13 0800

Stahl, Jerusha Emily (M.D.) on 11/12/13 0746

Stahl, Jerusha Emily (M.D.) on 11/12/13 0746

CBC NO DIFF [1554006342]

Resulted: 11/11/13 1630, Result status: In process

Order status: Completed

Filed on: 09/29/22 0336

Collected by: Torosyan,Eskarlet 11/11/13 1621

Narrative:

RMS ACCN: 527863749

Reviewed by

Stahl, Jerusha Emily (M.D.) on 11/14/13 1614

Stahl, Jerusha Emily (M.D.) on 11/14/13 1613

Stahl, Jerusha Emily (M.D.) on 11/13/13 0800

Stahl, Jerusha Emily (M.D.) on 11/12/13 0746

Stahl, Jerusha Emily (M.D.) on 11/12/13 0746

Indications

HEALTH CHECK UP, ADULT [V70.0 (ICD-9-CM)]

All Reviewers List

Stahl, Jerusha Emily (M.D.) on 11/14/2013 16:14

Stahl, Jerusha Emily (M.D.) on 11/14/2013 16:13

Stahl, Jerusha Emily (M.D.) on 11/13/2013 08:00

Stahl, Jerusha Emily (M.D.) on 11/12/2013 07:46

Stahl, Jerusha Emily (M.D.) on 11/12/2013 07:46

AST, SERUM [1554006347] (Final result)Electronically signed by: **Stahl, Jerusha Emily (M.D.) on 11/11/13 1552**Status: **Completed**

Ordering user: Stahl, Jerusha Emily (M.D.) 11/11/13 1552

Authorized by: Stahl, Jerusha Emily (M.D.)

Ordering mode: Standard

Frequency: Routine 11/11/13 -

Class: Normal

Quantity: 1

Lab status: Final result

Diagnoses

ABDOMINAL PAIN [789.00 (ICD-9-CM)]

Provider Details**Provider****NPI**

Stahl, Jerusha Emily (M.D.)

1083894638

Specimen Information**ID****Type****Source****Collected By**C0000220133150
47696

—

BLOOD

Torosyan,Eskarlet 11/11/13 1621

AST, SERUM [1554006347]

Resulted: 11/11/13 2042, Result status: Final result

11/11/2013 - Office Visit in INTERNAL MEDICINE (continued)

Labs (continued)

Order status: Completed
 Collected by: Torosyan,Eskarlet 11/11/13 1621
 Narrative:
 RMS ACCN: 527863749

Filed on: 09/29/22 1038
 Resulting lab: WLA MEDICAL CENTER LABORATORY

Components

Component	Value	Reference Range	Flag	Lab
AST	21	<=30 U/L	—	305

Reviewed by

Stahl, Jerusha Emily (M.D.) on 11/14/13 1614
 Stahl, Jerusha Emily (M.D.) on 11/14/13 1613
 Stahl, Jerusha Emily (M.D.) on 11/13/13 0800
 Stahl, Jerusha Emily (M.D.) on 11/12/13 0746
 Stahl, Jerusha Emily (M.D.) on 11/12/13 0746

Testing Performed By

Lab - Abbreviation	Name	Director	Address	Valid Date Range
321 - 305	WLA MEDICAL CENTER LABORATORY	S.R. McLaren, D.O.	6041 Cadillac Ave. LOS ANGELES CA 90034	09/01/05 0850 - 05/23/17 0009

AST, SERUM [1554006347]

Resulted: 11/11/13 1923, Result status: In process

Order status: Completed
 Collected by: Torosyan,Eskarlet 11/11/13 1621
 Narrative:
 RMS ACCN: 527863749

Filed on: 09/29/22 1038

Reviewed by

Stahl, Jerusha Emily (M.D.) on 11/14/13 1614
 Stahl, Jerusha Emily (M.D.) on 11/14/13 1613
 Stahl, Jerusha Emily (M.D.) on 11/13/13 0800
 Stahl, Jerusha Emily (M.D.) on 11/12/13 0746
 Stahl, Jerusha Emily (M.D.) on 11/12/13 0746

AST, SERUM [1554006347]

Resulted: 11/11/13 1630, Result status: In process

Order status: Completed
 Collected by: Torosyan,Eskarlet 11/11/13 1621
 Narrative:
 RMS ACCN: 527863749

Filed on: 09/29/22 0336

Reviewed by

Stahl, Jerusha Emily (M.D.) on 11/14/13 1614
 Stahl, Jerusha Emily (M.D.) on 11/14/13 1613
 Stahl, Jerusha Emily (M.D.) on 11/13/13 0800
 Stahl, Jerusha Emily (M.D.) on 11/12/13 0746
 Stahl, Jerusha Emily (M.D.) on 11/12/13 0746

Indications

ABDOMINAL PAIN [789.00 (ICD-9-CM)]

All Reviewers List

Stahl, Jerusha Emily (M.D.) on 11/14/2013 16:14
 Stahl, Jerusha Emily (M.D.) on 11/14/2013 16:13

11/11/2013 - Office Visit in INTERNAL MEDICINE (continued)

Labs (continued)

Stahl, Jerusha Emily (M.D.) on 11/13/2013 08:00
 Stahl, Jerusha Emily (M.D.) on 11/12/2013 07:46
 Stahl, Jerusha Emily (M.D.) on 11/12/2013 07:46

BILIRUBIN, TOTAL, SERUM [1554006350] (Final result)

Electronically signed by: **Stahl, Jerusha Emily (M.D.) on 11/11/13 1552** Status: **Completed**
 Ordering user: Stahl, Jerusha Emily (M.D.) 11/11/13 1552 Authorized by: Stahl, Jerusha Emily (M.D.)
 Ordering mode: Standard
 Frequency: Routine 11/11/13 - Class: Normal
 Quantity: 1 Lab status: Final result
 Diagnoses
 ABDOMINAL PAIN [789.00 (ICD-9-CM)]

Provider Details

Provider	NPI
Stahl, Jerusha Emily (M.D.)	1083894638

Specimen Information

ID	Type	Source	Collected By
C0000220133150 47696	—	BLOOD	Torosyan,Eskarlet 11/11/13 1621

BILIRUBIN, TOTAL, SERUM [1554006350]

Resulted: 11/11/13 2042, Result status: Final result

Order status: Completed Filed on: 09/29/22 1038
 Collected by: Torosyan,Eskarlet 11/11/13 1621 Resulting lab: WLA MEDICAL CENTER LABORATORY
 Narrative:
 RMS ACCN: 527863749

Components

Component	Value	Reference Range	Flag	Lab
BILIRUBIN, TOTAL	0.3	<=1.0 mg/dL	—	305

Reviewed by

Stahl, Jerusha Emily (M.D.) on 11/14/13 1614
 Stahl, Jerusha Emily (M.D.) on 11/14/13 1613
 Stahl, Jerusha Emily (M.D.) on 11/13/13 0800
 Stahl, Jerusha Emily (M.D.) on 11/12/13 0746
 Stahl, Jerusha Emily (M.D.) on 11/12/13 0746

Testing Performed By

Lab - Abbreviation	Name	Director	Address	Valid Date Range
321 - 305	WLA MEDICAL CENTER LABORATORY	S.R. McLaren, D.O.	6041 Cadillac Ave. LOS ANGELES CA 90034	09/01/05 0850 - 05/23/17 0009

BILIRUBIN, TOTAL, SERUM [1554006350]

Resulted: 11/11/13 1923, Result status: In process

Order status: Completed Filed on: 09/29/22 1038
 Collected by: Torosyan,Eskarlet 11/11/13 1621
 Narrative:
 RMS ACCN: 527863749

Reviewed by

Stahl, Jerusha Emily (M.D.) on 11/14/13 1614
 Stahl, Jerusha Emily (M.D.) on 11/14/13 1613
 Stahl, Jerusha Emily (M.D.) on 11/13/13 0800
 Stahl, Jerusha Emily (M.D.) on 11/12/13 0746
 Stahl, Jerusha Emily (M.D.) on 11/12/13 0746

11/11/2013 - Office Visit in INTERNAL MEDICINE (continued)

Labs (continued)

BILIRUBIN, TOTAL, SERUM [1554006350]

Resulted: 11/11/13 1630, Result status: In process

Order status: Completed
Collected by: Torosyan,Eskarlet 11/11/13 1621
Narrative:
RMS ACCN: 527863749

Filed on: 09/29/22 0336

Reviewed byStahl, Jerusha Emily (M.D.) on 11/14/13 1614
Stahl, Jerusha Emily (M.D.) on 11/14/13 1613
Stahl, Jerusha Emily (M.D.) on 11/13/13 0800
Stahl, Jerusha Emily (M.D.) on 11/12/13 0746
Stahl, Jerusha Emily (M.D.) on 11/12/13 0746**Indications**

ABDOMINAL PAIN [789.00 (ICD-9-CM)]

All Reviewers ListStahl, Jerusha Emily (M.D.) on 11/14/2013 16:14
Stahl, Jerusha Emily (M.D.) on 11/14/2013 16:13
Stahl, Jerusha Emily (M.D.) on 11/13/2013 08:00
Stahl, Jerusha Emily (M.D.) on 11/12/2013 07:46
Stahl, Jerusha Emily (M.D.) on 11/12/2013 07:46**BILIRUBIN, DIRECT [1554006353] (Final result)**Electronically signed by: **Stahl, Jerusha Emily (M.D.) on 11/11/13 1552**Status: **Completed**

Ordering user: Stahl, Jerusha Emily (M.D.) 11/11/13 1552

Authorized by: Stahl, Jerusha Emily (M.D.)

Ordering mode: Standard

Frequency: Routine 11/11/13 -

Class: Normal

Quantity: 1

Lab status: Final result

Diagnoses

ABDOMINAL PAIN [789.00 (ICD-9-CM)]

Provider Details

Provider	NPI
Stahl, Jerusha Emily (M.D.)	1083894638

Specimen Information

ID	Type	Source	Collected By
C0000220133150 47696	—	BLOOD	Torosyan,Eskarlet 11/11/13 1621

BILIRUBIN, DIRECT [1554006353]

Resulted: 11/11/13 2042, Result status: Final result

Order status: Completed
Collected by: Torosyan,Eskarlet 11/11/13 1621
Narrative:
RMS ACCN: 527863749

Filed on: 09/29/22 1038

Resulting lab: WLA MEDICAL CENTER LABORATORY

Components

Component	Value	Reference Range	Flag	Lab
BILIRUBIN, DIRECT	<0.1	<=0.2 mg/dL	—	305

Reviewed byStahl, Jerusha Emily (M.D.) on 11/14/13 1614
Stahl, Jerusha Emily (M.D.) on 11/14/13 1613
Stahl, Jerusha Emily (M.D.) on 11/13/13 0800

11/11/2013 - Office Visit in INTERNAL MEDICINE (continued)

Labs (continued)

Stahl, Jerusha Emily (M.D.) on 11/12/13 0746
Stahl, Jerusha Emily (M.D.) on 11/12/13 0746

Testing Performed By

Lab - Abbreviation	Name	Director	Address	Valid Date Range
321 - 305	WLA MEDICAL CENTER LABORATORY	S.R. McLaren, D.O.	6041 Cadillac Ave. LOS ANGELES CA 90034	09/01/05 0850 - 05/23/17 0009

BILIRUBIN, DIRECT [1554006353]

Resulted: 11/11/13 1923, Result status: In process

Order status: Completed
Collected by: Torosyan,Eskarlet 11/11/13 1621
Narrative:
RMS ACCN: 527863749

Filed on: 09/29/22 1038

Reviewed by

Stahl, Jerusha Emily (M.D.) on 11/14/13 1614
Stahl, Jerusha Emily (M.D.) on 11/14/13 1613
Stahl, Jerusha Emily (M.D.) on 11/13/13 0800
Stahl, Jerusha Emily (M.D.) on 11/12/13 0746
Stahl, Jerusha Emily (M.D.) on 11/12/13 0746

BILIRUBIN, DIRECT [1554006353]

Resulted: 11/11/13 1630, Result status: In process

Order status: Completed
Collected by: Torosyan,Eskarlet 11/11/13 1621
Narrative:
RMS ACCN: 527863749

Filed on: 09/29/22 0336

Reviewed by

Stahl, Jerusha Emily (M.D.) on 11/14/13 1614
Stahl, Jerusha Emily (M.D.) on 11/14/13 1613
Stahl, Jerusha Emily (M.D.) on 11/13/13 0800
Stahl, Jerusha Emily (M.D.) on 11/12/13 0746
Stahl, Jerusha Emily (M.D.) on 11/12/13 0746

Indications

ABDOMINAL PAIN [789.00 (ICD-9-CM)]

All Reviewers List

Stahl, Jerusha Emily (M.D.) on 11/14/2013 16:14
Stahl, Jerusha Emily (M.D.) on 11/14/2013 16:13
Stahl, Jerusha Emily (M.D.) on 11/13/2013 08:00
Stahl, Jerusha Emily (M.D.) on 11/12/2013 07:46
Stahl, Jerusha Emily (M.D.) on 11/12/2013 07:46

ALKALINE PHOSPHATASE [1554006357] (Final result)

Electronically signed by: Stahl, Jerusha Emily (M.D.) on 11/11/13 1552

Status: Completed

Ordering user: Stahl, Jerusha Emily (M.D.) 11/11/13 1552

Authorized by: Stahl, Jerusha Emily (M.D.)

Ordering mode: Standard

Frequency: Routine 11/11/13 -

Class: Normal

Quantity: 1

Lab status: Final result

Diagnoses

ABDOMINAL PAIN [789.00 (ICD-9-CM)]

Provider Details

11/11/2013 - Office Visit in INTERNAL MEDICINE (continued)

Labs (continued)

Provider	NPI
Stahl, Jerusha Emily (M.D.)	1083894638

Specimen Information

ID	Type	Source	Collected By
C0000220133150 47696	—	BLOOD	Torosyan,Eskarlet 11/11/13 1621

ALKALINE PHOSPHATASE [1554006357]

Resulted: 11/11/13 2042, Result status: Final result

Order status: Completed
 Collected by: Torosyan,Eskarlet 11/11/13 1621
 Narrative:
 RMS ACCN: 527863749

Filed on: 09/29/22 1038
 Resulting lab: WLA MEDICAL CENTER LABORATORY

Components

Component	Value	Reference Range	Flag	Lab
ALKALINE PHOSPHATASE	55	<=125 U/L	—	305

Reviewed by

Stahl, Jerusha Emily (M.D.) on 11/14/13 1614
 Stahl, Jerusha Emily (M.D.) on 11/14/13 1613
 Stahl, Jerusha Emily (M.D.) on 11/13/13 0800
 Stahl, Jerusha Emily (M.D.) on 11/12/13 0746
 Stahl, Jerusha Emily (M.D.) on 11/12/13 0746

Testing Performed By

Lab - Abbreviation	Name	Director	Address	Valid Date Range
321 - 305	WLA MEDICAL CENTER LABORATORY	S.R. McLaren, D.O.	6041 Cadillac Ave. LOS ANGELES CA 90034	09/01/05 0850 - 05/23/17 0009

ALKALINE PHOSPHATASE [1554006357]

Resulted: 11/11/13 1923, Result status: In process

Order status: Completed
 Collected by: Torosyan,Eskarlet 11/11/13 1621
 Narrative:
 RMS ACCN: 527863749

Filed on: 09/29/22 1038

Reviewed by

Stahl, Jerusha Emily (M.D.) on 11/14/13 1614
 Stahl, Jerusha Emily (M.D.) on 11/14/13 1613
 Stahl, Jerusha Emily (M.D.) on 11/13/13 0800
 Stahl, Jerusha Emily (M.D.) on 11/12/13 0746
 Stahl, Jerusha Emily (M.D.) on 11/12/13 0746

ALKALINE PHOSPHATASE [1554006357]

Resulted: 11/11/13 1630, Result status: In process

Order status: Completed
 Collected by: Torosyan,Eskarlet 11/11/13 1621
 Narrative:
 RMS ACCN: 527863749

Filed on: 09/29/22 0336

Reviewed by

Stahl, Jerusha Emily (M.D.) on 11/14/13 1614
 Stahl, Jerusha Emily (M.D.) on 11/14/13 1613
 Stahl, Jerusha Emily (M.D.) on 11/13/13 0800
 Stahl, Jerusha Emily (M.D.) on 11/12/13 0746

11/11/2013 - Office Visit in INTERNAL MEDICINE (continued)

Labs (continued)

Stahl, Jerusha Emily (M.D.) on 11/12/13 0746

Indications

ABDOMINAL PAIN [789.00 (ICD-9-CM)]

All Reviewers List

Stahl, Jerusha Emily (M.D.) on 11/14/2013 16:14
 Stahl, Jerusha Emily (M.D.) on 11/14/2013 16:13
 Stahl, Jerusha Emily (M.D.) on 11/13/2013 08:00
 Stahl, Jerusha Emily (M.D.) on 11/12/2013 07:46
 Stahl, Jerusha Emily (M.D.) on 11/12/2013 07:46

ELECTROLYTE PANEL (NA, K, CL, CO2) [1554006363] (Final result)

Electronically signed by: **Stahl, Jerusha Emily (M.D.) on 11/11/13 1552** Status: **Completed**

Ordering user: Stahl, Jerusha Emily (M.D.) 11/11/13 1552

Authorized by: Stahl, Jerusha Emily (M.D.)

Ordering mode: Standard

Frequency: Routine 11/11/13 -

Class: Normal

Quantity: 1

Lab status: Final result

Diagnoses

ROUTINE ADULT HEALTH CHECK UP EXAM [V70.0 (ICD-9-CM)]

Provider Details

Provider	NPI
Stahl, Jerusha Emily (M.D.)	1083894638

Specimen Information

ID	Type	Source	Collected By
C0000220133150 47696	—	BLOOD	Torosyan,Eskarlet 11/11/13 1621

ELECTROLYTE PANEL (NA, K, CL, CO2) [1554006363]

Resulted: 11/11/13 2037, Result status: Final result

Order status: Completed

Filed on: 09/29/22 1038

Collected by: Torosyan,Eskarlet 11/11/13 1621

Resulting lab: WLA MEDICAL CENTER LABORATORY

Narrative:

RMS ACCN: 527863749

Components

Component	Value	Reference Range	Flag	Lab
SODIUM	139	135 - 145 mEq/L	—	305
POTASSIUM	3.6	3.5 - 5.0 mEq/L	—	305
CHLORIDE	106	101 - 111 mEq/L	—	305
CO2	28	21 - 31 mEq/L	—	305

Reviewed by

Stahl, Jerusha Emily (M.D.) on 11/14/13 1614
 Stahl, Jerusha Emily (M.D.) on 11/14/13 1613
 Stahl, Jerusha Emily (M.D.) on 11/13/13 0800
 Stahl, Jerusha Emily (M.D.) on 11/12/13 0746
 Stahl, Jerusha Emily (M.D.) on 11/12/13 0746

Testing Performed By

Lab - Abbreviation	Name	Director	Address	Valid Date Range
321 - 305	WLA MEDICAL CENTER LABORATORY	S.R. McLaren, D.O.	6041 Cadillac Ave. LOS ANGELES CA 90034	09/01/05 0850 - 05/23/17 0009

11/11/2013 - Office Visit in INTERNAL MEDICINE (continued)

Labs (continued)

ELECTROLYTE PANEL (NA, K, CL, CO2) [1554006363]

Resulted: 11/11/13 1923, Result status: In process

Order status: Completed

Filed on: 09/29/22 1038

Collected by: Torosyan,Eskarlet 11/11/13 1621

Narrative:

RMS ACCN: 527863749

Reviewed by

Stahl, Jerusha Emily (M.D.) on 11/14/13 1614

Stahl, Jerusha Emily (M.D.) on 11/14/13 1613

Stahl, Jerusha Emily (M.D.) on 11/13/13 0800

Stahl, Jerusha Emily (M.D.) on 11/12/13 0746

Stahl, Jerusha Emily (M.D.) on 11/12/13 0746

ELECTROLYTE PANEL (NA, K, CL, CO2) [1554006363]

Resulted: 11/11/13 1630, Result status: In process

Order status: Completed

Filed on: 09/29/22 0336

Collected by: Torosyan,Eskarlet 11/11/13 1621

Narrative:

RMS ACCN: 527863749

Reviewed by

Stahl, Jerusha Emily (M.D.) on 11/14/13 1614

Stahl, Jerusha Emily (M.D.) on 11/14/13 1613

Stahl, Jerusha Emily (M.D.) on 11/13/13 0800

Stahl, Jerusha Emily (M.D.) on 11/12/13 0746

Stahl, Jerusha Emily (M.D.) on 11/12/13 0746

Indications

HEALTH CHECK UP, ADULT [V70.0 (ICD-9-CM)]

All Reviewers List

Stahl, Jerusha Emily (M.D.) on 11/14/2013 16:14

Stahl, Jerusha Emily (M.D.) on 11/14/2013 16:13

Stahl, Jerusha Emily (M.D.) on 11/13/2013 08:00

Stahl, Jerusha Emily (M.D.) on 11/12/2013 07:46

Stahl, Jerusha Emily (M.D.) on 11/12/2013 07:46

CREATININE, SERUM [1554006365] (Final result)Electronically signed by: **Stahl, Jerusha Emily (M.D.) on 11/11/13 1552**Status: **Completed**

Ordering user: Stahl, Jerusha Emily (M.D.) 11/11/13 1552

Authorized by: Stahl, Jerusha Emily (M.D.)

Ordering mode: Standard

Frequency: Routine 11/11/13 -

Class: Normal

Quantity: 1

Lab status: Final result

Diagnoses

ROUTINE ADULT HEALTH CHECK UP EXAM [V70.0 (ICD-9-CM)]

Provider Details**Provider****NPI**

Stahl, Jerusha Emily (M.D.)

1083894638

Specimen Information

ID	Type	Source	Collected By
C0000220133150 47696	—	BLOOD	Torosyan,Eskarlet 11/11/13 1621

CREATININE, SERUM [1554006365]

Resulted: 11/11/13 2037, Result status: Final result

11/11/2013 - Office Visit in INTERNAL MEDICINE (continued)

Labs (continued)

Order status: Completed
Collected by: Torosyan,Eskarlet 11/11/13 1621
Narrative:
RMS ACCN: 527863749

Filed on: 09/29/22 1038
Resulting lab: WLA MEDICAL CENTER LABORATORY

Components

Component	Value	Reference Range	Flag	Lab
CREATININE	0.70	<=1.10 mg/dL	—	305
GLOMERULAR FILTRATION RATE	>89	mL/min	—	305
Comment: Estimated GFR (eGFR) is normalized to a standard body surface area (1.73m ²), by sex, age, and race. The eGFR has been multiplied by 1.21 if "Black" race is reported in Foundations System. -GFR Ranges- GFR >89 Normal (or CKD1*) 60-89 Mildly reduced (CKD2*) 30-59 Moderately reduced (CKD3 if >3mos) 15-29 Severely reduced (CKD4 if >3mos) GFR <15 Kidney failure (CKD5 if >3mos) * GFR >60 is not diagnostic of CKD1 or 2 unless another marker of kidney damage is present (e.g. microalbumin or urine protein >300 mg/day on 2 occasions, or renal biopsy or imaging abnormality).				
RACE	Non Black	—	—	305

Reviewed by

Stahl, Jerusha Emily (M.D.) on 11/14/13 1614
Stahl, Jerusha Emily (M.D.) on 11/14/13 1613
Stahl, Jerusha Emily (M.D.) on 11/13/13 0800
Stahl, Jerusha Emily (M.D.) on 11/12/13 0746
Stahl, Jerusha Emily (M.D.) on 11/12/13 0746

Testing Performed By

Lab - Abbreviation	Name	Director	Address	Valid Date Range
321 - 305	WLA MEDICAL CENTER LABORATORY	S.R. McLaren, D.O.	6041 Cadillac Ave. LOS ANGELES CA 90034	09/01/05 0850 - 05/23/17 0009

CREATININE, SERUM [1554006365]

Resulted: 11/11/13 1923, Result status: In process

Order status: Completed
Collected by: Torosyan,Eskarlet 11/11/13 1621
Narrative:
RMS ACCN: 527863749

Filed on: 09/29/22 1038

Reviewed by

Stahl, Jerusha Emily (M.D.) on 11/14/13 1614
Stahl, Jerusha Emily (M.D.) on 11/14/13 1613
Stahl, Jerusha Emily (M.D.) on 11/13/13 0800
Stahl, Jerusha Emily (M.D.) on 11/12/13 0746
Stahl, Jerusha Emily (M.D.) on 11/12/13 0746

CREATININE, SERUM [1554006365]

Resulted: 11/11/13 1630, Result status: In process

Order status: Completed
Collected by: Torosyan,Eskarlet 11/11/13 1621
Narrative:
RMS ACCN: 527863749

Filed on: 09/29/22 0336

Reviewed by

Stahl, Jerusha Emily (M.D.) on 11/14/13 1614
Stahl, Jerusha Emily (M.D.) on 11/14/13 1613
Stahl, Jerusha Emily (M.D.) on 11/13/13 0800
Stahl, Jerusha Emily (M.D.) on 11/12/13 0746
Stahl, Jerusha Emily (M.D.) on 11/12/13 0746

11/11/2013 - Office Visit in INTERNAL MEDICINE (continued)

Labs (continued)

Indications

HEALTH CHECK UP, ADULT [V70.0 (ICD-9-CM)]

All Reviewers List

Stahl, Jerusha Emily (M.D.) on 11/14/2013 16:14
 Stahl, Jerusha Emily (M.D.) on 11/14/2013 16:13
 Stahl, Jerusha Emily (M.D.) on 11/13/2013 08:00
 Stahl, Jerusha Emily (M.D.) on 11/12/2013 07:46
 Stahl, Jerusha Emily (M.D.) on 11/12/2013 07:46

BUN, SERUM [1554006368] (Final result)

Electronically signed by: **Stahl, Jerusha Emily (M.D.) on 11/11/13 1552** Status: **Completed**
 Ordering user: Stahl, Jerusha Emily (M.D.) 11/11/13 1552 Authorized by: Stahl, Jerusha Emily (M.D.)
 Ordering mode: Standard
 Frequency: Routine 11/11/13 - Class: Normal
 Quantity: 1 Lab status: Final result
 Diagnoses
 ROUTINE ADULT HEALTH CHECK UP EXAM [V70.0 (ICD-9-CM)]

Provider Details

Provider	NPI
Stahl, Jerusha Emily (M.D.)	1083894638

Specimen Information

ID	Type	Source	Collected By
C0000220133150 47696	—	BLOOD	Torosyan,Eskarlet 11/11/13 1621

BUN, SERUM [1554006368]

Resulted: 11/11/13 2037, Result status: Final result

Order status: Completed Filed on: 09/29/22 1038
 Collected by: Torosyan,Eskarlet 11/11/13 1621 Resulting lab: WLA MEDICAL CENTER LABORATORY
 Narrative:
 RMS ACCN: 527863749

Components

Component	Value	Reference Range	Flag	Lab
BUN	7	<=18 mg/dL	—	305

Reviewed by

Stahl, Jerusha Emily (M.D.) on 11/14/13 1614
 Stahl, Jerusha Emily (M.D.) on 11/14/13 1613
 Stahl, Jerusha Emily (M.D.) on 11/13/13 0800
 Stahl, Jerusha Emily (M.D.) on 11/12/13 0746
 Stahl, Jerusha Emily (M.D.) on 11/12/13 0746

Testing Performed By

Lab - Abbreviation	Name	Director	Address	Valid Date Range
321 - 305	WLA MEDICAL CENTER LABORATORY	S.R. McLaren, D.O.	6041 Cadillac Ave. LOS ANGELES CA 90034	09/01/05 0850 - 05/23/17 0009

BUN, SERUM [1554006368]

Resulted: 11/11/13 1923, Result status: In process

Order status: Completed Filed on: 09/29/22 1038
 Collected by: Torosyan,Eskarlet 11/11/13 1621
 Narrative:
 RMS ACCN: 527863749

11/11/2013 - Office Visit in INTERNAL MEDICINE (continued)

Labs (continued)

Reviewed by

Stahl, Jerusha Emily (M.D.) on 11/14/13 1614
 Stahl, Jerusha Emily (M.D.) on 11/14/13 1613
 Stahl, Jerusha Emily (M.D.) on 11/13/13 0800
 Stahl, Jerusha Emily (M.D.) on 11/12/13 0746
 Stahl, Jerusha Emily (M.D.) on 11/12/13 0746

BUN, SERUM [1554006368]

Resulted: 11/11/13 1630, Result status: In process

Order status: Completed
 Collected by: Torosyan,Eskarlet 11/11/13 1621
 Narrative:
 RMS ACCN: 527863749

Filed on: 09/29/22 0336

Reviewed by

Stahl, Jerusha Emily (M.D.) on 11/14/13 1614
 Stahl, Jerusha Emily (M.D.) on 11/14/13 1613
 Stahl, Jerusha Emily (M.D.) on 11/13/13 0800
 Stahl, Jerusha Emily (M.D.) on 11/12/13 0746
 Stahl, Jerusha Emily (M.D.) on 11/12/13 0746

Indications

HEALTH CHECK UP, ADULT [V70.0 (ICD-9-CM)]

All Reviewers List

Stahl, Jerusha Emily (M.D.) on 11/14/2013 16:14
 Stahl, Jerusha Emily (M.D.) on 11/14/2013 16:13
 Stahl, Jerusha Emily (M.D.) on 11/13/2013 08:00
 Stahl, Jerusha Emily (M.D.) on 11/12/2013 07:46
 Stahl, Jerusha Emily (M.D.) on 11/12/2013 07:46

LIPID PANEL [1554006370] (Final result)

Electronically signed by: Stahl, Jerusha Emily (M.D.) on 11/11/13 1552

Status: Completed

Ordering user: Stahl, Jerusha Emily (M.D.) 11/11/13 1552

Authorized by: Stahl, Jerusha Emily (M.D.)

Ordering mode: Standard

Frequency: Routine 11/11/13 -

Class: Normal

Quantity: 1

Lab status: Final result

Diagnoses

ROUTINE ADULT HEALTH CHECK UP EXAM [V70.0 (ICD-9-CM)]

Provider Details

Provider	NPI
Stahl, Jerusha Emily (M.D.)	1083894638

Specimen Information

ID	Type	Source	Collected By
C0000220133150 47696	—	BLOOD	Torosyan,Eskarlet 11/11/13 1621

LIPID PANEL [1554006370] (Abnormal)

Resulted: 11/12/13 1333, Result status: Final result

Order status: Completed
 Collected by: Torosyan,Eskarlet 11/11/13 1621
 Narrative:
 RMS ACCN: 527863751
 FASTING? YES

Filed on: 09/29/22 1038

Resulting lab: SHERMAN WAY REGIONAL LABORATORY

11/11/2013 - Office Visit in INTERNAL MEDICINE (continued)

Labs (continued)

Components

Component	Value	Reference Range	Flag	Lab
CHOLESTEROL	193	<=199 mg/dL	—	956
TRIGLYCERIDE	69	<=149 mg/dL	—	956
Comment: Note that if triglycerides (TG) are sufficiently high, then direct LDL (if TG>1300 mg/dL) or HDL (if TG>2000 mg/dL) measurements may not be valid.				
HDL	50	>=40 mg/dL	—	956
LDL CALCULATED	129	<=99 mg/dL	H ^	956
CHOLESTEROL/HIGH DENSITY LIPOPROTEIN	3.9	<=4.2	—	956
Comment: See LabNet for more information.				
CHOLESTEROL, NON-HDL	143	—	—	956
Comment: NonHDL targets are 30 mg/dL higher than LDL targets.				

Reviewed by

Stahl, Jerusha Emily (M.D.) on 11/14/13 1614
Stahl, Jerusha Emily (M.D.) on 11/14/13 1613
Stahl, Jerusha Emily (M.D.) on 11/13/13 0800

Testing Performed By

Lab - Abbreviation	Name	Director	Address	Valid Date Range
240 - 956	SHERMAN WAY REGIONAL LABORATORY	Darryl Erik Palmer-Toy, MD, PhD	11668 Sherman Way NORTH HOLLYWOOD CA 91605	09/01/10 1119 - 06/01/17 0325

LIPID PANEL [1554006370] (Abnormal)

Resulted: 11/12/13 1333, Result status: Final result

Order status: Completed

Filed on: 09/29/22 1038

Collected by: Torosyan, Eskarlet 11/11/13 1621

Resulting lab: SHERMAN WAY REGIONAL LABORATORY

Narrative:

RMS ACCN: 527863751

FASTING? YES

Components

Component	Value	Reference Range	Flag	Lab
CHOLESTEROL	193	<=199 mg/dL	—	956
TRIGLYCERIDE	69	<=149 mg/dL	—	956
Comment: Note that if triglycerides (TG) are sufficiently high, then direct LDL (if TG>1300 mg/dL) or HDL (if TG>2000 mg/dL) measurements may not be valid.				
LDL CALCULATED	129	<=99 mg/dL	H ^	956
CHOLESTEROL/HIGH DENSITY LIPOPROTEIN	3.9	<=4.2	—	956
Comment: See LabNet for more information.				
CHOLESTEROL, NON-HDL	143	—	—	956
Comment: NonHDL targets are 30 mg/dL higher than LDL targets.				

Reviewed by

Stahl, Jerusha Emily (M.D.) on 11/14/13 1614
Stahl, Jerusha Emily (M.D.) on 11/14/13 1613
Stahl, Jerusha Emily (M.D.) on 11/13/13 0800

11/11/2013 - Office Visit in INTERNAL MEDICINE (continued)

Labs (continued)

Testing Performed By

Lab - Abbreviation	Name	Director	Address	Valid Date Range
240 - 956	SHERMAN WAY REGIONAL LABORATORY	Darryl Erik Palmer- Toy, MD, PhD	11668 Sherman Way NORTH HOLLYWOOD CA 91605	09/01/10 1119 - 06/01/17 0325

LIPID PANEL [1554006370] (Abnormal)

Resulted: 11/12/13 1333, Result status: Final result

Order status: Completed

Filed on: 09/29/22 1038

Collected by: Torosyan,Eskarlet 11/11/13 1621

Resulting lab: SHERMAN WAY REGIONAL LABORATORY

Narrative:

RMS ACCN: 527863751

FASTING? YES

Components

Component	Value	Reference Range	Flag	Lab
CHOLESTEROL	193	<=199 mg/dL	—	956
TRIGLYCERIDE	69	<=149 mg/dL	—	956

Comment:

Note that if triglycerides (TG) are sufficiently high, then direct LDL (if TG>1300 mg/dL) or HDL (if TG>2000 mg/dL) measurements may not be valid.

LDL CALCULATED 129 <=99 mg/dL H ^ 956

CHOLESTEROL/HIGH DENSITY LIPOPROTEIN 3.9 <=4.2 — 956

LIPOPROTEIN

Comment:

See LabNet for more information.

CHOLESTEROL, NON-HDL 143 — — 956

Comment:

NonHDL targets are 30 mg/dL higher than LDL targets.

Reviewed by

Stahl, Jerusha Emily (M.D.) on 11/14/13 1614

Stahl, Jerusha Emily (M.D.) on 11/14/13 1613

Stahl, Jerusha Emily (M.D.) on 11/13/13 0800

Testing Performed By

Lab - Abbreviation	Name	Director	Address	Valid Date Range
240 - 956	SHERMAN WAY REGIONAL LABORATORY	Darryl Erik Palmer- Toy, MD, PhD	11668 Sherman Way NORTH HOLLYWOOD CA 91605	09/01/10 1119 - 06/01/17 0325

LIPID PANEL [1554006370]

Resulted: 11/12/13 0401, Result status: In process

Order status: Completed

Filed on: 09/29/22 0336

Collected by: Torosyan,Eskarlet 11/11/13 1621

Narrative:

RMS ACCN: 527863751

FASTING? YES

Reviewed by

Stahl, Jerusha Emily (M.D.) on 11/14/13 1614

Stahl, Jerusha Emily (M.D.) on 11/14/13 1613

Stahl, Jerusha Emily (M.D.) on 11/13/13 0800

LIPID PANEL [1554006370]

Resulted: 11/11/13 1630, Result status: In process

Order status: Completed

Filed on: 09/29/22 1038

Collected by: Torosyan,Eskarlet 11/11/13 1621

Narrative:

11/11/2013 - Office Visit in INTERNAL MEDICINE (continued)

Labs (continued)

RMS ACCN: 527863751
FASTING? YES

Reviewed by

 Stahl, Jerusha Emily (M.D.) on 11/14/13 1614
 Stahl, Jerusha Emily (M.D.) on 11/14/13 1613
 Stahl, Jerusha Emily (M.D.) on 11/13/13 0800

Indications

 ROUTINE ADULT HEALTH CHECK UP EXAM [V70.0 (ICD-9-CM)]

All Reviewers List

 Stahl, Jerusha Emily (M.D.) on 11/14/2013 16:14
 Stahl, Jerusha Emily (M.D.) on 11/14/2013 16:13
 Stahl, Jerusha Emily (M.D.) on 11/13/2013 08:00

TSH [1554006373] (Final result)

 Electronically signed by: **Stahl, Jerusha Emily (M.D.) on 11/11/13 1552** Status: **Completed**

This order may be acted on in another encounter.

Ordering user: Stahl, Jerusha Emily (M.D.) 11/11/13 1552

Authorized by: Stahl, Jerusha Emily (M.D.)

Ordering mode: Standard

Frequency: Routine 11/11/13 -

Class: Normal

Quantity: 1

Lab status: Final result

Diagnoses

ROUTINE ADULT HEALTH CHECK UP EXAM [V70.0 (ICD-9-CM)]

Provider Details

Provider	NPI
Stahl, Jerusha Emily (M.D.)	1083894638

Specimen Information

ID	Type	Source	Collected By
C0000220133150 47696	—	BLOOD	Torosyan,Eskarlet 11/11/13 1621

TSH [1554006373]

Resulted: 11/12/13 1244, Result status: Final result

Order status: Completed

Filed on: 09/29/22 1038

Collected by: Torosyan,Eskarlet 11/11/13 1621

Resulting lab: SHERMAN WAY REGIONAL LABORATORY

Narrative:

RMS ACCN: 527863751

Components

Component	Value	Reference Range	Flag	Lab
TSH	1.15	0.35 - 4.00 mIU/mL	—	956

Comment:

Children with normal Free T4 levels and TSH levels in the range 0.1 TO 1.0 mIU/mL are unlikely to have true thyroid dysfunction. Consider Pediatric Endocrinology consultation or preferable case discussion first if there is suspicion of goiter or nodule, Free T4 above or below the reference range, Thyroperoxidase antibody (if measured) above the reference range, or if the patient is taking Levothyroxin, Methimazole, or PTU.

Reviewed by

 Stahl, Jerusha Emily (M.D.) on 11/14/13 1614
 Stahl, Jerusha Emily (M.D.) on 11/14/13 1613
 Stahl, Jerusha Emily (M.D.) on 11/13/13 0800

11/11/2013 - Office Visit in INTERNAL MEDICINE (continued)

Labs (continued)

Testing Performed By

Lab - Abbreviation	Name	Director	Address	Valid Date Range
240 - 956	SHERMAN WAY REGIONAL LABORATORY	Darryl Erik Palmer- Toy, MD, PhD	11668 Sherman Way NORTH HOLLYWOOD CA 91605	09/01/10 1119 - 06/01/17 0325

TSH [1554006373]

Resulted: 11/12/13 0809, Result status: In process

Order status: Completed

Filed on: 09/29/22 0336

Collected by: Torosyan,Eskarlet 11/11/13 1621

Narrative:

RMS ACCN: 527863751

Reviewed by

Stahl, Jerusha Emily (M.D.) on 11/14/13 1614

Stahl, Jerusha Emily (M.D.) on 11/14/13 1613

Stahl, Jerusha Emily (M.D.) on 11/13/13 0800

TSH [1554006373]

Resulted: 11/11/13 1630, Result status: In process

Order status: Completed

Filed on: 09/29/22 1038

Collected by: Torosyan,Eskarlet 11/11/13 1621

Narrative:

RMS ACCN: 527863751

Reviewed by

Stahl, Jerusha Emily (M.D.) on 11/14/13 1614

Stahl, Jerusha Emily (M.D.) on 11/14/13 1613

Stahl, Jerusha Emily (M.D.) on 11/13/13 0800

Indications

ROUTINE ADULT HEALTH CHECK UP EXAM [V70.0 (ICD-9-CM)]

All Reviewers List

Stahl, Jerusha Emily (M.D.) on 11/14/2013 16:14

Stahl, Jerusha Emily (M.D.) on 11/14/2013 16:13

Stahl, Jerusha Emily (M.D.) on 11/13/2013 08:00

GLUCOSE, RANDOM [1554006375] (Final result)

Electronically signed by: Stahl, Jerusha Emily (M.D.) on 11/11/13 1552

Status: Completed

This order may be acted on in another encounter.

Ordering user: Stahl, Jerusha Emily (M.D.) 11/11/13 1552

Authorized by: Stahl, Jerusha Emily (M.D.)

Ordering mode: Standard

Frequency: Routine 11/11/13 -

Class: Normal

Quantity: 1

Lab status: Final result

Diagnoses

ROUTINE ADULT HEALTH CHECK UP EXAM [V70.0 (ICD-9-CM)]

Provider Details

Provider	NPI
Stahl, Jerusha Emily (M.D.)	1083894638

Specimen Information

ID	Type	Source	Collected By
C0000220133150 47696	—	BLOOD	Torosyan,Eskarlet 11/11/13 1621

11/11/2013 - Office Visit in INTERNAL MEDICINE (continued)

Labs (continued)

GLUCOSE, RANDOM [1554006375]

Resulted: 11/11/13 2037, Result status: Final result

Order status: Completed
Collected by: Torosyan,Eskarlet 11/11/13 1621
Narrative:
RMS ACCN: 527863749Filed on: 09/29/22 1038
Resulting lab: WLA MEDICAL CENTER LABORATORY

Components

Component	Value	Reference Range	Flag	Lab
GLUCOSE, RANDOM	94	70 - 140 mg/dL	—	305

Reviewed by

Stahl, Jerusha Emily (M.D.) on 11/14/13 1614
 Stahl, Jerusha Emily (M.D.) on 11/14/13 1613
 Stahl, Jerusha Emily (M.D.) on 11/13/13 0800
 Stahl, Jerusha Emily (M.D.) on 11/12/13 0746
 Stahl, Jerusha Emily (M.D.) on 11/12/13 0746

Testing Performed By

Lab - Abbreviation	Name	Director	Address	Valid Date Range
321 - 305	WLA MEDICAL CENTER LABORATORY	S.R. McLaren, D.O.	6041 Cadillac Ave. LOS ANGELES CA 90034	09/01/05 0850 - 05/23/17 0009

GLUCOSE, RANDOM [1554006375]

Resulted: 11/11/13 1923, Result status: In process

Order status: Completed
Collected by: Torosyan,Eskarlet 11/11/13 1621
Narrative:
RMS ACCN: 527863749

Filed on: 09/29/22 1038

Reviewed by

Stahl, Jerusha Emily (M.D.) on 11/14/13 1614
 Stahl, Jerusha Emily (M.D.) on 11/14/13 1613
 Stahl, Jerusha Emily (M.D.) on 11/13/13 0800
 Stahl, Jerusha Emily (M.D.) on 11/12/13 0746
 Stahl, Jerusha Emily (M.D.) on 11/12/13 0746

GLUCOSE, RANDOM [1554006375]

Resulted: 11/11/13 1630, Result status: In process

Order status: Completed
Collected by: Torosyan,Eskarlet 11/11/13 1621
Narrative:
RMS ACCN: 527863749

Filed on: 09/29/22 0336

Reviewed by

Stahl, Jerusha Emily (M.D.) on 11/14/13 1614
 Stahl, Jerusha Emily (M.D.) on 11/14/13 1613
 Stahl, Jerusha Emily (M.D.) on 11/13/13 0800
 Stahl, Jerusha Emily (M.D.) on 11/12/13 0746
 Stahl, Jerusha Emily (M.D.) on 11/12/13 0746

Indications

HEALTH CHECK UP, ADULT [V70.0 (ICD-9-CM)]

All Reviewers List

Stahl, Jerusha Emily (M.D.) on 11/14/2013 16:14

11/11/2013 - Office Visit in INTERNAL MEDICINE (continued)

Labs (continued)

Stahl, Jerusha Emily (M.D.) on 11/14/2013 16:13
 Stahl, Jerusha Emily (M.D.) on 11/13/2013 08:00
 Stahl, Jerusha Emily (M.D.) on 11/12/2013 07:46
 Stahl, Jerusha Emily (M.D.) on 11/12/2013 07:46

HELICOBACTER PYLORI IGG [1554006377] (Final result)

Electronically signed by: **Stahl, Jerusha Emily (M.D.) on 11/11/13 1552** Status: **Completed**

This order may be acted on in another encounter.

Ordering user: Stahl, Jerusha Emily (M.D.) 11/11/13 1552

Authorized by: Stahl, Jerusha Emily (M.D.)

Ordering mode: Standard

Frequency: Routine 11/11/13 -

Class: Normal

Quantity: 1

Lab status: Final result

Diagnoses

ROUTINE ADULT HEALTH CHECK UP EXAM [V70.0 (ICD-9-CM)]

ABDOMINAL PAIN [789.00 (ICD-9-CM)]

Provider Details

Provider	NPI
Stahl, Jerusha Emily (M.D.)	1083894638

Specimen Information

ID	Type	Source	Collected By
C0000220133150 47697	—	BLOOD	Torosyan,Eskarlet 11/11/13 1621

HELICOBACTER PYLORI IGG [1554006377]

Resulted: 11/12/13 1518, Result status: Final result

Order status: Completed

Filed on: 09/29/22 1038

Collected by: Torosyan,Eskarlet 11/11/13 1621

Resulting lab: SHERMAN WAY REGIONAL LABORATORY

Narrative:

RMS ACCN: 527863751

Components

Component	Value	Reference Range	Flag	Lab
HELICOBACTER PYLORI IGG,SER,QN	0.45	<=0.89 IU/mL	—	956

Comment:

See LabNet for more information.

Reviewed by

Stahl, Jerusha Emily (M.D.) on 11/14/13 1614

Stahl, Jerusha Emily (M.D.) on 11/14/13 1613

Stahl, Jerusha Emily (M.D.) on 11/13/13 0800

Testing Performed By

Lab - Abbreviation	Name	Director	Address	Valid Date Range
240 - 956	SHERMAN WAY REGIONAL LABORATORY	Darryl Erik Palmer- Toy, MD, PhD	11668 Sherman Way NORTH HOLLYWOOD CA 91605	09/01/10 1119 - 06/01/17 0325

HELICOBACTER PYLORI IGG [1554006377]

Resulted: 11/12/13 0351, Result status: In process

Order status: Completed

Filed on: 09/29/22 0336

Collected by: Torosyan,Eskarlet 11/11/13 1621

Narrative:

RMS ACCN: 527863751

Reviewed by

Stahl, Jerusha Emily (M.D.) on 11/14/13 1614

Stahl, Jerusha Emily (M.D.) on 11/14/13 1613

11/11/2013 - Office Visit in INTERNAL MEDICINE (continued)

Labs (continued)

Stahl, Jerusha Emily (M.D.) on 11/13/13 0800

HELICOBACTER PYLORI IGG [1554006377]

Resulted: 11/11/13 1630, Result status: In process

Order status: Completed

Filed on: 09/29/22 1038

Collected by: Torosyan,Eskarlet 11/11/13 1621

Narrative:

RMS ACCN: 527863751

Reviewed by

Stahl, Jerusha Emily (M.D.) on 11/14/13 1614

Stahl, Jerusha Emily (M.D.) on 11/14/13 1613

Stahl, Jerusha Emily (M.D.) on 11/13/13 0800

Indications

ROUTINE ADULT HEALTH CHECK UP EXAM [V70.0 (ICD-9-CM)]

ABDOMINAL PAIN [789.00 (ICD-9-CM)]

All Reviewers List

Stahl, Jerusha Emily (M.D.) on 11/14/2013 16:14

Stahl, Jerusha Emily (M.D.) on 11/14/2013 16:13

Stahl, Jerusha Emily (M.D.) on 11/13/2013 08:00

LIPASE [1554006381] (Final result)Electronically signed by: **Stahl, Jerusha Emily (M.D.) on 11/11/13 1552**Status: **Completed**

This order may be acted on in another encounter.

Ordering user: Stahl, Jerusha Emily (M.D.) 11/11/13 1552

Authorized by: Stahl, Jerusha Emily (M.D.)

Ordering mode: Standard

Frequency: Routine 11/11/13 -

Class: Normal

Quantity: 1

Lab status: Final result

Diagnoses

ABDOMINAL PAIN [789.00 (ICD-9-CM)]

Provider Details

Provider	NPI
Stahl, Jerusha Emily (M.D.)	1083894638

Specimen Information

ID	Type	Source	Collected By
C0000220133150 47696	—	BLOOD	Torosyan,Eskarlet 11/11/13 1621

LIPASE [1554006381]

Resulted: 11/11/13 2042, Result status: Final result

Order status: Completed

Filed on: 09/29/22 1038

Collected by: Torosyan,Eskarlet 11/11/13 1621

Resulting lab: WLA MEDICAL CENTER LABORATORY

Narrative:

RMS ACCN: 527863749

Components

Component	Value	Reference Range	Flag	Lab
LIPASE	19	<=58 U/L	—	305

Reviewed by

Stahl, Jerusha Emily (M.D.) on 11/14/13 1614

Stahl, Jerusha Emily (M.D.) on 11/14/13 1613

Stahl, Jerusha Emily (M.D.) on 11/13/13 0800

Stahl, Jerusha Emily (M.D.) on 11/12/13 0746

11/11/2013 - Office Visit in INTERNAL MEDICINE (continued)

Labs (continued)

Stahl, Jerusha Emily (M.D.) on 11/12/13 0746

Testing Performed By

Lab - Abbreviation	Name	Director	Address	Valid Date Range
321 - 305	WLA MEDICAL CENTER LABORATORY	S.R. McLaren, D.O.	6041 Cadillac Ave. LOS ANGELES CA 90034	09/01/05 0850 - 05/23/17 0009

LIPASE [1554006381]

Resulted: 11/11/13 1923, Result status: In process

Order status: Completed

Filed on: 09/29/22 1038

Collected by: Torosyan,Eskarlet 11/11/13 1621

Narrative:

RMS ACCN: 527863749

Reviewed by

Stahl, Jerusha Emily (M.D.) on 11/14/13 1614
 Stahl, Jerusha Emily (M.D.) on 11/14/13 1613
 Stahl, Jerusha Emily (M.D.) on 11/13/13 0800
 Stahl, Jerusha Emily (M.D.) on 11/12/13 0746
 Stahl, Jerusha Emily (M.D.) on 11/12/13 0746

LIPASE [1554006381]

Resulted: 11/11/13 1630, Result status: In process

Order status: Completed

Filed on: 09/29/22 0336

Collected by: Torosyan,Eskarlet 11/11/13 1621

Narrative:

RMS ACCN: 527863749

Reviewed by

Stahl, Jerusha Emily (M.D.) on 11/14/13 1614
 Stahl, Jerusha Emily (M.D.) on 11/14/13 1613
 Stahl, Jerusha Emily (M.D.) on 11/13/13 0800
 Stahl, Jerusha Emily (M.D.) on 11/12/13 0746
 Stahl, Jerusha Emily (M.D.) on 11/12/13 0746

Indications

ABDOMINAL PAIN [789.00 (ICD-9-CM)]

All Reviewers List

Stahl, Jerusha Emily (M.D.) on 11/14/2013 16:14
 Stahl, Jerusha Emily (M.D.) on 11/14/2013 16:13
 Stahl, Jerusha Emily (M.D.) on 11/13/2013 08:00
 Stahl, Jerusha Emily (M.D.) on 11/12/2013 07:46
 Stahl, Jerusha Emily (M.D.) on 11/12/2013 07:46

AMYLASE, SERUM [1554006383] (Final result)

Electronically signed by: Stahl, Jerusha Emily (M.D.) on 11/11/13 1552

Status: Completed

This order may be acted on in another encounter.

Ordering user: Stahl, Jerusha Emily (M.D.) 11/11/13 1552

Authorized by: Stahl, Jerusha Emily (M.D.)

Ordering mode: Standard

Frequency: Routine 11/11/13 -

Class: Normal

Quantity: 1

Lab status: Final result

Diagnoses

ABDOMINAL PAIN [789.00 (ICD-9-CM)]

Provider Details

11/11/2013 - Office Visit in INTERNAL MEDICINE (continued)

Labs (continued)

Provider	NPI
Stahl, Jerusha Emily (M.D.)	1083894638

Specimen Information

ID	Type	Source	Collected By
C0000220133150 47696	—	BLOOD	Torosyan,Eskarlet 11/11/13 1621

AMYLASE, SERUM [1554006383]

Resulted: 11/12/13 1348, Result status: Final result

Order status: Completed
 Collected by: Torosyan,Eskarlet 11/11/13 1621
 Narrative:
 RMS ACCN: 527863751

Filed on: 09/29/22 1038
 Resulting lab: SHERMAN WAY REGIONAL LABORATORY

Components

Component	Value	Reference Range	Flag	Lab
AMYLASE	29	<=100 U/L	—	956

Reviewed by

Stahl, Jerusha Emily (M.D.) on 11/14/13 1614
 Stahl, Jerusha Emily (M.D.) on 11/14/13 1613
 Stahl, Jerusha Emily (M.D.) on 11/13/13 0800

Testing Performed By

Lab - Abbreviation	Name	Director	Address	Valid Date Range
240 - 956	SHERMAN WAY REGIONAL LABORATORY	Darryl Erik Palmer- Toy, MD, PhD	11668 Sherman Way NORTH HOLLYWOOD CA 91605	09/01/10 1119 - 06/01/17 0325

AMYLASE, SERUM [1554006383]

Resulted: 11/12/13 0433, Result status: In process

Order status: Completed
 Collected by: Torosyan,Eskarlet 11/11/13 1621
 Narrative:
 RMS ACCN: 527863751

Filed on: 09/29/22 0336

Reviewed by

Stahl, Jerusha Emily (M.D.) on 11/14/13 1614
 Stahl, Jerusha Emily (M.D.) on 11/14/13 1613
 Stahl, Jerusha Emily (M.D.) on 11/13/13 0800

AMYLASE, SERUM [1554006383]

Resulted: 11/11/13 1630, Result status: In process

Order status: Completed
 Collected by: Torosyan,Eskarlet 11/11/13 1621
 Narrative:
 RMS ACCN: 527863751

Filed on: 09/29/22 1038

Reviewed by

Stahl, Jerusha Emily (M.D.) on 11/14/13 1614
 Stahl, Jerusha Emily (M.D.) on 11/14/13 1613
 Stahl, Jerusha Emily (M.D.) on 11/13/13 0800

Indications

ABDOMINAL PAIN [789.00 (ICD-9-CM)]

11/11/2013 - Office Visit in INTERNAL MEDICINE (continued)

Labs (continued)

All Reviewers List

Stahl, Jerusha Emily (M.D.) on 11/14/2013 16:14
 Stahl, Jerusha Emily (M.D.) on 11/14/2013 16:13
 Stahl, Jerusha Emily (M.D.) on 11/13/2013 08:00

Procedures

REMOVAL, FIBROCATANEOUS SKIN TAGS, 1 TO 15 [1554006387] (Active)

Electronically signed by: **Stahl, Jerusha Emily (M.D.) on 11/11/13 1558** Status: **Active**
 Ordering user: Stahl, Jerusha Emily (M.D.) 11/11/13 1558 Authorized by: Stahl, Jerusha Emily (M.D.)
 Ordering mode: Standard Class: Back Office
 Frequency: Routine 11/11/13 -
 Quantity: 1
 Diagnoses
 SKIN TAG [701.9 (ICD-9-CM)]

Provider Details

Provider	NPI
Stahl, Jerusha Emily (M.D.)	1083894638

Indications

SKIN TAG [701.9 (ICD-9-CM)]

Other Orders

Referral

REFERRAL PODIATRY [1554006386] (Active)

Electronically signed by: **Stahl, Jerusha Emily (M.D.) on 11/11/13 1554** Status: **Active**
 Ordering user: Stahl, Jerusha Emily (M.D.) 11/11/13 1554 Authorized by: Stahl, Jerusha Emily (M.D.)
 Ordering mode: Standard Class: Internal referral
 Frequency: Routine 11/11/13 -
 Quantity: 1
 Diagnoses
 INGROWN NAIL [703.0 (ICD-9-CM)]

Provider Details

Provider	NPI
Stahl, Jerusha Emily (M.D.)	1083894638

Order comments: Reason: pt with chronic ingrown toenail

Referral Details

Referred By	Diagnoses	Referred To	Type	Priority
Stahl, Jerusha Emily (M.D.), M.D. 5620 MESMER AVENUE CULVER CITY CA 90230-6315 Phone: 833-574-2273 Fax: 833-574-2273	INGROWN NAIL Order: Referral Podiatry Reason: Specialty Services Required	*WEST LOS ANGELES (WLA) FOR REFERRALS ONLY LOS ANGELES CA 90034-1702 Specialty: Podiatry	Outpatient Service	Routine
Comment: Reason: pt with chronic ingrown toenail				

Indications

INGROWN NAIL [703.0 (ICD-9-CM)]

11/11/2013 - Office Visit in INTERNAL MEDICINE (continued)

END OF ENCOUNTER

11/14/2013 - Patient Message in BARIATRIC TX

Visit Information**Provider Information****Encounter Provider**

Stahl, Jerusha Emily (M.D.)

Department

Name	Address	Phone
BARIATRIC TX	5620 MESMER AVE Culver City CA 90230-6315	833-574-2273

Messages**RE:lab results**

From	To	Sent
Pepper Smith	Jerusha Emily (M.D.) Stahl, M.D.	11/20/2013 8:56 PM

Thank you I really appreciate it. I had the cramp once again on 11/15 but no problems since. I'll keep you posted. I now know I have to get serious about this weight that has to play a huge part in it. So I'll work on it and make it my priority. I did get my toe worked on, I'm so glad I took care of that and the Dr. was really nice.

I just need to make the Gynecology appt for the BC for the heavy bleeding but of course I don't think about it until it happens, lol! Thanks again!

----- Message -----

From: JERUSHA EMILY STAHL MD
Sent: 11/14/2013 4:14 PM PST
To: Pepper Smith
Subject: lab results

Hi Pepper,

Your labs overall look really good - no inflammation in your liver or pancreas, and the test for an infection in your stomach was negative. How are you feeling at this point?

Take care,
Jerusha Stahl, MD

lab results

From	To	Sent and Delivered
Jerusha Emily (M.D.) Stahl, M.D. Last Read in kp.org 3/15/2014 5:17 PM by Pepper Smith	Pepper Smith	11/14/2013 4:14 PM

Hi Pepper,

11/14/2013 - Patient Message in BARIATRIC TX (continued)

Messages (continued)

Your labs overall look really good - no inflammation in your liver or pancreas, and the test for an infection in your stomach was negative. How are you feeling at this point?

Take care,
Jerusha Stahl, MD

END OF ENCOUNTER

11/19/2013 - Office Visit in PODIATRY MODULE A

Visit Information

Provider Information

Encounter Provider	Authorizing Provider	Referring Provider
Kurokawa, Chad Hiroshi (Dpm)	Kurokawa, Chad Hiroshi (Dpm)	Stahl, Jerusha Emily (M.D.)

Department

Name	Address	Phone
PODIATRY MODULE A	12001 W WASHINGTON BLVD Los Angeles CA 90066-5801	323-857-4034

Level of Service

Level of Service	Modifiers
OUTPT NEW LEVEL 1	SIGNIF SPRTLY EM SVC, SAME DAY

Reason for Visit

Chief Complaint

- INGROWN NAIL (pt with chronic ingrown toenail)

Visit Diagnosis

- INGROWN NAIL (primary) [703.0]

Vitals

Vital Signs			Most recent update: 11/19/2013 2:56 PM
Ht	Wt	BMI	
5' 3" (1.6 m)	238 lb (108 kg)	42.16 kg/m ²	

Clinical Notes

Nursing Note

at 11/19/2013 1500

Author: —	Service: —	Author Type: —
Filed:	Encounter Date: 11/19/2013	Creation Time: 11/19/2013 3:00 PM
Status: Signed		

>> MARIA ANDRADE VELA MA Tue Nov 19, 2013 2:57 PM

positive ID name and birthday.
Telephone and address was confirmed

11/19/2013 - Office Visit in PODIATRY MODULE A (continued)**Clinical Notes (continued)**

did not take bp- last bp in past 3 months <140/90.

PROACTIVE CARE ACTIONS

Proactive Office Encounter Actions:

Flu immunization declined

The patient exercises 90 minutes per week at a moderate to strenuous level.

Progress Notes**Kurokawa, Chad Hiroshi (Dpm) at 11/19/2013 1459**

Author: Kurokawa, Chad Hiroshi (Dpm)
Filed: 11/19/2013 3:29 PM
Status: Signed

Service: —
Encounter Date: 11/19/2013
Editor: Kurokawa, Chad Hiroshi (Dpm) (PODIATRIST (D.P.M.))

Author Type: PODIATRIST (D.P.M.)
Creation Time: 11/19/2013 2:59 PM

History:

Chief Complaint: INGROWN NAIL BIG toe.

History of Present Illness:

Pepper Smith is a 42 year old female patient concerned with painful right hallux ingrown toenail.

Has had same problem before (yes).

Pain with palpation (yes).

Irritating in shoe gear (yes).

Drainage noted (yes).

Erythema (yes).

Previous treatment (self debridement).

Denies fever or chills.

Patient Active Problem List:

SEVERE OBESITY, BMI 40-44.9, ADULT
VITAMIN D DEFICIENCY

No Known Drug Allergies*

Current Outpatient Prescriptions on File Prior to Visit:

Ibuprofen (MOTRIN) 800 mg Oral Tab, 1 TAB PO Q8H WITH FOOD PRN PAIN, Disp: 30, Rfl: 0

Naproxen (NAPROSYN) 500 mg Oral Tab, TAKE 1 TABLET ORALLY 2 TIMES DAILY AS NEEDED FOR GROIN PAIN, TAKE WITH FOOD, Disp: 50, Rfl: 3

Fluticasone (FLONASE) 50 mcg/actuation Nasal Spray, SHAKE GENTLY AND USE 1 TO 2 SPRAYS IN EACH NOSTRIL DAILY, Disp: 16, Rfl: 3

tramadol (ULTRAM) 50 mg Oral Tab, 1 TAB PO Q6-8H PRN PAIN, Disp: 30, Rfl: 0

Ergocalciferol, Vit D2, (VITAMIN D) 50,000 unit Oral Cap, TAKE 1 CAPSULE ORALLY WEEKLY, Disp: 12, Rfl: 0

No current facility-administered medications on file prior to visit.

Social History

11/19/2013 - Office Visit in PODIATRY MODULE A (continued)

Clinical Notes (continued)

Marital Status: Unknown Spouse Name:
Years of Education: Number of children: 4

Occupational History

Occupation	Employer	Comment
DMV		

Social History Main Topics

Smoking Status: Never Smoker

Smokeless Status: Never Used

Alcohol Use: No

Comment: occasional

Drug Use: No

Sexual Activity: Yes Partners with: Male

Other Topics Concern

None on file

Social History Narrative

None on file

Nursing Notes: >> MARIA ANDRADE VELA MA Tue Nov 19, 2013 2:57 PM positive ID name and birthday. Telephone and address was confirmed did not take bp- last bp in past 3 months <140/90. PROACTIVE CARE ACTIONS Proactive Office Encounter Actions: Flu immunization declined The patient exercises 90 minutes per week at a moderate to strenuous level.

Physical Exam:

Filed Vitals:

11/19/13
1456
Height: 1.6 m (5' 3")
Weight: 107.956 kg (238 lb)

General: Pepper Smith 42 year old is alert and oriented times three. NAD.

Dermatologic: (right) hallux nail plate is incurvated, (medial) border, thickened/mycotic (yes), c-shaped (yes), TTP (yes), granular tissue (yes), drainage (yes), surrounding erythema (yes), edema (yes). Painful (mild).

Vascular: DP and PT 2/3 right No lower extremity edema.

CFT < 3 secs. Extremities are warm to warm/proximal to distal right. No ecchymosis.

Neuro: Protective threshold intact to the digits right hallux.

Impression:

(703.0) INGROWN NAIL (primary encounter diagnosis)

11/19/2013 - Office Visit in PODIATRY MODULE A (continued)

Clinical Notes (continued)

Plan:

1. Medial border big toe, right foot, PNA with risks discussed in detail.

INDICATIONS:

Pepper Smith is a 42 year old female has failed a trial of non-operative conservative management and has requested surgical intervention for persistent complaints. Prior to surgery, the risks and benefits of operative versus nonoperative management were explained. The patient understood clearly these risks and benefits and agreed to the surgery and the risks entailed.

After written and verbal consent obtained.

The patient was given a local anesthetic 1% Lidocaine 3 ml in normal fashion without complication.

The foot was then prepped and draped in the usual sterile manner.

The involved nail(s) was avulsed with a hemostat and all nail spicules were cleaned out.

Careful application of phenol in normal fashion was performed without complication.

Tourniquet was removed and prompt hyperemic response was noted to the digit.

The surgical site was dressed with 2 x 2 gauze, three inch Kling gauze.

The patient tolerated the anesthesia and the procedure well and left the minor room with vital signs stable. The patient was given post-operative instructions. If requested post-operative pain medications, a post-operative shoe were given. Follow-up appointment in Podiatry Clinic in 1-2 weeks.

I emphasized to the patient that if there are any problems to call back immediately.

Electronically signed by:

CHAD HIROSHI KUROKAWA DPM

11/19/2013

3:07 PM

11/19/2013 - Office Visit in PODIATRY MODULE A (continued)**Clinical Notes (continued)**

Electronically signed by Kurokawa, Chad Hiroshi (Dpm) at 11/19/2013 3:29 PM

Filed on 12/31/2013 1555

Scan on 12/31/2013 8:39 AM: CONSENT 1

Electronically signed by Interface, Scal_Scanning at 12/31/2013 3:55 PM

Procedures**MATRIXECTOMY, CHEMICAL [1554006391] (Active)**

Electronically signed by: **Kurokawa, Chad Hiroshi (Dpm) on 11/19/13 1500** Status: **Active**
 Ordering user: Kurokawa, Chad Hiroshi (Dpm) 11/19/13 1500 Authorized by: Kurokawa, Chad Hiroshi (Dpm)
 Ordering mode: Standard
 Frequency: Routine 11/19/13 - Class: Back Office
 Quantity: 1
 Diagnoses
 INGROWN NAIL [703.0 (ICD-9-CM)]

Provider Details

Provider	NPI
Kurokawa, Chad Hiroshi (Dpm)	1851598379

Indications

INGROWN NAIL [703.0 (ICD-9-CM)]

Other Orders**Nursing****OBTAIN OR CONFIRM SIGNED CONSENT FORM [1554006389] (Active)**

Electronically signed by: **Kurokawa, Chad Hiroshi (Dpm) on 11/19/13 1500** Status: **Active**
 Ordering user: Kurokawa, Chad Hiroshi (Dpm) 11/19/13 1500 Authorized by: Kurokawa, Chad Hiroshi (Dpm)
 Ordering mode: Standard
 Frequency: Routine 11/19/13 - Class: Normal
 Quantity: 1
 Diagnoses
 INGROWN NAIL [703.0 (ICD-9-CM)]

Provider Details

Provider	NPI
Kurokawa, Chad Hiroshi (Dpm)	1851598379

Order comments: Procedure: right big toe partial matrixectomy. Purpose: treat ingrown nail.

Indications

INGROWN NAIL [703.0 (ICD-9-CM)]

Referrals**Outpatient Service #2162203954**

Reason: Specialty Services Required Priority: Routine

11/19/2013 - Office Visit in PODIATRY MODULE A (continued)**Referrals (continued)**Class: Internal
Status updated on: 11/11/2013Status: Closed
Valid dates: From 11/11/2013 to 11/11/2014**Referred From**Location: PLAYA VISTA MEDICAL OFFICES U
Provider: Stahl, Jerusha Emily (M.D.), M.D.Department: INTWLPLV MED
Provider address: 5620 MESMER AVENUE CULVER CITY CA
90230-6315**Referred To**

Location: *WEST LOS ANGELES (WLA)

Specialty: Podiatry

Visits

Requested: 1

Authorized: 1

Completed: 1

Scheduled: 0

Procedures**REFERRAL PODIATRY**

Number requested: 1

Number approved: 1

Diagnoses

- L60.0 (ICD-10-CM) - INGROWN NAIL

Referral Notes**Provider Comments by Stahl, Jerusha Emily (M.D.), M.D. at 11/11/2013 1554**

Summary: Provider Comments

Reason: pt with chronic ingrown toenail

Order**REFERRAL PODIATRY [1554006386]**Electronically signed by: **Stahl, Jerusha Emily (M.D.) on 11/11/13 1554**Status: **Active**

Ordering user: Stahl, Jerusha Emily (M.D.) 11/11/13 1554

Authorized by: Stahl, Jerusha Emily (M.D.)

Ordered during: Office Visit on 11/11/2013

Diagnoses

INGROWN NAIL [703.0 (ICD-9-CM)]

Order comments: Reason: pt with chronic ingrown toenail

Triage**Triage Information**

Decision: None

Schedule by date: 11/25/2013

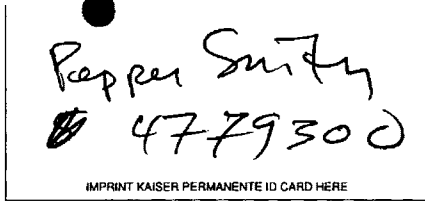
11/19/2013 - Office Visit in PODIATRY MODULE A (continued)

Documents

Consent Form - Scan on 12/31/2013 8:39 AM: CONSENT

Scan (below)

Description: CONSENT Scan Date: 12/31/2013 Index Date: 12/31/2013



CONSENT TO OPERATION, ADMINISTRATION OF ANESTHETICS,
AND THE RENDERING OF OTHER MEDICAL SERVICES

1. I authorize Chad Kurokawa, MD and/or his/her associates, assistants of his/her choice, and personnel assigned by the hospital or medical group to perform the following operation or procedure (medical and common names):

Right big toe partial Matisectomy

FOR THE PURPOSE OF (explanation in simple terms):

Treat Ingrown nail

upon (name of patient): _____ and/or to do any other procedures that in his/her/their judgment may be advisable for the patient's well-being including such procedures as are considered medically advisable to remedy conditions discovered during the procedure or operation. I am satisfied with my understanding of the nature of the operation or procedure, the more common risks associated with it, including the potential for serious harm, including wound infection, anesthesia risks and death, and alternative methods of treatment which have been explained to me. No warranty or guarantee has been made as to the result or cure.

2. Under the Federal Safe Medical Devices Act, Kaiser Permanente must provide manufacturers of certain medical devices with personal information to enable manufacturers to locate patients when a device is removed from the market or when information about significant device problems has to be sent out. If the above procedure involves the implantation of a medical device requiring tracking by the manufacturer and/or the Food and Drug Administration (FDA), my name, birth date, address, phone number and social security number may be forwarded for this purpose. Kaiser Permanente will treat the collected information with the same degree of confidentiality provided to all other medical information. The manufacturers and the FDA are required to treat this information in the same manner. I may refuse to permit the release of this required information (complete form NS-5789, Consent for Safe Medical Device Act, Notice Regarding Medical Device Tracking).

3. I hereby authorize and direct the above-named hospital, medical group, surgeon and/or his/her associates and assistants, to provide such additional services for me as he/she or they may deem medically advisable, including, but not limited to, the selection and administration of anesthesia and the performance of pathology and radiology services.

4. I hereby authorize the hospital and medical group to dispose of any severed tissue or member in accordance with accustomed hospital practice.

Date 11/19/13 Time 3:10

Signed [Signature]
PATIENT, PARENT OR LEGAL GUARDIAN

Witness [Signature]

Relationship Self

Translated by (if applicable): _____

11/19/2013 - Office Visit in PODIATRY MODULE A (continued)

END OF ENCOUNTER

12/04/2013 - Office Visit in PODIATRY MODULE A

Visit Information

Provider Information

Encounter Provider

Kurokawa, Chad Hiroshi (Dpm)

Authorizing Provider

Kurokawa, Chad Hiroshi (Dpm)

Department

Name

PODIATRY MODULE A

Address

12001 W WASHINGTON BLVD
Los Angeles CA 90066-5801

Phone

323-857-4034

Level of Service

Level of Service

OUTPT EST LEVEL 2

Reason for Visit

Chief Complaint

- POSTOPERATIVE EXAM

Visit Diagnoses

- DECLINES VACCINATION [V64.06]
- RIGHT TOE PAIN (primary) [729.5]

Vitals

Vital Signs

Most recent update: 12/4/2013 2:15 PM

Resp
18Ht
5' 3" (1.6 m)Wt
238 lb (108 kg)BMI
42.16 kg/m²

Clinical Notes

Nursing Note

at 12/4/2013 1400

Author: —
Filed:
Status: SignedService: —
Encounter Date: 12/4/2013Author Type: —
Creation Time: 12/4/2013 2:00 PM

>> ELIZABETH GARCIA RN Wed Dec 4, 2013 2:15 PM

Patient is here today for postop exam right greater toe. Positive Identification: Patient stated full name and birth date. Did not take BP-last BP in the last 3 months < 140/90. PROACTIVE CARE ACTIONS

Proactive Office Encounter Actions: ---LABS, IMMUNIZATIONS, PROCEDURES, MEDICATIONS, OTHER---

Flu immunization declined

Elizabeth Garcia, RN

12/04/2013 - Office Visit in PODIATRY MODULE A (continued)**Clinical Notes (continued)****Progress Notes****Kurokawa, Chad Hiroshi (Dpm) at 12/4/2013 1415**

Author: Kurokawa, Chad Hiroshi (Dpm)
 Filed: 12/4/2013 2:19 PM
 Status: Signed

Service: —
 Encounter Date: 12/4/2013
 Editor: Kurokawa, Chad Hiroshi (Dpm) (PODIATRIST (D.P.M.))

Author Type: PODIATRIST (D.P.M.)
 Creation Time: 12/4/2013 2:15 PM

History:**SUBJECTIVE:**

Pepper Smith is a 42 year old female pt here for f/u for removal of ingrown toenail on the big toe(s) of the right foot. Pt is doing well and has no complaints. Pt has been soaking the foot as instructed and notes minimal drainage.

Nursing Notes: >> ELIZABETH GARCIA RN Wed Dec 4, 2013 2:15 PM Patient is here today for postop exam right greater toe. Positive Identification: Patient stated full name and birth date. Did not take BP-last BP in the last 3 months < 140/90. PROACTIVE CARE ACTIONS Proactive Office Encounter Actions: --- LABS, IMMUNIZATIONS, PROCEDURES, MEDICATIONS, OTHER---Flu immunization declined Elizabeth Garcia, RN

OBJECTIVE:

Filed Vitals:

12/04/13	
1408	

Resp: 18	
Height: 1.6 m (5' 3")	
Weight: 107.956 kg (238 lb)	

Integument: Healthy appearing granulation tissue along the MEDIAL border of the big toe nail on the right foot, minimal drainage, no evidence of infection.

Vascular: CFT of the operative toe(s) is normal. DP/PT of the operative foot is 2/3.

Neuro: Gross sensation intact to the operative toe(s).

ASSESSMENT:

Status post phenol matrixectomy of the MEDIAL border of the right big toe nail(s).

PLAN:

1. Pt to continue soaks until the drainage stops.
2. Pt given shoe gear and activity recommendation.
3. RTC PRN.

Electronically signed by:
 CHAD HIROSHI KUROKAWA DPM
 12/4/2013

12/04/2013 - Office Visit in PODIATRY MODULE A (continued)

Clinical Notes (continued)

2:16 PM

Electronically signed by Kurokawa, Chad Hiroshi (Dpm) at 12/4/2013 2:19 PM

Patient Instructions

Thank you for visiting the Culver Marina, Podiatry Department. We hope that you had a pleasant visit. If there is anything else that we can assist you with, please call us at (323)857-4034.

We also appreciate your participation on any surveys mailed to you regarding your visit so we can continue improving the quality of care and service that we provide to you. **THANK YOU FOR CHOOSING KAISER PERMANENTE AS YOUR HEALTH CARE PROVIDER.**

Elizabeth Garcia, RN

We are open Monday to Friday. Appointments can be scheduled between 8:00 am – 4:30 pm. We encourage you to make appointments in advance, and to arrive 15 minutes prior to your appointment time. When you arrive, please check in on the 2nd floor with the receptionist Podiatry Department . For appointments, please call (323) 857-4034, option #1 for appointments

Register on our website, www.kp.org today! Kp.org will allow you to e-mail your doctor, schedule a routine appointment, view selected lab results, and order prescription refills.

Questionnaires

Legend:

Triggered a BPA Scoring question

Kiosk Wc No Active Acct Questionnaire

Question	12/4/2013 2:05 PM PDT - Filed by Patient Representative
Did your injury or illness take place while you were on the job?	None
Is your visit today a result of an injury in a slip, fall or accident?	None
Do you have any medical coverage in addition to Kaiser Permanente?	None

12/04/2013 - Office Visit in PODIATRY MODULE A (continued)

Questionnaires (continued)

END OF ENCOUNTER

03/31/2014 - Ancillary Orders in FAMILY PRACTICE

Visit Information

Department

Name	Address	Phone
FAMILY PRACTICE	3280 E FOOTHILL BLVD Pasadena CA 91107-3103	833-574-2273

Other Orders

Medications

Amoxicillin 500 mg Oral Cap [1554006429] (Discontinued)

Electronically signed by: **Interface, Scal_ Pharmacy on 03/31/14 0000** Status: **Discontinued**
 Ordering user: Interface, Scal_ Pharmacy 03/31/14 0000 Authorized by: SCAL PROVIDER
 Ordering mode: Standard
 Frequency: 03/31/14 - 12/22/14 Discontinued by: Gazarian, Aik Armenovich (M.D.) 12/22/14 1645

Provider Details

Provider	NPI
Interface, Scal_ Pharmacy	—
SCAL PROVIDER	—

Ibuprofen (MOTRIN) 800 mg Oral Tab [1554006432] (Discontinued)

Electronically signed by: **Interface, Scal_ Pharmacy on 03/31/14 0000** Status: **Discontinued**
 Ordering user: Interface, Scal_ Pharmacy 03/31/14 0000 Authorized by: SCAL PROVIDER
 Ordering mode: Standard
 Frequency: 03/31/14 - 12/22/14 Discontinued by: Gazarian, Aik Armenovich (M.D.) 12/22/14 1645

Provider Details

Provider	NPI
Interface, Scal_ Pharmacy	—
SCAL PROVIDER	—

END OF ENCOUNTER

03/31/2014 - Allied Health/Nurse Visit in CARDIOLOGY 3

Visit Information

Provider Information

Encounter Provider	Referring Provider
Lamb-Pommells, Jean (R.N.)	Zimmermann, Christian Werner (M.D.)

Department

Name	Address	Phone
CARDIOLOGY 3	5971 VENICE BLVD Los Angeles CA 90034-1713	323-857-3290

03/31/2014 - Allied Health/Nurse Visit in CARDIOLOGY 3 (continued)**Reason for Visit****Chief Complaint**

- STRESS TEST

Visit Diagnosis

- CHEST PAIN (primary) [786.50]

Clinical Notes**Progress Notes****Fann, Mary D (R.N.) at 3/31/2014 0939**

Author: Fann, Mary D (R.N.)
Filed: 4/1/2014 11:27 AM
Status: Signed

Service: —
Encounter Date: 3/31/2014
Editor: Fann, Mary D (R.N.) (REGISTERED NURSE)

Author Type: REGISTERED NURSE
Creation Time: 3/31/2014 9:39 AM

TREADMILL STRESS TEST

3/31/2014
9:39 AM

Pepper Smith is a 42 year old female.

Requesting physician: Dr. Zimmerman
Time out done and consent signed prior to start of test.

Mobility and exercise capacity assessment completed: Pt is able to walk on a treadmill safely.

Reinforced patient teaching on how to walk on the treadmill machine safely and explained that the test will increase both speed and incline at set intervals of time. Approximate duration of the test given and pt instructed to report any symptoms experienced immediately and to alert the RN if he or she needs to end the exercise for any reason. The patient verbalized understanding of the instructions given.

SUMMARY:

Reason for Test: Ischemia evaluation

Protocol: Bruce

The patient exercised for 6 minutes and 26 seconds, achieving a maximum work level of 7.80 METS. The resting heart rate of 76 bpm, rose to a maximal heart rate of 176 bpm. This value represents 98% of the maximal, age predicted heart rate. The resting blood pressure of 133/81 rose to a maximum blood pressure of 200/73 mmHg. The exercise test was stopped due to fatigue.

INTERPRETATION:

Resting EKG: normal sinus rhythm

03/31/2014 - Allied Health/Nurse Visit in CARDIOLOGY 3 (continued)**Clinical Notes (continued)**

Functional Capacity: Moderately decreased
 Heart Rate response to Exercise: appropriate
 Blood Pressure response to Exercise: Appropriate
 Chest Pain: no
 Arrhythmias: Isolated PVC
 ST Changes: No significant change

CONCLUSION:

No chest pain or significant ST changes for myocardial ischemia with stress test.

Electronically signed by:
 Mary Jane Fann RN
 3/31/2014
 9:39 AM

Mentored by Dr. Huckin

Electronically signed by Fann, Mary D (R.N.) at 4/1/2014 11:27 AM

Filed on 4/8/2014 1210

Scan on 4/4/2014 3:39 PM: CONSENT 1

Electronically signed by Interface, Scal_Scanning at 4/8/2014 12:10 PM

Procedures**TREADMILL STRESS TEST, PHYSICIAN SUPERVISION ONLY [1554006433] (Final result)**

Electronically signed by: **Fann, Mary D (R.N.) on 04/01/14 1126** Status: **Completed**
 Ordering user: Fann, Mary D (R.N.) 04/01/14 1126 Authorized by: Zimmermann, Christian Werner (M.D.)
 Ordering mode: Standard
 Cosigning events
 Electronically cosigned by Zimmermann, Christian Werner (M.D.) 04/28/14 1855 for Ordering
 Frequency: Routine 04/01/14 - Class: Back Office
 Quantity: 1 Lab status: Final result
 Diagnoses
 CHEST PAIN [786.50 (ICD-9-CM)]

Provider Details

Provider	NPI
Fann, Mary D (R.N.)	—
Zimmermann, Christian Werner (M.D.)	1467484790

TREADMILL STRESS TEST, PHYSICIAN SUPERVISION ONLY [1554006433]

Result status: Final result

Order status: Completed

Filed on: 09/29/22 1038

03/31/2014 - Allied Health/Nurse Visit in CARDIOLOGY 3 (continued)

Procedures (continued)

Narrative:

TREADMILL STRESS TEST

3/31/2014

9:39 AM

Pepper Smith is a 42 year old female.

Requesting physician: Dr. Zimmerman

Time out done and consent signed prior to start of test.

Mobility and exercise capacity assessment completed: Pt is able to walk on a treadmill safely.

Reinforced patient teaching on how to walk on the treadmill machine safely and explained that the test will increase both speed and incline at set intervals of time. Approximate duration of the test given and pt instructed to report any symptoms experienced immediately and to alert the RN if he or she needs to end the exercise for any reason. The patient verbalized understanding of the instructions given.

SUMMARY:

Reason for Test: Ischemia evaluation

Protocol: Bruce

The patient exercised for 6 minutes and 26 seconds, achieving a maximum work level of 7.80 METS. The resting heart rate of 76 bpm, rose to a maximal heart rate of 176 bpm. This value represents 98% of the maximal, age predicted heart rate. The resting blood pressure of 133/81 rose to a maximum blood pressure of 200/73 mmHg. The exercise test was stopped due to fatigue.

INTERPRETATION:

Resting EKG: normal sinus rhythm

Functional Capacity: Moderately decreased

Heart Rate response to Exercise: appropriate

Blood Pressure response to Exercise: Appropriate

Chest Pain: no

Arrhythmias: Isolated PVC

ST Changes: No significant change

CONCLUSION:

No chest pain or significant ST changes for myocardial ischemia with stress test.

Electronically signed by:

Mary Jane Fann RN

3/31/2014

9:39 AM

Mentored by Dr. Huckin

03/31/2014 - Allied Health/Nurse Visit in CARDIOLOGY 3 (continued)**Procedures (continued)****Reviewed by**

Zimmermann, Christian Werner (M.D.) on 04/05/14 1958
 Zimmermann, Christian Werner (M.D.) on 04/05/14 1958
 Stahl, Jerusha Emily (M.D.) on 04/01/14 1137
 Stahl, Jerusha Emily (M.D.) on 04/01/14 1136
 Stahl, Jerusha Emily (M.D.) on 04/01/14 1136

CC List

Recipient	Modifier	Fax	Address	Added
Stahl, Jerusha Emily (M.D.), M.D.	—	—	—	—

Indications

CHEST PAIN [786.50 (ICD-9-CM)]

All Reviewers List

Zimmermann, Christian Werner (M.D.) on 4/5/2014 19:58
 Zimmermann, Christian Werner (M.D.) on 4/5/2014 19:58
 Stahl, Jerusha Emily (M.D.) on 4/1/2014 11:37
 Stahl, Jerusha Emily (M.D.) on 4/1/2014 11:36
 Stahl, Jerusha Emily (M.D.) on 4/1/2014 11:36

Referrals**Outpatient Service #2162734251**

Reason: Specialty Services Required
 Class: Internal
 Status updated on: 3/30/2014

Priority: Emergency
 Status: Closed
 Valid dates: From 3/30/2014 to 3/30/2015

Referred From

Location: WEST LA MEDICAL CENTER L
 Provider: Zimmermann, Christian Werner (M.D.), M.D.

Department: WLA EDWL EAIP
 Provider address: 6041 CADILLAC AVE LOS ANGELES CA
 90034-1702

Referred To

Location: WEST LA MEDICAL CENTER U
 Specialty: Cardiology

Visits

Requested: 1
 Authorized: 1
 Completed: 1
 Scheduled: 0

Procedures**REFERRAL CARDIOLOGY**

Number requested: 1
 Number approved: 1

Diagnoses

- R07.9 (ICD-10-CM) - CHEST PAIN

Referral Notes**Provider Comments by Zimmermann, Christian Werner (M.D.), M.D. at 3/30/2014 0230**

Summary: Provider Comments
 Reason: low risk chest pain

03/31/2014 - Allied Health/Nurse Visit in CARDIOLOGY 3 (continued)

Referrals (continued)

Order

REFERRAL CARDIOLOGY [1554006425]

Electronically signed by: **Zimmermann, Christian Werner (M.D.) on 03/30/14 0230** Status: **Active**
Ordering user: Zimmermann, Christian Werner (M.D.) 03/30/14 Ordering provider: Zimmermann, Christian Werner (M.D.)
0230
Authorized by: Zimmermann, Christian Werner (M.D.) Ordered during: ED on 03/30/2014
Diagnoses
CHEST PAIN [786.50 (ICD-9-CM)]
Order comments: Reason: low risk chest pain

Triage

Triage Information

Decision: None

Schedule by date: 3/31/2014

03/31/2014 - Allied Health/Nurse Visit in CARDIOLOGY 3 (continued)

Documents

Consent Form - Scan on 4/4/2014 3:39 PM: CONSENT

Scan (below)

Description: CONSENT Scan Date: 4/4/2014 Index Date: 4/8/2014



Handwritten box containing: SMITH PEPPER, 4779300, 5-22-71

CONSENT FOR EXERCISE TESTS

A number of exercise tests have been devised to provide information on the response of the heart and respiratory system to exercise. Among them are tests using a treadmill, a stationary bicycle, and stair climbing. During the test, blood may be withdrawn from arteries or veins and/or test materials including drugs and radioactive substances, may be injected into a vein. The heart may be monitored with electrodes placed on the chest or extremities, the exhaled gases from the lungs may be collected through a mouthpiece, and how the heart handles the radioactive materials may be measured by means of Geiger-counter-like machines.

The purpose of all of these tests is to evaluate the physical status of the patient and to assist the physicians in planning medical care.

The test is conducted by trained personnel under the direction of a physician. It is discontinued if the patient is unable to continue or if other signs develop which make it advisable to stop exercise and/or testing.

The risks of these tests include disorders of the heart rate and rhythm, abnormal blood pressure response, chest pain, congestive heart failure, and very rarely heart attack, unconsciousness, or death.

The risks of injecting test materials or withdrawing blood include bruising and infection at the needle site, and pain.

Exposure to radioactivity carries the same risk as an x-ray.

I consent to undergo:

Treadmill only

Name of Test To Be Performed

CONSENTIMIENTO PARA PRUEBAS DE EJERCICIOS

Un gran número de pruebas de ejercicios han sido considerados a fin de proporcionar información sobre la respuesta del corazón y del aparato respiratorio a dichos ejercicios. Entre ellos figuran las pruebas usando molino de reudas, bicicleta estacionaria y subir escaleras. Durante la prueba, podrán sacarle sangre de las venas o arterias y/o inyectarle en las venas materiales de pruebas incluyendo drogas y sustancias radioactivas. El corazón podrá ser vigilado con electrodos que serán colocados en el pecho o extremidades, los gases exhalados de los pulmones podrán ser recogidos por medio de una boquilla, y la reacción del corazón a los materiales radioactivos podrán ser medidos por medio de máquinas contadoras del tipo Gerger.

El propósito de todas estas pruebas es evaluar el estado físico del paciente y ayudar a los médicos en la planificación del cuidado médico.

La prueba es llevada a cabo por personal entrenado bajo la dirección de un médico. Esta es descontinuada si el paciente es incapaz de continuar o si se manifiestan otros signos que hacen aconsejable suspender los ejercicios y/o las pruebas.

Los riesgos de estas pruebas incluyen desordenes de las palpitaciones y del ritmo del corazón, y respuesta anormal de la presión arterial, dolor de pecho, falla cardíaca y muy rara vez ataque cardíaco, inconciencia o muerte.

Los riesgos de inyectarle materiales de prueba o de sacarle sangre incluyen moretones, dolor e infección en el lugar donde se le insertó la aguja.

La exposición a materiales radioactivos implica el mismo riesgo que si se tomara una radiografía.

Yo doy me consentimiento para someterme:

Nombre de la Prueba Que se Va a Efectuar

Date 3-31-14 Time 10:01 AM Signed X [Signature] Patient, Parent or Legal Guardian

Witness [Signature] Relationship

12-2155 (6/03)

03/31/2014 - Allied Health/Nurse Visit in CARDIOLOGY 3 (continued)

END OF ENCOUNTER

04/01/2014 - Patient Message in BARIATRIC TX

Visit Information

Provider Information

Encounter Provider

Stahl, Jerusha Emily (M.D.)

Department

Name	Address	Phone
BARIATRIC TX	5620 MESMER AVE Culver City CA 90230-6315	833-574-2273

Messages

normal stress test

From	To	Sent and Delivered
Jerusha Emily (M.D.) Stahl, M.D. Last Read in kp.org 4/1/2014 3:02 PM by Pepper Smith	Pepper Smith	4/1/2014 11:37 AM

Hi Pepper,
Your recent stress test was normal.
Take care,
Jerusha Stahl, MD

END OF ENCOUNTER

10/15/2014 - Office Visit in OPHTHALMOLOGY

Visit Information

Provider Information

Encounter Provider

Yeo, Geoffrey Alan (O.D.)

Authorizing Provider

Yeo, Geoffrey Alan (O.D.)

Department

Name	Address	Phone
OPHTHALMOLOGY	6041 CADILLAC AVE Los Angeles CA 90034-1702	323-421-2900

Level of Service

Level of Service

INTERMEDIATE EYE EXAM, NEW PT, INITIATION OF DIAGNOSTIC AND TX PROGRAM

10/15/2014 - Office Visit in OPHTHALMOLOGY (continued)**Reason for Visit****Chief Complaint**

- EYE EXAMINATION (hot oil splashed in right eye last night)

Visit Diagnoses

- EYE EXAM, SCREENING FOR EYE DISORDER (primary) [V80.2]
- BILAT PUNCTATE KERATITIS [370.21]

Vitals**Vital Signs**

Most recent update: 10/15/2014 3:19 PM

BP	Pulse
125/74	95

Clinical Notes**Nursing Note**

at 10/15/2014 1515

Author: —	Service: —	Author Type: —
Filed:	Encounter Date: 10/15/2014	Creation Time: 10/15/2014 3:15 PM
Status: Signed		

>> SONIA LOPEZ RN Wed Oct 15, 2014 3:22 PM
GENERAL OPHTHALMOLOGY WORKUP

Pepper Smith is 43 year old female

EYE MEDICATION: none

ALLERGIES:

No Known Drug Allergies

PROBLEM LIST (Chronic Medical Conditions): Patient Active Problem List:
SEVERE OBESITY, BMI 40-44.9, ADULT
VITAMIN D DEFICIENCY

HGBA1C 5.2 08/04/2005

PROACTIVE CARE ACTIONS

Proactive Office Encounter Actions: ---LABS, IMMUNIZATIONS, PROCEDURES,
MEDICATIONS, OTHER---
Flu immunization declined

Progress Notes

Yeo, Geoffrey Alan (O.D.) at 10/15/2014 1529

Author: Yeo, Geoffrey Alan (O.D.)	Service: —	Author Type: OPTOMETRIST (O.D.)
Filed: 10/15/2014 3:38 PM	Encounter Date: 10/15/2014	Creation Time: 10/15/2014 3:29 PM
Status: Signed	Editor: Yeo, Geoffrey Alan (O.D.) (OPTOMETRIST (O.D.))	

10/15/2014 - Office Visit in OPTHALMOLOGY (continued)

Clinical Notes (continued)

Nursing Notes:

>> SONIA LOPEZ RN Wed Oct 15, 2014 3:22 PM
GENERAL OPTHALMOLOGY WORKUP

Pepper Smith is 43 year old female

EYE MEDICATION: none

ALLERGIES:

No Known Drug Allergies

PROBLEM LIST (Chronic Medical Conditions): Patient Active Problem List:
SEVERE OBESITY, BMI 40-44.9, ADULT
VITAMIN D DEFICIENCY

HGBA1C 5.2 08/04/2005

PROACTIVE CARE ACTIONS

Proactive Office Encounter Actions: ---LABS, IMMUNIZATIONS, PROCEDURES, MEDICATIONS, OTHER---

Flu immunization declined

Patient presents with:

EYE EXAMINATION - hot oil splashed in right eye last night

I have reviewed today's nursing notes.

Geoffrey Yeo, OD- Notes:

CC: last night 9pm was cooking (turkey chop) and hot oil splashed in OD; no problems on left
- last night flushed eye and used cold compress
- currently feels some mile FBS and sees little haze coming and going
- no burning/itching/photophobia

LEE: 2months outside KP

GMO: Patient oriented to person, place, and time.

Oc Hx: No reported history of eye trauma.

HGBA1C 5.2 08/04/2005

10/15/2014 - Office Visit in OPHTHALMOLOGY (continued)

Clinical Notes (continued)

Base Exam

Visual Acuity

	Right		Left
Dist cc	20/20		20/20
Method: AR			

Tonometry

	Right		Left
Pressure	15		15
Method: Tonopen			
Time: 3:21 PM			
Edited by: Lopez, Sonia (R.N.)			

Refraction Exam

Visual Acuity

	Right		Left
Dist cc	20/20		20/20
Method: AR			

Wearing Rx

	Sphere	Cylinder	Axis
Right	-0.50	+1.00	013
Left	-0.50	+0.75	117
Edited by: Lopez, Sonia (R.N.)			

Pupils: PERRL D & C, - APD

Slit Lamp Exam

LL: clear OU
 Cj: clear OU
 K: mild SPK c nafl staining OD>OS
 I: flat OU
 AC: clear- no cells, no flare OU
 L: clear OU
 <: open OU

Funduscopy 90D

C/D: 0.35/0.35 OD/OS; no pallor or disc edema
 M: clear OU
 V: normal OU

Assessment/Plan:

V80.2 EYE EXAM, SCREENING FOR EYE DISORDER (primary encounter diagnosis)

10/15/2014 - Office Visit in OPHTHALMOLOGY (continued)**Clinical Notes (continued)****370.21 BILAT PUNCTATE KERATITIS**

- artificial tears QID for comfort, cold compresses PRN

See diagnosis and orders.

Results discussed with patient.

RTC 1-2 years or PRN

Geoffrey Yeo, OD
CA Lic. No. 12021T

Electronically signed by Yeo, Geoffrey Alan (O.D.) at 10/15/2014 3:38 PM

Ophthalmology**Base Eye Exam****Visual Acuity (AR)**

	Right	Left
Dist cc	20/20	20/20

Tonometry (Tonopen, 3:21 PM)

	Right	Left
Pressure	15	15

Refraction**Wearing Rx**

	Right	Left
Sphere	-0.50	-0.50
Cylinder	+1.00	+0.75
Axis	013	117

END OF ENCOUNTER**10/27/2014 - Office Visit in URGENT CARE - WEST LA****Visit Information****Provider Information****Encounter Provider**

Dewar, Melanie Samantha (M.D.)

Authorizing Provider

Dewar, Melanie Samantha (M.D.)

Department

Name	Address	Phone
URGENT CARE - WEST LA	6041 CADILLAC AVE Los Angeles CA 90034-1702	833-574-2273

10/27/2014 - Office Visit in URGENT CARE - WEST LA (continued)**Visit Information (continued)****Questionnaires****INTERPRETATION SERVICES QUESTIONNAIRE**

- | | |
|------------------------------|--------------|
| 1. Primary Spoken Language? | English [22] |
| 2. Primary Written Language? | English [20] |
| 3. Interpreter Needed? | No [2] |

Level of Service**Level of Service**

OUTPT EST LEVEL 3

Reason for Visit**Chief Complaints**

- FLU-LIKE SYMPTOMS (head and eyes hurt)
- WORK SLIP (3 days off)

Visit Diagnosis

- URI (UPPER RESPIRATORY INFECTION) (primary) [465.9]

Vitals**Vital Signs**

Most recent update: 10/27/2014 7:51 PM

BP	Pulse	Temp	Resp
133/86	96	98.6 °F (37 °C) (Oral)	19

Pain Information (Last Filed)

Score	Location	Comments	Edu?
8 (scale 0-10)	EYE	None	None

Clinical Notes**Progress Notes****Dewar, Melanie Samantha (M.D.) at 10/27/2014 1959**

Author: Dewar, Melanie Samantha (M.D.)	Service: —	Author Type: Physician
Filed: 10/28/2014 8:12 AM	Encounter Date: 10/27/2014	Creation Time: 10/27/2014 7:59 PM
Status: Signed	Editor: Dewar, Melanie Samantha (M.D.) (Physician)	

History:**SUBJECTIVE:**

Pepper Smith is a 43 year old female who complains of congestion, sneezing and left sinus pain for 2 days. Mild cough. No ear pain. She denies a history of fevers and shortness of breath and denies a history of asthma. Patient denies smoke cigarettes.

Mucinex not helping

OBJECTIVE:

She appears well, vital signs are as noted. Ears normal. Throat and pharynx normal. Neck supple. No adenopathy in the neck. Nose is congested. Left maxillary sinus with ttp The chest is clear, without wheezes

Clinical Notes (continued)

or rales.

ASSESSMENT:

viral upper respiratory illness with sinus infection, likely viral

PLAN:

Symptomatic therapy suggested: push fluids, decongestants, rest and return office visit prn if symptoms persist or worsen. Lack of antibiotic effectiveness discussed with her. Call or return to clinic prn if these symptoms worsen or fail to improve as anticipated.

Return if no improvement in 5-7 days, then consider antibiotics

Electronically signed by Dewar, Melanie Samantha (M.D.) at 10/28/2014 8:12 AM

Patient Instructions

advil cold and sinus (has a decongestant) with food for 5 days

Your Kaiser Permanente Care Instructions**Upper Respiratory Infection (Cold): After Your Visit****Your Care Instructions**

An upper respiratory infection, or URI, is an infection of the nose, sinuses, or throat. URIs are spread by coughs, sneezes, and direct contact. The common cold is the most frequent kind of URI. The flu and sinus infections are other kinds of URIs.

Almost all URIs are caused by viruses. Antibiotics won't cure them. But you can treat most infections with home care. This may include drinking lots of fluids and taking over-the-counter pain medicine. You will probably feel better in 4 to 10 days.

The doctor has checked you carefully, but problems can develop later. If you notice any problems or new symptoms, **get medical treatment right away.**

Follow-up care is a key part of your treatment and safety. Be sure to make and go to all appointments, and call your doctor if you are having problems. It's also a good idea to know your test results and keep a list of the medicines you take.

How can you care for yourself at home?

Patient Instructions (continued)

- To prevent dehydration, drink plenty of fluids, enough so that your urine is light yellow or clear like water. Choose water and other caffeine-free clear liquids until you feel better. If you have kidney, heart, or liver disease and have to limit fluids, talk with your doctor before you increase the amount of fluids you drink.
- Take an over-the-counter pain medicine, such as acetaminophen (Tylenol), ibuprofen (Advil, Motrin), or naproxen (Aleve). Read and follow all instructions on the label.
- If your doctor prescribed antibiotics, take them as directed. Do not stop taking them just because you feel better. You need to take the full course of antibiotics.
- Before you use cough and cold medicines, check the label. These medicines may not be safe for young children or for people with certain health problems.
- Be careful when taking over-the-counter cold or flu medicines and Tylenol at the same time. Many of these medicines have acetaminophen, which is Tylenol. Read the labels to make sure that you are not taking more than the recommended dose. Too much acetaminophen (Tylenol) can be harmful.
- Get plenty of rest.
- Do not smoke or allow others to smoke around you. If you need help quitting, talk to your doctor about stop-smoking programs and medicines. These can increase your chances of quitting for good.

When should you call for help?

Call 911 anytime you think you may need emergency care. For example, call if:

- You have severe trouble breathing.

Call your doctor now or seek immediate medical care if:

- You seem to be getting much sicker.
- You have new or worse trouble breathing.
- You have a new or higher fever.
- You have a new rash.

Watch closely for changes in your health, and be sure to contact your doctor if:

- You have a new symptom, such as a sore throat, an earache, or sinus pain.
- You cough more deeply or more often, especially if you notice more mucus or a change in the color of your mucus.
- You do not get better as expected.

Where can you learn more?

Go to <http://www.kp.org>

Enter **K520** in the search box to learn more about "**Upper Respiratory Infection (Cold): After Your Visit**".

Last Revised: April 23, 2012

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Patient Instructions (continued)

END OF ENCOUNTER

10/29/2014 - Ancillary Orders in FAMILY PRACTICE

Visit Information

Department

Name	Address	Phone
FAMILY PRACTICE	3280 E FOOTHILL BLVD Pasadena CA 91107-3103	833-574-2273

Other Orders

Medications

Amoxicillin 500 mg Oral Cap [1554006435] (Discontinued)

Electronically signed by: **Interface, Scal_ Pharmacy on 10/29/14 0000** Status: **Discontinued**
 Ordering user: Interface, Scal_ Pharmacy 10/29/14 0000 Authorized by: SCAL PROVIDER
 Ordering mode: Standard
 Frequency: 10/29/14 - 12/22/14 Discontinued by: Gazarian, Aik Armenovich (M.D.) 12/22/14 1645

Provider Details

Provider	NPI
Interface, Scal_ Pharmacy	—
SCAL PROVIDER	—

Acetaminophen-Codeine (TYLENOL #3) 300-30 mg Oral Tab [1554006440] (Expired)

Electronically signed by: **Interface, Scal_ Pharmacy on 10/29/14 0000** Status: **Expired**
 Ordering user: Interface, Scal_ Pharmacy 10/29/14 0000 Authorized by: SCAL PROVIDER
 Ordering mode: Standard
 Frequency: 10/29/14 - 04/30/15

Provider Details

Provider	NPI
Interface, Scal_ Pharmacy	—
SCAL PROVIDER	—

END OF ENCOUNTER

12/22/2014 - Office Visit in URGENT CARE - WEST LA

Visit Information

Provider Information

Encounter Provider	Authorizing Provider
Gazarian, Aik Armenovich (M.D.)	Gazarian, Aik Armenovich (M.D.)

Department

Name	Address	Phone
URGENT CARE - WEST LA	6041 CADILLAC AVE Los Angeles CA 90034-1702	833-574-2273

Questionnaires

EBOLA SCREENING ID AMB SCAL

12/22/2014 - Office Visit in URGENT CARE - WEST LA (continued)**Visit Information (continued)**

1. Has the patient traveled to a country in West Africa (Guinea, Liberia, or Sierra Leone) within the past 21 days (3 weeks)? **No [2]**
2. Has the patient visited anyone who might have Ebola or had contact with body fluids, surroundings or remains of an Ebola patient during the past 21 days (3 weeks)? **No [2]**
3. Does the patient currently have any of the following symptoms: fever, nausea, vomiting, diarrhea, headache, muscle ache, or easy bruising/bleeding? **No**

INTERPRETATION SERVICES QUESTIONNAIRE

1. Primary Spoken Language? **English [22]**
2. Primary Written Language? **English [20]**
3. Interpreter Needed? **No [2]**
4. Does the patient need/want interpretation services for today's visit? **No**
- 4b. If No, interpretation service was refused or not provided, indicate the reason. **PATIENT PREFERRED TO USE OWN ENGLISH SKILLS**

Level of Service**Level of Service****OUTPT EST LEVEL 3****Reason for Visit****Chief Complaints**

- CHEST COLD (x4 days)
- COUGH (x4 days)

Visit Diagnoses

- DECLINES INFLUENZA VACCINATION [V64.06]
- ACUTE URI (primary) [465.9]

Vitals**Vital Signs**

Most recent update: 12/22/2014 4:58 PM

BP	Pulse	Temp	Ht	Wt
120/75	101	99.8 °F (37.7 °C) (Oral)	5' 3" (1.6 m)	238 lb (108 kg)
SpO2	PF	BMI		
100%	300 L/min	42.16 kg/m ²		

Clinical Notes**Nursing Note****at 12/22/2014 1645**

Author: —	Service: —	Author Type: —
Filed:	Encounter Date: 12/22/2014	Creation Time: 12/22/2014 4:45 PM
Status: Signed		

>> SILVIA AMADOR MA Mon Dec 22, 2014 5:00 PM
 PATIENT STATES IS NOT TAKING ANY PRESCRIBE MEDICATION. PROACTIVE CARE ACTIONS

Clinical Notes (continued)

Proactive Office Encounter Actions: Flu immunization declined

--- LIFESTYLE AND HEALTH EDUCATION ---

Alcohol screening performed. Patient response is "never."

Member given Patient Instructions on BMI/Weight Management

The patient exercises 0 minutes per week at a moderate to strenuous level.

Progress Notes

Gazarian, Aik Armenovich (M.D.) at 12/22/2014 1709

Author: Gazarian, Aik Armenovich (M.D.)

Service: —

Author Type: Physician

Filed: 12/22/2014 6:26 PM

Encounter Date: 12/22/2014

Creation Time: 12/22/2014 5:09 PM

Status: Signed

Editor: Gazarian, Aik Armenovich (M.D.) (Physician)

History:**SUBJECTIVE:**

Pepper Smith is a 43 year old female who complains of congestion, sore throat, nasal blockage and productive cough for 15 days. She denies a history of anorexia, chest pain, chills, dizziness, fatigue, fevers, myalgias, nausea, shortness of breath, sweats, vomiting, weakness and wheezing and denies a history of asthma. Patient denies smoke cigarettes.

OBJECTIVE:

She appears well, vital signs are as noted. Ears normal. Throat and pharynx normal. Neck supple. No adenopathy in the neck. Nose is congested. Sinuses non tender. The chest is clear, without wheezes or rales.

History Reviewed:

I have reviewed the Medical/Surgical history as displayed in HealthConnect on the date of the encounter or the portion(s) as noted in the progress note.

Review of Systems

Constitutional: Negative.

Physical Exam

Constitutional: She is oriented to person, place, and time and well-developed, well-nourished, and in no distress. No distress.

HENT:

Head: Normocephalic and atraumatic.

Eyes: Conjunctivae and EOM are normal. Pupils are equal, round, and reactive to light.

Pulmonary/Chest: Effort normal and breath sounds normal. No respiratory distress. She has no wheezes. She has no rales. She exhibits no tenderness.

Neurological: She is alert and oriented to person, place, and time.

Skin: Skin is warm and dry. She is not diaphoretic.

Nursing note and vitals reviewed.

Clinical Notes (continued)**ASSESSMENT:**

viral upper respiratory illness

PLAN:

Symptomatic tx

Symptomatic therapy suggested: push fluids, rest and return office visit prn if symptoms persist or worsen. Lack of antibiotic effectiveness discussed with her. Call or return to clinic prn if these symptoms worsen or fail to improve as anticipated.

Electronically signed by Gazarian, Aik Armenovich (M.D.) at 12/22/2014 6:26 PM

Other Orders**Medications****Codeine-guaiFENesin (CHERATUSSIN AC) 10-100 mg/5 mL Oral Liqd [1554006443] (Discontinued)**

Electronically signed by: **Gazarian, Aik Armenovich (M.D.) on 12/22/14 1705** Status: **Discontinued**
 Ordering user: Gazarian, Aik Armenovich (M.D.) 12/22/14 1705 Authorized by: Gazarian, Aik Armenovich (M.D.)
 Ordering mode: Standard
 Frequency: Routine 12/22/14 - 08/03/15 Class: Fill Now
 Discontinued by: Stahl, Jerusha Emily (M.D.), M.D. 08/03/15 1424
 Diagnoses
 ACUTE URI [465.9 (ICD-9-CM)]

Provider Details

Provider	NPI
Gazarian, Aik Armenovich (M.D.)	1619279213

Indications

ACUTE URI [465.9 (ICD-9-CM)]

Patient Instructions**Your Kaiser Permanente Care Instructions****Body Mass Index: After Your Visit****Your Care Instructions**

Body mass index (BMI) can help you see if your weight is raising your risk for health problems. It uses a formula to compare how much you weigh with how tall you are. A BMI between 18.5 and 24.9 is considered healthy. A BMI between 25 and 29.9 is considered overweight. A BMI of 30 or higher is considered obese.

If your BMI is in the normal range, it means that you have a lower risk for weight-related health problems. If your BMI is in the overweight or obese range, you may be at increased risk for weight-related health problems, such as high blood pressure, heart disease, stroke, arthritis or joint pain, and diabetes.

BMI is just one measure of your risk for weight-related health problems. You may be at higher risk for health problems if you are not active, you eat an unhealthy diet, or you drink too much alcohol or use tobacco products.

Patient Instructions (continued)

Follow-up care is a key part of your treatment and safety. Be sure to make and go to all appointments, and call your doctor if you are having problems. It's also a good idea to know your test results and keep a list of the medicines you take.

How can you care for yourself at home?

- Practice healthy eating habits. This includes eating plenty of fruits, vegetables, whole grains, lean protein, and low-fat dairy.
- Get at least 30 minutes of exercise 4 to 5 days a week or more. Brisk walking is a good choice. You also may want to do other activities, such as running, swimming, cycling, or playing tennis or team sports.
- Do not smoke. Smoking can increase your risk for health problems. If you need help quitting, talk to your doctor about stop-smoking programs and medicines. These can increase your chances of quitting for good.
- Limit alcohol to 2 drinks a day for men and 1 drink a day for women. Too much alcohol can cause health problems.

If you have a BMI higher than 25

- Your doctor may do other tests to check your risk for weight-related health problems. This may include measuring the distance around your waist. A waist measurement of more than 40 inches in men or 35 inches in women can increase the risk of weight-related health problems.
- Talk with your doctor about steps you can take to stay healthy or improve your health. You may need to make lifestyle changes to lose weight and stay healthy, such as changing your diet and getting regular exercise.

Where can you learn more?

Go to <http://www.kp.org>

Enter **S176** in the search box to learn more about "**Body Mass Index: After Your Visit**".

Last Revised: November 15, 2013

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END OF ENCOUNTER

02/27/2015 - Ancillary Orders in OBSTETRICS & GYNECOLOGY

Visit Information

Provider Information

Encounter Provider

Reynoso, Lilliana (M.D.)

Department

02/27/2015 - Ancillary Orders in OBSTETRICS & GYNECOLOGY (continued)**Visit Information (continued)**

Name	Address	Phone
OBSTETRICS & GYNECOLOGY	3280 E FOOTHILL BLVD Pasadena CA 91107-3103	833-574-2273

Other Orders**Medications****Etonogestrel - Ethinyl Estradiol (NUVARING) 0.12-0.015 mg/24 hr VagI Ring [1554006487] (Discontinued)**

Electronically signed by: **Interface, Scal_ Pharmacy on 02/27/15 0000** Status: **Discontinued**
 Ordering user: Interface, Scal_ Pharmacy 02/27/15 0000 Ordering provider: Kim, Young II (M.D.)
 Authorized by: Kim, Young II (M.D.) Ordering mode: Standard
 Frequency: 02/27/15 - 06/06/16 Discontinued by: Williams Cotton, Carol Joy (M.D.), M.D.
 06/06/16 1141

Provider Details

Provider	NPI
Interface, Scal_ Pharmacy Kim, Young II (M.D.)	— 1972949469

END OF ENCOUNTER**02/27/2015 - Office Visit in OBSTETRICS & GYNECOLOGY MOD 5D****Visit Information****Provider Information**

Encounter Provider	Authorizing Provider
Kim, Young II (M.D.)	Kim, Young II (M.D.)

Department

Name	Address	Phone
OBSTETRICS & GYNECOLOGY MOD 5D	4900 W SUNSET BLVD Los Angeles CA 90027-5814	833-574-2273

Questionnaires**EBOLA SCREENING ID AMB SCAL**

1. Has the patient traveled to a country in West Africa (Guinea, Liberia, or Sierra Leone) within the past 21 days (3 weeks)? **No [2]**
2. Has the patient visited anyone who might have Ebola or had contact with body fluids, surroundings or remains of an Ebola patient during the past 21 days (3 weeks)? **No [2]**
3. Does the patient currently have any of the following symptoms: fever, nausea, vomiting, diarrhea, headache, muscle ache, or easy bruising/bleeding? **No**

INTERPRETATION SERVICES QUESTIONNAIRE

1. Primary Spoken Language? **English [22]**
2. Primary Written Language? **English [20]**
3. Interpreter Needed? **No [2]**
4. Does the patient need/want interpretation services for today's visit? **No**

02/27/2015 - Office Visit in OBSTETRICS & GYNECOLOGY MOD 5D (continued)**Visit Information (continued)**

4b. If No, interpretation service was refused or not provided, indicate the reason.

PATIENT PREFERRED TO USE OWN ENGLISH SKILLS**DV SCREENING DOMVIOL NATL**

Within the past year, has your partner hit, slapped, kicked or otherwise physically hurt you?	No
Within the past year, has your partner forced you to participate in unwanted sexual activities?	No
Are you afraid of your partner?	No

FLU VACCINE SCREENING QUESTIONNAIRE AMB SCAL GA

Are you allergic to eggs, latex, the flu vaccine or thimerosal/perservative (have hives, tongue swelling difficulty breathing, etc.)? Consult a physician	No
Do you have a history of or suffered from seizures or a paralyzing disease called Guillain-Barre Syndrome? Consult a physician	No
Are you ill today? ***Enter the patient's temperature in comments. IF TEMP 101 OR GREATER, DO NOT GIVE FLU VACCINE TODAY***	No 98.9
Are you pregnant or planning to become pregnant soon? (Use preservative-free pre-filled syringe only)	No

Level of Service**Level of Service****OUTPT EST LEVEL 3****Reason for Visit****Chief Complaint**

- ABNORMAL MENSTRUAL CYCLE (per pt fibroids)

Visit Diagnoses

- VACCINATION FOR INFLUENZA [V04.81]
- FEMALE PELVIC PAIN (primary) [625.9]

Vitals**Vital Signs**

Most recent update: 2/27/2015 11:11 AM

BP	Pulse	Temp	Ht	Wt
133/97	87	96.9 °F (36.1 °C) (Tympenic)	5' 3" (1.6 m)	242 lb 11.6 oz (110.1 kg)

BMI
43.00 kg/m²

Clinical Notes**Nursing Note****at 2/27/2015 1100**

Author: —
Filed:
Status: Signed

Service: —
Encounter Date: 2/27/2015

Author Type: —
Creation Time: 2/27/2015 11:00 AM

Clinical Notes (continued)

>> SHANNON D GRAVES LVN Fri Feb 27, 2015 12:23 PM
 Orders Placed This Encounter
 US REAL-TIME PELVIS, TRANSABDOMINAL AND TRANSVAGINAL, COMPLETE
 [Fluzone PF] VACC INFLUENZA SPLIT, PRESERVATIVE FREE, 3 YR - ADULT [90656B]
 VACC ADMIN, FIRST IM OR SUBQ VACCINE TOXOID [90471B]
 Etonogestrel - Ethinyl Estradiol (NUVARING) 0.12-0.015 mg/24 hr Vag1 Ring
 Ibuprofen (IBU) 800 mg Oral Tab
 PREGNANCY TEST, URINE, POCT

All provider's orders addressed at this time: yes
 After Visit Summary is printed and reviewed with the patient.
 Future appointment is scheduled: 3/3/2015 4:30 PM Kphc, Rad-L13
 L3RADU L13U

>> RACHELLE QUEZADA LVN Fri Feb 27, 2015 12:08 PM
 GYN NURSES' INTAKE NOTE
 AGE@ No obstetric history on file. Patient's last menstrual period was
 02/20/2015.

Patient presents with:
 ABNORMAL MENSTRUAL CYCLE - per pt fibroids

- Pregnancy Test done today is negative, entered in Enter/Edit: yes
 - Domestic Violence Screening questionnaire, completed and reviewed.
 YOUNG IL KIM MD notified of action taken.
 Medical Social Worker intervention needed and notified? not indicated at this
 time, per patient answers.
 Patient Information pamphlet/Instructions given? not indicated at this time
 - not indicated at this time v-code pended:
 Proactive Care Actions:
 Flu immunization order staged and Patient Instructions for AVS staged

Procedures

Filed on 3/6/2015 1451

Procedure Orders

1. US REAL-TIME PELVIS, TRANSABDOMINAL AND TRANSVAGINAL, COMPLETE [1554006458] ordered by Kim, Young
 II (M.D.) at 02/27/15 1217

SMITH, PEPPER
 Gyn Exam, 3/3/2015

EXAM INFORMATION

Patient Name: SMITH, PEPPER
 Patient ID: 000004779300
 DOB: 5/22/1971
 Age: 43 yrs
 Sex: Female
 Ref Phys: KIM, YOUNG IL
 Exam Date: 3/3/2015
 Procedure: US TRANSABDOMINAL AND ENDOVAGINAL PELVIS ULTRASOUND

Clinical Notes (continued)

Exam Site: LA
Accession #: 61865294
LMP: 2/22/2015

INDICATIONS FOR SONOGRAPHY

Reason: 7-8 year history of pelvic pain, evaluate for changes in size of fibroid

UTERUS

Measurements:

Length x Width x Height = Volume
9.57 cm x 5.81 cm x 5.4 cm = 157.36 cc
Endometrium Thickness: 10.88 mm

LEFT OVARY

Measurements:

Length x Width x Height = Volume
3.52 cm x 2.31 cm x 2.4 cm = 10.24 cc

RIGHT OVARY

Measurements:

Length x Width x Height = Volume
4.03 cm x 3.23 cm x 3.31 cm = 22.59 cc

COMMENTS

Pelvic Ultrasound:

LMP: 02/22/2015.

This was a difficult examination due to body habitus.

Comparison was made with a prior Ultrasound scan performed on 06/16/2013.

UTERUS:

The myometrium appears heterogeneous in texture. Multiple fibroids are visualized. The largest measures 3.25 x 2.9 x 2.77 cm and is located in the anterior aspect of the uterus. This fibroid appears to be submucosal. Multiple nabothian cysts are visualized in the cervix.

RIGHT OVARY:

The right ovary appears normal in size and echogenicity.

RIGHT ADNEXA:

Clinical Notes (continued)

The right adnexa is unremarkable.

LEFT OVARY:

The left ovary appears normal in size and echogenicity. The left ovary is seen transabdominally only.

LEFT ADNEXA:

The left adnexa is unremarkable.

CUL DE SAC:

No free fluid is seen in the cul de sac.

IMPRESSION:

FIBROID UTERUS.

Preliminary prepared by LISA HERNANDEZ, Bpk-Sonographer on 3/3/2015 5:07:23 PM.

Sonographer: LISA HERNANDEZ, Bpk-Sonographer

Electronically Signed and Authenticated By: ANDREW T. BERGER
M.D., RADIOLOGIST -
LAMC

on 3/6/2015 2:50:06 PM

Electronically signed by Berger, Andrew T (M.D.) at 3/6/2015 2:51 PM

Progress Notes

Kim, Young II (M.D.) at 2/27/2015 1217

Author: Kim, Young II (M.D.)	Service: —	Author Type: PHYSICIAN, RESIDENT
Filed: 2/27/2015 12:28 PM	Encounter Date: 2/27/2015	Creation Time: 2/27/2015 12:17 PM
Status: Signed	Editor: Kim, Young II (M.D.) (PHYSICIAN, RESIDENT)	

Pepper Smith 43 year old Patient's last menstrual period was 02/20/2015. No obstetric history on file.

Chief Complaint: Pelvic pain

Pepper Smith is a 43 year old female with a past medical history of severe obesity who presents for pelvic pain

- patient thinks pain may be related to fibroid that was noted on US in 2013

Clinical Notes (continued)

- has been experiencing for 7-8 years now
- has worsened recently
- states feels like pressure and cramping
- pain is associated with menstrual cycles
- has tried ibuprofen and midol without significant relief (not taken regularly however)
- menstrual cycles are regularly timed every 28 days and lasts between 7-10 days
- has not had any intermenstrual bleeding
- denies vaginal discharge, weight loss

GYN ROS:

The current method of family planning is tubal ligation.

Last Pap Smear : 10/5/12

Last Pap Smear : 9/4/09

Last Pap Smear : 12/4/07

Last Mammogram Test: 10/5/12

ALLERGIES:

No Known Drug Allergies

MEDICATIONS

Outpatient Prescriptions Marked as Taking for the 2/27/15 encounter (Office Visit) with Kim, Young II (M.D.):

Etonogestrel - Ethinyl Estradiol (NUVARING) 0.12-0.015 mg/24 hr VagI Ring	INSERT 1 RING VAGINALLY AND LEAVE IN PLACE FOR 3 WEEKS, THEN REMOVE FOR 1 WEEK. REPEAT CYCLE BY INSERTING A NEW RING VAGINALLY 7 DAYS AFTER THE LAST WAS REMOVED	Disp: 3	Rfl: 3
Ibuprofen (IBU) 800 mg Oral Tab	1 TAB PO Q8H WITH FOOD PRN PAIN	Disp: 50	Rfl: 0

No Facility-Administered Medications for the 2/27/15 encounter (Office Visit) with Kim, Young II (M.D.).

SURGICAL HISTORY

Past Surgical History

Procedure	Laterality	Date
• Ligation of fallopian tube		

SOCIAL HISTORY:

History	
Social History	
• Marital Status:	Unknown
Spouse Name:	No social history on file - go to History activity and enter appropriate social history
Number of Children:	4
• Years of Education:	No social history on file - go to History activity and enter appropriate social history

Occupational History

- DMV

Social History Main Topics

Clinical Notes (continued)

- Smoking status: Never Smoker
- Smokeless tobacco: Never Used
- Alcohol Use: No
Comment: occassional
- Drug Use: No
- Sexual Activity: Yes
Partners: Male

Medications, Allergies, Habits(including smoking), pertinent Family History, past Medical and Surgical history were reviewed with the patient

CONSTITUTIONAL: WD/WN female in no acute distress.

BP 133/97 | Pulse 87 | Temp(Src) 96.9 °F (36.1 °C) (Tympanic) | Ht 1.6 m (5' 3") | Wt 110.1 kg (242 lb 11.6 oz) | BMI 43.01 kg/m² | LMP 02/20/2015 Estimated body mass index is 43.01 kg/(m²) as calculated from the following:

Height as of this encounter: 1.6 m (5' 3").

Weight as of this encounter: 110.1 kg (242 lb 11.6 oz). Reviewed

URETHRAL MEATUS: wnl

BLADDER: nontender on palpation

VULVA: normal appearing vulva with no masses, tenderness or lesions

VAGINA: normal appearing vagina with normal color and discharge, no lesions

CERVIX: normal appearing cervix without discharge or lesions

UTERUS: uterus is normal size, shape, consistency and nontender

ADNEXA: normal adnexa in size, nontender and no masses

ANU/PERINEUM: WNL

Assessment and Plan: Pepper Smith is a 43 year old female

FEMALE PELVIC PAIN

DYSMENORRHEA

Note: Unlikely related to fibroids noted on US in 2013 given small size and absence of abnormal bleeding. Unclear etiology of dysmenorrhea, no structural abnormalities or masses noted on examination. No abnormal bleeding concerning for malignancy.

Plan: NUVARING 0.12-0.015 MG/24 HR VAGL RING

US REAL-TIME PELVIS, TRANSABDOMINAL AND TRANSVAGINAL, COMPLETE

IBUPROFEN 800 MG ORAL TAB, advised patient to take 1-2 days preceding menstrual cycle TID through cycle

VACCINATION FOR INFLUENZA

Plan: VACC INFLUENZA, TRIVALENT, SPLIT VIRUS, PRESERVATIVE FREE, 3 YRS - ADULT
VACC ADMIN, FIRST IM OR SUBQ VACCINE TOXOID

Discussed with attending, Dr. Reynoso

Electronically signed by:

Young Il Kim, D.O., M.P.H., PGY-2

Clinical Notes (continued)

Family Medicine
Pager: 6**-0040
2/27/2015 12:25 PM

Electronically signed by Kim, Young II (M.D.) at 2/27/2015 12:28 PM

Reynoso, Liliana (M.D.) at 3/2/2015 0728

Author: Reynoso, Liliana (M.D.)	Service: —	Author Type: Physician
Filed: 3/2/2015 7:30 AM	Encounter Date: 2/27/2015	Creation Time: 3/2/2015 7:28 AM
Status: Signed	Editor: Reynoso, Liliana (M.D.) (Physician)	

Note reviewed and agree. Patient with dysmenorrhea. Not likely related to myoma but must still consider this since myoma appears to be submucosal. Interesting that myoma has not caused AUB. Plan is for repeating imaging and medical management with ocp and ibuprofen. Patient to f/u after sono is completed or if medical management is not effective. Risks associated with ocp use were reviewed.

Electronically signed by:
Liliana Reynoso, MD
Department of Obstetrics and Gynecology
pager 323-824-0087
3/2/2015 7:28 AM

Electronically signed by Reynoso, Liliana (M.D.) at 3/2/2015 7:30 AM

Labs

GYN CYTOLOGY [1554006445] (Cancel Pend)

Electronically signed by: Quezada, Rachelle (L.V.N.) on 02/27/15 1113	Status: Cancel Pend
Ordering user: Quezada, Rachelle (L.V.N.) 02/27/15 1113	Authorized by: Kim, Young II (M.D.)
Frequency: Routine 02/27/15 -	Class: Clinic Collected
Quantity: 1	Pended by: Quezada, Rachelle (L.V.N.) 02/27/15 1113

Provider Details

Provider	NPI
Kim, Young II (M.D.)	1972949469
Quezada, Rachelle (L.V.N.)	—

Questionnaire

Question	Answer
Source of Specimen?	CERVICAL LBP CO-TEST AGE >29
Last Menstrual Period (LMP)?	02/20/15
Birth Control	NONE/OTHER
Previous History	NORMAL

Labs (continued)

HPV COTEST SCREENING, AGE 30-65, HIGH RISK TYPES, AMPLIFIED PROBE [1554006449] (Cancel Pend)

Electronically signed by: **Quezada, Rachele (L.V.N.) on 02/27/15 1113** Status: **Cancel Pend**
 Ordering user: Quezada, Rachele (L.V.N.) 02/27/15 1113 Authorized by: Kim, Young II (M.D.)
 Frequency: Routine 02/27/15 - Class: Clinic Collected
 Quantity: 1 Pended by: Quezada, Rachele (L.V.N.) 02/27/15 1113

Provider Details

Provider	NPI
Kim, Young II (M.D.)	1972949469
Quezada, Rachele (L.V.N.)	—

Specimen Information

ID	Type	Source	Collected By
—	—	CERVIX	—

PREGNANCY TEST, URINE, POCT [1554006454] (Final result)

Electronically signed by: **Graves, Shannon D (L.V.N.) on 02/27/15 1140** Status: **Completed**
 Ordering user: Graves, Shannon D (L.V.N.) 02/27/15 1140 Authorized by: Kim, Young II (M.D.)
 Ordering mode: Standard
 Cosigning events
 Electronically cosigned by Kim, Young II (M.D.) 02/27/15 1430 for Ordering
 Frequency: Routine 02/27/15 - Class: Point of Care Test
 Quantity: 1 Lab status: Final result
 Diagnoses

FEMALE PELVIC PAIN [625.9 (ICD-9-CM)]

Provider Details

Provider	NPI
Graves, Shannon D (L.V.N.)	—
Kim, Young II (M.D.)	1972949469

PREGNANCY TEST, URINE, POCT [1554006454]

Resulted: 02/27/15 1141, Result status: Final result

Order status: Completed Filed on: 09/29/22 1038

Narrative:
PREGNANCY TEST, POCT

PREGNANCY TEST: Negative

Reference Range: Negative

INTERNAL CONTROLS ACCEPTABLE?: Yes

Date/Time: 2/27/2015 11:41 AM
Performed by: SHANNON D GRAVES LVN

4900 SUNSET MEDICAL OFFICES U
OBSTETRICS & GYNECOLOGY MOD 5D
4900 Sunset Blvd
Los Angeles CA 90027-5814
800-954-8000
323-783-4011

LAB DIRECTOR: LAMC - 4900 Sunset Med Office OB/GYN PPMP - Rhonda Smalls, MD

=====

Reviewed by

Kim, Young II (M.D.) on 02/27/15 1431
Kim, Young II (M.D.) on 02/27/15 1431

Labs (continued)

Indications

FEMALE PELVIC PAIN [625.9 (ICD-9-CM)]

All Reviewers List

Kim, Young II (M.D.) on 2/27/2015 14:31
 Kim, Young II (M.D.) on 2/27/2015 14:31

Imaging

Imaging

US REAL-TIME PELVIS, TRANSABDOMINAL AND TRANSVAGINAL, COMPLETE [1554006458] (Final result)

Electronically signed by: **Kim, Young II (M.D.) on 02/27/15 1217** Status: **Completed**

This order may be acted on in another encounter.

Ordering user: Kim, Young II (M.D.) 02/27/15 1217

Authorized by: Kim, Young II (M.D.)

Ordering mode: Standard

Frequency: Routine 02/27/15 -

Class: Normal

Quantity: 1

Lab status: Final result

Diagnoses

FEMALE PELVIC PAIN [625.9 (ICD-9-CM)]

Provider Details

Provider

NPI

Kim, Young II (M.D.)

1972949469

Order comments: Reason: 7-8 year history of pelvic pain, evaluate for changes in size of fibroid

US REAL-TIME PELVIS, TRANSABDOMINAL AND TRANSVAGINAL, COMPLETE [1554006458]

Resulted: 03/03/15 1700, Result status: Final result

Order status: Completed

Resulted by: Berger, Andrew T (M.D.)

Filed on: 09/29/22 1038

Accession number: 61865294

Resulting lab: SCAL RADIOLOGY INTERFACE

Transcription

Type	ID	Date and Time	Dictating Provider
Diagnostic imaging	61865294	3/6/2015 2:50 PM	Berger, Andrew T (M.D.)
Signed by Berger, Andrew T (M.D.), MEDICAL DOCTOR on 03/06/15 at 1451			

SMITH, PEPPER
 Gyn Exam, 3/3/2015

EXAM INFORMATION

Patient Name: SMITH, PEPPER

Patient ID: 000004779300

DOB: 5/22/1971

Age: 43 yrs

Sex: Female

Ref Phys: KIM, YOUNG II

Exam Date: 3/3/2015

Procedure: US TRANSABDOMINAL AND ENDOVAGINAL PELVIS ULTRASOUND

Exam Site: LA

Accession #: 61865294

LMP: 2/22/2015

Imaging (continued)

INDICATIONS FOR SONOGRAPHY

Reason: 7-8 year history of pelvic pain, evaluate for changes in size of fibroid

UTERUS

Measurements:

Length x Width x Height = Volume

9.57 cm x 5.81 cm x 5.4 cm = 157.36 cc

Endometrium Thickness: 10.88 mm

LEFT OVARY

Measurements:

Length x Width x Height = Volume

3.52 cm x 2.31 cm x 2.4 cm = 10.24 cc

RIGHT OVARY

Measurements:

Length x Width x Height = Volume

4.03 cm x 3.23 cm x 3.31 cm = 22.59 cc

COMMENTS

Pelvic Ultrasound:

LMP: 02/22/2015.

This was a difficult examination due to body habitus.

Comparison was made with a prior Ultrasound scan performed on 06/16/2013.

UTERUS:

The myometrium appears heterogeneous in texture. Multiple fibroids are visualized. The largest measures 3.25 x 2.9 x 2.77 cm and is located in the anterior aspect of the uterus. This fibroid appears to be submucosal. Multiple nabothian cysts are visualized in the cervix.

RIGHT OVARY:

The right ovary appears normal in size and echogenicity.

RIGHT ADNEXA:

The right adnexa is unremarkable.

LEFT OVARY:

Imaging (continued)

The left ovary appears normal in size and echogenicity. The left ovary is seen transabdominally only.

LEFT ADNEXA:

The left adnexa is unremarkable.

CUL DE SAC:

No free fluid is seen in the cul de sac.

IMPRESSION:

FIBROID UTERUS.

Preliminary prepared by LISA HERNANDEZ, Bpk-Sonographer on 3/3/2015 5:07:23 PM.

Sonographer: LISA HERNANDEZ, Bpk-Sonographer

Electronically Signed and Authenticated By: ANDREW T. BERGER
 M.D., RADIOLOGIST -
 LAMC

on 3/6/2015 2:50:06 PM

Reviewed by

Kim, Young II (M.D.) on 03/06/15 1717
 Kim, Young II (M.D.) on 03/06/15 1716

Testing Performed By

Lab - Abbreviation	Name	Director	Address	Valid Date Range
120 - SCA	SCAL RADIOLOGY INTERFACE	Unknown	Unknown	02/13/04 0000 - Present

US REAL-TIME PELVIS, TRANSABDOMINAL AND TRANSVAGINAL, COMPLETE [1554006458]

Resulted: 03/03/15 1701, Result status: In process

Order status: Completed
 Filed on: 09/29/22 1038
 Resulting lab: SCAL RADIOLOGY INTERFACE
 Narrative:

Resulted by: Berger, Andrew T (M.D.)
 Accession number: 61865294

Transcription

Type	ID	Date and Time	Dictating Provider
Diagnostic imaging	61865294	3/6/2015 2:50 PM	Berger, Andrew T (M.D.)
Signed by Berger, Andrew T (M.D.), MEDICAL DOCTOR on 03/06/15 at 1451			

Imaging (continued)

SMITH, PEPPER
Gyn Exam, 3/3/2015

EXAM INFORMATION

Patient Name: SMITH, PEPPER
Patient ID: 000004779300
DOB: 5/22/1971
Age: 43 yrs
Sex: Female
Ref Phys: KIM, YOUNG IL
Exam Date: 3/3/2015
Procedure: US TRANSABDOMINAL AND ENDOVAGINAL PELVIS ULTRASOUND
Exam Site: LA
Accession #: 61865294
LMP: 2/22/2015

INDICATIONS FOR SONOGRAPHY

Reason: 7-8 year history of pelvic pain, evaluate for changes in size of fibroid

UTERUS

Measurements:

Length x Width x Height = Volume
9.57 cm x 5.81 cm x 5.4 cm = 157.36 cc
Endometrium Thickness: 10.88 mm

LEFT OVARY

Measurements:

Length x Width x Height = Volume
3.52 cm x 2.31 cm x 2.4 cm = 10.24 cc

RIGHT OVARY

Measurements:

Length x Width x Height = Volume
4.03 cm x 3.23 cm x 3.31 cm = 22.59 cc

COMMENTS

Pelvic Ultrasound:

LMP: 02/22/2015.

This was a difficult examination due to body habitus.

Comparison was made with a prior Ultrasound scan performed on 06/16/2013.

UTERUS:

Imaging (continued)

The myometrium appears heterogeneous in texture. Multiple fibroids are visualized. The largest measures 3.25 x 2.9 x 2.77 cm and is located in the anterior aspect of the uterus. This fibroid appears to be submucosal. Multiple nabothian cysts are visualized in the cervix.

RIGHT OVARY:

The right ovary appears normal in size and echogenicity.

RIGHT ADNEXA:

The right adnexa is unremarkable.

LEFT OVARY:

The left ovary appears normal in size and echogenicity. The left ovary is seen transabdominally only.

LEFT ADNEXA:

The left adnexa is unremarkable.

CUL DE SAC:

No free fluid is seen in the cul de sac.

IMPRESSION:

FIBROID UTERUS.

Preliminary prepared by LISA HERNANDEZ, Bpk-Sonographer on 3/3/2015
5:07:23 PM.

Sonographer: LISA HERNANDEZ, Bpk-Sonographer

Electronically Signed and Authenticated By: ANDREW T. BERGER
M.D., RADIOLOGIST -
LAMC

on 3/6/2015 2:50:06 PM

Reviewed by

Kim, Young II (M.D.) on 03/06/15 1717
Kim, Young II (M.D.) on 03/06/15 1716

Imaging (continued)**Testing Performed By**

Lab - Abbreviation	Name	Director	Address	Valid Date Range
120 - SCA	SCAL RADIOLOGY INTERFACE	Unknown	Unknown	02/13/04 0000 - Present

Indications

FEMALE PELVIC PAIN [625.9 (ICD-9-CM)]

All Reviewers List

Kim, Young II (M.D.) on 3/6/2015 17:17

Kim, Young II (M.D.) on 3/6/2015 17:16

Other Orders**Immunization/Injection****VACC INFLUENZA, TRIVALENT, SPLIT VIRUS, PRESERVATIVE FREE, 3 YRS - ADULT [1554000588] (Completed)**

Electronically signed by: **Graves, Shannon D (L.V.N.) on 02/27/15 1140** Status: **Completed**
 Ordering user: Graves, Shannon D (L.V.N.) 02/27/15 1140 Authorized by: Kim, Young II (M.D.)
 Ordering mode: Standard
 Cosigning events
 Electronically cosigned by Kim, Young II (M.D.) 02/27/15 1430 for Ordering
 Frequency: Routine 02/27/15 - Class: Back Office
 Quantity: 1 Released by: Graves, Shannon D (L.V.N.) 02/27/15 1140
 Diagnoses
 VACCINATION FOR INFLUENZA [V04.81 (ICD-9-CM)]

Provider Details

Provider	NPI
Graves, Shannon D (L.V.N.)	—
Kim, Young II (M.D.)	1972949469

Order comments: Fluzone PF 0.5mL, intramuscular (IM)

Indications

VACCINATION FOR INFLUENZA [V04.81 (ICD-9-CM)]

VACC ADMIN, FIRST IM OR SUBQ VACCINE TOXOID [1554006452] (Active)

Electronically signed by: **Graves, Shannon D (L.V.N.) on 02/27/15 1140** Status: **Active**
 Ordering user: Graves, Shannon D (L.V.N.) 02/27/15 1140 Authorized by: Kim, Young II (M.D.)
 Ordering mode: Standard
 Cosigning events
 Electronically cosigned by Kim, Young II (M.D.) 02/27/15 1430 for Ordering
 Frequency: Routine 02/27/15 - Class: Back Office
 Quantity: 1 Released by: Graves, Shannon D (L.V.N.) 02/27/15 1140
 Diagnoses
 VACCINATION FOR INFLUENZA [V04.81 (ICD-9-CM)]

Provider Details

Provider	NPI
Graves, Shannon D (L.V.N.)	—
Kim, Young II (M.D.)	1972949469

Indications

VACCINATION FOR INFLUENZA [V04.81 (ICD-9-CM)]

Medications**Etonogestrel - Ethinyl Estradiol (NUVARING) 0.12-0.015 mg/24 hr VagI Ring [1554006457] (Discontinued)**

Other Orders (continued)

Electronically signed by: **Kim, Young II (M.D.) on 02/27/15 1217** Status: **Discontinued**
 Ordering user: Kim, Young II (M.D.) 02/27/15 1217 Ordering provider: Reynoso, Liliana (M.D.)
 Authorized by: Reynoso, Liliana (M.D.) Ordering mode: Standard
 Frequency: Routine 02/27/15 - 05/03/15 Class: Fill Now
 Discontinued by: Interface, Scal_ Pharmacy 05/03/15 2205 [Transferred to Internal Pharmacy]
 Diagnoses
 FEMALE PELVIC PAIN [625.9 (ICD-9-CM)]

Provider Details

Provider	NPI
Kim, Young II (M.D.)	1972949469
Reynoso, Liliana (M.D.)	1295958601

Indications

FEMALE PELVIC PAIN [625.9 (ICD-9-CM)]

Ibuprofen (MOTRIN) 800 mg Oral Tab [1554006460] (Discontinued)

Electronically signed by: **Kim, Young II (M.D.) on 02/27/15 1217** Status: **Discontinued**
 Ordering user: Kim, Young II (M.D.) 02/27/15 1217 Ordering provider: Kim, Young II (M.D.)
 Authorized by: Kim, Young II (M.D.) Ordering mode: Standard
 Frequency: Routine 05/04/15 - 12/17/15 Class: Fill Now
 Discontinued by: Fan, Michael Shekfai (M.D.), M.D. 12/17/15 0314
 Diagnoses
 FEMALE PELVIC PAIN [625.9 (ICD-9-CM)]

Provider Details

Provider	NPI
Kim, Young II (M.D.)	1972949469

Admin instructions: Give with food.

Indications

FEMALE PELVIC PAIN [625.9 (ICD-9-CM)]

Patient Instructions

Thank you for visiting the OBGYN Department at the Los Angeles Medical Center.

OBGYN OFFICE HOURS/APPOINTMENTS

We are open Monday – Friday from 8:30am-5:00pm. Please arrive 15 minutes prior to your appointment time. On arrival, please check in at the kiosk in the lobby or with a receptionist on either the 3rd, 4th, or 5th floor.

We hope you had a pleasant visit.

For appointments or to leave a message for your provider, please call (800) 954-8000.

KP.org

Register for kp.org today! Go to kp.org/register and follow the steps to create a User ID and Password. Once logged-in to kp.org you may request routine appointments, order prescription refills, view many lab test results and e-mail your doctor.

Mail Order Pharmacy

Mail Order Pharmacy can mail most prescriptions. Mail Order takes 7 to 10 days.

Patient Instructions (continued)

For new prescriptions, please call **Mail Order Pharmacy** at **1-866-206-2982** with billing and address information.

For refills, members are allowed to request a refill 2 to 3 weeks before medication runs out on a 90 to 100-day supply prescription.

If you have any questions, call and ask to speak to a live representative from Monday to Friday, 7 am. To 7 pm.

CERVICAL CANCER SCREENING (PAP SMEAR)

Pap smears are the most common type of screening test for cervical cancer. Screening pap smears are recommended every three years for low risk women ages 21 to 29 and every five years for low risk women ages 30 to 65.

Call KPNS at 1-888-4KP-TEST (1-888-457-8378) for results. Pap results are posted on KPNS after 2 weeks. Posted test results will be available on KPNS for 21 Days.

BREAST CANCER SCREENING (MAMMOGRAM)

Breast cancer is the most common cancer among American women and is the second leading cause of cancer deaths. Mammograms are recommended every 2 years for women ages 50 to 74 to screen for breast cancer. If you are due for a mammogram, please call (323) 783-2662 to make an appointment.

Breast Self-Exam:**Your Care Instructions**

A breast self-exam is when you check your breasts for lumps or changes. This regular exam helps you learn how your breasts normally look and feel. Most breast problems or changes are not because of cancer. Breast self-exam is not a substitute for a mammogram. Having regular breast exams by your doctor and regular mammograms improve your chances of finding any problems with your breasts.

Some women set a time each month to do a step-by-step breast self-exam. Other women like a less formal system. They might look at their breasts as they brush their teeth, or feel their breasts once in a while in the shower.

If you notice a change in your breast, tell your doctor.

How do you do a breast self-exam?

- The best time to examine your breasts is usually one week after your menstrual period begins. Your breasts should not be tender then. If you do not have periods, you might do your exam on a day of the month that is easy to remember.
- To examine your breasts:
 - ◆ Remove all your clothes above the waist and lie down. When you are lying down, your breast tissue spreads evenly over your chest wall, which makes it easier to feel all your breast tissue.
 - ◆ Use the pads—not the fingertips—of the 3 middle fingers of your left hand to check your right breast. Move your fingers slowly in small coin-sized circles that overlap.
 - ◆ Use three levels of pressure to feel of all your breast tissue. Use light pressure to feel the tissue close to the skin surface. Use medium pressure to feel a little deeper. Use firm pressure to feel your tissue close to your breastbone and ribs. Use each pressure level to feel your breast tissue before moving on to the next spot.
 - ◆ Check your entire breast, moving up and down as if following a strip from the collarbone to the bra line, and from the armpit to the ribs. Repeat until you have covered the entire breast.
 - ◆ Repeat this procedure for your left breast, using the pads of the 3 middle fingers of your right hand.
- To examine your breasts while in the shower:
 - ◆ Place one arm over your head and lightly soap your breast on that side.

Patient Instructions (continued)

- ◆ Using the pads of your fingers, gently move your hand over your breast (in the strip pattern described above), feeling carefully for any lumps or changes.
- ◆ Repeat for the other breast.
- Have your doctor inspect anything you notice to see if you need further testing.

EXERCISE HABITS

At least 30 minutes of moderate exercise (such as brisk walking) five or more days each week is recommended to help you live a longer and healthier life. If you would like help on how to become more active, please call our Healthy Living Helpline at 1-866-862-4295.

Tdap

Tdap is a vaccine that protects against whooping cough, as well as tetanus and diphtheria. Since babies most often catch whooping cough from a family member or caregiver, the California Department of Public Health recommends that all family members are up to date on their whooping cough vaccination. Ask your provider about the Tdap vaccine today.

FLU VACCINE (Seasonal)

Approximately 5-20% of Americans get the flu each year. Symptoms range from mild to severe. In some cases, hospitalization may be required, and rarely, the flu may be fatal. The best way to prevent the flu is with the flu vaccine. Ask your provider about the flu vaccine today.

**THANK YOU FOR CHOOSING KAISER PERMANENTE AS YOUR HEALTH CARE PROVIDER
FOR ULTRASOUND GO TO 1526 EDGEMONT IN THE
BASEMENT
DRINK 32OZ OF WATER 1 HOUR BEFORE, YOU NEED A
FULL BLADDER**

END OF ENCOUNTER

03/03/2015 - Patient Message in INTERNAL MEDICINE

Visit Information**Provider Information****Encounter Provider**

Stahl, Jerusha Emily (M.D.)

Department

Name	Address	Phone
INTERNAL MEDICINE	5620 MESMER AVE Culver City CA 90230-6315	833-574-2273

03/03/2015 - Patient Message in INTERNAL MEDICINE (continued)

Reason for Visit

Visit Diagnosis

Name	Code	Chronic?
MENORRHAGIA (primary)	626.2	Yes

Clinical Notes

Telephone Encounter

Stahl, Jerusha Emily (M.D.) at 3/3/2015 1407

Author: Stahl, Jerusha Emily (M.D.)	Service: —	Author Type: Physician
Filed: 3/3/2015 2:07 PM	Encounter Date: 3/3/2015	Creation Time: 3/3/2015 2:07 PM
Status: Signed	Editor: Stahl, Jerusha Emily (M.D.) (Physician)	
From: Pepper Smith		
To: Stahl, Jerusha Emily (M.D.)		
Sent: 3/3/2015 10:47 AM PST		
Subject: Blood work		

Hi Dr. Stahl,

I hope all is well. I wanted to let you know I finally went to see a Gynecologist (Kaiser Sunset) regarding my options for my fibroid. My bleeding is unbearable, my discomfort level is very high and My cycle is lasting up to 3 weeks. So we went over all my options and I'm going to use the Nuva Ring to start and see how that goes. I'm a bit nervous about the weight gain because I already have my challenges with that. Today at 4:30 I go in for a new updated ultrasound. I was wondering can you order blood work while I'm at Sunset today. I have been extremely cold and yet I chew ice like crazy all day and a few people have told me I need to have my iron and blood check. Last night I got a bit dizzy and I got nervous. I made an appointment to see you and get blood work done but I think I better see what's going on ASAP. I do feel fine today but I figured since I would be there I could get this done.

Thank you!

Pepper Smith
(323)377-1787 cell
(323)436-7900 work

Electronically signed by Stahl, Jerusha Emily (M.D.) at 3/3/2015 2:07 PM

Labs

CBC NO DIFF [1554006464] (Final result)

Electronically signed by: **Stahl, Jerusha Emily (M.D.) on 03/03/15 1408** Status: **Completed**

This order may be acted on in another encounter.

Ordering user: Stahl, Jerusha Emily (M.D.) 03/03/15 1408

Authorized by: Stahl, Jerusha Emily (M.D.)

Ordering mode: Standard

Frequency: Routine 03/03/15 -

Class: Normal

Quantity: 1

Lab status: Final result

Diagnoses

HEAVY MENSTRUAL BLEEDING (MENORRHAGIA) W REGULAR CYCLES [626.2 (ICD-9-CM)]

Provider Details

Provider	NPI
Stahl, Jerusha Emily (M.D.)	1083894638

Specimen Information

ID	Type	Source	Collected By
C0000220150620 62145	—	BLOOD	Arevalo, Maria 03/03/15 1707

CBC NO DIFF [1554006464] (Abnormal)

Resulted: 03/03/15 1739, Result status: Final result

Order status: Completed

Filed on: 09/29/22 1038

Collected by: Arevalo, Maria 03/03/15 1707

Resulting lab: KFH, LAMC HOSPITAL LABORATORY

Narrative:

03/03/2015 - Patient Message in INTERNAL MEDICINE (continued)

Labs (continued)

RMS ACCN: 556630820

Components

Component	Value	Reference Range	Flag	Lab
WBC'S AUTO	5.8	4.0 - 11.0 x1000/mcL	—	002
RBC, AUTO	4.17	4.20 - 5.40 Mill/mcL	L v	002
HGB	10.2	12.0 - 16.0 g/dL	L v	002
HCT, AUTO	30.5	37.0 - 47.0 %	L v	002
MCV	73.2	81.0 - 99.0 fL	L v	002
MCH	24.4	27.0 - 35.0 pg/cell	L v	002
MCHC	33.3	32.0 - 37.0 g/dL	—	002
RDW, BLOOD	15.6	11.5 - 14.5 %	H ^	002
PLATELETS, AUTOMATED COUNT	371	130 - 400 x1000/mcL	—	002

Reviewed by

Stahl, Jerusha Emily (M.D.) on 03/05/15 0932
 Stahl, Jerusha Emily (M.D.) on 03/05/15 0932
 Stahl, Jerusha Emily (M.D.) on 03/04/15 1936
 Stahl, Jerusha Emily (M.D.) on 03/04/15 1936
 Stahl, Jerusha Emily (M.D.) on 03/04/15 0812
 Stahl, Jerusha Emily (M.D.) on 03/04/15 0811
 Stahl, Jerusha Emily (M.D.) on 03/04/15 0808

Testing Performed By

Lab - Abbreviation	Name	Director	Address	Valid Date Range
1225 - 002	KFH, LAMC HOSPITAL LABORATORY	Joseph Thompson, MD	4867 Sunset Blvd. Los Angeles CA 90027	01/14/09 1722 - 03/31/16 0248

CBC NO DIFF [1554006464]

Resulted: 03/03/15 1728, Result status: In process

Order status: Completed

Filed on: 09/29/22 1038

Collected by: Arevalo, Maria 03/03/15 1707

Narrative:

RMS ACCN: 556630820

Reviewed by

Stahl, Jerusha Emily (M.D.) on 03/05/15 0932
 Stahl, Jerusha Emily (M.D.) on 03/05/15 0932
 Stahl, Jerusha Emily (M.D.) on 03/04/15 1936
 Stahl, Jerusha Emily (M.D.) on 03/04/15 1936
 Stahl, Jerusha Emily (M.D.) on 03/04/15 0812
 Stahl, Jerusha Emily (M.D.) on 03/04/15 0811
 Stahl, Jerusha Emily (M.D.) on 03/04/15 0808

CBC NO DIFF [1554006464]

Resulted: 03/03/15 1707, Result status: In process

Order status: Completed

Filed on: 09/29/22 1038

Collected by: Arevalo, Maria 03/03/15 1707

Narrative:

RMS ACCN: 556630820

Reviewed by

Stahl, Jerusha Emily (M.D.) on 03/05/15 0932

03/03/2015 - Patient Message in INTERNAL MEDICINE (continued)**Labs (continued)**

Stahl, Jerusha Emily (M.D.) on 03/05/15 0932
 Stahl, Jerusha Emily (M.D.) on 03/04/15 1936
 Stahl, Jerusha Emily (M.D.) on 03/04/15 1936
 Stahl, Jerusha Emily (M.D.) on 03/04/15 0812
 Stahl, Jerusha Emily (M.D.) on 03/04/15 0811
 Stahl, Jerusha Emily (M.D.) on 03/04/15 0808

Indications

MENORRHAGIA [626.2 (ICD-9-CM)]

All Reviewers List

Stahl, Jerusha Emily (M.D.) on 3/5/2015 09:32
 Stahl, Jerusha Emily (M.D.) on 3/5/2015 09:32
 Stahl, Jerusha Emily (M.D.) on 3/4/2015 19:36
 Stahl, Jerusha Emily (M.D.) on 3/4/2015 19:36
 Stahl, Jerusha Emily (M.D.) on 3/4/2015 08:12
 Stahl, Jerusha Emily (M.D.) on 3/4/2015 08:11
 Stahl, Jerusha Emily (M.D.) on 3/4/2015 08:08

IRON AND TIBC [1554006467] (Final result)

Electronically signed by: **Stahl, Jerusha Emily (M.D.) on 03/03/15 1408**

Status: **Completed**

This order may be acted on in another encounter.

Ordering user: Stahl, Jerusha Emily (M.D.) 03/03/15 1408

Authorized by: Stahl, Jerusha Emily (M.D.)

Ordering mode: Standard

Frequency: Routine 03/03/15 -

Class: Normal

Quantity: 1

Lab status: Final result

Diagnoses

HEAVY MENSTRUAL BLEEDING (MENORRHAGIA) W REGULAR CYCLES [626.2 (ICD-9-CM)]

Provider Details

Provider	NPI
Stahl, Jerusha Emily (M.D.)	1083894638

Specimen Information

ID	Type	Source	Collected By
C0000220150620 62145	—	BLOOD	Arevalo, Maria 03/03/15 1707

IRON AND TIBC [1554006467] (Abnormal)

Resulted: 03/04/15 1923, Result status: Final result

Order status: Completed

Filed on: 09/29/22 1038

Collected by: Arevalo, Maria 03/03/15 1707

Resulting lab: SHERMAN WAY REGIONAL LABORATORY

Narrative:

RMS ACCN: 556630821

Components

Component	Value	Reference Range	Flag	Lab
IRON	19	37 - 145 mcg/dL	L ▾	956
TOTAL IRON BINDING CAPACITY	406	250 - 450 mcg/dL	—	956
IRON SAT	5	20 - 50 %	L ▾	956

Reviewed by

Stahl, Jerusha Emily (M.D.) on 03/05/15 0932
 Stahl, Jerusha Emily (M.D.) on 03/05/15 0932
 Stahl, Jerusha Emily (M.D.) on 03/04/15 1936
 Stahl, Jerusha Emily (M.D.) on 03/04/15 1936

Testing Performed By

03/03/2015 - Patient Message in INTERNAL MEDICINE (continued)

Labs (continued)

Lab - Abbreviation	Name	Director	Address	Valid Date Range
240 - 956	SHERMAN WAY REGIONAL LABORATORY	Darryl Erik Palmer- Toy, MD, PhD	11668 Sherman Way NORTH HOLLYWOOD CA 91605	09/01/10 1119 - 06/01/17 0325

IRON AND TIBC [1554006467] (Abnormal)

Resulted: 03/04/15 1920, Result status: Final result

Order status: Completed

Filed on: 09/29/22 1038

Collected by: Arevalo, Maria 03/03/15 1707

Resulting lab: SHERMAN WAY REGIONAL LABORATORY

Narrative:

RMS ACCN: 556630821

Components

Component	Value	Reference Range	Flag	Lab
IRON	19	37 - 145 mcg/dL	L ▼	956

Reviewed by

Stahl, Jerusha Emily (M.D.) on 03/05/15 0932

Stahl, Jerusha Emily (M.D.) on 03/05/15 0932

Stahl, Jerusha Emily (M.D.) on 03/04/15 1936

Stahl, Jerusha Emily (M.D.) on 03/04/15 1936

Testing Performed By

Lab - Abbreviation	Name	Director	Address	Valid Date Range
240 - 956	SHERMAN WAY REGIONAL LABORATORY	Darryl Erik Palmer- Toy, MD, PhD	11668 Sherman Way NORTH HOLLYWOOD CA 91605	09/01/10 1119 - 06/01/17 0325

IRON AND TIBC [1554006467] (Abnormal)

Resulted: 03/04/15 1920, Result status: Final result

Order status: Completed

Filed on: 09/29/22 1038

Collected by: Arevalo, Maria 03/03/15 1707

Resulting lab: SHERMAN WAY REGIONAL LABORATORY

Narrative:

RMS ACCN: 556630821

Components

Component	Value	Reference Range	Flag	Lab
IRON	19	37 - 145 mcg/dL	L ▼	956

Reviewed by

Stahl, Jerusha Emily (M.D.) on 03/05/15 0932

Stahl, Jerusha Emily (M.D.) on 03/05/15 0932

Stahl, Jerusha Emily (M.D.) on 03/04/15 1936

Stahl, Jerusha Emily (M.D.) on 03/04/15 1936

Testing Performed By

Lab - Abbreviation	Name	Director	Address	Valid Date Range
240 - 956	SHERMAN WAY REGIONAL LABORATORY	Darryl Erik Palmer- Toy, MD, PhD	11668 Sherman Way NORTH HOLLYWOOD CA 91605	09/01/10 1119 - 06/01/17 0325

IRON AND TIBC [1554006467]

Resulted: 03/04/15 0257, Result status: In process

Order status: Completed

Filed on: 09/29/22 1038

Collected by: Arevalo, Maria 03/03/15 1707

Narrative:

RMS ACCN: 556630821

03/03/2015 - Patient Message in INTERNAL MEDICINE (continued)**Labs (continued)****Reviewed by**

Stahl, Jerusha Emily (M.D.) on 03/05/15 0932
 Stahl, Jerusha Emily (M.D.) on 03/05/15 0932
 Stahl, Jerusha Emily (M.D.) on 03/04/15 1936
 Stahl, Jerusha Emily (M.D.) on 03/04/15 1936

IRON AND TIBC [1554006467]

Resulted: 03/03/15 1707, Result status: In process

Order status: Completed
 Collected by: Arevalo, Maria 03/03/15 1707
 Narrative:
 RMS ACCN: 556630821

Filed on: 09/29/22 1038

Reviewed by

Stahl, Jerusha Emily (M.D.) on 03/05/15 0932
 Stahl, Jerusha Emily (M.D.) on 03/05/15 0932
 Stahl, Jerusha Emily (M.D.) on 03/04/15 1936
 Stahl, Jerusha Emily (M.D.) on 03/04/15 1936

Indications

MENORRHAGIA [626.2 (ICD-9-CM)]

All Reviewers List

Stahl, Jerusha Emily (M.D.) on 3/5/2015 09:32
 Stahl, Jerusha Emily (M.D.) on 3/5/2015 09:32
 Stahl, Jerusha Emily (M.D.) on 3/4/2015 19:36
 Stahl, Jerusha Emily (M.D.) on 3/4/2015 19:36

FERRITIN [1554006473] (Final result)Electronically signed by: **Stahl, Jerusha Emily (M.D.) on 03/03/15 1408** Status: **Completed**

This order may be acted on in another encounter.

Ordering user: Stahl, Jerusha Emily (M.D.) 03/03/15 1408

Authorized by: Stahl, Jerusha Emily (M.D.)

Ordering mode: Standard

Frequency: Routine 03/03/15 -

Class: Normal

Quantity: 1

Lab status: Final result

Diagnoses

HEAVY MENSTRUAL BLEEDING (MENORRHAGIA) W REGULAR CYCLES [626.2 (ICD-9-CM)]

Provider Details

Provider	NPI
Stahl, Jerusha Emily (M.D.)	1083894638

Specimen Information

ID	Type	Source	Collected By
C0000220150620 62145	—	BLOOD	Arevalo, Maria 03/03/15 1707

FERRITIN [1554006473] (Abnormal)

Resulted: 03/04/15 1946, Result status: Final result

Order status: Completed

Filed on: 09/29/22 1038

Collected by: Arevalo, Maria 03/03/15 1707

Resulting lab: SHERMAN WAY REGIONAL LABORATORY

Narrative:

RMS ACCN: 556630821

Components

Component	Value	Reference Range	Flag	Lab
FERRITIN	<8	13 - 126 ng/mL	L ▼	956

Comment:

03/03/2015 - Patient Message in INTERNAL MEDICINE (continued)**Labs (continued)**

Iron therapy of anemic chronic kidney disease and dialysis patients may be adjusted to produce serum ferritin levels between 100 and 1200 ng/ml.

Reviewed by

Stahl, Jerusha Emily (M.D.) on 03/05/15 0932
Stahl, Jerusha Emily (M.D.) on 03/05/15 0932

Testing Performed By

Lab - Abbreviation	Name	Director	Address	Valid Date Range
240 - 956	SHERMAN WAY REGIONAL LABORATORY	Darryl Erik Palmer- Toy, MD, PhD	11668 Sherman Way NORTH HOLLYWOOD CA 91605	09/01/10 1119 - 06/01/17 0325

FERRITIN [1554006473]

Resulted: 03/04/15 0257, Result status: In process

Order status: Completed

Filed on: 09/29/22 1038

Collected by: Arevalo, Maria 03/03/15 1707

Narrative:

RMS ACCN: 556630821

Reviewed by

Stahl, Jerusha Emily (M.D.) on 03/05/15 0932
Stahl, Jerusha Emily (M.D.) on 03/05/15 0932

FERRITIN [1554006473]

Resulted: 03/03/15 1707, Result status: In process

Order status: Completed

Filed on: 09/29/22 1038

Collected by: Arevalo, Maria 03/03/15 1707

Narrative:

RMS ACCN: 556630821

Reviewed by

Stahl, Jerusha Emily (M.D.) on 03/05/15 0932
Stahl, Jerusha Emily (M.D.) on 03/05/15 0932

Indications

MENORRHAGIA [626.2 (ICD-9-CM)]

All Reviewers List

Stahl, Jerusha Emily (M.D.) on 3/5/2015 09:32
Stahl, Jerusha Emily (M.D.) on 3/5/2015 09:32

TSH [1554006476] (Final result)Electronically signed by: **Stahl, Jerusha Emily (M.D.) on 03/03/15 1408**Status: **Completed**

This order may be acted on in another encounter.

Ordering user: Stahl, Jerusha Emily (M.D.) 03/03/15 1408

Authorized by: Stahl, Jerusha Emily (M.D.)

Ordering mode: Standard

Frequency: Routine 03/03/15 -

Class: Normal

Quantity: 1

Lab status: Final result

Diagnoses

HEAVY MENSTRUAL BLEEDING (MENORRHAGIA) W REGULAR CYCLES [626.2 (ICD-9-CM)]

Provider Details

Provider	NPI
Stahl, Jerusha Emily (M.D.)	1083894638

03/03/2015 - Patient Message in INTERNAL MEDICINE (continued)

Labs (continued)

Specimen Information

ID	Type	Source	Collected By
C0000220150620 62146	—	BLOOD	Arevalo, Maria 03/03/15 1707

TSH [1554006476]

Resulted: 03/04/15 0302, Result status: Final result

Order status: Completed
Collected by: Arevalo, Maria 03/03/15 1707
Narrative:
RMS ACCN: 556630821

Filed on: 09/29/22 1038
Resulting lab: SHERMAN WAY REGIONAL LABORATORY

Components

Component	Value	Reference Range	Flag	Lab
TSH	1.60	0.35 - 4.00 mIU/mL	—	956

Reviewed by

Stahl, Jerusha Emily (M.D.) on 03/05/15 0932
Stahl, Jerusha Emily (M.D.) on 03/05/15 0932
Stahl, Jerusha Emily (M.D.) on 03/04/15 1936
Stahl, Jerusha Emily (M.D.) on 03/04/15 1936
Stahl, Jerusha Emily (M.D.) on 03/04/15 0812
Stahl, Jerusha Emily (M.D.) on 03/04/15 0811
Stahl, Jerusha Emily (M.D.) on 03/04/15 0808

Testing Performed By

Lab - Abbreviation	Name	Director	Address	Valid Date Range
240 - 956	SHERMAN WAY REGIONAL LABORATORY	Darryl Erik Palmer- Toy, MD, PhD	11668 Sherman Way NORTH HOLLYWOOD CA 91605	09/01/10 1119 - 06/01/17 0325

TSH [1554006476]

Resulted: 03/04/15 0107, Result status: In process

Order status: Completed
Collected by: Arevalo, Maria 03/03/15 1707
Narrative:
RMS ACCN: 556630821

Filed on: 09/29/22 1038

Reviewed by

Stahl, Jerusha Emily (M.D.) on 03/05/15 0932
Stahl, Jerusha Emily (M.D.) on 03/05/15 0932
Stahl, Jerusha Emily (M.D.) on 03/04/15 1936
Stahl, Jerusha Emily (M.D.) on 03/04/15 1936
Stahl, Jerusha Emily (M.D.) on 03/04/15 0812
Stahl, Jerusha Emily (M.D.) on 03/04/15 0811
Stahl, Jerusha Emily (M.D.) on 03/04/15 0808

TSH [1554006476]

Resulted: 03/03/15 1707, Result status: In process

Order status: Completed
Collected by: Arevalo, Maria 03/03/15 1707
Narrative:
RMS ACCN: 556630821

Filed on: 09/29/22 1038

Reviewed by

Stahl, Jerusha Emily (M.D.) on 03/05/15 0932
Stahl, Jerusha Emily (M.D.) on 03/05/15 0932

03/03/2015 - Patient Message in INTERNAL MEDICINE (continued)**Labs (continued)**

Stahl, Jerusha Emily (M.D.) on 03/04/15 1936
 Stahl, Jerusha Emily (M.D.) on 03/04/15 1936
 Stahl, Jerusha Emily (M.D.) on 03/04/15 0812
 Stahl, Jerusha Emily (M.D.) on 03/04/15 0811
 Stahl, Jerusha Emily (M.D.) on 03/04/15 0808

Indications

MENORRHAGIA [626.2 (ICD-9-CM)]

All Reviewers List

Stahl, Jerusha Emily (M.D.) on 3/5/2015 09:32
 Stahl, Jerusha Emily (M.D.) on 3/5/2015 09:32
 Stahl, Jerusha Emily (M.D.) on 3/4/2015 19:36
 Stahl, Jerusha Emily (M.D.) on 3/4/2015 19:36
 Stahl, Jerusha Emily (M.D.) on 3/4/2015 08:12
 Stahl, Jerusha Emily (M.D.) on 3/4/2015 08:11
 Stahl, Jerusha Emily (M.D.) on 3/4/2015 08:08

Messages**RE: Blood work**

From	To	Sent and Delivered
Jerusha Emily (M.D.) Stahl, M.D. Last Read in kp.org 3/3/2015 3:01 PM by Pepper Smith	Pepper Smith	3/3/2015 2:09 PM

Hi Pepper,
 i put orders in for you to have blood work done.
 Take care,
 Jerusha Stahl, MD

Blood work

From	To	Sent
Pepper Smith	Jerusha Emily (M.D.) Stahl, M.D.	3/3/2015 10:47 AM

Hi Dr. Stahl,
 I hope all is well. I wanted to let you know I finally went to see a Gynecologist (Kaiser Sunset) regarding my options for my fibroid. My bleeding is unbearable, my discomfort level is very high and My cycle is lasting up to 3 weeks. So we went over all my options and I'm going to use the Nuva Ring to start and see how that goes. I'm a bit nervous about the weight gain because I already have my challenges with that. Today at 4:30 I go in for a new updated ultrasound. I was wondering can you order blood work while I'm at Sunset today. I have been extremely cold and yet I chew ice like crazy all day and a few people have told me I need to have my iron and blood check. Last night I got a bit dizzy and I got nervous. I made an appointment to see you and get blood work done but I think I better see what's going on ASAP. I do feel fine today but I figured since I would be there I could get this done.

03/03/2015 - Patient Message in INTERNAL MEDICINE (continued)

Messages (continued)

Thank you!
 Pepper Smith
 (323)377-1787 cell
 (323)436-7900 work

END OF ENCOUNTER

03/04/2015 - Patient Message in BARIATRIC TX

Visit Information

Provider Information

Encounter Provider

Stahl, Jerusha Emily (M.D.)

Department

Name	Address	Phone
BARIATRIC TX	5620 MESMER AVE Culver City CA 90230-6315	833-574-2273

Messages

RE:anemia

From	To	Sent
Pepper Smith	Jerusha Emily (M.D.) Stahl, M.D.	3/4/2015 11:55 PM

Thanks, will do.

----- Message -----

From: JERUSHA EMILY STAHL MD
 Sent: 3/4/2015 8:12 AM PST
 To: Pepper Smith
 Subject: anemia

Hi Pepper,
 Your anemia is a little worse than it was last year. I do recommend you take iron daily to help offset the heavy bleeding.

Take care,
 Jerusha Stahl, MD

anemia

From	To	Sent and Delivered

03/04/2015 - Patient Message in BARIATRIC TX (continued)**Messages (continued)**

Jerusha Emily (M.D.) Stahl, M.D. Last Read in kp.org 3/12/2015 5:44 PM by Pepper Smith	Pepper Smith	3/4/2015 8:12 AM
----------------------------------------------------------------------------------------------	--------------	------------------

Hi Pepper,
Your anemia is a little worse than it was last year. I do recommend you take iron daily to help offset the heavy bleeding.

Take care,
Jerusha Stahl, MD

END OF ENCOUNTER**03/18/2015 - Patient Message in INTERNAL MEDICINE****Visit Information****Provider Information****Encounter Provider**

Stahl, Jerusha Emily (M.D.)

Department

Name	Address	Phone
INTERNAL MEDICINE	5620 MESMER AVE Culver City CA 90230-6315	833-574-2273

Messages**RE: Ultrasound Results**

From Jerusha Emily (M.D.) Stahl, M.D. Last Read in kp.org 3/18/2015 6:55 PM by Pepper Smith	To Pepper Smith	Sent and Delivered 3/18/2015 4:30 PM
------------------------------------------------------------------------------------------------------	--------------------	-----------------------------------------

Below are the results - the dr you initialy saw was a resident (in training) so that is why the 2nd dr was brought in, the supervising doctor (attending). The result is pretty much unchanged from the past. The attending GYN's name is Dr. Reynoso.

UTERUS:

The myometrium appears heterogeneous in texture. Multiple fibroids are visualized. The largest measures 3.25 x 2.9 x 2.77 cm and is located in the anterior aspect of the uterus. This fibroid appears to be submucosal . Multiple nabothian cysts are visualized in the cervix.

03/18/2015 - Patient Message in INTERNAL MEDICINE (continued)**Messages (continued)****Ultrasound Results**

From	To	Sent
Pepper Smith	Jerusha Emily (M.D.) Stahl, M.D.	3/18/2015 12:03 PM

Hi Dr. Stahl,

I did my ultrasound on 3/3/2015 and I never heard back from the doctor. he said I should hear something back within 3-4 days. Can you pull this information and have it available for my appointment with you on Monday?

When I saw him he was not familiar with Fibroids at all so he asked another doctor to consult with him. So I'm going to have to ask for someone else who is more familiar with my situation. She was knowledgeable however I don't recall her name but I can't see him again. So if you can possible get her name I would appreciate it.

Thanks see you soon!

END OF ENCOUNTER**04/15/2015 - Message in IP MEDICAL RECORDS DEFAULT****Visit Information****Provider Information****Encounter Provider**

Stahl, Jerusha Emily (M.D.)

Department**Name**

IP MEDICAL RECORDS DEFAULT

Address

6041 CADILLAC AVE
Los Angeles CA 90034-1702

Phone

323-857-2695

Reason for Visit**Chief Complaint**

- FMLA REQUEST (Please review, complete and sign FMLA form for your patient.); onset date 4/15/2015

END OF ENCOUNTER**05/21/2015 - Ancillary Orders in INTERNAL MEDICINE****Visit Information**

05/21/2015 - Ancillary Orders in INTERNAL MEDICINE (continued)**Visit Information (continued)****Provider Information****Encounter Provider**

Stahl, Jerusha Emily (M.D.)

Department

Name	Address	Phone
INTERNAL MEDICINE	5620 MESMER AVE Culver City CA 90230-6315	833-574-2273

Reason for Visit**Visit Diagnosis**

- OTHER SCREENING MAMMOGRAM [V76.12]

Clinical Notes**Procedures****Filed on 5/28/2015 0911**

Procedure Orders

1. XR MAMMOGRAPHY SCREENING BILATERAL, 2 VIEWS EACH BREAST [1554006482] ordered by Interface, Scal_Radiology at 05/21/15 1230

BILATERAL DIGITAL SCREENING MAMMOGRAM: 5/21/2015

CLINICAL: 40-49 no personal or family history of breast cancer.

Comparison is made to exam dated: 5/3/2013 West Los Angeles Medical Center.

There are scattered fibroglandular elements in both breasts that could

obscure a lesion on mammography.

No significant masses, calcifications, or other findings are seen in either breast.

There has been no significant interval change.

IMPRESSION: NEGATIVE

There is no mammographic evidence of malignancy. A routine screening mammogram is recommended within 2 years.

Kaiser Permanente regional guidelines recommend annual screening mammography for high risk patients and screening mammography within 2 years for normal low risk patients. Determination of risk assessment by

radiology is limited and ultimately should be determined by the patient's primary care provider in collaboration with the patient.

Mammograms do not detect all breast cancer. Up to 15 percent of breast

cancer can't be detected by mammography. Patients with palpable abnormalities may require further investigation.

05/21/2015 - Ancillary Orders in INTERNAL MEDICINE (continued)**Clinical Notes (continued)**

Disposition and Responsibility

A letter with these results will be sent to the patient by the Mammography Department.

Vijay A. Rao M D

var/penrad:5/27/2015 10:12:59

Imaging Technologist: Karen L. Ivory RT(R) (M), West Los Angeles Medical Center

letter sent: Low Risk Follow Up Letter

Mammogram BI-RADS: 1 Negative

Electronically signed by Rao, Vijay Aror (M.D.) at 5/28/2015 9:11 AM

Imaging**Imaging****XR MAMMOGRAPHY SCREENING BILATERAL, 2 VIEWS EACH BREAST [1554006482] (Final result)**

Electronically signed by: **Interface, Scal_Radiology on 05/21/15 1230** Status: **Completed**

Ordering user: Interface, Scal_Radiology 05/21/15 1230

Authorized by: Stahl, Jerusha Emily (M.D.)

Ordering mode: Standard

Frequency: Routine 05/21/15 1230 -

Class: Normal

Quantity: 1

Lab status: Final result

Diagnoses

OTHER SCREENING MAMMOGRAM [V76.12 (ICD-9-CM)]

Provider Details**Provider****NPI**

Stahl, Jerusha Emily (M.D.)

1083894638

Order comments: self referral screening mammo. ris ordered. j.ong/appt clerk. 5/1/15 @ 11:57am

XR MAMMOGRAPHY SCREENING BILATERAL, 2 VIEWS EACH BREAST [1554006482]

Resulted: 05/21/15 1343, Result status: Final result

Order status: Completed

Resulted by: Rao, Vijay Aror (M.D.)

Filed on: 09/29/22 1038

Accession number: 62843775

Resulting lab: SCAL RADIOLOGY INTERFACE

Narrative:

self referral screening mammo. ris ordered. j.ong/appt clerk. 5/1/15 @ 11:57am

Acknowledged by: Stahl, Jerusha Emily (M.D.) on 05/28/15 0927

Transcription

Type	ID	Date and Time	Dictating Provider
Diagnostic imaging	62843775	5/28/2015 9:10 AM	Rao, Vijay Aror (M.D.)
Signed by Rao, Vijay Aror (M.D.), MEDICAL DOCTOR on 05/28/15 at 0911			

BILATERAL DIGITAL SCREENING MAMMOGRAM: 5/21/2015

CLINICAL: 40-49 no personal or family history of breast cancer.

Comparison is made to exam dated: 5/3/2013 West Los Angeles Medical

05/21/2015 - Ancillary Orders in INTERNAL MEDICINE (continued)**Imaging (continued)**

Center.

There are scattered fibroglandular elements in both breasts that could

obscure a lesion on mammography.

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IMPRESSION: NEGATIVE

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radiology is limited and ultimately should be determined by the patient's primary care provider in collaboration with the patient.

Mammograms do not detect all breast cancer. Up to 15 percent of breast

cancer can't be detected by mammography. Patients with palpable abnormalities may require further investigation.

Disposition and Responsibility

A letter with these results will be sent to the patient by the Mammography Department.

Vijay A. Rao M D

var/penrad:5/27/2015 10:12:59

Imaging Technologist: Karen L. Ivory RT(R) (M), West Los Angeles Medical

Center

letter sent: Low Risk Follow Up Letter

Mammogram BI-RADS: 1 Negative

Testing Performed By

Lab - Abbreviation	Name	Director	Address	Valid Date Range
120 - SCA	SCAL RADIOLOGY INTERFACE	Unknown	Unknown	02/13/04 0000 - Present

**XR MAMMOGRAPHY SCREENING BILATERAL, 2 VIEWS EACH BREAST
[1554006482]**

Resulted: 05/21/15 1343, Result status: In process

Order status: Completed
Filed on: 09/29/22 1038Resulted by: Rao, Vijay Aroor (M.D.)
Accession number: 62843775

05/21/2015 - Ancillary Orders in INTERNAL MEDICINE (continued)**Imaging (continued)**

Resulting lab: SCAL RADIOLOGY INTERFACE

Narrative:

self referral screening mammo. ris ordered. j.ong/appt clerk. 5/1/15 @ 11:57am

Transcription

Type	ID	Date and Time	Dictating Provider
Diagnostic imaging	62843775	5/28/2015 9:10 AM	Rao, Vijay Aroor (M.D.)
Signed by Rao, Vijay Aroor (M.D.), MEDICAL DOCTOR on 05/28/15 at 0911			

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cancer can't be detected by mammography. Patients with palpable abnormalities may require further investigation.

Disposition and Responsibility

A letter with these results will be sent to the patient by the Mammography Department.

Vijay A. Rao M D

var/penrad:5/27/2015 10:12:59

Imaging Technologist: Karen L. Ivory RT(R) (M), West Los Angeles Medical Center

05/21/2015 - Ancillary Orders in INTERNAL MEDICINE (continued)**Imaging (continued)**

letter sent: Low Risk Follow Up Letter
Mammogram BI-RADS: 1 Negative

Reviewed by

Stahl, Jerusha Emily (M.D.) on 05/28/15 09:27
Stahl, Jerusha Emily (M.D.) on 05/28/15 09:27

Testing Performed By

Lab - Abbreviation	Name	Director	Address	Valid Date Range
120 - SCA	SCAL RADIOLOGY INTERFACE	Unknown	Unknown	02/13/04 0000 - Present

Indications

OTHER SCREENING MAMMOGRAM [V76.12 (ICD-9-CM)]

All Reviewers List

Stahl, Jerusha Emily (M.D.) on 5/28/2015 09:27
Stahl, Jerusha Emily (M.D.) on 5/28/2015 09:27

END OF ENCOUNTER**06/25/2015 - Office Visit in URGENT CARE - WEST LA****Visit Information****Provider Information**

Encounter Provider	Authorizing Provider
Cervera, Janina Hanushka (M.D.), M.D.	Cervera, Janina Hanushka (M.D.), M.D.

Department

Name	Address	Phone
URGENT CARE - WEST LA	6041 CADILLAC AVE Los Angeles CA 90034-1702	833-574-2273

Questionnaires**EBOLA SCREENING ID AMB SCAL**

1. Has the patient traveled to a country in West Africa (Guinea, Liberia, or Sierra Leone) within the past 21 days (3 weeks)? **No [2]**
2. Has the patient visited anyone who might have Ebola or had contact with body fluids, surroundings or remains of an Ebola patient during the past 21 days (3 weeks)? **No [2]**
3. Does the patient currently have any of the following symptoms: fever, nausea, vomiting, diarrhea, headache, muscle ache, or easy bruising/bleeding? **No**

INTERPRETATION SERVICES QUESTIONNAIRE

1. Primary Spoken Language? **English [22]**
2. Primary Written Language? **English [20]**
3. Interpreter Needed? **No [2]**

06/25/2015 - Office Visit in URGENT CARE - WEST LA (continued)**Visit Information (continued)**

4. Does the patient need/want interpretation services for today's visit? **No**

Level of Service

Level of Service

OUTPT EST LEVEL 2

Reason for Visit**Chief Complaint**

- URI SYMPTOMS (starting Monday)

Visit Diagnosis

- URI (UPPER RESPIRATORY INFECTION) [465.9]

Vitals**Vital Signs**

Most recent update: 6/25/2015 6:59 PM

BP 120/73	Pulse 105	Temp 98.8 °F (37.1 °C) (Oral)	Resp 20	Ht 5' 3" (1.6 m)
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Wt 237 lb (107.5 kg)	SpO2 99%	PF 380 L/min	BMI 41.98 kg/m ²
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Pain Information (Last Filed)

Score	Location	Comments	Edu?
8 (scale 0-10)	None	None	None

Clinical Notes**Progress Notes****Cervera, Janina Hanushka (M.D.), M.D. at 6/25/2015 1904**

Author: Cervera, Janina Hanushka (M.D.), M.D.	Service: —	Author Type: Physician
Filed: 6/25/2015 10:16 PM	Encounter Date: 6/25/2015	Creation Time: 6/25/2015 7:04 PM
Status: Signed	Editor: Cervera, Janina Hanushka (M.D.), M.D. (Physician)	

History:

HPI: C/o 4 days sore throat, headache, bodyaches, next day little better but then prod cough. Didn't go to work 1 day prior to arrival, but then today hot/cold, cough.

PMH: reviewed

Medications: reviewed

Allergies: Reviewed

Possible Pregnancy: Denies, TL

Clinical Notes (continued)**Review of Systems**

Constitutional: Positive for chills, malaise/fatigue and diaphoresis. Negative for fever.

HENT: Positive for congestion, ear pain and sore throat.

Respiratory: Positive for cough. Negative for shortness of breath.

Musculoskeletal: Positive for myalgias and joint pain.

Neurological: Positive for headaches.

BP 120/73 | Pulse 105 | Temp(Src) 98.8 °F (37.1 °C) (Oral) | Resp 20 | Ht 5' 3" (1.6 m) | Wt 237 lb (107.502 kg) | BMI 41.99 kg/m² | SpO₂ 99% | PF 380 L/min | LMP 06/22/2015**Physical Exam**

Constitutional: She is well-developed, well-nourished, and in no distress.

HENT:

Right Ear: External ear normal.

Left Ear: External ear normal.

Mouth/Throat: Oropharynx is clear and moist. No oropharyngeal exudate.

Eyes: Conjunctivae are normal.

Cardiovascular: Normal rate, regular rhythm and normal heart sounds.

Pulmonary/Chest: Effort normal and breath sounds normal.

Lymphadenopathy:

She has no cervical adenopathy.

Assessment/Plan:

-Differential diagnosis: viral URI

-Treatment: Robitussin, Tessalon Perles, humidifier, ibuprofen

Electronically signed by Cervera, Janina Hanushka (M.D.), M.D. at 6/25/2015 10:16 PM

Other Orders**Medications****Codeine-guaiFENesin (CHERATUSSIN AC) 10-100 mg/5 mL Oral Liqd [1554006491] (Discontinued)**Electronically signed by: **Cervera, Janina Hanushka (M.D.), M.D. on 06/25/15 1915** Status: **Discontinued**

Ordering user: Cervera, Janina Hanushka (M.D.), M.D. 06/25/15 1915 Ordering provider: Cervera, Janina Hanushka (M.D.), M.D.

Authorized by: Cervera, Janina Hanushka (M.D.), M.D.

Ordering mode: Standard

Frequency: Routine 06/25/15 - 08/03/15

Class: Fill Now

Discontinued by: Stahl, Jerusha Emily (M.D.), M.D. 08/03/15 1424

Diagnoses

URI (UPPER RESPIRATORY INFECTION) [465.9 (ICD-9-CM)]

Provider Details**Provider****NPI**

Cervera, Janina Hanushka (M.D.), M.D.

1699880666

Indications

URI (UPPER RESPIRATORY INFECTION) [465.9 (ICD-9-CM)]

Benzonatate (TESSALON PERLES) 100 mg Oral Cap [1554006494] (Expired)Electronically signed by: **Cervera, Janina Hanushka (M.D.), M.D. on 06/25/15 1915**Status: **Expired**

Ordering user: Cervera, Janina Hanushka (M.D.), M.D. 06/25/15 Ordering provider: Cervera, Janina Hanushka (M.D.), M.D.

Other Orders (continued)

1915

Authorized by: Cervera, Janina Hanushka (M.D.), M.D.

Ordering mode: Standard

Frequency: Routine 06/25/15 - 07/25/15 2359

Class: Fill Now

Diagnoses

URI (UPPER RESPIRATORY INFECTION) [465.9 (ICD-9-CM)]

Provider Details**Provider****NPI**

Cervera, Janina Hanushka (M.D.), M.D.

1699880666

Admin instructions: Do not chew or crush

Indications

URI (UPPER RESPIRATORY INFECTION) [465.9 (ICD-9-CM)]

Patient Instructions

You have a viral respiratory illness.

Get plenty of rest and drink lots of fluids. Consider a humidifier at nighttime. Take Tylenol or ibuprofen for general aches. If you use ibuprofen, take this with food to protect your stomach. Try Cepacol lozenges or throat spray for a sore throat.

Your new medications include:

-for cough: Tessalon Perles and Robitussin with codeine

Return to urgent care clinic or call your primary care doctor if your symptoms do not improve in the next week, If you develop fever, yellow/green mucus from your nose or if your cough becomes productive of yellow/green mucus, or if you become short of breath.

END OF ENCOUNTER**07/27/2015 - Patient Message in INTERNAL MEDICINE****Visit Information****Provider Information****Encounter Provider**

Stahl, Jerusha Emily (M.D.), M.D.

Department**Name****Address****Phone**

INTERNAL MEDICINE

5620 MESMER AVE
Culver City CA 90230-6315

833-574-2273

Reason for Visit**Visit Diagnoses**

- MYALGIA [729.1]
- VITAMIN D DEFICIENCY [268.9]

Clinical Notes

07/27/2015 - Patient Message in INTERNAL MEDICINE (continued)**Clinical Notes (continued)****Telephone Encounter****Stahl, Jerusha Emily (M.D.), M.D. at 8/3/2015 1423**

Author: Stahl, Jerusha Emily (M.D.), M.D.	Service: —	Author Type: Physician
Filed: 8/3/2015 2:23 PM	Encounter Date: 7/27/2015	Creation Time: 8/3/2015 2:23 PM
Status: Signed	Editor: Stahl, Jerusha Emily (M.D.), M.D. (Physician)	
From: Pepper Smith		
Sent: 8/3/2015 2:02 PM PDT		
To: Jerusha Emily (M.D.) Stahl, M.D.		
Subject: RE:Pain		

This message is being sent by PEPPER SMITH on behalf of PEPPER SMITH.

Hi Dr.Stahl,

I was checking to see if you have the x-ray results.I'm still having the same pain in both my leg and my arm.I need something for the pain in my arm at night it's a process before I can get to sleep.I did get the blood work results but I don't know what any of it means.

Thank you,
Pep!

-----Message -----

From:Stahl,Jerusha Emily (M.D.),M.D.
Sent:Jul 28,2015
To:PEPPER SMITH (You)
Subject:RE:Pain

I know that you got scheduled for a telephone visit tomorrow,but i really think i will need to examine you if you are having pain in different areas.i could see you Thursday at 9:10 or 10:50-do either of those work for you?

-----Message -----

From:SMITH,PEPPER
Sent:7/27/2015 10:54 PM PDT
To:JERUSHA EMILY STAHL MD,M.D.
Subject:Pain

Hi Dr.Stahl

I hope all is well.Over the last week I started experiencing pain in my right thigh,left upper arm and left lower leg.

Last Tuesday I leaned against a counter and felt the pain in my thigh.After that I felt a burning sensation that lasted for about 45 minutes.If I bumped it again I'd experience the same pain and burn.Later that night I laid on my arm and felt the same pain and burn.I avoided these areas getting touched.Then today I felt the pain in my left lower leg.

I feel nothing until they are touched,bumped or grabbed.

I wasn't sure so I looked it up and read that it could possibly be fibromyalgia.

I tried to get a sooner appt.with you but I made it for 9/2.But I will be off Wednesday through next week on vacation.I will seek a sooner appt.if you don't have an available appt.

Thank you!

Electronically signed by Stahl, Jerusha Emily (M.D.), M.D. at 8/3/2015 2:23 PM

Labs**VITAMIN D, 25-HYDROXY [1554006557] (Completed)**

Electronically signed by: Stahl, Jerusha Emily (M.D.), M.D. on 08/03/15 1700	Status: Completed
Ordering user: Stahl, Jerusha Emily (M.D.), M.D. 08/03/15 1700	Authorized by: Stahl, Jerusha Emily (M.D.), M.D.
Ordering mode: Standard	

07/27/2015 - Patient Message in INTERNAL MEDICINE (continued)

Labs (continued)

Frequency: Routine 08/03/15 - Class: Normal
Quantity: 1
Diagnoses
VITAMIN D DEFICIENCY [268.9 (ICD-9-CM)]

Provider Details

Provider	NPI
Stahl, Jerusha Emily (M.D.), M.D.	1083894638

Specimen Information

ID	Type	Source	Collected By
—	—	BLOOD	—

Indications

VITAMIN D DEFICIENCY [268.9 (ICD-9-CM)]

Indications

VITAMIN D DEFICIENCY [E55.9 (ICD-10-CM)]

HEMOGLOBIN A1C, SCREENING OR PREDIABETIC MONITORING [1554006559] (Completed)

Electronically signed by: **Stahl, Jerusha Emily (M.D.), M.D. on 08/03/15 1700** Status: **Completed**
Ordering user: Stahl, Jerusha Emily (M.D.), M.D. 08/03/15 1700 Authorized by: Stahl, Jerusha Emily (M.D.), M.D.
Ordering mode: Standard
Frequency: Routine 08/03/15 - Class: Normal
Quantity: 1
Diagnoses
MYALGIA [729.1 (ICD-9-CM)]

Provider Details

Provider	NPI
Stahl, Jerusha Emily (M.D.), M.D.	1083894638

Specimen Information

ID	Type	Source	Collected By
—	—	BLOOD	—

Indications

MYALGIA [729.1 (ICD-9-CM)]

Indications

MYALGIA [M79.1 (ICD-10-CM)]

Other Orders

Medications

traMADol (ULTRAM) 50 mg Oral Tab [1554006552] (Discontinued)

Electronically signed by: **Stahl, Jerusha Emily (M.D.), M.D. on 08/03/15 1657** Status: **Discontinued**
Ordering user: Stahl, Jerusha Emily (M.D.), M.D. 08/03/15 1657 Authorized by: Stahl, Jerusha Emily (M.D.), M.D.
Ordering mode: Standard
Frequency: Routine 08/03/15 - 08/03/15 Class: Normal
Discontinued by: Stahl, Jerusha Emily (M.D.), M.D. 08/03/15 1657
Diagnoses
MYALGIA [729.1 (ICD-9-CM)]

Provider Details

Provider	NPI
Stahl, Jerusha Emily (M.D.), M.D.	1083894638

07/27/2015 - Patient Message in INTERNAL MEDICINE (continued)**Other Orders (continued)**

Admin instructions: Immediate Release (IR) Product.

Indications

MYALGIA [729.1 (ICD-9-CM)]

Ergocalciferol, Vit D2, (VITAMIN D2) 50,000 unit Oral Cap [1554006554] (Expired)Electronically signed by: **Stahl, Jerusha Emily (M.D.), M.D. on 08/03/15 1700** Status: **Expired**

Ordering user: Stahl, Jerusha Emily (M.D.), M.D. 08/03/15 1700 Ordering provider: Stahl, Jerusha Emily (M.D.), M.D.

Authorized by: Stahl, Jerusha Emily (M.D.), M.D. Ordering mode: Standard

Frequency: Routine 08/03/15 - 01/30/16 2359 Class: Normal

Diagnoses

VITAMIN D DEFICIENCY [268.9 (ICD-9-CM)]

Provider Details**Provider****NPI**

Stahl, Jerusha Emily (M.D.), M.D.

1083894638

Indications

VITAMIN D DEFICIENCY [268.9 (ICD-9-CM)]

traMADol (ULTRAM) 50 mg Oral Tab [1554006550] (Discontinued)Electronically signed by: **Stahl, Jerusha Emily (M.D.), M.D. on 08/03/15 1424** Status: **Discontinued**

Ordering user: Stahl, Jerusha Emily (M.D.), M.D. 08/03/15 1424 Ordering provider: Stahl, Jerusha Emily (M.D.), M.D.

Authorized by: Stahl, Jerusha Emily (M.D.), M.D. Ordering mode: Standard

Frequency: Routine 08/03/15 - 12/17/15 Class: Normal

Discontinued by: Fan, Michael Shekfai (M.D.), M.D. 12/17/15 0314

Diagnoses

MYALGIA [729.1 (ICD-9-CM)]

Provider Details**Provider****NPI**

Stahl, Jerusha Emily (M.D.), M.D.

1083894638

Admin instructions: Immediate Release (IR) Product.

Indications

MYALGIA [729.1 (ICD-9-CM)]

Messages**RE:Pain**

From	To	Sent and Delivered
Jerusha Emily (M.D.) Stahl, M.D.	Pepper Smith	8/3/2015 5:00 PM
Last Read in kp.org		
8/8/2015 10:04 PM by Pepper Smith		

Hi Pepper,

The labs did not show any cause of your pain except for low vitamin D , which is thought to possibly make pain symptoms worse (having low vitamin D). No signs of systemic inflammatory conditions.

. In order to bring it up the D, I'd like you to take a prescription strength vitamin D (ordered in the pharmacy) once a week for 3 months, along with daily vitamin D of 1000 units which you can buy over the counter. You should repeat the level in 3 months.

Also, Your blood sugar is mildly elevated. The hemoglobin A1c is a test that looks at your

07/27/2015 - Patient Message in INTERNAL MEDICINE (continued)

Messages (continued)

average blood sugar over the past 2-3 months. Normal is less than 5.6, and 5.7-6.4 is considered "prediabetes" and puts you at increased risk for diabetes in the future. 6.5 and above is considered diabetes. Your level was 6.0. Please try to work on cutting back on the sugar/sweets and starchy/carbohydrate foods in your diet to help bring this number down. You are in fact anemic still as well and I recommend that you do take an iron supplement daily to help with that.

I have ordered a pain med, tramadol for you to take as needed. Lets see if the vitamin D helps as well

Take care,
Jerusha Stahl, MD

RE:Pain

From Pepper Smith	To Jerusha Emily (M.D.) Stahl, M.D.	Sent 8/3/2015 2:02 PM
----------------------	----------------------------------------	--------------------------

This message is being sent by PEPPER SMITH on behalf of PEPPER SMITH.

Hi Dr.Stahl,

I was checking to see if you have the x-ray results.I'm still having the same pain in both my leg and my arm.I need something for the pain in my arm at night it's a process before I can get to sleep.I did get the blood work results but I don't know what any of it means.

Thank you,
Pep!

-----Message -----

From:Stahl,Jerusha Emily (M.D.),M.D.
Sent:Jul 28,2015
To:PEPPER SMITH (You)
Subject:RE:Pain

I know that you got scheduled for a telephone visit tomorrow,but i really think i will need to examine you if you are having pain in different areas.i could see you Thursday at 9:10 or 10:50-do either of those work for you?

-----Message -----

From:SMITH,PEPPER
Sent:7/27/2015 10:54 PM PDT
To:JERUSHA EMILY STAHL MD,M.D.
Subject:Pain

Hi Dr.Stahl

I hope all is well.Over the last week I started experiencing pain in my right thigh,left upper arm

07/27/2015 - Patient Message in INTERNAL MEDICINE (continued)

Messages (continued)

and left lower leg.

Last Tuesday I leaned against a counter and felt the pain in my thigh. After that I felt a burning sensation that lasted for about 45 minutes. If I bumped it again I'd experience the same pain and burn. Later that night I laid on my arm and felt the same pain and burn. I avoided these areas getting touched. Then today I felt the pain in my left lower leg.

I feel nothing until they are touched, bumped or grabbed.

I wasn't sure so I looked it up and read that it could possibly be fibromyalgia.

I tried to get a sooner appt. with you but I made it for 9/2. But I will be off Wednesday through next week on vacation. I will seek a sooner appt. if you don't have an available appt.

Thank you!

RE: Pain

From Jerusha Emily (M.D.) Stahl, M.D. Last Read in kp.org 8/4/2015 3:48 PM by Pepper Smith	To Pepper Smith	Sent and Delivered 7/28/2015 4:18 PM
-----------------------------------------------------------------------------------------------------	--------------------	-----------------------------------------

I know that you got scheduled for a telephone visit tomorrow, but i really think i will need to examine you if you are having pain in different areas. i could see you Thursday at 9:10 or 10:50- do either of those work for you?

Pain

From Pepper Smith	To Jerusha Emily (M.D.) Stahl, M.D.	Sent 7/27/2015 10:54 PM
----------------------	----------------------------------------	----------------------------

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07/27/2015 - Patient Message in INTERNAL MEDICINE (continued)**Messages (continued)**

I wasn't sure so I looked it up and read that it could possibly be fibromyalgia.

I tried to get a sooner appt.with you but I made it for 9/2.But I will be off Wednesday through next week on vacation.I will seek a sooner appt.if you don't have an available appt.

Thank you!

END OF ENCOUNTER**07/29/2015 - Telephone Appointment Visit in INTERNAL MEDICINE****Visit Information****Provider Information****Encounter Provider**

Stahl, Jerusha Emily (M.D.), M.D.

Authorizing Provider

Stahl, Jerusha Emily (M.D.), M.D.

Department**Name**

INTERNAL MEDICINE

Address5620 MESMER AVE
Culver City CA 90230-6315**Phone**

833-574-2273

Level of Service**Level of Service**

PHYS PHONE VISIT, EST PT, 5-10 MIN OF MEDICAL DISCUSSION

Reason for Visit**Chief Complaint**

- PAIN

Visit Diagnosis

- MYALGIA [729.1]

Clinical Notes**Progress Notes****Stahl, Jerusha Emily (M.D.), M.D. at 7/29/2015 1227**

Author: Stahl, Jerusha Emily (M.D.), M.D.
Filed: 7/29/2015 12:32 PM
Status: Signed

Service: —

Encounter Date: 7/29/2015

Editor: Stahl, Jerusha Emily (M.D.), M.D. (Physician)

Author Type: Physician

Creation Time: 7/29/2015 12:27 PM

History:

07/29/2015 - Telephone Appointment Visit in INTERNAL MEDICINE (continued)**Clinical Notes (continued)****TELEPHONE APPOINTMENT VISIT (TAV) -- 12:27 PM**

Pepper Smith is a 44 year old female

Reason for TAV: PAIN

There are no preventive care reminders to display for this patient.

PHONE VISIT DOCUMENTATION:

Last week leaned against something and felt pain in her right thigh
Looked at it, no lump/bruise, shrugged it off- cont'd to hurt all night, then later that night her upper arm was hurting - still hurting at night, feels heavy when she lifts it - falls asleep at times
If hits her leg feels a heated sensation that lasts 15-20 min

ASSESSMENT:

729.1 MYALGIA

Unclear without seeing pt, will come in tomorrow at 9:10 for evaluation

PLAN:

No orders of the defined types were placed in this encounter.

Time spent with patient or guardian over the phone was 5 minutes.

Electronically signed by:

JERUSHA EMILY STAHL MD

7/29/2015

12:31 PM

Electronically signed by Stahl, Jerusha Emily (M.D.), M.D. at 7/29/2015 12:32 PM

END OF ENCOUNTER**07/30/2015 - Office Visit in INTERNAL MEDICINE****Visit Information****Provider Information****Encounter Provider**

Stahl, Jerusha Emily (M.D.), M.D.

Authorizing Provider

Stahl, Jerusha Emily (M.D.), M.D.

Department**Name**

INTERNAL MEDICINE

Address

5620 MESMER AVE
Culver City CA 90230-6315

Phone

833-574-2273

07/30/2015 - Office Visit in INTERNAL MEDICINE (continued)**Visit Information (continued)****Questionnaires****EBOLA SCREENING ID AMB SCAL**

- | | |
|------------------------------------------------------------------------------------------------------------------------------------------------------------------------|--------|
| 1. Has the patient traveled to a country in West Africa (Guinea, Liberia, or Sierra Leone) within the past 21 days (3 weeks)? | No [2] |
| 2. Has the patient visited anyone who might have Ebola or had contact with body fluids, surroundings or remains of an Ebola patient during the past 21 days (3 weeks)? | No [2] |
| 3. Does the patient currently have any of the following symptoms: fever, nausea, vomiting, diarrhea, headache, muscle ache, or easy bruising/bleeding? | No |

INTERPRETATION SERVICES QUESTIONNAIRE

- | | |
|------------------------------|--------------|
| 1. Primary Spoken Language? | English [22] |
| 2. Primary Written Language? | English [20] |
| 3. Interpreter Needed? | No [2] |

Level of Service**Level of Service**

OUTPT EST LEVEL 3

Reason for Visit**Chief Complaints**

- LEG PAIN
- ARM PAIN

Visit Diagnoses

- RIGHT THIGH PAIN [729.5]
- ANEMIA [285.9]

Vitals**Vital Signs**

Most recent update: 7/30/2015 9:20 AM

BP 128/76	Pulse 89	Temp 97.6 °F (36.4 °C) (Tympanic)	Resp 16	Ht 5' 3" (1.6 m)
Wt 234 lb 5.6 oz (106.3 kg)	SpO2 100%	BMI 41.51 kg/m ²		

Pain Information (Last Filed)

Score	Location	Comments	Edu?
0 (scale 0-10)	None	None	None

Clinical Notes (group 1 of 2)**Nursing Note****Hammond, Alexis (L.V.N.) at 7/30/2015 0921**

Author: Hammond, Alexis (L.V.N.)

Service: —

Author Type: LICENSED VOCATIONAL NURSE

Clinical Notes (group 1 of 2) (continued)

Filed: 7/30/2015 9:21 AM
Status: Signed

Encounter Date: 7/30/2015
Editor: Hammond, Alexis (L.V.N.) (LICENSED VOCATIONAL NURSE)

Creation Time: 7/30/2015 9:21 AM

Pepper Smith exercises 0 minutes 0 days per week at a moderate or strenuous level.

PROACTIVE CARE ACTIONS

Proactive Office Encounter Actions: There are no care gaps at this time

Electronically signed by Hammond, Alexis (L.V.N.) at 7/30/2015 9:21 AM

Hammond, Alexis (L.V.N.) at 7/30/2015 0952

Author: Hammond, Alexis (L.V.N.)

Service: —

Author Type: LICENSED VOCATIONAL NURSE

Filed: 7/30/2015 9:52 AM
Status: Signed

Encounter Date: 7/30/2015

Creation Time: 7/30/2015 9:52 AM

Editor: Hammond, Alexis (L.V.N.) (LICENSED VOCATIONAL NURSE)

An After Visit Summary was printed and discussed with the patient.

Alexis Hammond LVN

Electronically signed by Hammond, Alexis (L.V.N.) at 7/30/2015 9:52 AM

07/30/2015 - Office Visit in INTERNAL MEDICINE (continued)**Clinical Notes (group 2 of 2)****Procedures**

Filed on 7/31/2015 0749

Procedure Orders

1. XR FEMUR, RIGHT, 2 VIEWS [1554006520] ordered by Stahl, Jerusha Emily (M.D.), M.D. at 07/30/15 0950

CLINICAL HISTORY: Reason: upper thigh pain

RIS TECH NOTES:

COMPARISON: No previous study available.

FINDINGS/

IMPRESSION:

There is ample soft tissue. No acute fracture is identified. The alignment is normal. No significant joint disease is noted. No significant soft tissue abnormality is identified.

This report electronically signed by Monica Almanza, MD on 7/31/2015 7:43 AM

Electronically signed by Almanza, Monica Yolanda (M.D.), M.D. at 7/31/2015 7:49 AM

Progress Notes

Stahl, Jerusha Emily (M.D.), M.D. at 7/30/2015 0942

Author: Stahl, Jerusha Emily (M.D.), M.D.
Filed: 8/6/2015 11:32 AM
Status: Signed

Service: —

Encounter Date: 7/30/2015

Editor: Stahl, Jerusha Emily (M.D.), M.D. (Physician)

Author Type: Physician

Creation Time: 7/30/2015 9:42 AM

History:

7/30/2015

Patient presents with:

LEG PAIN

ARM PAIN

Pepper Smith is a 44 year old female with cc of LEG PAIN and ARM PAIN

No outpatient prescriptions have been marked as taking for the 7/30/15 encounter (Office Visit) with Stahl, Jerusha Emily (M.D.), M.D..

Subjective

Pt here for pain in right upper thigh, feels bruised but no bruise

Hurts when something hits her leg, doesn't hurt to walk

Left shoulder/upper arm feels heavy, not really painful

07/30/2015 - Office Visit in INTERNAL MEDICINE (continued)

Clinical Notes (group 2 of 2) (continued)

BP 128/76 | Pulse 89 | Temp(Src) 97.6 °F (36.4 °C) (Tympanic) | Resp 16 | Ht 1.6 m (5' 3") | Wt 106.3 kg (234 lb 5.6 oz) | BMI 41.52 kg/m2 | SpO2 100%

well appearing female in no acute distress
Normal leg exam, tender to right upper thigh, normal strength
Normal shoulder/arm exam, FROM

Assessment and Plan:

RIGHT THIGH PAIN

Note:

Plan: ERYTHROCYTE SEDIMENTATION RATE, AUTOMATED
C-REACTIVE PROTEIN
CREATINE KINASE
CBC W DIFFERENTIAL, AUTO
XR FEMUR, RIGHT, 2 VIEWS
VITAMIN D, 25-HYDROXY
VITAMIN B12
ALT, SERUM
TSH
CREATININE, SERUM

ANEMIA

Note:

Plan: CBC W DIFFERENTIAL, AUTO
IRON AND TIBC
HEMOGLOBIN A1C, SCREENING OR PREDIABETIC MONITORING

Orders Placed This Encounter

XR FEMUR, RIGHT, 2 VIEWS
ERYTHROCYTE SEDIMENTATION RATE, AUTOMATED
C-REACTIVE PROTEIN
CREATINE KINASE
CBC W DIFFERENTIAL, AUTO
VITAMIN D, 25-HYDROXY
VITAMIN B12
IRON AND TIBC
HEMOGLOBIN A1C, SCREENING OR PREDIABETIC MONITORING
ALT, SERUM
TSH

07/30/2015 - Office Visit in INTERNAL MEDICINE (continued)

Clinical Notes (group 2 of 2) (continued)

CREATININE, SERUM
WBC DIFFERENTIAL, AUTOMATED

Electronically signed by Stahl, Jerusha Emily (M.D.), M.D. at 8/6/2015 11:32 AM

Labs

ERYTHROCYTE SEDIMENTATION RATE, AUTOMATED [1554006495] (Final result)

Electronically signed by: **Stahl, Jerusha Emily (M.D.), M.D. on 07/30/15 0950** Status: **Completed**

This order may be acted on in another encounter.

Ordering user: Stahl, Jerusha Emily (M.D.), M.D. 07/30/15 0950 Authorized by: Stahl, Jerusha Emily (M.D.), M.D.

Ordering mode: Standard

Frequency: Routine 07/30/15 -

Quantity: 1

Diagnoses

RIGHT THIGH PAIN [729.5 (ICD-9-CM)]

Provider Details

Provider	NPI
Stahl, Jerusha Emily (M.D.), M.D.	1083894638

Specimen Information

ID	Type	Source	Collected By
C0000220152110 24596	—	BLOOD	Tayag,Joanne 07/30/15 1034

ERYTHROCYTE SEDIMENTATION RATE, AUTOMATED [1554006495] (Abnormal)

Resulted: 07/30/15 1412, Result status: Final result

Order status: Completed

Collected by: Tayag,Joanne 07/30/15 1034

Narrative:

RMS ACCN: 566008533

Acknowledged by: Stahl, Jerusha Emily (M.D.), M.D. on 07/30/15 1442

Filed on: 09/29/22 1038

Resulting lab: WLA MEDICAL CENTER LABORATORY

Components

Component	Value	Reference Range	Flag	Lab
ESR	36	0 - 20 mm/Hr	H ^	305

Testing Performed By

Lab - Abbreviation	Name	Director	Address	Valid Date Range
321 - 305	WLA MEDICAL CENTER LABORATORY	S.R. McLaren, D.O.	6041 Cadillac Ave. LOS ANGELES CA 90034	09/01/05 0850 - 05/23/17 0009

ERYTHROCYTE SEDIMENTATION RATE, AUTOMATED [1554006495]

Resulted: 07/30/15 1408, Result status: In process

Order status: Completed

Collected by: Tayag,Joanne 07/30/15 1034

Narrative:

RMS ACCN: 566008533

Filed on: 09/29/22 0336

07/30/2015 - Office Visit in INTERNAL MEDICINE (continued)**Labs (continued)****Reviewed by**

Stahl, Jerusha Emily (M.D.), M.D. on 08/03/15 1701
 Stahl, Jerusha Emily (M.D.), M.D. on 08/03/15 1530
 Stahl, Jerusha Emily (M.D.), M.D. on 07/31/15 0547
 Stahl, Jerusha Emily (M.D.), M.D. on 07/31/15 0547
 Stahl, Jerusha Emily (M.D.), M.D. on 07/31/15 0546
 Stahl, Jerusha Emily (M.D.), M.D. on 07/30/15 1500
 Stahl, Jerusha Emily (M.D.), M.D. on 07/30/15 1500
 Stahl, Jerusha Emily (M.D.), M.D. on 07/30/15 1442
 Stahl, Jerusha Emily (M.D.), M.D. on 07/30/15 1442

Indications

RIGHT THIGH PAIN [729.5 (ICD-9-CM)]

All Reviewers List

Stahl, Jerusha Emily (M.D.), M.D. on 8/3/2015 17:01
 Stahl, Jerusha Emily (M.D.), M.D. on 8/3/2015 15:30
 Stahl, Jerusha Emily (M.D.), M.D. on 7/31/2015 05:47
 Stahl, Jerusha Emily (M.D.), M.D. on 7/31/2015 05:47
 Stahl, Jerusha Emily (M.D.), M.D. on 7/31/2015 05:46
 Stahl, Jerusha Emily (M.D.), M.D. on 7/30/2015 15:00
 Stahl, Jerusha Emily (M.D.), M.D. on 7/30/2015 15:00
 Stahl, Jerusha Emily (M.D.), M.D. on 7/30/2015 14:42
 Stahl, Jerusha Emily (M.D.), M.D. on 7/30/2015 14:42

C-REACTIVE PROTEIN [1554006498] (Final result)

Electronically signed by: **Stahl, Jerusha Emily (M.D.), M.D. on 07/30/15 0950**

Status: **Completed**

This order may be acted on in another encounter.

Ordering user: Stahl, Jerusha Emily (M.D.), M.D. 07/30/15 0950

Authorized by: Stahl, Jerusha Emily (M.D.), M.D.

Ordering mode: Standard

Frequency: Routine 07/30/15 -

Class: Normal

Quantity: 1

Lab status: Final result

Diagnoses

RIGHT THIGH PAIN [729.5 (ICD-9-CM)]

Provider Details

Provider	NPI
Stahl, Jerusha Emily (M.D.), M.D.	1083894638

Specimen Information

ID	Type	Source	Collected By
C0000220152110 24596	—	BLOOD	Tayag,Joanne 07/30/15 1034

C-REACTIVE PROTEIN [1554006498] (Abnormal)

Resulted: 07/31/15 0315, Result status: Final result

Order status: Completed

Filed on: 09/29/22 1038

Collected by: Tayag,Joanne 07/30/15 1034

Resulting lab: SHERMAN WAY REGIONAL LABORATORY

Narrative:

RMS ACCN: 566008534

Acknowledged by: Stahl, Jerusha Emily (M.D.), M.D. on 07/31/15 0546

Components

Component	Value	Reference Range	Flag	Lab
C-REACTIVE PROTEIN	3.4	<=2.9 mg/L	H ^	956
Comment:				

This CRP Assay is suitable for both routine and high sensitivity measurements.
 Please note that units have changed from mg/dl to mg/L, an apparent ten-fold increase in routine results.

07/30/2015 - Office Visit in INTERNAL MEDICINE (continued)**Labs (continued)**

Reference range for routine applications:
<2.5 mg/L

wrCRP is the equivalent of hsCRP for cardiac risk assessment.

AHA/CDC 2003 guidelines for relative risk category and average CRP level from two tests, two weeks apart, in a stable patient.

LOW <1 mg/L
AVERAGE 1.0-3.0 mg/L
HIGH >3.0 mg/L

CRP should not be used as a screening test for CAD risk in the general population.

CRP adds little to patient management if conventional cad risk markers are abnormal.

Testing Performed By

Lab - Abbreviation	Name	Director	Address	Valid Date Range
240 - 956	SHERMAN WAY REGIONAL LABORATORY	Darryl Erik Palmer- Toy, MD, PhD	11668 Sherman Way NORTH HOLLYWOOD CA 91605	09/01/10 1119 - 06/01/17 0325

C-REACTIVE PROTEIN [1554006498]

Resulted: 07/30/15 2100, Result status: In process

Order status: Completed

Filed on: 09/29/22 1038

Collected by: Tayag,Joanne 07/30/15 1034

Narrative:

RMS ACCN: 566008534

Reviewed by

Stahl, Jerusha Emily (M.D.), M.D. on 08/03/15 1701
Stahl, Jerusha Emily (M.D.), M.D. on 08/03/15 1530
Stahl, Jerusha Emily (M.D.), M.D. on 07/31/15 0547
Stahl, Jerusha Emily (M.D.), M.D. on 07/31/15 0547
Stahl, Jerusha Emily (M.D.), M.D. on 07/31/15 0546

C-REACTIVE PROTEIN [1554006498]

Resulted: 07/30/15 2057, Result status: In process

Order status: Completed

Filed on: 09/29/22 0336

Collected by: Tayag,Joanne 07/30/15 1034

Narrative:

RMS ACCN: 566008534

Reviewed by

Stahl, Jerusha Emily (M.D.), M.D. on 08/03/15 1701
Stahl, Jerusha Emily (M.D.), M.D. on 08/03/15 1530
Stahl, Jerusha Emily (M.D.), M.D. on 07/31/15 0547
Stahl, Jerusha Emily (M.D.), M.D. on 07/31/15 0547
Stahl, Jerusha Emily (M.D.), M.D. on 07/31/15 0546

Indications

RIGHT THIGH PAIN [729.5 (ICD-9-CM)]

All Reviewers List

07/30/2015 - Office Visit in INTERNAL MEDICINE (continued)**Labs (continued)**

Stahl, Jerusha Emily (M.D.), M.D. on 8/3/2015 17:01
 Stahl, Jerusha Emily (M.D.), M.D. on 8/3/2015 15:30
 Stahl, Jerusha Emily (M.D.), M.D. on 7/31/2015 05:47
 Stahl, Jerusha Emily (M.D.), M.D. on 7/31/2015 05:47
 Stahl, Jerusha Emily (M.D.), M.D. on 7/31/2015 05:46

CREATINE KINASE [1554006505] (Final result)

Electronically signed by: **Stahl, Jerusha Emily (M.D.), M.D. on 07/30/15 0950** Status: **Completed**

This order may be acted on in another encounter.

Ordering user: Stahl, Jerusha Emily (M.D.), M.D. 07/30/15 0950

Authorized by: Stahl, Jerusha Emily (M.D.), M.D.

Ordering mode: Standard

Frequency: Routine 07/30/15 -

Class: Normal

Quantity: 1

Lab status: Final result

Diagnoses

RIGHT THIGH PAIN [729.5 (ICD-9-CM)]

Provider Details

Provider	NPI
Stahl, Jerusha Emily (M.D.), M.D.	1083894638

Specimen Information

ID	Type	Source	Collected By
C0000220152110 24596	—	BLOOD	Tayag, Joanne 07/30/15 1034

CREATINE KINASE [1554006505]

Resulted: 07/31/15 0338, Result status: Final result

Order status: Completed

Filed on: 09/29/22 1038

Collected by: Tayag, Joanne 07/30/15 1034

Resulting lab: SHERMAN WAY REGIONAL LABORATORY

Narrative:

RMS ACCN: 566008534

Acknowledged by: Stahl, Jerusha Emily (M.D.), M.D. on 07/31/15 0546

Components

Component	Value	Reference Range	Flag	Lab
CK	138	<=235 U/L	—	956

Comment:

Similar to creatinine, creatine kinase levels may be higher in Blacks and other people with higher average muscle mass.

Testing Performed By

Lab - Abbreviation	Name	Director	Address	Valid Date Range
240 - 956	SHERMAN WAY REGIONAL LABORATORY	Darryl Erik Palmer- Toy, MD, PhD	11668 Sherman Way NORTH HOLLYWOOD CA 91605	09/01/10 1119 - 06/01/17 0325

CREATINE KINASE [1554006505]

Resulted: 07/30/15 2029, Result status: In process

Order status: Completed

Filed on: 09/29/22 1038

Collected by: Tayag, Joanne 07/30/15 1034

Narrative:

RMS ACCN: 566008534

Reviewed by

Stahl, Jerusha Emily (M.D.), M.D. on 08/03/15 1701

Stahl, Jerusha Emily (M.D.), M.D. on 08/03/15 1530

Stahl, Jerusha Emily (M.D.), M.D. on 07/31/15 0547

07/30/2015 - Office Visit in INTERNAL MEDICINE (continued)**Labs (continued)**

Stahl, Jerusha Emily (M.D.), M.D. on 07/31/15 0547
Stahl, Jerusha Emily (M.D.), M.D. on 07/31/15 0546

Indications

RIGHT THIGH PAIN [729.5 (ICD-9-CM)]

All Reviewers List

Stahl, Jerusha Emily (M.D.), M.D. on 8/3/2015 17:01
Stahl, Jerusha Emily (M.D.), M.D. on 8/3/2015 15:30
Stahl, Jerusha Emily (M.D.), M.D. on 7/31/2015 05:47
Stahl, Jerusha Emily (M.D.), M.D. on 7/31/2015 05:47
Stahl, Jerusha Emily (M.D.), M.D. on 7/31/2015 05:46

CBC W DIFFERENTIAL, AUTO [1554006513] (Final result)

Electronically signed by: **Stahl, Jerusha Emily (M.D.), M.D. on 07/30/15 0950** Status: **Completed**

This order may be acted on in another encounter.

Ordering user: Stahl, Jerusha Emily (M.D.), M.D. 07/30/15 0950

Authorized by: Stahl, Jerusha Emily (M.D.), M.D.

Ordering mode: Standard

Frequency: Routine 07/30/15 -

Class: Normal

Quantity: 1

Lab status: Final result

Diagnoses

RIGHT THIGH PAIN [729.5 (ICD-9-CM)]

ANEMIA [285.9 (ICD-9-CM)]

Provider Details

Provider	NPI
Stahl, Jerusha Emily (M.D.), M.D.	1083894638

Specimen Information

ID	Type	Source	Collected By
C0000220152110 24596	—	BLOOD	Tayag,Joanne 07/30/15 1034

CBC W DIFFERENTIAL, AUTO [1554006513] (Abnormal)

Resulted: 07/30/15 1454, Result status: Final result

Order status: Completed

Filed on: 09/29/22 1038

Collected by: Tayag,Joanne 07/30/15 1034

Resulting lab: WLA MEDICAL CENTER LABORATORY

Narrative:

RMS ACCN: 566008533

Acknowledged by: Stahl, Jerusha Emily (M.D.), M.D. on 07/30/15 1500

Components

Component	Value	Reference Range	Flag	Lab
WBC'S AUTO	3.7	4.0 - 11.0 x1000/mcL	L v	305
RBC, AUTO	4.38	4.20 - 5.40 Mill/mcL	—	305
HGB	10.1	12.0 - 16.0 g/dL	L v	305
HCT, AUTO	32.7	37.0 - 47.0 %	L v	305
MCV	74.7	81.0 - 99.0 fL	L v	305
MCH	23.1	27.0 - 35.0 pg/cell	L v	305
MCHC	31.0	32.0 - 37.0 g/dL	L v	305
RDW, BLOOD	15.4	11.5 - 14.5 %	H ^	305
PLATELETS, AUTOMATED COUNT	375	130 - 400 x1000/mcL	—	305

Testing Performed By

07/30/2015 - Office Visit in INTERNAL MEDICINE (continued)**Labs (continued)**

Lab - Abbreviation	Name	Director	Address	Valid Date Range
321 - 305	WLA MEDICAL CENTER LABORATORY	S.R. McLaren, D.O.	6041 Cadillac Ave. LOS ANGELES CA 90034	09/01/05 0850 - 05/23/17 0009

CBC W DIFFERENTIAL, AUTO [1554006513]

Resulted: 07/30/15 1400, Result status: In process

Order status: Completed

Filed on: 09/29/22 0336

Collected by: Tayag, Joanne 07/30/15 1034

Narrative:

RMS ACCN: 566008533

Reviewed by

Stahl, Jerusha Emily (M.D.), M.D. on 08/03/15 1701
 Stahl, Jerusha Emily (M.D.), M.D. on 08/03/15 1530
 Stahl, Jerusha Emily (M.D.), M.D. on 07/31/15 0547
 Stahl, Jerusha Emily (M.D.), M.D. on 07/31/15 0547
 Stahl, Jerusha Emily (M.D.), M.D. on 07/31/15 0546
 Stahl, Jerusha Emily (M.D.), M.D. on 07/30/15 1500
 Stahl, Jerusha Emily (M.D.), M.D. on 07/30/15 1500

Indications

RIGHT THIGH PAIN [729.5 (ICD-9-CM)]
 ANEMIA [285.9 (ICD-9-CM)]

All Reviewers List

Stahl, Jerusha Emily (M.D.), M.D. on 8/3/2015 17:01
 Stahl, Jerusha Emily (M.D.), M.D. on 8/3/2015 15:30
 Stahl, Jerusha Emily (M.D.), M.D. on 7/31/2015 05:47
 Stahl, Jerusha Emily (M.D.), M.D. on 7/31/2015 05:47
 Stahl, Jerusha Emily (M.D.), M.D. on 7/31/2015 05:46
 Stahl, Jerusha Emily (M.D.), M.D. on 7/30/2015 15:00
 Stahl, Jerusha Emily (M.D.), M.D. on 7/30/2015 15:00

VITAMIN D, 25-HYDROXY [1554006522] (Final result)Electronically signed by: **Stahl, Jerusha Emily (M.D.), M.D. on 07/30/15 0950**Status: **Completed**

This order may be acted on in another encounter.

Ordering user: Stahl, Jerusha Emily (M.D.), M.D. 07/30/15 0950

Authorized by: Stahl, Jerusha Emily (M.D.), M.D.

Ordering mode: Standard

Frequency: Routine 07/30/15 -

Class: Normal

Quantity: 1

Lab status: Final result

Diagnoses

RIGHT THIGH PAIN [729.5 (ICD-9-CM)]

Provider Details

Provider	NPI
Stahl, Jerusha Emily (M.D.), M.D.	1083894638

Specimen Information

ID	Type	Source	Collected By
C0000220152110 24596	—	BLOOD	Tayag, Joanne 07/30/15 1034

VITAMIN D, 25-HYDROXY [1554006522] (Abnormal)

Resulted: 08/03/15 1526, Result status: Final result

Order status: Completed

Filed on: 09/29/22 1038

Collected by: Tayag, Joanne 07/30/15 1034

Resulting lab: SHERMAN WAY REGIONAL LABORATORY

Narrative:

RMS ACCN: 566008535

Acknowledged by: Stahl, Jerusha Emily (M.D.), M.D. on 08/03/15 1530

07/30/2015 - Office Visit in INTERNAL MEDICINE (continued)**Labs (continued)****Components**

Component	Value	Reference Range	Flag	Lab
VITAMIN D, 25-HYDROXY, D3	10	ng/mL	—	956
VITAMIN D, 25-HYDROXY, D2	<4	ng/mL	—	956
25-HYDROXYVITAMIN D	10	30 - 100 ng/mL	L v	956

Comment:

There is general consensus (Endocrine Society, Natl Osteoporosis FDN, K_DOQI) that 25-OH Vitamin D measurements > 30 ng/mL are desirable. However, most Americans are deficient by this standard (NHanes III).

Levels <10 ng/mL are consistent with a diagnosis of Rickets/Osteomalacia.

Infants normally produce Vitamin D metabolites that falsely elevate 25-OH Vitamin D measurements. Please order D,25-Hydroxy, Neonatal [82306D] for these patients.

This test was developed and its performance characteristics determined by the SCPMG Regional Reference Laboratories. It has not been cleared or approved by the U.S. Food and Drug Administration. The FDA has determined that such clearance or approval is not necessary. This test is used for clinical purposes. It should not be regarded as investigational or for research. The SCPMG Regional Reference Laboratories are certified under CLIA '88 as qualified to perform high complexity clinical laboratory testing.

Testing Performed By

Lab - Abbreviation	Name	Director	Address	Valid Date Range
240 - 956	SHERMAN WAY REGIONAL LABORATORY	Darryl Erik Palmer-Toy, MD, PhD	11668 Sherman Way NORTH HOLLYWOOD CA 91605	09/01/10 1119 - 06/01/17 0325

VITAMIN D, 25-HYDROXY [1554006522]

Resulted: 07/30/15 2030, Result status: In process

Order status: Completed

Filed on: 09/29/22 1038

Collected by: Tayag, Joanne 07/30/15 1034

Narrative:

RMS ACCN: 566008535

Reviewed by

Stahl, Jerusha Emily (M.D.), M.D. on 08/03/15 1701

Stahl, Jerusha Emily (M.D.), M.D. on 08/03/15 1530

Indications

RIGHT THIGH PAIN [729.5 (ICD-9-CM)]

All Reviewers List

Stahl, Jerusha Emily (M.D.), M.D. on 8/3/2015 17:01

Stahl, Jerusha Emily (M.D.), M.D. on 8/3/2015 15:30

VITAMIN B12 [1554006524] (Final result)Electronically signed by: **Stahl, Jerusha Emily (M.D.), M.D. on 07/30/15 0950**Status: **Completed**

This order may be acted on in another encounter.

Ordering user: Stahl, Jerusha Emily (M.D.), M.D. 07/30/15 0950

Authorized by: Stahl, Jerusha Emily (M.D.), M.D.

Ordering mode: Standard

Frequency: Routine 07/30/15 -

Class: Normal

07/30/2015 - Office Visit in INTERNAL MEDICINE (continued)**Labs (continued)**

Quantity: 1 Lab status: Final result
 Diagnoses
 RIGHT THIGH PAIN [729.5 (ICD-9-CM)]

Provider Details

Provider	NPI
Stahl, Jerusha Emily (M.D.), M.D.	1083894638

Specimen Information

ID	Type	Source	Collected By
C0000220152110 24598	—	BLOOD	Tayag, Joanne 07/30/15 1034

VITAMIN B12 [1554006524]

Resulted: 07/31/15 0334, Result status: Final result

Order status: Completed Filed on: 09/29/22 1038
 Collected by: Tayag, Joanne 07/30/15 1034 Resulting lab: SHERMAN WAY REGIONAL LABORATORY
 Narrative:
 RMS ACCN: 566008534
 Acknowledged by: Stahl, Jerusha Emily (M.D.), M.D. on 07/31/15 0546

Components

Component	Value	Reference Range	Flag	Lab
VIT B12	398	200 - 910 pg/mL	—	956

Testing Performed By

Lab - Abbreviation	Name	Director	Address	Valid Date Range
240 - 956	SHERMAN WAY REGIONAL LABORATORY	Darryl Erik Palmer- Toy, MD, PhD	11668 Sherman Way NORTH HOLLYWOOD CA 91605	09/01/10 1119 - 06/01/17 0325

VITAMIN B12 [1554006524]

Resulted: 07/30/15 2025, Result status: In process

Order status: Completed Filed on: 09/29/22 1038
 Collected by: Tayag, Joanne 07/30/15 1034
 Narrative:
 RMS ACCN: 566008534

Reviewed by

Stahl, Jerusha Emily (M.D.), M.D. on 08/03/15 1701
 Stahl, Jerusha Emily (M.D.), M.D. on 08/03/15 1530
 Stahl, Jerusha Emily (M.D.), M.D. on 07/31/15 0547
 Stahl, Jerusha Emily (M.D.), M.D. on 07/31/15 0547
 Stahl, Jerusha Emily (M.D.), M.D. on 07/31/15 0546

Indications

RIGHT THIGH PAIN [729.5 (ICD-9-CM)]

All Reviewers List

Stahl, Jerusha Emily (M.D.), M.D. on 8/3/2015 17:01
 Stahl, Jerusha Emily (M.D.), M.D. on 8/3/2015 15:30
 Stahl, Jerusha Emily (M.D.), M.D. on 7/31/2015 05:47
 Stahl, Jerusha Emily (M.D.), M.D. on 7/31/2015 05:47
 Stahl, Jerusha Emily (M.D.), M.D. on 7/31/2015 05:46

IRON AND TIBC [1554006527] (Final result)

Electronically signed by: Stahl, Jerusha Emily (M.D.), M.D. on 07/30/15 0950

Status: Completed

07/30/2015 - Office Visit in INTERNAL MEDICINE (continued)

Labs (continued)

This order may be acted on in another encounter.

Ordering user: Stahl, Jerusha Emily (M.D.), M.D. 07/30/15 0950

Authorized by: Stahl, Jerusha Emily (M.D.), M.D.

Ordering mode: Standard

Frequency: Routine 07/30/15 -

Class: Normal

Quantity: 1

Lab status: Final result

Diagnoses

ANEMIA [285.9 (ICD-9-CM)]

Provider Details

Provider

Stahl, Jerusha Emily (M.D.), M.D.

NPI

1083894638

Specimen Information

ID	Type	Source	Collected By
C0000220152110 24596	—	BLOOD	Tayag,Joanne 07/30/15 1034

IRON AND TIBC [1554006527] (Abnormal)

Resulted: 07/31/15 0338, Result status: Final result

Order status: Completed

Filed on: 09/29/22 1038

Collected by: Tayag,Joanne 07/30/15 1034

Resulting lab: SHERMAN WAY REGIONAL LABORATORY

Narrative:

RMS ACCN: 566008534

Acknowledged by: Stahl, Jerusha Emily (M.D.), M.D. on 07/31/15 0546

Components

Component	Value	Reference Range	Flag	Lab
IRON	18	37 - 145 mcg/dL	L v	956
TOTAL IRON BINDING CAPACITY	399	250 - 450 mcg/dL	—	956
IRON SAT	4	20 - 50 %	L v	956

Testing Performed By

Lab - Abbreviation	Name	Director	Address	Valid Date Range
240 - 956	SHERMAN WAY REGIONAL LABORATORY	Darryl Erik Palmer- Toy, MD, PhD	11668 Sherman Way NORTH HOLLYWOOD CA 91605	09/01/10 1119 - 06/01/17 0325

IRON AND TIBC [1554006527] (Abnormal)

Resulted: 07/31/15 0338, Result status: Final result

Order status: Completed

Filed on: 09/29/22 1038

Collected by: Tayag,Joanne 07/30/15 1034

Resulting lab: SHERMAN WAY REGIONAL LABORATORY

Narrative:

RMS ACCN: 566008534

Components

Component	Value	Reference Range	Flag	Lab
IRON	18	37 - 145 mcg/dL	L v	956
TOTAL IRON BINDING CAPACITY	399	250 - 450 mcg/dL	—	956
IRON SAT	4	20 - 50 %	L v	956

Reviewed by

Stahl, Jerusha Emily (M.D.), M.D. on 08/03/15 1701
 Stahl, Jerusha Emily (M.D.), M.D. on 08/03/15 1530
 Stahl, Jerusha Emily (M.D.), M.D. on 07/31/15 0547
 Stahl, Jerusha Emily (M.D.), M.D. on 07/31/15 0547
 Stahl, Jerusha Emily (M.D.), M.D. on 07/31/15 0546

Testing Performed By

07/30/2015 - Office Visit in INTERNAL MEDICINE (continued)**Labs (continued)**

Lab - Abbreviation	Name	Director	Address	Valid Date Range
240 - 956	SHERMAN WAY REGIONAL LABORATORY	Darryl Erik Palmer- Toy, MD, PhD	11668 Sherman Way NORTH HOLLYWOOD CA 91605	09/01/10 1119 - 06/01/17 0325

IRON AND TIBC [1554006527] (Abnormal)

Resulted: 07/31/15 0338, Result status: Final result

Order status: Completed

Filed on: 09/29/22 0336

Collected by: Tayag, Joanne 07/30/15 1034

Resulting lab: SHERMAN WAY REGIONAL LABORATORY

Narrative:

RMS ACCN: 566008534

Components

Component	Value	Reference Range	Flag	Lab
TOTAL IRON BINDING CAPACITY	399	250 - 450 mcg/dL	—	956
IRON SAT	4	20 - 50 %	L ▼	956

Reviewed by

Stahl, Jerusha Emily (M.D.), M.D. on 08/03/15 1701
 Stahl, Jerusha Emily (M.D.), M.D. on 08/03/15 1530
 Stahl, Jerusha Emily (M.D.), M.D. on 07/31/15 0547
 Stahl, Jerusha Emily (M.D.), M.D. on 07/31/15 0547
 Stahl, Jerusha Emily (M.D.), M.D. on 07/31/15 0546

Testing Performed By

Lab - Abbreviation	Name	Director	Address	Valid Date Range
240 - 956	SHERMAN WAY REGIONAL LABORATORY	Darryl Erik Palmer- Toy, MD, PhD	11668 Sherman Way NORTH HOLLYWOOD CA 91605	09/01/10 1119 - 06/01/17 0325

IRON AND TIBC [1554006527]

Resulted: 07/30/15 2029, Result status: In process

Order status: Completed

Filed on: 09/29/22 1038

Collected by: Tayag, Joanne 07/30/15 1034

Narrative:

RMS ACCN: 566008534

Reviewed by

Stahl, Jerusha Emily (M.D.), M.D. on 08/03/15 1701
 Stahl, Jerusha Emily (M.D.), M.D. on 08/03/15 1530
 Stahl, Jerusha Emily (M.D.), M.D. on 07/31/15 0547
 Stahl, Jerusha Emily (M.D.), M.D. on 07/31/15 0547
 Stahl, Jerusha Emily (M.D.), M.D. on 07/31/15 0546

Indications

ANEMIA [285.9 (ICD-9-CM)]

All Reviewers List

Stahl, Jerusha Emily (M.D.), M.D. on 8/3/2015 17:01
 Stahl, Jerusha Emily (M.D.), M.D. on 8/3/2015 15:30
 Stahl, Jerusha Emily (M.D.), M.D. on 7/31/2015 05:47
 Stahl, Jerusha Emily (M.D.), M.D. on 7/31/2015 05:47
 Stahl, Jerusha Emily (M.D.), M.D. on 7/31/2015 05:46

HEMOGLOBIN A1C, SCREENING OR PREDIABETIC MONITORING [1554006532] (Final result)

Electronically signed by: Stahl, Jerusha Emily (M.D.), M.D. on 07/30/15 0951

Status: Completed

This order may be acted on in another encounter.

07/30/2015 - Office Visit in INTERNAL MEDICINE (continued)**Labs (continued)**

Ordering user: Stahl, Jerusha Emily (M.D.), M.D. 07/30/15 0951 Authorized by: Stahl, Jerusha Emily (M.D.), M.D.
 Ordering mode: Standard
 Frequency: Routine 07/30/15 - Class: Normal
 Quantity: 1 Lab status: Final result
 Diagnoses
 ANEMIA [285.9 (ICD-9-CM)]

Provider Details

Provider	NPI
Stahl, Jerusha Emily (M.D.), M.D.	1083894638

Specimen Information

ID	Type	Source	Collected By
C0000220152110 24597	—	BLOOD	Tayag,Joanne 07/30/15 1034

**HEMOGLOBIN A1C, SCREENING OR PREDIABETIC MONITORING
[1554006532] (Abnormal)**

Resulted: 07/31/15 0041, Result status: Final result

Order status: Completed Filed on: 09/29/22 1038
 Collected by: Tayag,Joanne 07/30/15 1034 Resulting lab: SHERMAN WAY REGIONAL LABORATORY
 Narrative:
 RMS ACCN: 566008534
 Acknowledged by: Stahl, Jerusha Emily (M.D.), M.D. on 07/31/15 0546

Components

Component	Value	Reference Range	Flag	Lab
HGBA1C%	6.0	4.8 - 5.6 %	H ^	956

Comment:

A repeatable Hb A1c > or = 6.5% is diagnostic of diabetes. A single Hb A1c > or = 6.5% can also be confirmed by a fasting plasma glucose measurement > 125 mg/dL, a random plasma glucose > or = 200 mg/dL, or a 2 hour oral glucose tolerance test result > or = 200 mg/dL. Patients with Hb A1c of 5.7-6.4% are at increased risk for future diabetes.

Testing Performed By

Lab - Abbreviation	Name	Director	Address	Valid Date Range
240 - 956	SHERMAN WAY REGIONAL LABORATORY	Darryl Erik Palmer- Toy, MD, PhD	11668 Sherman Way NORTH HOLLYWOOD CA 91605	09/01/10 1119 - 06/01/17 0325

**HEMOGLOBIN A1C, SCREENING OR PREDIABETIC MONITORING
[1554006532]**

Resulted: 07/30/15 2022, Result status: In process

Order status: Completed Filed on: 09/29/22 1038
 Collected by: Tayag,Joanne 07/30/15 1034
 Narrative:
 RMS ACCN: 566008534

Reviewed by

Stahl, Jerusha Emily (M.D.), M.D. on 08/03/15 1701
 Stahl, Jerusha Emily (M.D.), M.D. on 08/03/15 1530
 Stahl, Jerusha Emily (M.D.), M.D. on 07/31/15 0547
 Stahl, Jerusha Emily (M.D.), M.D. on 07/31/15 0547
 Stahl, Jerusha Emily (M.D.), M.D. on 07/31/15 0546

Indications

07/30/2015 - Office Visit in INTERNAL MEDICINE (continued)**Labs (continued)**

ANEMIA [285.9 (ICD-9-CM)]

All Reviewers List

Stahl, Jerusha Emily (M.D.), M.D. on 8/3/2015 17:01
 Stahl, Jerusha Emily (M.D.), M.D. on 8/3/2015 15:30
 Stahl, Jerusha Emily (M.D.), M.D. on 7/31/2015 05:47
 Stahl, Jerusha Emily (M.D.), M.D. on 7/31/2015 05:47
 Stahl, Jerusha Emily (M.D.), M.D. on 7/31/2015 05:46

ALT, SERUM [1554006536] (Final result)Electronically signed by: **Stahl, Jerusha Emily (M.D.), M.D. on 07/30/15 0951** Status: **Completed**

This order may be acted on in another encounter.

Ordering user: Stahl, Jerusha Emily (M.D.), M.D. 07/30/15 0951

Authorized by: Stahl, Jerusha Emily (M.D.), M.D.

Ordering mode: Standard

Frequency: Routine 07/30/15 -

Class: Normal

Quantity: 1

Lab status: Final result

Diagnoses

RIGHT THIGH PAIN [729.5 (ICD-9-CM)]

Provider Details

Provider	NPI
Stahl, Jerusha Emily (M.D.), M.D.	1083894638

Specimen Information

ID	Type	Source	Collected By
C0000220152110 24596	—	BLOOD	Tayag,Joanne 07/30/15 1034

ALT, SERUM [1554006536]

Resulted: 07/31/15 0338, Result status: Final result

Order status: Completed

Filed on: 09/29/22 1038

Collected by: Tayag,Joanne 07/30/15 1034

Resulting lab: SHERMAN WAY REGIONAL LABORATORY

Narrative:

RMS ACCN: 566008534

Acknowledged by: Stahl, Jerusha Emily (M.D.), M.D. on 07/31/15 0546

Components

Component	Value	Reference Range	Flag	Lab
ALT	20	<=54 U/L	—	956

Testing Performed By

Lab - Abbreviation	Name	Director	Address	Valid Date Range
240 - 956	SHERMAN WAY REGIONAL LABORATORY	Darryl Erik Palmer- Toy, MD, PhD	11668 Sherman Way NORTH HOLLYWOOD CA 91605	09/01/10 1119 - 06/01/17 0325

ALT, SERUM [1554006536]

Resulted: 07/30/15 2029, Result status: In process

Order status: Completed

Filed on: 09/29/22 1038

Collected by: Tayag,Joanne 07/30/15 1034

Narrative:

RMS ACCN: 566008534

Reviewed by

Stahl, Jerusha Emily (M.D.), M.D. on 08/03/15 1701
 Stahl, Jerusha Emily (M.D.), M.D. on 08/03/15 1530
 Stahl, Jerusha Emily (M.D.), M.D. on 07/31/15 0547
 Stahl, Jerusha Emily (M.D.), M.D. on 07/31/15 0547
 Stahl, Jerusha Emily (M.D.), M.D. on 07/31/15 0546

07/30/2015 - Office Visit in INTERNAL MEDICINE (continued)**Labs (continued)****Indications**

RIGHT THIGH PAIN [729.5 (ICD-9-CM)]

All Reviewers List

Stahl, Jerusha Emily (M.D.), M.D. on 8/3/2015 17:01
 Stahl, Jerusha Emily (M.D.), M.D. on 8/3/2015 15:30
 Stahl, Jerusha Emily (M.D.), M.D. on 7/31/2015 05:47
 Stahl, Jerusha Emily (M.D.), M.D. on 7/31/2015 05:47
 Stahl, Jerusha Emily (M.D.), M.D. on 7/31/2015 05:46

TSH [1554006540] (Final result)Electronically signed by: **Stahl, Jerusha Emily (M.D.), M.D. on 07/30/15 0951** Status: **Completed**

This order may be acted on in another encounter.

Ordering user: Stahl, Jerusha Emily (M.D.), M.D. 07/30/15 0951

Authorized by: Stahl, Jerusha Emily (M.D.), M.D.

Ordering mode: Standard

Frequency: Routine 07/30/15 -

Class: Normal

Quantity: 1

Lab status: Final result

Diagnoses

RIGHT THIGH PAIN [729.5 (ICD-9-CM)]

Provider Details

Provider	NPI
Stahl, Jerusha Emily (M.D.), M.D.	1083894638

Specimen Information

ID	Type	Source	Collected By
C0000220152110 24598	—	BLOOD	Tayag,Joanne 07/30/15 1034

TSH [1554006540]

Resulted: 07/31/15 0037, Result status: Final result

Order status: Completed

Filed on: 09/29/22 1038

Collected by: Tayag,Joanne 07/30/15 1034

Resulting lab: SHERMAN WAY REGIONAL LABORATORY

Narrative:

RMS ACCN: 566008534

Acknowledged by: Stahl, Jerusha Emily (M.D.), M.D. on 07/31/15 0546

Components

Component	Value	Reference Range	Flag	Lab
TSH	1.22	0.35 - 4.00 mIU/mL	—	956

Testing Performed By

Lab - Abbreviation	Name	Director	Address	Valid Date Range
240 - 956	SHERMAN WAY REGIONAL LABORATORY	Darryl Erik Palmer- Toy, MD, PhD	11668 Sherman Way NORTH HOLLYWOOD CA 91605	09/01/10 1119 - 06/01/17 0325

TSH [1554006540]

Resulted: 07/30/15 2028, Result status: In process

Order status: Completed

Filed on: 09/29/22 1038

Collected by: Tayag,Joanne 07/30/15 1034

Narrative:

RMS ACCN: 566008534

Reviewed by

07/30/2015 - Office Visit in INTERNAL MEDICINE (continued)**Labs (continued)**

Stahl, Jerusha Emily (M.D.), M.D. on 08/03/15 1701
 Stahl, Jerusha Emily (M.D.), M.D. on 08/03/15 1530
 Stahl, Jerusha Emily (M.D.), M.D. on 07/31/15 0547
 Stahl, Jerusha Emily (M.D.), M.D. on 07/31/15 0547
 Stahl, Jerusha Emily (M.D.), M.D. on 07/31/15 0546

Indications

RIGHT THIGH PAIN [729.5 (ICD-9-CM)]

All Reviewers List

Stahl, Jerusha Emily (M.D.), M.D. on 8/3/2015 17:01
 Stahl, Jerusha Emily (M.D.), M.D. on 8/3/2015 15:30
 Stahl, Jerusha Emily (M.D.), M.D. on 7/31/2015 05:47
 Stahl, Jerusha Emily (M.D.), M.D. on 7/31/2015 05:47
 Stahl, Jerusha Emily (M.D.), M.D. on 7/31/2015 05:46

CREATININE, SERUM [1554006543] (Final result)

Electronically signed by: **Stahl, Jerusha Emily (M.D.), M.D. on 07/30/15 0951** Status: **Completed**

This order may be acted on in another encounter.

Ordering user: Stahl, Jerusha Emily (M.D.), M.D. 07/30/15 0951

Authorized by: Stahl, Jerusha Emily (M.D.), M.D.

Ordering mode: Standard

Frequency: Routine 07/30/15 -

Class: Normal

Quantity: 1

Lab status: Final result

Diagnoses

RIGHT THIGH PAIN [729.5 (ICD-9-CM)]

Provider Details

Provider	NPI
Stahl, Jerusha Emily (M.D.), M.D.	1083894638

Specimen Information

ID	Type	Source	Collected By
C0000220152110 24596	—	BLOOD	Tayag,Joanne 07/30/15 1034

CREATININE, SERUM [1554006543]

Resulted: 07/31/15 0338, Result status: Final result

Order status: Completed

Filed on: 09/29/22 1038

Collected by: Tayag,Joanne 07/30/15 1034

Resulting lab: SHERMAN WAY REGIONAL LABORATORY

Narrative:

RMS ACCN: 566008534

Acknowledged by: Stahl, Jerusha Emily (M.D.), M.D. on 07/31/15 0546

Components

Component	Value	Reference Range	Flag	Lab
CREATININE	0.60	<=1.10 mg/dL	—	956
GLOMERULAR FILTRATION RATE	>89	mL/min/BSA	—	956

Comment:

Estimated GFR (eGFR) is normalized to a standard body surface area (BSA, 1.73m²), by sex, age, and race. The eGFR has been multiplied by 1.21 if "Black" race is reported in Foundations System.

-GFR Ranges-

GFR >89 Normal (or CKD1*)

60-89 Mildly reduced (CKD2*)

30-59 Moderately reduced (CKD3 if >3mos)

15-29 Severely reduced (CKD4 if >3mos)

GFR <15 Kidney failure (CKD5 if >3mos)

* GFR >60 is not diagnostic of CKD1 or 2

07/30/2015 - Office Visit in INTERNAL MEDICINE (continued)

Labs (continued)

unless another marker of kidney damage is present (e.g. microalbumin or urine protein >300 mg/day on 2 occasions, or renal biopsy or imaging abnormality).

RACE Black — — 956

Testing Performed By

Lab - Abbreviation	Name	Director	Address	Valid Date Range
240 - 956	SHERMAN WAY REGIONAL LABORATORY	Darryl Erik Palmer-Toy, MD, PhD	11668 Sherman Way NORTH HOLLYWOOD CA 91605	09/01/10 1119 - 06/01/17 0325

CREATININE, SERUM [1554006543]

Resulted: 07/31/15 0338, Result status: Final result

Order status: Completed

Filed on: 09/29/22 1038

Collected by: Tayag,Joanne 07/30/15 1034

Resulting lab: SHERMAN WAY REGIONAL LABORATORY

Narrative:

RMS ACCN: 566008534

Components

Component	Value	Reference Range	Flag	Lab
CREATININE	0.60	<=1.10 mg/dL	—	956
RACE	Black	—	—	956

Reviewed by

Stahl, Jerusha Emily (M.D.), M.D. on 08/03/15 1701
 Stahl, Jerusha Emily (M.D.), M.D. on 08/03/15 1530
 Stahl, Jerusha Emily (M.D.), M.D. on 07/31/15 0547
 Stahl, Jerusha Emily (M.D.), M.D. on 07/31/15 0547
 Stahl, Jerusha Emily (M.D.), M.D. on 07/31/15 0546

Testing Performed By

Lab - Abbreviation	Name	Director	Address	Valid Date Range
240 - 956	SHERMAN WAY REGIONAL LABORATORY	Darryl Erik Palmer-Toy, MD, PhD	11668 Sherman Way NORTH HOLLYWOOD CA 91605	09/01/10 1119 - 06/01/17 0325

CREATININE, SERUM [1554006543]

Resulted: 07/31/15 0338, Result status: Final result

Order status: Completed

Filed on: 09/29/22 0336

Collected by: Tayag,Joanne 07/30/15 1034

Resulting lab: SHERMAN WAY REGIONAL LABORATORY

Narrative:

RMS ACCN: 566008534

Components

Component	Value	Reference Range	Flag	Lab
CREATININE	0.60	<=1.10 mg/dL	—	956

Reviewed by

Stahl, Jerusha Emily (M.D.), M.D. on 08/03/15 1701
 Stahl, Jerusha Emily (M.D.), M.D. on 08/03/15 1530
 Stahl, Jerusha Emily (M.D.), M.D. on 07/31/15 0547
 Stahl, Jerusha Emily (M.D.), M.D. on 07/31/15 0547
 Stahl, Jerusha Emily (M.D.), M.D. on 07/31/15 0546

07/30/2015 - Office Visit in INTERNAL MEDICINE (continued)

Labs (continued)

Testing Performed By

Lab - Abbreviation	Name	Director	Address	Valid Date Range
240 - 956	SHERMAN WAY REGIONAL LABORATORY	Darryl Erik Palmer- Toy, MD, PhD	11668 Sherman Way NORTH HOLLYWOOD CA 91605	09/01/10 1119 - 06/01/17 0325

CREATININE, SERUM [1554006543]

Resulted: 07/30/15 2029, Result status: In process

Order status: Completed

Filed on: 09/29/22 1038

Collected by: Tayag,Joanne 07/30/15 1034

Narrative:

RMS ACCN: 566008534

Reviewed by

Stahl, Jerusha Emily (M.D.), M.D. on 08/03/15 1701
 Stahl, Jerusha Emily (M.D.), M.D. on 08/03/15 1530
 Stahl, Jerusha Emily (M.D.), M.D. on 07/31/15 0547
 Stahl, Jerusha Emily (M.D.), M.D. on 07/31/15 0547
 Stahl, Jerusha Emily (M.D.), M.D. on 07/31/15 0546

Indications

RIGHT THIGH PAIN [729.5 (ICD-9-CM)]

All Reviewers List

Stahl, Jerusha Emily (M.D.), M.D. on 8/3/2015 17:01
 Stahl, Jerusha Emily (M.D.), M.D. on 8/3/2015 15:30
 Stahl, Jerusha Emily (M.D.), M.D. on 7/31/2015 05:47
 Stahl, Jerusha Emily (M.D.), M.D. on 7/31/2015 05:47
 Stahl, Jerusha Emily (M.D.), M.D. on 7/31/2015 05:46

WBC DIFFERENTIAL, AUTOMATED [1554006547] (Final result)

Status: Completed

Order placed as a reflex to ERYTHROCYTE SEDIMENTATION RATE, AUTOMATED ordered on 07/30/15 at 0950

Ordering user: Interface, Scal_Lab_Cerner 07/30/15 1024

Authorized by: Stahl, Jerusha Emily (M.D.), M.D.

Ordering mode: Standard

Frequency: Routine 07/30/15 1024 -

Class: Normal

Quantity: 1

Lab status: Final result

Diagnoses

ANEMIA [285.9 (ICD-9-CM)]

Provider Details

Provider	NPI
Stahl, Jerusha Emily (M.D.), M.D.	1083894638

Specimen Information

ID	Type	Source	Collected By
C0000220152110 24596	—	BLOOD	Tayag,Joanne 07/30/15 1034

WBC DIFFERENTIAL, AUTOMATED [1554006547] (Abnormal)

Resulted: 07/30/15 1454, Result status: Final result

Order status: Completed

Filed on: 09/29/22 1038

Collected by: Tayag,Joanne 07/30/15 1034

Resulting lab: WLA MEDICAL CENTER LABORATORY

Narrative:

RMS ACCN: 566008533

Acknowledged by: Stahl, Jerusha Emily (M.D.), M.D. on 07/30/15 1500

Components

Component	Value	Reference Range	Flag	Lab
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07/30/2015 - Office Visit in INTERNAL MEDICINE (continued)**Labs (continued)**

NEUTROPHILS %, AUTOMATED COUNT	39.9	42.0 - 75.0 %	L ▼	305
LYMPHOCYTES %, AUTOMATED COUNT	50.3	20.0 - 51.0 %	—	305
MONOS %, AUTO	8.2	1.0 - 12.0 %	—	305
EOSINOPHILS %, AUTOMATED COUNT	1.3	0.0 - 10.0 %	—	305
BASOPHILS %, AUTOMATED COUNT	0.3	0.0 - 1.0 %	—	305
RBC NUCLEATED AUTO COUNT, BLD	0	<=0 %	—	305
NEUTROPHILS, ABSOLUTE, AUTOMATED COUNT	1.5	1.8 - 7.7 x1000/mcL	L ▼	305
LYMPHOCYTES, AUTOMATED COUNT	1.9	1.2 - 3.4 x1000/mcL	—	305
MONOCYTES, AUTOMATED COUNT	0.3	0.1 - 1.0 x1000/mcL	—	305
EOSINOPHILS, AUTOMATED COUNT	0.0	0.0 - 0.7 x1000/mcL	—	305
BASOPHILS, AUTOMATED COUNT	0.0	0.0 - 0.2 x1000/mcL	—	305

Testing Performed By

Lab - Abbreviation	Name	Director	Address	Valid Date Range
321 - 305	WLA MEDICAL CENTER LABORATORY	S.R. McLaren, D.O.	6041 Cadillac Ave. LOS ANGELES CA 90034	09/01/05 0850 - 05/23/17 0009

WBC DIFFERENTIAL, AUTOMATED [1554006547]

Resulted: 07/30/15 1400, Result status: In process

Order status: Completed

Filed on: 09/29/22 0336

Collected by: Tayag,Joanne 07/30/15 1034

Narrative:

RMS ACCN: 566008533

Reviewed by

Stahl, Jerusha Emily (M.D.), M.D. on 08/03/15 1701
 Stahl, Jerusha Emily (M.D.), M.D. on 08/03/15 1530
 Stahl, Jerusha Emily (M.D.), M.D. on 07/31/15 0547
 Stahl, Jerusha Emily (M.D.), M.D. on 07/31/15 0547
 Stahl, Jerusha Emily (M.D.), M.D. on 07/31/15 0546
 Stahl, Jerusha Emily (M.D.), M.D. on 07/30/15 1500
 Stahl, Jerusha Emily (M.D.), M.D. on 07/30/15 1500

Indications

ANEMIA [285.9 (ICD-9-CM)]

All Reviewers List

Stahl, Jerusha Emily (M.D.), M.D. on 8/3/2015 17:01
 Stahl, Jerusha Emily (M.D.), M.D. on 8/3/2015 15:30
 Stahl, Jerusha Emily (M.D.), M.D. on 7/31/2015 05:47
 Stahl, Jerusha Emily (M.D.), M.D. on 7/31/2015 05:47
 Stahl, Jerusha Emily (M.D.), M.D. on 7/31/2015 05:46
 Stahl, Jerusha Emily (M.D.), M.D. on 7/30/2015 15:00
 Stahl, Jerusha Emily (M.D.), M.D. on 7/30/2015 15:00

Imaging**Imaging**

XR FEMUR, RIGHT, 2 VIEWS [1554006520] (Final result)

07/30/2015 - Office Visit in INTERNAL MEDICINE (continued)**Imaging (continued)**Electronically signed by: **Stahl, Jerusha Emily (M.D.), M.D. on 07/30/15 0950**Status: **Completed**

This order may be acted on in another encounter.

Ordering user: Stahl, Jerusha Emily (M.D.), M.D. 07/30/15 0950 Authorized by: Stahl, Jerusha Emily (M.D.), M.D.

Ordering mode: Standard

Frequency: Routine 07/30/15 -

Class: Normal

Quantity: 1

Lab status: Final result

Diagnoses

RIGHT THIGH PAIN [729.5 (ICD-9-CM)]

Provider Details

Provider	NPI
Stahl, Jerusha Emily (M.D.), M.D.	1083894638

Order comments: Reason: upper thigh pain

XR FEMUR, RIGHT, 2 VIEWS [1554006520]

Resulted: 07/30/15 1021, Result status: Final result

Order status: Completed

Resulted by: Almanza, Monica Yolanda (M.D.), M.D.

Filed on: 09/29/22 1038

Accession number: 64185003

Resulting lab: SCAL RADIOLOGY INTERFACE

Acknowledged by: Stahl, Jerusha Emily (M.D.), M.D. on 07/31/15 0821

Transcription

Type	ID	Date and Time	Dictating Provider
Diagnostic imaging	64185003	7/31/2015 7:48 AM	Almanza, Monica Yolanda (M.D.), M.D.

Signed by Almanza, Monica Yolanda (M.D.), MEDICAL DOCTOR on 07/31/15 at 0749

CLINICAL HISTORY: Reason: upper thigh pain

RIS TECH NOTES:

COMPARISON: No previous study available.

FINDINGS/

IMPRESSION:

There is ample soft tissue. No acute fracture is identified. The alignment is normal. No significant joint disease is noted. No significant soft tissue abnormality is identified.

This report electronically signed by Monica Almanza, MD on 7/31/2015

7:43 AM

Testing Performed By

Lab - Abbreviation	Name	Director	Address	Valid Date Range
120 - SCA	SCAL RADIOLOGY INTERFACE	Unknown	Unknown	02/13/04 0000 - Present

XR FEMUR, RIGHT, 2 VIEWS [1554006520]

Resulted: 07/30/15 1021, Result status: In process

Order status: Completed

Resulted by: Almanza, Monica Yolanda (M.D.), M.D.

Filed on: 09/29/22 1038

Accession number: 64185003

Resulting lab: SCAL RADIOLOGY INTERFACE

Narrative:

07/30/2015 - Office Visit in INTERNAL MEDICINE (continued)**Imaging (continued)****Transcription**

Type	ID	Date and Time	Dictating Provider
Diagnostic imaging	64185003	7/31/2015 7:48 AM	Almanza, Monica Yolanda (M.D.), M.D.

Signed by Almanza, Monica Yolanda (M.D.), MEDICAL DOCTOR on 07/31/15 at 0749

CLINICAL HISTORY: Reason: upper thigh pain

RIS TECH NOTES:

COMPARISON: No previous study available.

FINDINGS/

IMPRESSION:

There is ample soft tissue. No acute fracture is identified. The alignment is normal. No significant joint disease is noted. No significant soft tissue abnormality is identified.

This report electronically signed by Monica Almanza, MD on 7/31/2015 7:43 AM

Reviewed by

Stahl, Jerusha Emily (M.D.), M.D. on 08/03/15 1549
Stahl, Jerusha Emily (M.D.), M.D. on 07/31/15 0821

Testing Performed By

Lab - Abbreviation	Name	Director	Address	Valid Date Range
120 - SCA	SCAL RADIOLOGY INTERFACE	Unknown	Unknown	02/13/04 0000 - Present

Indications

RIGHT THIGH PAIN [729.5 (ICD-9-CM)]

All Reviewers List

Stahl, Jerusha Emily (M.D.), M.D. on 8/3/2015 15:49
Stahl, Jerusha Emily (M.D.), M.D. on 7/31/2015 08:21

END OF ENCOUNTER**08/04/2015 - Patient Message in INTERNAL MEDICINE****Visit Information****Provider Information****Encounter Provider**

Stahl, Jerusha Emily (M.D.), M.D.

08/04/2015 - Patient Message in INTERNAL MEDICINE (continued)**Visit Information (continued)****Department**

Name	Address	Phone
INTERNAL MEDICINE	5620 MESMER AVE Culver City CA 90230-6315	833-574-2273

Messages**Pain**

From	To	Sent
Pepper Smith	Jerusha Emily (M.D.) Stahl, M.D.	8/4/2015 3:55 PM

Wow, not at all what I thought I'd hear but I'll definitely work on cutting back because I do not want or need that in my life. I'll grab the meds and get back on the Iron. Thanks again!

END OF ENCOUNTER**09/22/2015 - Ancillary Orders in OBSTETRICS & GYNECOLOGY BLANK****Visit Information****Provider Information**

Encounter Provider
Williams Cotton, Carol Joy (M.D.), M.D.

Department

Name	Address	Phone
OBSTETRICS & GYNECOLOGY BLANK	5620 MESMER AVE Culver City CA 90230-6315	833-574-2273

Other Orders**Medications****Levonorgestrel-Ethinyl Estradiol (LEVORA-28) 0.15-0.03 mg Oral Tab [1554006628] (Discontinued)**

Electronically signed by: **Interface, Scal_ Pharmacy on 09/22/15 0000** Status: **Discontinued**
 Ordering user: Interface, Scal_ Pharmacy 09/22/15 0000 Ordering provider: Williams Cotton, Carol Joy (M.D.), M.D.
 Authorized by: Williams Cotton, Carol Joy (M.D.), M.D. Ordering mode: Standard
 Frequency: 09/22/15 - 06/06/16 Discontinued by: Williams Cotton, Carol Joy (M.D.), M.D.
 06/06/16 1144 [Continue Therapy]

Provider Details

Provider	NPI
Interface, Scal_ Pharmacy	—
Williams Cotton, Carol Joy (M.D.), M.D.	1205984283

END OF ENCOUNTER**09/22/2015 - Office Visit in OBSTETRICS & GYNECOLOGY**

09/22/2015 - Ancillary Orders in OBSTETRICS & GYNECOLOGY BLANK (continued)**Visit Information****Provider Information**

Encounter Provider	Authorizing Provider
Williams Cotton, Carol Joy (M.D.), M.D.	Williams Cotton, Carol Joy (M.D.), M.D.

Department

Name	Address	Phone
OBSTETRICS & GYNECOLOGY	6041 CADILLAC AVE Los Angeles CA 90034-1702	833-574-2273

Questionnaires**EBOLA SCREENING ID AMB SCAL**

- | | |
|------------------------------------------------------------------------------------------------------------------------------------------------------------------------|--------|
| 1. Has the patient traveled to a country in West Africa (Guinea, Liberia, or Sierra Leone) within the past 21 days (3 weeks)? | No [2] |
| 2. Has the patient visited anyone who might have Ebola or had contact with body fluids, surroundings or remains of an Ebola patient during the past 21 days (3 weeks)? | No [2] |
| 3. Does the patient currently have any of the following symptoms: fever, nausea, vomiting, diarrhea, headache, muscle ache, or easy bruising/bleeding? | No |

DV SCREENING DOMVIOL NATL

- | | |
|-------------------------------------------------------------------------------------------------|----|
| Within the past year, has your partner hit, slapped, kicked or otherwise physically hurt you? | No |
| Within the past year, has your partner forced you to participate in unwanted sexual activities? | No |
| Are you afraid of your partner? | No |

INTERPRETATION SERVICES QUESTIONNAIRE

- | | |
|------------------------------|--------------|
| 1. Primary Spoken Language? | English [22] |
| 2. Primary Written Language? | English [20] |
| 3. Interpreter Needed? | No [2] |

Level of Service

Level of Service
OUTPT EST LEVEL 3

Reason for Visit**Chief Complaints**

- FIBROIDS
- PHYSICAL EXAM, GYNECOLOGIC

Visit Diagnoses

Name	Code	Chronic?
DYSMENORRHEA (primary)	625.3	Yes
UTERINE FIBROIDS	218.9	Yes

Vitals

Vitals (continued)**Vital Signs**

Most recent update: 9/22/2015 11:22 AM

BP	Pulse	Ht	Wt	BMI
117/76	91	5' 3" (1.6 m)	235 lb 14.3 oz (107 kg)	41.79 kg/m ²

Clinical Notes**Nursing Note****Grande-Garay, Elsa L (M.A.) at 9/22/2015 1118**

Author: Grande-Garay, Elsa L (M.A.)	Service: —	Author Type: MEDICAL ASSISTANT
Filed: 9/22/2015 11:19 AM	Encounter Date: 9/22/2015	Creation Time: 9/22/2015 11:18 AM
Status: Signed	Editor: Grande-Garay, Elsa L (M.A.) (MEDICAL ASSISTANT)	

Last Pap Smear : 10/5/12

Last Pap Smear : 9/4/09

Last Pap Smear : 12/4/07

Electronically signed by Grande-Garay, Elsa L (M.A.) at 9/22/2015 11:19 AM

Progress Notes**Williams Cotton, Carol Joy (M.D.), M.D. at 9/28/2015 0848**

Author: Williams Cotton, Carol Joy (M.D.), M.D.	Service: —	Author Type: Physician
Filed: 9/28/2015 8:52 AM	Encounter Date: 9/22/2015	Creation Time: 9/28/2015 8:48 AM
Status: Signed	Editor: Williams Cotton, Carol Joy (M.D.), M.D. (Physician)	

Patient presents with:

FIBROIDS

PHYSICAL EXAM, GYNECOLOGIC

Pepper Smith is a 44 year old female here to discuss heavy painful periods and to check on fibroids

OBJECTIVE:BP 117/76 | Pulse 91 | Ht 1.6 m (5' 3") | Wt 107 kg (235 lb 14.3 oz) | BMI 41.80 kg/m² | LMP 09/12/2015

WBC'S AUTO 7.8 09/24/2015

HGB 9.3 09/24/2015

HCT AUTO 29.8 09/24/2015

PLT'S AUTO 440 09/24/2015

UTERUS**Measurements:**

Length x Width x Height = Volume

9.57 cm x 5.81 cm x 5.4 cm = 157.36 cc

Endometrium Thickness: 10.88 mm

Clinical Notes (continued)

LEFT OVARY

Measurements:

Length x Width x Height = Volume

3.52 cm x 2.31 cm x 2.4 cm = 10.24 cc

RIGHT OVARY

Measurements:

Length x Width x Height = Volume

4.03 cm x 3.23 cm x 3.31 cm = 22.59 cc

COMMENTS

Pelvic Ultrasound:

LMP: 02/22/2015.

This was a difficult examination due to body habitus.

Comparison was made with a prior Ultrasound scan performed on 06/16/2013.

UTERUS:

The myometrium appears heterogeneous in texture. Multiple fibroids are visualized. The largest measures 3.25 x 2.9 x 2.77 cm and is located in the anterior aspect of the uterus. This fibroid appears to be submucosal . Multiple nabothian cysts are visualized in the cervix.

Abdomen:soft, nontender, nondistended, no masses or organomegaly**External Genitalia:**normal appearing vulva with no masses, tenderness, or lesions**Urethral Meatus:**unremarkable**Urethra:** normal appearing urethra with no masses, tenderness or lesions**Bladder:** no bladder distension noted**Vagina:**normal appearing vagina with normal color and discharge, no lesions**Cervix:**normal appearing cervix without discharge or lesions**Uterus:**uterus is normal size, shape, consistency and nontender, slightly enlarged**Adnexa:**normal adnexa in size, nontender and no masses

ASSESSMENT:

625.3 DYSMENORRHEA (primary encounter diagnosis)

218.9 UTERINE FIBROIDS

PLAN:

Orders Placed This Encounter

- Naproxen (NAPROSYN) 500 mg Oral Tab
- Levonorgestrel-Ethinyl Estradiol (LEVORA-28) 0.15-0.03 mg Oral Tab

Options to manage periods discussed with patient

Will try oral contraceptive cycling and continuous options discussed with patient

Electronically signed by:

JOY WILLIAMS COTTON MD

9/28/2015 8:51 AM

Clinical Notes (continued)

Electronically signed by Williams Cotton, Carol Joy (M.D.), M.D. at 9/28/2015 8:52 AM

Labs

GYN CYTOLOGY [1554006560] (Cancel Pend)

Electronically signed by: **Grande-Garay, Elsa L (M.A.) on 09/22/15 1136** Status: **Cancel Pend**
 Ordering user: Grande-Garay, Elsa L (M.A.) 09/22/15 1136 Authorized by: Williams Cotton, Carol Joy (M.D.), M.D.
 Frequency: Routine 09/22/15 - Class: Clinic Collected
 Quantity: 1 Pended by: Grande-Garay, Elsa L (M.A.) 09/22/15 1136

Provider Details

Provider	NPI
Grande-Garay, Elsa L (M.A.)	—
Williams Cotton, Carol Joy (M.D.), M.D.	1205984283

Questionnaire

Question	Answer
Source of Specimen?	CERVICAL LBP CO-TEST AGE >29
Last Menstrual Period (LMP)?	9/12/15
Birth Control	NONE/OTHER
Previous History	NORMAL

Order comments: For age <21, routine screening is not recommended.

HPV COTEST SCREENING, AGE 30-65, HIGH RISK TYPES, AMPLIFIED PROBE [1554006562] (Cancel Pend)

Electronically signed by: **Grande-Garay, Elsa L (M.A.) on 09/22/15 1136** Status: **Cancel Pend**
 Ordering user: Grande-Garay, Elsa L (M.A.) 09/22/15 1136 Authorized by: Williams Cotton, Carol Joy (M.D.), M.D.
 Frequency: Routine 09/22/15 - Class: Clinic Collected
 Quantity: 1 Pended by: Grande-Garay, Elsa L (M.A.) 09/22/15 1136

Provider Details

Provider	NPI
Grande-Garay, Elsa L (M.A.)	—
Williams Cotton, Carol Joy (M.D.), M.D.	1205984283

Specimen Information

ID	Type	Source	Collected By
—	—	CERVIX	—

Other Orders

Medications

Naproxen (NAPROSYN) 500 mg Oral Tab [1554006566] (Discontinued)

Electronically signed by: **Williams Cotton, Carol Joy (M.D.), M.D. on 09/22/15 1230** Status: **Discontinued**
 Ordering user: Williams Cotton, Carol Joy (M.D.), M.D. 09/22/15 1230 Ordering provider: Williams Cotton, Carol Joy (M.D.), M.D.
 Authorized by: Williams Cotton, Carol Joy (M.D.), M.D. Ordering mode: Standard
 Frequency: Routine 09/22/15 - 12/17/15 Class: Fill Now
 Discontinued by: Fan, Michael Shekfai (M.D.), M.D. 12/17/15 0314
 Diagnoses
 DYSMENORRHEA [625.3 (ICD-9-CM)]
 UTERINE FIBROIDS [218.9 (ICD-9-CM)]

Provider Details

Provider	NPI
Williams Cotton, Carol Joy (M.D.), M.D.	1205984283

Other Orders (continued)

Admin instructions: Give with food.

IndicationsDYSMENORRHEA [625.3 (ICD-9-CM)]
UTERINE FIBROIDS [218.9 (ICD-9-CM)]**Levonorgestrel-Ethinyl Estradiol (LEVORA-28) 0.15-0.03 mg Oral Tab [1554006567] (Discontinued)**Electronically signed by: **Williams Cotton, Carol Joy (M.D.), M.D. on 09/22/15 1230** Status: **Discontinued**

Ordering user: Williams Cotton, Carol Joy (M.D.), M.D. 09/22/15 1230 Ordering provider: Williams Cotton, Carol Joy (M.D.), M.D.

Authorized by: Williams Cotton, Carol Joy (M.D.), M.D. Ordering mode: Standard

Frequency: Routine 09/22/15 - 01/07/16 Class: Fill Now

Discontinued by: Interface, Scal_ Pharmacy 01/07/16 1336 [Transferred to Internal Pharmacy]

DiagnosesDYSMENORRHEA [625.3 (ICD-9-CM)]
UTERINE FIBROIDS [218.9 (ICD-9-CM)]**Provider Details****Provider**

Williams Cotton, Carol Joy (M.D.), M.D.

NPI

1205984283

IndicationsDYSMENORRHEA [625.3 (ICD-9-CM)]
UTERINE FIBROIDS [218.9 (ICD-9-CM)]**END OF ENCOUNTER****10/07/2015 - Allied Health/Nurse Visit in NEUROLOGY SLEEP CLINIC****Visit Information****Provider Information****Encounter Provider**

Mutafyan, Haiganoush

Referring Provider

Schmitz, Charles Fidel (M.D.), M.D.

Department**Name**

NEUROLOGY SLEEP CLINIC

Address1505 N EDMONT ST
Los Angeles CA 90027-5209**Phone**

323-783-1770

Questionnaires**EBOLA SCREENING ID AMB SCAL**

1. Has the patient traveled to a country in West Africa (Guinea, Liberia, or Sierra Leone) within the past 21 days (3 weeks)? **No [2]**
2. Has the patient visited anyone who might have Ebola or had contact with body fluids, surroundings or remains of an Ebola patient during the past 21 days (3 weeks)? **No [2]**
3. Does the patient currently have any of the following symptoms: fever, nausea, vomiting, diarrhea, headache, muscle ache, or easy bruising/bleeding? **No**

INTERPRETATION SERVICES QUESTIONNAIRE

1. Primary Spoken Language? **English [22]**
2. Primary Written Language? **English [20]**

10/07/2015 - Allied Health/Nurse Visit in NEUROLOGY SLEEP CLINIC (continued)**Visit Information (continued)**

3. Interpreter Needed?	No [2]
4. Does the patient need/want interpretation services for today's visit?	No
4b. If No, interpretation service was refused or not provided, indicate the reason.	PATIENT PREFERRED TO USE OWN ENGLISH SKILLS

Reason for Visit**Chief Complaint**

- SLEEP APNEA

Visit Diagnosis

Name	Code	Chronic?
OBSTRUCTIVE SLEEP APNEA	G47.33	Yes

Vitals

Vital Signs	Most recent update: 10/7/2015 4:15 PM
Ht 5' 3" (1.6 m)	Wt 235 lb (106.6 kg)
	BMI 41.63 kg/m ²

Clinical Notes**Progress Notes****Mutafyan, Haiganoush at 10/7/2015 1616**

Author: Mutafyan, Haiganoush	Service: —	Author Type: TECH, NEUROLOGY
Filed: 10/7/2015 4:17 PM	Encounter Date: 10/7/2015	Creation Time: 10/7/2015 4:16 PM
Status: Signed	Editor: Mutafyan, Haiganoush (TECH, NEUROLOGY)	

Patient educated on Obstructive Sleep Apnea and instructed how to use Ambulatory Diagnostic equipment T3.

Provided with equipment unit # 9112 to take home and return it tomorrow.

PROACTIVE CARE ACTIONS:

- Flu Immunization Due
- Update BMI - Take Height AND Weight

Proactive care was discussed with patient and Staying Healthy Flyer given.

Clinical Notes (continued)

Electronically signed by Mutafyan, Haiganoush at 10/7/2015 4:17 PM

Procedures

SLEEP STUDY, UNATTENDED, 4 CH OR LESS [1554006615] (Final result)

Electronically signed by: **Mutafyan, Haiganoush on 10/07/15 1615** Status: **Completed**
 Ordering user: Mutafyan, Haiganoush 10/07/15 1615 Authorized by: Schmitz, Charles Fidel (M.D.), M.D.
 Ordering mode: Standard
 Cosigning events
 Electronically cosigned by Schmitz, Charles Fidel (M.D.), M.D. 12/14/15 1132 for Ordering
 Frequency: Routine 10/07/15 - Class: Back Office
 Quantity: 1 Lab status: Final result
 Diagnoses
 OBSTRUCTIVE SLEEP APNEA [G47.33]

Provider Details

Provider	NPI
Mutafyan, Haiganoush	—
Schmitz, Charles Fidel (M.D.), M.D.	1528139425

SLEEP STUDY, UNATTENDED, 4 CH OR LESS [1554006615]

Result status: Final result

Order status: Completed Filed on: 09/29/22 1038
 Narrative:
 Ambulatory Sleep Study
 Study conducted as an outpatient ambulatory sleep study done with
 a 4 channel recording system - (T3)
 (air flow, respiratory effort, pulse oximetry, heart rate, body
 position).
 Date of Study: 10-07-2015
 Referring Physician: Charles Schmitz
 Therapist: EP

.Estimated body mass index is 41.64 kg/(m^2) as calculated from
 the following:

Height as of this encounter: 5' 3" (1.6 m).
 Weight as of this encounter: 235 lb (106.595 kg).

Medicare cut-off for OSA is 5.0, the ranges are:
 Mild OSA = 5 -15
 Moderate OSA = 15-30
 Severe OSA = 30 or more events per hour.

Recording Duration of Study : 7 hrs 59 mins
 Average Pulse : 77 bpm
 Technical Signal Quality : 100 %

Overall AHI: 3.1
 Supine AHI: 3.1
 Total time in the Supine position: 98.7 mins
 Non-Supine AHI: 3.2
 Total time in the Non-Supine Position: 170.6 mins
 Good SaO2 data: Yes
 If yes, minimum SaO2: 91 5
 ODI:4.7
 Epworth Sleepiness Scale :12

Procedures (continued)

Comments: The patient's Apnea Hypopnea Index (AHI) was within normal range.

Physician Impression:

This is an ambulatory sleep study report.

Epochs were reviewed and show no evidence of obstructive apneas and hypopneas.

The sleep Questionnaire was also reviewed.

Impression:

Normal sleep study w/ no evidence of sleep related breathing disorder.

Electronically Signed By:

Arash Kharestan, M.D.
 Pulmonary and Critical Care Attending
 Diplomat, American Board of Sleep Medicine
 SCPMG
 10/16/2015
 10:04 AM

Acknowledged by
 Gair, Ericka Marie (D.O.), D.O. on 10/19/15 1008
 Schmitz, Charles Fidel (M.D.), M.D. on 10/21/15 2103
 Gardner, James L. on 10/22/15 0845

CC List

Recipient	Modifier	Fax	Address	Added
Stahl, Jerusha Emily (M.D.), M.D.	—	—	—	—
NEULALA4 SLEEP LAB	Pool	—	—	—

SLEEP STUDY, UNATTENDED, 4 CH OR LESS [1554006615] Result status: Preliminary result

Order status: Completed Filed on: 09/29/22 1038

Narrative:
 Ambulatory Sleep Study
 Study conducted as an outpatient ambulatory sleep study done with a 4 channel recording system - (T3)
 (air flow, respiratory effort, pulse oximetry, heart rate, body position).

Date of Study: 10-07-2015
 Referring Physician: Charles Schmitz
 Therapist: EP

.Estimated body mass index is 41.64 kg/(m^2) as calculated from the following:
 Height as of this encounter: 5' 3" (1.6 m).

Procedures (continued)

Weight as of this encounter: 235 lb (106.595 kg).

Medicare cut-off for OSA is 5.0, the ranges are:

Mild OSA = 5 -15

Moderate OSA = 15-30

Severe OSA = 30 or more events per hour.

Recording Duration of Study : 7 hrs 59 mins

Average Pulse : 77 bpm

Technical Signal Quality : 100 %

Overall AHI: 3.1

Supine AHI: 3.1

Total time in the Supine position: 98.7 mins

Non-Supine AHI: 3.2

Total time in the Non-Supine Position: 170.6 mins

Good SaO2 data: Yes

If yes, minimum SaO2: 91 5

ODI:4.7

Epworth Sleepiness Scale :12

Comments: The patient's Apnea Hypopnea Index (AHI) was within normal range.

Physician Impression:

Reviewed by

Gardner, James L. on 10/22/15 0846
Gardner, James L. on 10/22/15 0845
Schmitz, Charles Fidel (M.D.), M.D. on 10/21/15 2103
Schmitz, Charles Fidel (M.D.), M.D. on 10/21/15 2103
Gair, Ericka Marie (D.O.), D.O. on 10/19/15 1008
Gair, Ericka Marie (D.O.), D.O. on 10/19/15 1008
Gair, Ericka Marie (D.O.), D.O. on 10/19/15 1008

CC List

Recipient	Modifier	Fax	Address	Added
Stahl, Jerusha Emily (M.D.), M.D.	—	—	—	—
NEULALA4 SLEEP LAB	Pool	—	—	—

Indications

OBSTRUCTIVE SLEEP APNEA [G47.33 (ICD-10-CM)]

All Reviewers List

Gardner, James L. on 10/22/2015 08:46
Gardner, James L. on 10/22/2015 08:45
Schmitz, Charles Fidel (M.D.), M.D. on 10/21/2015 21:03
Schmitz, Charles Fidel (M.D.), M.D. on 10/21/2015 21:03
Gair, Ericka Marie (D.O.), D.O. on 10/19/2015 10:08
Gair, Ericka Marie (D.O.), D.O. on 10/19/2015 10:08
Gair, Ericka Marie (D.O.), D.O. on 10/19/2015 10:08

Patient Instructions

Sleep Apnea: After Your Visit

Your Care Instructions

Sleep apnea occurs when you frequently stop breathing for 10 seconds or longer during sleep. It can be mild to severe, based on the number of times per hour that you stop breathing or have slowed breathing. Blocked or narrowed airways in your nose, mouth, or throat can cause sleep apnea. Your airway can become blocked when your throat muscles and tongue relax during sleep.

You can treat sleep apnea at home by making lifestyle changes. You also can use a breathing device that keeps tissues in the throat from blocking your airway. Or your doctor may recommend using a dental device (oral breathing device) to help keep your airway open. In some cases, surgery may be needed to remove enlarged tissues in the throat.

Follow-up care is a key part of your treatment and safety. Be sure to make and go to all appointments, and call your doctor if you are having problems. It's also a good idea to know your test results and keep a list of the medicines you take.

How can you care for yourself at home?

- Lose weight, if needed. It may reduce the number of times you stop breathing or have slowed breathing.
- Go to bed at the same time every night.
- Sleep on your side. It may stop mild apnea. If you tend to roll onto your back, sew a pocket in the back of your pajama top. Put a tennis ball into the pocket, and stitch the pocket shut. This will help keep you from sleeping on your back.
- Avoid alcohol and medicines such as sleeping pills and sedatives before bed.
- Do not smoke. Smoking can make sleep apnea worse. If you need help quitting, talk to your doctor about stop-smoking programs and medicines. These can increase your chances of quitting for good.
- Prop up the head of your bed 4 to 6 inches by putting bricks under the legs of the bed.
- Treat breathing problems, such as a stuffy nose, caused by a cold or allergies.
- Use a continuous positive airway pressure (CPAP) breathing machine if lifestyle changes do not help your apnea and your doctor recommends it. The machine keeps your airway from closing when you sleep.
- If CPAP does not help you, ask your doctor whether you should try other breathing machines. A bilevel positive airway pressure machine has two types of air pressure—one for breathing in and one for breathing out. Another device raises or lowers air pressure as needed while you breathe.
- If your nose feels dry or bleeds when using one of these machines, talk with your doctor about increasing moisture in the air. A humidifier may help.
- If your nose is runny or stuffy from using a breathing machine, talk with your doctor about using decongestants or a corticosteroid nasal spray.

When should you call for help?

Watch closely for changes in your health, and be sure to contact your doctor if:

- You still have sleep apnea even though you have made lifestyle changes.
- You are thinking of trying a device such as CPAP.
- You are having problems using a CPAP or similar machine.

PROACTIVE CARE ACTIONS:

- Flu Immunization Due
- Update BMI - Take Height AND Weight

Proactive care was discussed with patient and Staying Healthy Flyer given.

Patient Instructions (continued)**Referrals****Outpatient Service #2165404648**Reason: Specialty Services Required
Class: Internal
Status updated on: 9/25/2015Priority: Routine
Status: Closed
Valid dates: From 9/24/2015 to 9/23/2016**Referred From**Location: LOS ANGELES MEDICAL CNTR L
Provider: Schmitz, Charles Fidel (M.D.), M.D.Department: LA2 EDLA EA1
Provider address: 4867 W SUNSET BLVD LOS ANGELES CA
90027-5969**Referred To**

Location: *LOS ANGELES (LAMC)

Specialty: Sleep Clinic

Visits

Requested: 1 Authorized: 1 Completed: 1 Scheduled: 0

Procedures**REFERRAL SLEEP CLINIC**

Number requested: 1

Number approved: 1

Diagnoses

- R06.83 (ICD-10-CM) - SNORING
- R53.83 (ICD-10-CM) - FATIGUE

Referral Notes**Sched Add'l Attempt by Moultrie, Yvette M at 9/28/2015 1339**

lmsg on machine pcs

Sched 1st Attempt by Moultrie, Yvette M at 9/25/2015 1439

lmsg on machine

Provider Comments by Schmitz, Charles Fidel (M.D.), M.D. at 9/24/2015 2029Summary: Provider Comments
Reason: morbidly obese with osa symptoms**Order****REFERRAL SLEEP CLINIC [1554006605]**Electronically signed by: **Schmitz, Charles Fidel (M.D.), M.D. on 09/24/15 2029**Status: **Active**Ordering user: Schmitz, Charles Fidel (M.D.), M.D. 09/24/15
2029

Ordering provider: Schmitz, Charles Fidel (M.D.), M.D.

Authorized by: Schmitz, Charles Fidel (M.D.), M.D.

Ordered during: ED on 09/24/2015

Diagnoses

SNORING [786.09 (ICD-9-CM)]

FATIGUE [780.79 (ICD-9-CM)]

Order comments: Reason: morbidly obese with osa symptoms

Referrals (continued)

Triage

Triage Information

Decision: None

Schedule by date: 10/14/2015

END OF ENCOUNTER

10/08/2015 - Allied Health/Nurse Visit in NEUROLOGY SLEEP CLINIC

Visit Information

Provider Information

Encounter Provider

Padaoil, Emmanuel B

Department

Name	Address	Phone
NEUROLOGY SLEEP CLINIC	1505 N EDGEMONT ST Los Angeles CA 90027-5209	323-783-1770

Questionnaires

EBOLA SCREENING ID AMB SCAL

1. Has the patient traveled to a country in West Africa (Guinea, Liberia, or Sierra Leone) within the past 21 days (3 weeks)? **No [2]**
2. Has the patient visited anyone who might have Ebola or had contact with body fluids, surroundings or remains of an Ebola patient during the past 21 days (3 weeks)? **No [2]**
3. Does the patient currently have any of the following symptoms: fever, nausea, vomiting, diarrhea, headache, muscle ache, or easy bruising/bleeding? **No**

INTERPRETATION SERVICES QUESTIONNAIRE

1. Primary Spoken Language? **English [22]**
2. Primary Written Language? **English [20]**
3. Interpreter Needed? **No [2]**
4. Does the patient need/want interpretation services for today's visit? **No**
- 4b. If No, interpretation service was refused or not provided, indicate the reason. **PATIENT PREFERRED TO USE OWN ENGLISH SKILLS**

Reason for Visit

Chief Complaint

- SLEEP APNEA

Vitals

Vitals (continued)**Vital Signs**

Most recent update: 10/8/2015 11:33 AM

Ht	Wt	BMI
5' 3" (1.6 m)	235 lb (106.6 kg)	41.63 kg/m ²

Clinical Notes**Progress Notes****Padaoil, Emmanuel B at 10/8/2015 1134**

Author: Padaoil, Emmanuel B	Service: —	Author Type: THERAPIST, RESPIRATORY
Filed: 10/8/2015 11:38 AM	Encounter Date: 10/8/2015	Creation Time: 10/8/2015 11:34 AM
Status: Signed	Editor: Padaoil, Emmanuel B (THERAPIST, RESPIRATORY)	

Patient was tested to rule out Obstructive Sleep Apnea.

Diagnostic equipment T3 unit # 9112 returned on 10-08-2015.
Data downloaded to Noxturnal system.

The diagnostic portion of the study indicates Normal Sleep Study.

BMI =41.8

PROACTIVE CARE ACTIONS:**Care Gaps Due**

Flu Immunization Due

**Update BMI - Take
Height AND Weight**

Actions to Be Taken

- Member due for seasonal flu immunization. Stage order, administration procedure code, and vcode.
- Update Height AND Weight

Electronically signed by Padaoil, Emmanuel B at 10/8/2015 11:38 AM

END OF ENCOUNTER

10/26/2015 - Released Future/Standing Orders in INTERNAL MEDICINE

Visit Information

10/26/2015 - Released Future/Standing Orders in INTERNAL MEDICINE (continued)**Visit Information (continued)****Provider Information****Encounter Provider**

Stahl, Jerusha Emily (M.D.), M.D.

Department

Name	Address	Phone
INTERNAL MEDICINE	5620 MESMER AVE Culver City CA 90230-6315	833-574-2273

Reason for Visit**Visit Diagnosis**

- VITAMIN D DEFICIENCY [E55.9]

Labs**VITAMIN D, 25-HYDROXY [1554006618] (Discontinued)**

Electronically signed by: **Stahl, Jerusha Emily (M.D.), M.D. on 08/03/15 1700** Status: **Discontinued**
 Ordering user: Stahl, Jerusha Emily (M.D.), M.D. 08/03/15 1700 Authorized by: Stahl, Jerusha Emily (M.D.), M.D.
 Ordering mode: Standard
 Frequency: Routine 08/03/15 - Class: Normal
 Quantity: 1
 Diagnoses
 VITAMIN D DEFICIENCY [E55.9]

Provider Details

Provider	NPI
Stahl, Jerusha Emily (M.D.), M.D.	1083894638

Specimen Information

ID	Type	Source	Collected By
—	—	BLOOD	—

Indications

VITAMIN D DEFICIENCY [E55.9 (ICD-10-CM)]

END OF ENCOUNTER**11/03/2015 - Released Future/Standing Orders in INTERNAL MEDICINE****Visit Information****Provider Information****Encounter Provider**

Stahl, Jerusha Emily (M.D.), M.D.

Department

Name	Address	Phone
INTERNAL MEDICINE	5620 MESMER AVE Culver City CA 90230-6315	833-574-2273

Reason for Visit**Visit Diagnosis**

11/03/2015 - Released Future/Standing Orders in INTERNAL MEDICINE (continued)**Reason for Visit (continued)**

- MYALGIA [M79.1]

Labs**HEMOGLOBIN A1C, SCREENING OR PREDIABETIC MONITORING [1554006621] (Discontinued)**

Electronically signed by: **Stahl, Jerusha Emily (M.D.), M.D. on 08/03/15 1700** Status: **Discontinued**
 Ordering user: Stahl, Jerusha Emily (M.D.), M.D. 08/03/15 1700 Authorized by: Stahl, Jerusha Emily (M.D.), M.D.
 Ordering mode: Standard
 Frequency: Routine 08/03/15 - Class: Normal
 Quantity: 1
 Diagnoses
 MYALGIA [M79.1]

Provider Details

Provider	NPI
Stahl, Jerusha Emily (M.D.), M.D.	1083894638

Specimen Information

ID	Type	Source	Collected By
—	—	BLOOD	—

Indications

MYALGIA [M79.1 (ICD-10-CM)]

END OF ENCOUNTER**12/16/2015 - Patient Message in INTERNAL MEDICINE****Visit Information****Provider Information****Encounter Provider**

Stahl, Jerusha Emily (M.D.), M.D.

Department

Name	Address	Phone
INTERNAL MEDICINE	5620 MESMER AVE Culver City CA 90230-6315	833-574-2273

Messages**RE: Cold/Flu**

From	To	Sent and Delivered
Roberto Insigne (R.N.) Guarina, R.N. Last Read in kp.org 12/16/2015 8:56 PM by Pepper Smith	Pepper Smith	12/16/2015 9:39 AM

Dear Pepper Smith

Dr Stahl is on maternity leave and she'll be back March next year. Regarding your cold/flu symptoms, it is best for you to be seen here in the clinic to evaluate you for appropriate treatment. Please call Appointment Center @ 1800 954 8000 to schedule an appointment with any doctor available here in the clinic or you may go to our Urgent care (opens from 10am to 9pm Mon-Friday and 8am to 9pm Sat-Sun) for immediate evaluation.

12/16/2015 - Patient Message in INTERNAL MEDICINE (continued)

Messages (continued)

Take care,

Roberto Guarina R.N.- On behalf of Stahl, Jerusha Emily (M.D.), Kaiser Permanente
Family Practice, Playa Vista MOB clinic, Kaiser Permanente
5620 Mesmer Avenue
Culver City, CA 90230
1- 800-954-8000

JERUSHA EMILY STAHL MD, M.D. will be out of the office through 3/22/2016

From Jerusha Emily (M.D.) Stahl, M.D. Last Read in kp.org 12/16/2015 10:24 AM by Pepper Smith	To Pepper Smith	Sent and Delivered 12/16/2015 7:08 AM
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JERUSHA EMILY STAHL MD, M.D. will be out of the office through 3/22/2016.

Thank you for your message.

While I am away, a member of my healthcare team may read and respond to your message.
There may be a slight delay.

If you have an urgent medical problem or a problem that cannot wait, call for an appointment.
For a list of phone numbers, go to
<https://members.kaiserpermanente.org/kpweb/facilitydir/entrypage.do>

If you have an emergency, please go to an emergency room.

Cold/Flu

From Pepper Smith	To Jerusha Emily (M.D.) Stahl, M.D.	Sent 12/16/2015 7:08 AM
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Hi Dr. Stahl,
Happy Holidays!

I was trying to get a same day spot with you but there were none. I have been dealing with a sore throat, heavy mucus and coughing since Monday. I tried taking Mucinex and Benzonatate previously prescribed to me but nothing's helping. I've been off work since Monday and ice been staying in but nothing. I'm home today if you can see me or if not please prescribe me

12/16/2015 - Patient Message in INTERNAL MEDICINE (continued)**Messages (continued)**

something stronger to help me get through.

END OF ENCOUNTER**12/17/2015 - Orders Only in LMC UCC****Visit Information****Provider Information****Encounter Provider**

Fan, Michael Shekfai (M.D.), M.D.

Department

Name	Address	Phone
LMC UCC	1526 N EDMONT ST. Los Angeles CA 90027-5260	323-783-8745

END OF ENCOUNTER**06/06/2016 - Office Visit in OBSTETRICS & GYNECOLOGY****Visit Information****Provider Information****Encounter Provider**

Williams Cotton, Carol Joy (M.D.), M.D.

Authorizing Provider

Williams Cotton, Carol Joy (M.D.), M.D.

Department

Name	Address	Phone
OBSTETRICS & GYNECOLOGY	6041 CADILLAC AVE Los Angeles CA 90034-1702	833-574-2273

Level of Service**Level of Service**

OUTPT EST LEVEL 3

Reason for Visit**Chief Complaint**

- PHYSICAL EXAM, GYNECOLOGIC

Visit Diagnoses

- ROUTINE GYN EXAM INCLUDING CERVICAL PAP (primary) [Z01.419]
- SCREENING FOR HPV [Z11.51]
- ABNL PERIMENOPAUSAL BLEEDING [N92.4]
- SCREENING FOR BREAST CANCER [Z12.39]

Vitals

06/06/2016 - Office Visit in OBSTETRICS & GYNECOLOGY (continued)

Vitals (continued)

Vital Signs

Most recent update: 6/6/2016 10:34 AM

BP 126/73	Pulse 91	Ht 5' 3" (1.6 m)	Wt 233 lb 11 oz (106 kg)	BMI 41.40 kg/m ²
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Clinical Notes

Nursing Note

Grande-Garay, Elsa L (M.A.), M.A. at 6/6/2016 1021

Author: Grande-Garay, Elsa L (M.A.), M.A.	Service: —	Author Type: MEDICAL ASSISTANT
Filed: 6/6/2016 10:22 AM	Encounter Date: 6/6/2016	Creation Time: 6/6/2016 10:21 AM
Status: Signed	Editor: Grande-Garay, Elsa L (M.A.), M.A. (MEDICAL ASSISTANT)	

GYN Visit

OB History

Gravida	Para	Term	Preterm	AB	TAB	SAB	Ectopic	Multiple	Living
8				2			2		4

Last Pap Smear : 10/5/12 Negative

Last Pap Smear : 9/4/09

Last Pap Smear : 12/4/07:

HPV DNA, CVX, PROBE NEGATIVE 10/05/2012

Last Mammogram Test: 5/21/15

Proactive Care Actions

Proactive Office Encounter Actions:

- taken Current Exercise Vitals
- Update BMI - Take Height AND Weight

ELSA L GRANDE-GARAY MA

6/6/2016 10:21 AM

Electronically signed by Grande-Garay, Elsa L (M.A.), M.A. at 6/6/2016 10:22 AM

Progress Notes

Williams Cotton, Carol Joy (M.D.), M.D. at 6/6/2016 1331

Author: Williams Cotton, Carol Joy (M.D.), M.D.	Service: —	Author Type: Physician
Filed: 6/6/2016 1:35 PM	Encounter Date: 6/6/2016	Creation Time: 6/6/2016 1:31 PM

06/06/2016 - Office Visit in OBSTETRICS & GYNECOLOGY (continued)**Clinical Notes (continued)**

Status: Signed

Editor: Williams Cotton, Carol Joy (M.D.), M.D. (Physician)

History:

Patient presents with:

PHYSICAL EXAM, GYNECOLOGIC

Pepper Smith is a 45 year old female here to discuss heavy periods that still come despite taking the birth control pills which were prescribed continuously.

Patient however actually did not take the pills correctly to skip periods. Although she did not take the placebo pills she did not start the new pill pack and thus still had heavy cycles

OBJECTIVE:

BP 126/73 mmHg | Pulse 91 | Ht 1.6 m (5' 3") | Wt 106 kg (233 lb 11 oz) | BMI 41.41 kg/m² | LMP 05/23/2016

Abdomen:soft, nontender, nondistended, no masses or organomegaly

External Genitalia:normal appearing vulva with no masses, tenderness, or lesions

Urethral Meatus:unremarkable

Urethra: normal appearing urethra with no masses, tenderness or lesions

Bladder: no bladder distension noted

Vagina:normal appearing vagina with normal color and discharge, no lesions

Cervix:normal appearing cervix without discharge or lesions

Uterus:uterus is normal size, shape, consistency and nontender

Adnexa:normal adnexa in size, nontender and no masses

ASSESSMENT:

Z01.419 ROUTINE GYN EXAM INCLUDING CERVICAL PAP (primary encounter diagnosis)

Z11.51 SCREENING FOR HPV

N92.4 ABNL PERIMENOPAUSAL BLEEDING

Z12.39 SCREENING FOR BREAST CANCER

PLAN:

Orders Placed This Encounter

MAMMO BILAT SCREENING SEQUENTIAL

HPV COTEST SCREENING, AGE 30-65, HIGH RISK TYPES, AMPLIFIED PROBE

Levonorgestrel-Ethinyl Estradiol (LEVORA-28) 0.15-0.03 mg Oral Tab

SURGICAL PATHOLOGY

GYN CYTOLOGY

Endometrial biopsy done because of irregular bleeding

Patient hopeful that taking the pills continuously the correct way will help with the cycles

If not alternative treatment options discussed with patient to include mirena iud and possible hysterectomy

Renewed levora correct use of extended cycles discussed with patient

Follow up in 3-4 months

Electronically signed by:

JOY WILLIAMS COTTON MD

06/06/2016 - Office Visit in OBSTETRICS & GYNECOLOGY (continued)

Clinical Notes (continued)

6/6/2016 1:34 PM

Electronically signed by Williams Cotton, Carol Joy (M.D.), M.D. at 6/6/2016 1:35 PM

Labs

GYN CYTOLOGY [1554006695] (Final result)

Electronically signed by: **Williams Cotton, Carol Joy (M.D.), M.D. on 06/06/16 1144** Status: **Completed**
 Ordering user: Williams Cotton, Carol Joy (M.D.), M.D. 06/06/16 1144 Authorized by: Williams Cotton, Carol Joy (M.D.), M.D.
 Ordering mode: Standard
 Frequency: Routine 06/06/16 - Class: Clinic Collected
 Quantity: 1 Lab status: Final result
 Released by: Williams Cotton, Carol Joy (M.D.), M.D. 06/06/16 1144
 Diagnoses
 ROUTINE GYN EXAM INCLUDING CERVICAL PAP [Z01.419]

Provider Details

Provider	NPI
Williams Cotton, Carol Joy (M.D.), M.D.	1205984283

Questionnaire

Question	Answer
Source of Specimen?	CERVICAL LBP CO-TEST AGE >29
Last Menstrual Period (LMP)?	5/23/16
Birth Control	INTRAUTERINE DEVICE
Previous History	NORMAL

Specimen Information

ID	Type	Source	Collected By
WLAG16008635	—	—	06/06/16 1144

GYN CYTOLOGY [1554006695]

Resulted: 06/16/16 1436, Result status: Final result

Order status: Completed Filed on: 09/29/22 1038
 Collected by: 06/06/16 1144 Resulting lab: SHERMAN WAY REGIONAL LABORATORY
 Acknowledged by: Williams Cotton, Carol Joy (M.D.), M.D. on 06/16/16 1757

Components

Component	Value	Reference Range	Flag	Lab
REPORT	--	—	—	956
Result:				
Facility: West Los Angeles Medical Center				

06/06/2016 - Office Visit in OBSTETRICS & GYNECOLOGY (continued)

Labs (continued)

Provider: CAROL JOY WILLIAMS COTTON M.D.
 Case #: WLAG16-8635

FINAL CYTOLOGIC INTERPRETATION
 CERVIX, LIQUID BASED PAP TEST:
 - NEGATIVE FOR INTRAEPITHELIAL LESION OR MALIGNANCY (Normal Pap Result)

ADEQUACY:
 Satisfactory for evaluation.
 Endocervical/transformation zone component absent.

Case signed out by: Sally Ing
 Date of diagnosis: 06/16/16

COLLECTED: 6/6/2016
 RECEIVED: 6/7/2016

FEE CODE(S):
 A. 88142 PAP, LBP Manual Screen-88142 x 1

EDUCATIONAL NOTE:
 Cervical cytology is a screening test primarily for squamous cancers and precursors and has associated false-negative and false-positive results. Adherence to screening guidelines and follow-up of unexplained clinical signs and symptoms are recommended to minimize false negative results.

GYN METHODOLOGY:
 GYN review conducted by Cytotechnologist read of the entire slide.

Testing Performed By

Lab - Abbreviation	Name	Director	Address	Valid Date Range
240 - 956	SHERMAN WAY REGIONAL LABORATORY	Darryl Erik Palmer-Toy, MD, PhD	11668 Sherman Way NORTH HOLLYWOOD CA 91605	09/01/10 1119 - 06/01/17 0325

GYN CYTOLOGY [1554006695] Resulted: 06/07/16 1133, Result status: In process

Order status: Completed
 Collected by: 06/06/16 1144
 Filed on: 09/29/22 1038
 Resulting lab: SHERMAN WAY REGIONAL LABORATORY

Reviewed by

Williams Cotton, Carol Joy (M.D.), M.D. on 06/16/16 1757
 Williams Cotton, Carol Joy (M.D.), M.D. on 06/16/16 1757

Testing Performed By

Lab - Abbreviation	Name	Director	Address	Valid Date Range
240 - 956	SHERMAN WAY REGIONAL LABORATORY	Darryl Erik Palmer-Toy, MD, PhD	11668 Sherman Way NORTH HOLLYWOOD CA 91605	09/01/10 1119 - 06/01/17 0325

Indications

ROUTINE GYN EXAM INCLUDING CERVICAL PAP [Z01.419 (ICD-10-CM)]

All Reviewers List

06/06/2016 - Office Visit in OBSTETRICS & GYNECOLOGY (continued)**Labs (continued)**Williams Cotton, Carol Joy (M.D.), M.D. on 6/16/2016 17:57
Williams Cotton, Carol Joy (M.D.), M.D. on 6/16/2016 17:57**HPV COTEST SCREENING, AGE 30-65, HIGH RISK TYPES, AMPLIFIED PROBE [1554006701] (Final result)**Electronically signed by: **Williams Cotton, Carol Joy (M.D.), M.D. on 06/06/16 1144** Status: **Completed**
Ordering user: Williams Cotton, Carol Joy (M.D.), M.D. 06/06/16 Authorized by: Williams Cotton, Carol Joy (M.D.), M.D.
1144Ordering mode: Standard
Frequency: Routine 06/06/16 -
Quantity: 1Class: Clinic Collected
Lab status: Final result

Released by: Williams Cotton, Carol Joy (M.D.), M.D. 06/06/16 1144

Diagnoses

SCREENING FOR HPV [Z11.51]

Provider Details

Provider	NPI
Williams Cotton, Carol Joy (M.D.), M.D.	1205984283

Specimen Information

ID	Type	Source	Collected By
C0000220161580 55784	—	CERVIX	Medical Doctor,Collect 06/06/16 1522

HPV COTEST SCREENING, AGE 30-65, HIGH RISK TYPES, AMPLIFIED PROBE [1554006701]

Resulted: 06/07/16 1739, Result status: Final result

Order status: Completed Filed on: 09/29/22 1038
Collected by: Medical Doctor,Collect 06/06/16 1522 Resulting lab: SHERMAN WAY REGIONAL LABORATORY
Narrative:
RMS ACCN: 586103080
Acknowledged by: Williams Cotton, Carol Joy (M.D.), M.D. on 06/13/16 1711**Components**

Component	Value	Reference Range	Flag	Lab
HPV 16+18+31+33+35+39+45+51+52+56+58+59+ 68 DNA,CERVIX,PROBE Comment:	Negative	Negative	—	956

Specimens are tested for Human Papilloma Virus High/Intermediate Risk Group
[Types 16, 18, 31, 33, 35, 39, 45, 51, 52, 56, 58, 59, and 68].Results of this assay should be interpreted in conjunction with other
laboratory and clinical data available to the clinician.**Testing Performed By**

Lab - Abbreviation	Name	Director	Address	Valid Date Range
240 - 956	SHERMAN WAY REGIONAL LABORATORY	Darryl Erik Palmer- Toy, MD, PhD	11668 Sherman Way NORTH HOLLYWOOD CA 91605	09/01/10 1119 - 06/01/17 0325

HPV COTEST SCREENING, AGE 30-65, HIGH RISK TYPES, AMPLIFIED PROBE [1554006701]

Resulted: 06/07/16 0857, Result status: In process

Order status: Completed Filed on: 09/29/22 1038
Collected by: Medical Doctor,Collect 06/06/16 1522
Narrative:
RMS ACCN: 586103080

06/06/2016 - Office Visit in OBSTETRICS & GYNECOLOGY (continued)**Labs (continued)****Reviewed by**

Williams Cotton, Carol Joy (M.D.), M.D. on 06/16/16 1757
 Williams Cotton, Carol Joy (M.D.), M.D. on 06/16/16 1757
 Williams Cotton, Carol Joy (M.D.), M.D. on 06/13/16 1711
 Williams Cotton, Carol Joy (M.D.), M.D. on 06/13/16 1711

HPV COTEST SCREENING, AGE 30-65, HIGH RISK TYPES, AMPLIFIED PROBE [1554006701]

Resulted: 06/07/16 0843, Result status: In process

Order status: Completed

Filed on: 09/29/22 0336

Collected by: Medical Doctor, Collect 06/06/16 1522

Narrative:

RMS ACCN: 586103080

Reviewed by

Williams Cotton, Carol Joy (M.D.), M.D. on 06/16/16 1757
 Williams Cotton, Carol Joy (M.D.), M.D. on 06/16/16 1757
 Williams Cotton, Carol Joy (M.D.), M.D. on 06/13/16 1711
 Williams Cotton, Carol Joy (M.D.), M.D. on 06/13/16 1711

Indications

SCREENING FOR HPV [Z11.51 (ICD-10-CM)]

All Reviewers List

Williams Cotton, Carol Joy (M.D.), M.D. on 6/16/2016 17:57
 Williams Cotton, Carol Joy (M.D.), M.D. on 6/16/2016 17:57
 Williams Cotton, Carol Joy (M.D.), M.D. on 6/13/2016 17:11
 Williams Cotton, Carol Joy (M.D.), M.D. on 6/13/2016 17:11

Imaging**Imaging****MAMMO BILAT SCREENING SEQUENTIAL [1554006706] (Discontinued)**

Electronically signed by: Williams Cotton, Carol Joy (M.D.), M.D. on 06/06/16 1144

Status: Discontinued

Ordering user: Williams Cotton, Carol Joy (M.D.), M.D. 06/06/16 1144 Authorized by: Williams Cotton, Carol Joy (M.D.), M.D.

Ordering mode: Standard

Frequency: Routine 06/06/16 -

Class: Normal

Quantity: 1

Diagnoses

SCREENING FOR BREAST CANCER [Z12.39]

Provider Details**Provider****NPI**

Williams Cotton, Carol Joy (M.D.), M.D.

1205984283

Order comments: Reason: Screening

Radiologist: Follow Sequential Breast Imaging Orders Policy and Procedures.

Indications

SCREENING FOR BREAST CANCER [Z12.39 (ICD-10-CM)]

Procedures**SURGICAL PATHOLOGY [1554006705] (Final result)**

Electronically signed by: Williams Cotton, Carol Joy (M.D.), M.D. on 06/06/16 1144

Status: Completed

06/06/2016 - Office Visit in OBSTETRICS & GYNECOLOGY (continued)**Procedures (continued)**

Ordering user: Williams Cotton, Carol Joy (M.D.), M.D. 06/06/16 1144
 Authorized by: Williams Cotton, Carol Joy (M.D.), M.D.

Ordering mode: Standard
 Frequency: Routine 06/06/16 -
 Quantity: 1

Class: Clinic Collected
 Lab status: Final result

Diagnoses

ABNL PERIMENOPAUSAL BLEEDING [N92.4]

Provider Details

Provider	NPI
Williams Cotton, Carol Joy (M.D.), M.D.	1205984283

Questionnaire

Question	Answer
How Many Specimens?	1
Source of Specimen?	ENDOMETRIUM, BIOPSY

Order comments: CLINICAL HISTORY (REQUIRED): 45 year old female with irregular spotting and heavy bleeding

Specimen Information

ID	Type	Source	Collected By
WLAS16010270	—	—	06/06/16 1144

SURGICAL PATHOLOGY [1554006705]

Resulted: 06/08/16 1112, Result status: Final result

Order status: Completed

Filed on: 09/29/22 1038

Collected by: 06/06/16 1144

Resulting lab: WLA MEDICAL CENTER LABORATORY

Lab Technician: 6765565-NEENA SINGH

Acknowledged by: Williams Cotton, Carol Joy (M.D.), M.D. on 06/19/16 1448

Components

Component	Value	Reference Range	Flag	Lab
REPORT	--	—	—	305

Result:

Patient Name: SMITH, PEPPER

Med. Rec #: 000004779300 DOB/Age: 5/22/1971 (Age: 45) Sex: F

Facility: West Los Angeles Medical Center

Location: OBSTETRICS AND GYNECOLOGY

Provider: CAROL JOY WILLIAMS COTTON M.D.

Collected: 6/6/2016

Received: 6/7/2016

Signed Out: 6/8/2016 Case #: WLAS16-10270

FINAL PATHOLOGIC DIAGNOSIS

ENDOMETRIUM, BIOPSY:

- PROLIFERATIVE ENDOMETRIUM.
- NO MALIGNANCY IS IDENTIFIED.

Report Electronically Signed by

NEENA SINGH M.D.

Date Signed Out: 06/08/16

MICROSCOPIC DESCRIPTION

A microscopic examination was performed.

CLINICAL HISTORY

CLINICAL HISTORY (REQUIRED): 45 year old female with irregular spotting and heavy bleeding

06/06/2016 - Office Visit in OBSTETRICS & GYNECOLOGY (continued)**Procedures (continued)****GROSS DESCRIPTION**

The specimen is received in a formalin-filled container labeled with the patient's ID and additionally labeled "ENDOMETRIUM BIOPSY". The specimen consists of 2.5 cc of blood clot. Filtered. AE/1

ss/6/7/2016

If immunohistochemistry and/or in situ hybridization tests were used in this case, these tests were developed and their performance characteristics were determined by the SCPMG Regional Reference Laboratory. Unless otherwise indicated, these tests have not been approved by the US-FDA, although such approval is not required for analyte specific reagents of this type. This testing was performed at:

SCPMG Regional Reference Laboratories
11668 Sherman Way, N. Hollywood, CA 91605
Gary A. Gochman, M.D., Laboratory Director

SPECIMEN(S) RECEIVED

ENDOMETRIUM, BIOPSY - -

FEE CODE(S):

A. 88305-26 _Level IV, Gross and Microscopic 88305 x 1
A. 88305-TC _Level IV, Gross and Microscopic 88305 x 1

West Los Angeles Medical Center
6041 Cadillac Ave.
Los Angeles, CA 90034
Tel: 323 857-2787 Fax: 323 857-3954
Steven R. McLaren, D.O., Chief of Pathology/Laboratory Director

Testing Performed By

Lab - Abbreviation	Name	Director	Address	Valid Date Range
321 - 305	WLA MEDICAL CENTER LABORATORY	S.R. McLaren, D.O.	6041 Cadillac Ave. LOS ANGELES CA 90034	09/01/05 0850 - 05/23/17 0009

SURGICAL PATHOLOGY [1554006705]

Resulted: 06/07/16 1102, Result status: In process

Order status: Completed
Collected by: 06/06/16 1144
Lab Technician: 6765565-NEENA SINGH

Filed on: 09/29/22 1038
Resulting lab: SHERMAN WAY REGIONAL LABORATORY

Reviewed by

Williams Cotton, Carol Joy (M.D.), M.D. on 06/22/16 1246
Williams Cotton, Carol Joy (M.D.), M.D. on 06/22/16 1246
Williams Cotton, Carol Joy (M.D.), M.D. on 06/19/16 1448

Testing Performed By

Lab - Abbreviation	Name	Director	Address	Valid Date Range
240 - 956	SHERMAN WAY REGIONAL LABORATORY	Darryl Erik Palmer-Toy, MD, PhD	11668 Sherman Way NORTH HOLLYWOOD CA 91605	09/01/10 1119 - 06/01/17 0325

Indications

ABNL PERIMENOPAUSAL BLEEDING [N92.4 (ICD-10-CM)]

06/06/2016 - Office Visit in OBSTETRICS & GYNECOLOGY (continued)**Procedures (continued)****All Reviewers List**

Williams Cotton, Carol Joy (M.D.), M.D. on 6/22/2016 12:46
 Williams Cotton, Carol Joy (M.D.), M.D. on 6/22/2016 12:46
 Williams Cotton, Carol Joy (M.D.), M.D. on 6/19/2016 14:48

Other Orders**Medications****Levonorgestrel-Ethinyl Estradiol (LEVORA-28) 0.15-0.03 mg Oral Tab [1554006704] (Discontinued)**

Electronically signed by: **Williams Cotton, Carol Joy (M.D.), M.D. on 06/06/16 1144** Status: **Discontinued**
 Ordering user: Williams Cotton, Carol Joy (M.D.), M.D. 06/06/16 Ordering provider: Williams Cotton, Carol Joy (M.D.), M.D. 1144
 Authorized by: Williams Cotton, Carol Joy (M.D.), M.D. Ordering mode: Standard
 Frequency: Routine 06/06/16 - 03/27/17 Class: Fill Now
 Discontinued by: Lansdowne, Elisa Danielle (M.D.), M.D. 03/27/17 1458
 Diagnoses
 ABNL PERIMENOPAUSAL BLEEDING [N92.4]

Provider Details

Provider	NPI
Williams Cotton, Carol Joy (M.D.), M.D.	1205984283

Questionnaire

Question	Answer
Is this medication for a workers' compensation condition?	No

Reordered from: Levonorgestrel-Ethinyl Estradiol (LEVORA-28) 0.15-0.03 mg Oral Tab

Indications

ABNL PERIMENOPAUSAL BLEEDING [N92.4 (ICD-10-CM)]

Patient Instructions**Your Kaiser Permanente Care Instructions****Body Mass Index: Care Instructions****Your Care Instructions**

Body mass index (BMI) can help you see if your weight is raising your risk for health problems. It uses a formula to compare how much you weigh with how tall you are. A BMI between 18.5 and 24.9 is considered healthy. A BMI between 25 and 29.9 is considered overweight. A BMI of 30 or higher is considered obese.

If your BMI is in the normal range, it means that you have a lower risk for weight-related health problems. If your BMI is in the overweight or obese range, you may be at increased risk for weight-related health problems, such as high blood pressure, heart disease, stroke, arthritis or joint pain, and diabetes.

BMI is just one measure of your risk for weight-related health problems. You may be at higher risk for health problems if you are not active, you eat an unhealthy diet, or you drink too much alcohol or use tobacco products.

06/06/2016 - Office Visit in OBSTETRICS & GYNECOLOGY (continued)

Patient Instructions (continued)

Follow-up care is a key part of your treatment and safety. Be sure to make and go to all appointments, and call your doctor if you are having problems. It's also a good idea to know your test results and keep a list of the medicines you take.

How can you care for yourself at home?

- Practice healthy eating habits. This includes eating plenty of fruits, vegetables, whole grains, lean protein, and low-fat dairy.
- Get at least 30 minutes of exercise 4 to 5 days a week or more. Brisk walking is a good choice. You also may want to do other activities, such as running, swimming, cycling, or playing tennis or team sports.
- Do not smoke. Smoking can increase your risk for health problems. If you need help quitting, talk to your doctor about stop-smoking programs and medicines. These can increase your chances of quitting for good.
- Limit alcohol to 2 drinks a day for men and 1 drink a day for women. Too much alcohol can cause health problems.

If you have a BMI higher than 25

- Your doctor may do other tests to check your risk for weight-related health problems. This may include measuring the distance around your waist. A waist measurement of more than 40 inches in men or 35 inches in women can increase the risk of weight-related health problems.
- Talk with your doctor about steps you can take to stay healthy or improve your health. You may need to make lifestyle changes to lose weight and stay healthy, such as changing your diet and getting regular exercise.

Where can you learn more?

Go to <http://www.kp.org>

Enter **S176** in the search box to learn more about "**Body Mass Index: Care Instructions.**"

Current as of: February 20, 2015

Content Version: 10.6

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Extended Interval Use of the Birth Control Pill

The traditional birth control pill (BCP) package has 28 tablets. The first 21 of them contain the active medications, the last 7 are Placebo pills, they have no medicine at all, are merely included to remind the woman to keep taking a pill everyday. It is during use of these placebo pills that a woman menstruates (has her period). That is how the pill has been used for the last 50 years.

We now know that having a period once a month is not important to maintain good health. Contrary to what many women think, a period does not wash out toxins. For years many women would take their pills in such

06/06/2016 - Office Visit in OBSTETRICS & GYNECOLOGY (continued)**Patient Instructions (continued)**

a way to delay a period if they needed to, for example if they were going on vacation.

We discussed taking your pills in an extended interval fashion. Therefore instead of having a period once every 4 weeks, we will try to have your periods spaced out to every 3 months.

To extend your periods

Start your pill after the start of a normal menses (unless your provider tells you otherwise). Take one pill a day, at the same time each day. When you finish the first 21 pills, you'll throw out that pack (the remaining pills) and start a new pack the next day. Then you'll take those 21 pills, throw that pack out and the next day start another pack. You'll do this for 4 packs in a row. That's 84 days. Then you'll take a break of 5 days, have a period and then start the same process over again. Each time you get your prescription from the pharmacy, they'll give you 4 packs.

Each woman is different.

Some women will start to spot or bleed lightly before the 84 days is up. If that happens to you and you have been taking the pill for at least 6 weeks and the spotting gets heavy enough to bother you, stop the pill for 5 days, have a period and then restart. Try to go as long as you can up to 84 days to get the maximum benefit from this program.

Why would a woman want to do this?

Maybe she has painful periods and wants to have fewer each year. Perhaps she has migraines with her periods and want to have fewer. Or maybe she just wants to have fewer periods in general. Each is a good reason to take the pill in this manner.

END OF ENCOUNTER**06/22/2016 - Letter (Out) in HOV GENERAL (X-RAY)****Visit Information****Provider Information****Encounter Provider**

Williams Cotton, Carol Joy (M.D.), M.D.

Department

Name	Address	Phone
HOV GENERAL (X-RAY)	6041 CADILLAC AVE Los Angeles CA 90034-1702	323-857-2421

Letters**Letter by Williams Cotton, Carol Joy (M.D.), M.D. on 6/22/2016**

Status: Sent

Letter body:



.Department of Diagnostic Imaging

06/22/2016 - Letter (Out) in HOV GENERAL (X-RAY) (continued)

Letters (continued)

000004779300

Pepper Smith
2053 West 76th Street
Los Angeles CA 90047

6/22/2016

Dear Member: Pepper Smith

Your health is important to us, and our records indicate that your physician has ordered a Mammogram exam that you have not yet scheduled. We are attempting to contact you to assist you in scheduling your exam. Please respond to this letter within 5 business days so that we may assist you. Otherwise, if we do not hear from you we will notify your physician that we were unable to schedule your exam. Once your physician has been notified you may obtain an updated order to schedule your appointment, or self refer.

If you want to schedule an appointment with us, please call the Radiology Dept. at your earliest convenience at (323) 857-2421 Mon-Fri between the hours of 7:00am-5:30pm. After hours and weekends call (323) 857-2000 ext. 4605 between the hours of 8:00am-10:00pm.

**Thank You,
Be Well and Thrive**

*** Please disregard this letter if you have already scheduled your appointment.***

END OF ENCOUNTER

06/22/2016 - Patient Message in OBSTETRICS & GYNECOLOGY

Visit Information

Provider Information

Encounter Provider

Williams Cotton, Carol Joy (M.D.), M.D.

Department

Name	Address	Phone
OBSTETRICS & GYNECOLOGY	6041 CADILLAC AVE Los Angeles CA 90034-1702	833-574-2273